

15 April, 6 May, 27 May, 17 June, 8 July, 29 July, 19 Aug, 9 Sept, 30 Sept

All of our meals are prepared using freshly sourced products from the East Midlands. If you need to know more about the ingredients used, please ask.



AVAILABLE DAILY: Best of both bread Gluten, Soya fresh fruit. Vegetarian meals available upon request

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN	Cheesy tomato pasta Gluten Mustard Soya Milk	Nottinghamshire sausage & gravy Gluten Sulphur Dioxide	Chicken & coconut curry Milk	Roast Gammon & Pineapple OR Yorkshire pudding Milk Egg Gluten	MSC fish finger wrap Gluten Fish
SIDES	Garlic bread Gluten Soya Milk & vegetable sticks	Yorkshire pudding Milk Egg Gluten Mashed potato carrots & broccoli	Tilda mixed rice carrot & cucumber sticks	Roast or mashed potatoes, carrots batons & Green beans	Oven chips garden peas or baked beans
PUDDING	Strawberry mousse Milk	Marble Sponge Gluten Egg with custard Milk	Shortbread cookie Gluten	Butterscotch tart Gluten Milk	lce-cream tub Milk
		23			





22 April, 13 May, 3 June, 24 June, 15 July, 5 Aug, 26 Aug, 16 Sept, 7 Oct

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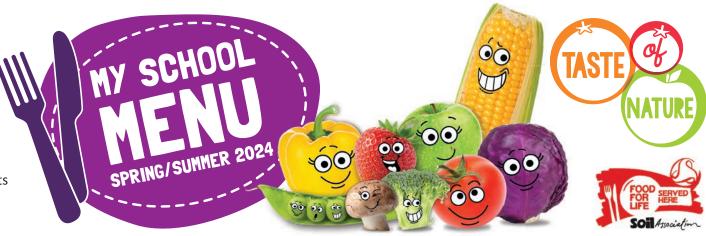
	MONDAY	TUESDAY	(WEDNESDAY)	THURSDAY	FRIDAY
MAIN	Margherita pizza Gluten Soya Milk	Hunters chicken Milk Soya Celery Gluten	Pasta Neapolitan Gluten Soya Milk Mustard	Roast pork, stuffing & gravy Gluten	MSC Youngs fish fingers Gluten Fish
SIDES	pommes noisettes sweetcorn & coleslaw _{Egg}	Herby diced potatoes broccoli & baton carrots	Garlic bread Gluten Soya Milk & crunchy vegetables	Mashed Or roast potatoes Yorkshire pudding Milk Egg Gluten cauliflower & carrots	Oven chips, garden peas or baked beans
PUDDING	Chocolate & orange muffin Gluten Egg	Honey & oatmeal cookie Gluten	Raspberry ripple ice cream roll Soya Milk Egg Gluten Milk & vanilla sauce Milk	Jelly & shortbread finger Gluten	Apple flapjack Gluten





29 April, 20 May, 10 June, 1 July, 22 July 12 Aug, 2 Sept, 23 Sept, 14 Oct

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	MONDAY	TUESDAY	(WEDNESDAY)	THURSDAY	FRIDAY
MAIN	Quorn dippers wrap Gluten	Spaghetti Bolognese Soya Fish Gluten Mustard	Pork burger in a bun Soya Milk, Egg, Gluten Sesame Sulphur dioxide	Roast chicken, stuffing <mark>Gluten</mark> & gravy	MSC battered fish Fish Gluten
SIDES	Baby roast potatoes carrot sticks & fresh coleslaw Egg	Garlic bread Gluten Soya Milk & sweetcorn	Jacket wedges & vegetable sticks	Mashed Or roast potatoes Yorkshire pudding Milk Egg Gluten fresh broccoli & carrots	Oven chips garden peas or baked beans
PUDDING	Chocolate brownie Gluten	Crispy lemon tart Egg Gluten & custard міlk	Chocolate crispy Gluten with strawberry milkshake Milk	Strawberry shortcake Milk Gluten	Fruit yoghurt Milk

