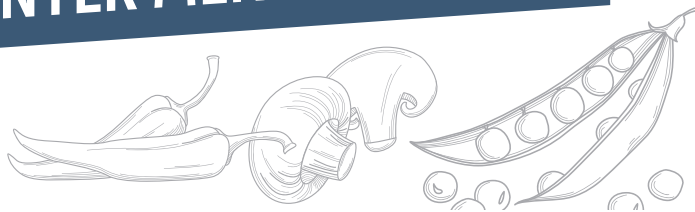


CHEF'S DAILY SPECIALS

AUTUMN-WINTER MENU 2023-24

WEEK 1



	MAIN MEAL DEAL	VEGETARIAN MEAL DEAL	DAILY MEAL DEALS
MONDAY	<p>MACARONI CHEESE MILK GLUTEN MUSTARD SOYA</p> <p><i>Served with:</i> garlic slice & salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK</small> <small>(see separate list for pudding allergens)</small></p>	<p>VEGETABLE ENCHILADAS <small>GLUTEN MILK</small></p> <p><i>Served with:</i> garlic slice & salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK</small> <small>(see separate list for pudding allergens)</small></p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
TUESDAY	<p>CHICKEN & COCONUT CURRY <small>MUSTARD CELERY MILK</small></p> <p><i>Served with:</i> rice & naan <small>GLUTEN</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>SWEET & SOUR QUORN CELERY EGG</p> <p><i>Served with:</i> rice & prawn cracker <small>CRUSTACEANS</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 
WEDNESDAY	<p>ROAST PORK</p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>ROAST QUORN <small>MILK EGG</small></p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
THURSDAY	<p>BEEF LASAGNE MILK GLUTEN FISH SOYA MUSTARD EGG</p> <p><i>Served with:</i> garlic slice <small>GLUTEN MILK SOYA</small> & mixed salad</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>VEGETABLE CHOW MEIN SOYA EGG GLUTEN</p> <p><i>Served with:</i> prawn crackers <small>CRUSTACEANS</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 
FRIDAY	<p>MSC BATTERED FISH FISH GLUTEN</p>  <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>CHEESY TOMATO PASTA <small>MILK GLUTEN MUSTARD SOYA</small></p> <p><i>Served with:</i> garlic slice & salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 

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CHEF'S DAILY SPECIALS

AUTUMN-WINTER MENU 2023-24

WEEK 2



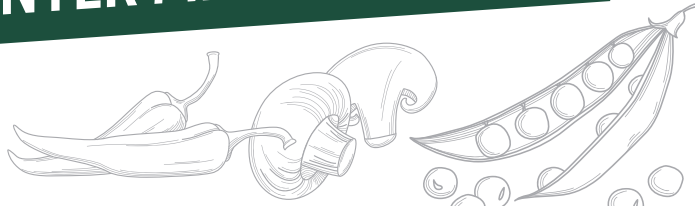
	MAIN MEAL DEAL	VEGETARIAN MEAL DEAL	DAILY MEAL DEALS
MONDAY	<p>MEDITERRANEAN TAGLIATELLE <small>GLUTEN MUSTARD SOYA EGG</small></p> <p><i>Served with:</i> garlic slice & salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>QUORN & COCONUT CURRY <small>MUSTARD CELERY MILK EGG</small></p> <p><i>Served with:</i> rice & naan <small>GLUTEN</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p>
TUESDAY	<p>CHICKEN ENCHILADAS <small>GLUTEN MILK</small></p> <p><i>Served with:</i> sweetcorn & coleslaw <small>EGG</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>VEGETABLE LASAGNE <small>MILK GLUTEN MUSTARD SOYA EGG</small></p> <p><i>Served with:</i> garlic bread <small>GLUTEN MILK SOYA</small> & mixed salad</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p>
WEDNESDAY	<p>ROAST GAMMON</p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>ROAST QUORN <small>MILK EGG</small></p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p>
THURSDAY	<p>CHICKEN HAM & LEEK PIE <small>GLUTEN SOYA MILK</small></p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK (see separate list for pudding allergens)</small></p>	<p>PASTA AMERICANA <small>SOYA GLUTEN MUSTARD</small></p> <p><i>Served with:</i> garlic bread & mixed salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK (see separate list for pudding allergens)</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p>
FRIDAY	<p>MSC BATTERED FISH <small>FISH GLUTEN</small></p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>CHEESE & ONION SLICE <small>GLUTEN EGG MILK</small></p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p>

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CHEF'S DAILY SPECIALS

AUTUMN-WINTER MENU 2023-24

WEEK 3



	MAIN MEAL DEAL	VEGETARIAN MEAL DEAL	DAILY MEAL DEALS
MONDAY	<p>PASTA BOLOGNESE GLUTEN MILK FISH SOYA MUSTARD</p> <p><i>Served with:</i> garlic slice & salad GLUTEN MILK SOYA</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>QUORN FAJITAS <small>EGG GLUTEN</small></p> <p><i>Served with:</i> savoury rice & salad</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 
TUESDAY	<p>SWEET & STICKY TURKEY NOODLES <small>SOYA EGG GLUTEN SESAME</small></p> <p><i>Served with:</i> prawn crackers <small>CRUSTACEANS</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>ROASTED VEGETABLE PASTA <small>MILK GLUTEN MUSTARD SOYA</small></p> <p><i>Served with:</i> garlic slice & salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
WEDNESDAY	<p>SAUSAGES <small>GLUTEN SULPHUR DIOXIDE</small></p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK</small> (see separate list for pudding allergens)</p> 	<p>PLANT BASE SAUSAGE <small>SOYA SULPHUR DIOXIDE</small></p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK</small> (see separate list for pudding allergens)</p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 
THURSDAY	<p>MEXICAN CHICKEN NACHOS <small>SOYA CELERY MILK GLUTEN</small></p> <p><i>Served with:</i> sweetcorn & coleslaw <small>EGG</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>SWEET & SOUR QUORN <small>CELERY EGG</small></p> <p><i>Served with:</i> rice & prawn cracker <small>CRUSTACEANS</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
FRIDAY	<p>MSC BATTERED FISH <small>FISH GLUTEN</small></p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>SOUTHERN STYLE QUORN BURGER <small>MILK EGG GLUTEN SESAME</small></p> <p><i>Served in a bun with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 

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