**Big Conversation held in Rushcliffe**

During March 2023, Adult Social Care held a series of Big Conversation listening events across the County. People and Carers were invited along to have a conversation with us, to share with us what they think about the way we do social care and their wishes for the future.

This graphic is a visual description of the listening we heard at the session in Rushcliffe.

**Your thoughts and views of the way we do social care currently in Rushcliffe**

**NOW:**

 Support

* Inconsistency with social workers as it depends on who you get
* Empathy can be missing
* Lots of waiting and I don’t know what is happening
* There is not enough staff or support hours
* Staff don’t always listen and staff telling me what I can’t do

Transport and getting out and about

* The roads of full of potholes
* I can go to the pub by myself, I walk now!
* There is not any travel training since covid
* Its difficult getting around cars on the pavement
* I’m in a remote area so I can’t go out
* Leisure centre has swimming and gym class, its next day and keeping me fit and more active

Socialising

* I don’t feel safe in crowded places
* One big family at Portland Mencap
* I can only see my friends at the day centre
* Spending time at the temple

Keeping busy and Home

* Helps me feel happy not angry
* Meeting up with friends at the pub
* Doing gardening
* Cooking on my own
* Its good living at home with mum and dad, they are supportive
* My family is close by
* My best friend is where I live
* I’m independent in my own home
* I’ve got a noisy neighbour
* I’d like to go into town and meet up with friends

**Your thoughts and views of what you would like the future to look like in Rushcliffe**

**FUTURE:**

Socialising

* Having the support, I need to get out with travel training and good transport
* Being able to meet new people and finding a partner
* Being able to get out and about more

Community groups for over 25’s

Where I live and choice

* Having a pet in supported living and more supported living choices
* Id like to meet people before they move in and feel confident to speak up if things aren’t right
* Id like to live with my partner
* I’d like to have my own house

Work

* I’d like to run my own pub, to work at the leisure centre again and I’d like my job best at school!
* I’d like to be more involved in Notts CC interviewing and volunteering

Information

* Having information in pictures or on video
* I’d like my own phone so I can keep in touch with friends

Staff

* Staff that will teach me how to use public transport safely
* Enough staff to give the support I ned to live my life
* Support that will help me get a job and stay in work

**Ideas you have to improve the way we do social care**

**IDEAS:**

 More opportunities for paid work

 Choice of who to live with

 A walking group in Barnston

 Being able to use bus pass before 9:30

 An integrated IT system – getting the information I need

 People systems, someone to talk to

 Regular interface with all agencies to enable joined up working