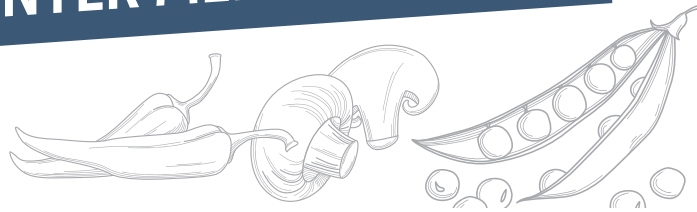


CHEF'S DAILY SPECIALS

AUTUMN-WINTER MENU 2023-24

WEEK 1



	MAIN MEAL DEAL	VEGETARIAN MEAL DEAL	DAILY MEAL DEALS
MONDAY	<p>MACARONI CHEESE MILK GLUTEN MUSTARD SOYA</p> <p><i>Served with:</i> garlic slice & salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>ROASTED VEGETABLE PASTA <small>MILK GLUTEN MUSTARD SOYA</small></p> <p><i>Served with:</i> garlic slice & salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 
TUESDAY	<p>CHICKEN ENCHILADAS GLUTEN MILK</p> <p><i>Served with:</i> sweetcorn & coleslaw <small>EGG</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK (see separate list for pudding allergens)</small></p> 	<p>VEGETABLE ENCHILADAS GLUTEN MILK</p> <p><i>Served with:</i> sweetcorn & coleslaw <small>EGG</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK (see separate list for pudding allergens)</small></p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
WEDNESDAY	<p>GRAB AND GO</p>	<p>GRAB AND GO</p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 
THURSDAY	<p>SAUSAGES <small>GLUTEN SULPHUR DIOXIDE</small></p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>PLANT BASE SAUSAGE <small>SOYA SULPHUR DIOXIDE</small></p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
FRIDAY	<p>MSC BATTERED FISH FISH GLUTEN</p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>FISHLESS FISH FINGERS <small>GLUTEN</small></p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 

For information about food allergens please ask the Chef Manager

CHEF'S DAILY SPECIALS

AUTUMN-WINTER MENU 2023-24

WEEK 2



	MAIN MEAL DEAL	VEGETARIAN MEAL DEAL	DAILY MEAL DEALS
MONDAY	<p>CHEESY TOMATO PASTA MILK GLUTEN MUSTARD SOYA</p> <p><i>Served with:</i> garlic slice <small>GLUTEN MILK SOYA</small> & salad</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>QUORN TAGLIATELLE GLUTEN EGG SOYA MUSTARD</p> <p><i>Served with:</i> broccoli & garlic slice <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 
TUESDAY	<p>BEEF LASAGNE MILK GLUTEN FISH SOYA MUSTARD EGG</p> <p><i>Served with:</i> garlic slice <small>GLUTEN MILK SOYA</small> & mixed salad</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK (see separate list for pudding allergens)</small></p> 	<p>VEGETABLE LASAGNE MILK GLUTEN MUSTARD SOYA EGG</p> <p><i>Served with:</i> garlic bread <small>GLUTEN MILK SOYA</small> & mixed salad</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK (see separate list for pudding allergens)</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
WEDNESDAY	<p>GRAB AND GO</p>	<p>GRAB AND GO</p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 
THURSDAY	<p>CHICKEN FAJITAS <small>GLUTEN</small></p> <p><i>Served with:</i> sweetcorn salsa <small>SESAME</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>QUORN FAJITAS <small>EGG GLUTEN</small></p> <p><i>Served with:</i> sweetcorn salsa <small>SESAME</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
FRIDAY	<p>MSC BATTERED FISH FISH GLUTEN</p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>FISHLESS FISH FINGERS <small>GLUTEN</small></p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 

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CHEF'S DAILY SPECIALS

AUTUMN-WINTER MENU 2023-24

WEEK 3



	MAIN MEAL DEAL	VEGETARIAN MEAL DEAL	DAILY MEAL DEALS
MONDAY	<p>PASTA AMERICANA EGG GLUTEN MUSTARD SOYA</p> <p><i>Served with:</i> garlic bread & mixed salad GLUTEN MILK SOYA</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>PASTA AMERICANA (VEGGIE) SOYA GLUTEN MUSTARD</p> <p><i>Served with:</i> garlic bread & mixed salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p>
TUESDAY	<p>MEXICAN CHICKEN NACHOS SOYA CELERY MILK GLUTEN</p> <p><i>Served with:</i> sweetcorn & coleslaw <small>EGG</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK</small> (see separate list for pudding allergens)</p>	<p>SOUTHERN STYLE QUORN BURGER <small>MILK EGG GLUTEN SESAME</small></p> <p><i>Served in a bun with:</i> sweetcorn & coleslaw <small>EGG</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK</small> (see separate list for pudding allergens)</p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p>
WEDNESDAY	<p>GRAB AND GO</p>	<p>GRAB AND GO</p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p>
THURSDAY	<p>ROAST PORK</p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>ROAST QUORN <small>MILK EGG</small></p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p>
FRIDAY	<p>MSC BATTERED FISH FISH GLUTEN</p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>FISHLESS FISH FINGERS <small>GLUTEN</small></p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p>

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