

Play Sport Multi-Skills

Practical Ideas CD-ROM

Only £20

Nottinghamshire County Council's Play Sport CD-ROM.

This learning resource has been compiled as an introduction to basic Multi-Skill activities and is designed to assist teachers and coaches with their planning.



The resource is an ideal support to teachers and coaches who have already attended FUNdamentals and Multi-Skills training.



The CD-ROM features practical examples of Multi-Skills activities featuring participants aged between 8-11 years; they have had little or no specific multi-skills coaching.

The CD-ROM also features participants with a disability and demonstrates inclusive adapted versions of some activities.

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