

# WEEK 1

WEEK COMMENCING

15 April, 29 April, 13 May, 27 May, 10 June, 24 June,  
8 July, 22 July, 5 August, 19 August, 2 September,  
16 September, 30 September, 14 October.

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.



**AVAILABLE DAILY:** Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Margherita pizza <b>Gluten Soya Milk</b> diced potatoes & vegetable sticks	Southern style Quorn burger <b>Soya Milk Egg Guten Sesame</b> Jacket wedges mixed salad	spaghetti bolognese <b>Mustard Soya Gluten Fish</b> garlic bread <b>Gluten Soya Milk</b> sweetcorn cobette	Roast chicken & gravy mashed potatoes, Yorkshire pudding <b>Gluten Egg Milk</b> carrots batons & cauliflower	MSC battered fish <b>Gluten Fish</b> oven chips garden peas
OPTION 2	vegan roll <b>Gluten</b> diced potatoes & vegetable sticks	Cheese & tomato panini <b>Gluten Milk sesame</b> Mixed salad	Jacket potato with the filling of the day, cheese <b>Milk</b> baked beans tuna mayonnaise <b>Fish Egg</b> & mixed salad	Roast Quorn <b>Egg Milk</b> & gravy mashed potatoes, Yorkshire pudding <b>Gluten Egg Milk</b> carrots batons & cauliflower	Jacket potato with the filling of the day, cheese <b>Milk</b> baked beans tuna mayonnaise <b>Fish Egg</b> & mixed salad
PUDDING	Strawberry jelly	Fruit flapjack <b>Gluten</b>	Strawberry mousse <b>Milk</b>	Chocolate orange muffin <b>Gluten Egg</b>	Ice cream tub <b>Milk</b>



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# WEEK 2

## WEEK COMMENCING

22 April, 6 May, 20 May, 3 June, 17 June, 1 July, 15 July,  
29 July, 12 August, 26 August, 9 September, 23 September,  
7 October.

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.



**AVAILABLE DAILY:** Best of both bread **Gluten, Soya** fresh fruit. Vegetarian meals available upon request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Quorn dippers <b>Gluten</b> baby roast potatoes Fresh carrots & garden peas	Hunters Chicken <b>Milk Celery Gluten Soya</b> pommes noisettes Garden peas & sweetcorn	Tortelloni pasta with five cheese filling <b>Gluten Egg Milk</b> garlic bread <b>Gluten Soya Milk</b> garden salad	Nottinghamshire sausage <b>Gluten Sulphur dioxide</b> & gravy roast potatoes Yorkshire pudding <b>Milk Egg Gluten</b> cauliflower & carrots	MSC Young's fish finger wrap <b>Gluten Fish</b> diced potatoes garden peas
OPTION 2	Cheese & tomato panini <b>Gluten Milk sesame</b> vegetable sticks	Vegan roll <b>Gluten</b> pommes noisettes Garden peas & sweetcorn	Jacket potato with the filling of the day, cheese <b>Milk</b> baked beans tuna mayonnaise <b>Fish Egg</b> & garden salad	Quorn roast <b>Egg Milk</b> & gravy roast potatoes Yorkshire pudding <b>Milk Egg Gluten</b> cauliflower & carrots	Jacket potato with the filling of the day, cheese <b>Milk</b> baked beans tuna mayonnaise <b>Fish Egg</b> & garden salad
PUDDING	Strawberry jelly	Shortbread cookie <b>Gluten</b>	Butterscotch tart <b>Milk Gluten</b>	Chocolate brownie <b>Gluten</b>	Ice cream tub <b>Milk</b>



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