CHEF & DAILY SPECIALS

**AUTUMN-WINTER MENU 2023-24** 

# WEEK I



### MAIN MEAL DEAL

#### MACARONI CHEESE

Served with:

garlic slice & salad GLUTEN MILK SOYA

**Dessert:** any home bake **GLUTEN** or pudding & custard MILK

## **VEGETARIAN MEAL DEAL**

## VEGETABLE ENCHILADAS GLUTEN MILK

Served with:

garlic slice & salad GLUTEN MILK SOYA

**Dessert:** any home bake GLUTEN or

pudding & custard MILK (see separate list for pudding allergens)

## DAILY MEAL DEALS

JACKET POTATOES

with filling of the day

PANINIS

with filling of the day

PASTA KING

SANDWICHES

assorted fillings

## CHICKEN & COCONUT CURRY MUSTARD CELERY MILK

Served with:

rice & naan GLUTEN

any home bake GLUTEN

## SWEET & SOUR QUORN

Served with:

rice & prawn cracker CRUSTACEANS

any home bake GLUTEN

# JACKET POTATOES with filling of the day

PANINIS

with filling of the day

LOVE JOES

SANDWICHES

assorted fillings

#### ROAST PORK

Served with:

mashed potatoes

& seasonal vegetables

Dessert:

any home bake GLUTEN

#### ROAST QUORN MILKEGG

Served with:

mashed potatoes

& seasonal vegetables

Dessert:

any home bake GLUTEN

### JACKET POTATOES

with filling of the day

PANINIS

with filling of the day

PASTA KING

choice of the day

SANDWICHES

assorted fillings

## BEEF LASAGNE

Served with:

garlic slice GLUTEN MILK SOYA

& mixed salad

any home bake GLUTEN

## VEGETABLE CHOW MEIN

Served with:

prawn crackers crustaceans

Dessert:

any home bake GLUTEN

# **JACKET POTATOES** with filling of the day

PANINIS

with filling of the day

LOVE JOES

choice of the day

SANDWICHES

## MSC BATTERED FISH

Served with:

chips, peas or baked beans

Dessert:

any home bake GLUTEN



## CHEESY TOMATO

PASTA MILK GLUTEN MUSTARD SOYA

Served with:

garlic slice & salad GLUTEN MILK SOYA

Dessert:

any home bake GLUTEN



# **JACKET POTATOES** with filling of the day

PANINIS

with filling of the day

PASTA KING choice of the day

SANDWICHES assorted fillings



For information about food allergens please ask the Chef Manager



CHEF & DAILY SPECIALS

**AUTUMN-WINTER MENU 2023-24** 

WEEK 2



#### MAIN MEAL DEAL

## MEDITERRANEAN TAGLIATELLE GLUTEN MUSTARD SOYA EGG

Served with:

garlic slice & salad GLUTEN MILK SOYA

any home bake GLUTEN

## CHICKEN ENCHILADAS GLUTEN MILK Served with:

sweetcorn & coleslaw EGG

any home bake GLUTEN

### ROAST GAMMON

Served with:

mashed potatoes & seasonal vegetables

Dessert:

any home bake GLUTEN

## **VEGETARIAN MEAL DEAL**

## QUORN & COCONUT CURRY MUSTARD CELERY MILK EGG

Served with:

rice & naan GLUTEN

any home bake GLUTEN

## DAILY MEAL DEALS

JACKET POTATOES with filling of the day

PANINIS with filling of the day

LOVE JOES

SANDWICHES

assorted fillings

## VEGETABLE LASAGNE

Served with:

garlic bread GLUTEN MILK SOYA

ROAST QUORN MILKEGG

& mixed salad

Served with:

Dessert:

mashed potatoes

& seasonal vegetables

any home bake GLUTEN

any home bake GLUTEN

# JACKET POTATOES with filling of the day

PANINIS

with filling of the day

PASTA KING

SANDWICHES

assorted fillings

JACKET POTATOES

with filling of the day

PANINIS

with filling of the day

LOVE JOES

choice of the day

**SANDWICHES** assorted fillings

#### STEAK & ONION PIE

Served with:

mashed potatoes & seasonal vegetables

**Dessert:** any home bake GLUTEN or

MSC BATTERED FISH

pudding & custard MILK (see separate list for pudding allerg

## PASTA AMERICANA (VEGGIE)

Served with:

garlic bread & mixed salad GLUTEN MILK SOYA

Dessert: any home bake GLUTEN

or pudding & custard MILK

### JACKET POTATOES

PANINIS

with filling of the day

PASTA KING

choice of the day SANDWICHES

### CHEESE & ONION SLICE

Served with:

chips, peas or baked beans

Dessert:

any home bake GLUTEN

Served with:

chips, peas or baked beans

Dessert:

any home bake GLUTEN

# **JACKET POTATOES** with filling of the day

PANINIS

with filling of the day

LOVE JOES choice of the day

SANDWICHES assorted fillings



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CHEF & DAILY SPECIALS

**AUTUMN-WINTER MENU 2023-24** 

WEEK 3



### MAIN MEAL DEAL

## **VEGETARIAN MEAL DEAL**

#### DAILY MEAL DEALS

## PASTA BOLOGNESE

Served with: garlic slice GLUTEN MILK SOYA

& salad Dessert:

any home bake GLUTEN

QUORN FAJITAS EGG GLUTEN

Served with: savoury rice & salad

Dessert:

any home bake GLUTEN

**JACKET POTATOES** with filling of the day

PANINIS with filling of the day

LOVE JOES

SANDWICHES

## SWEET & STICKY TURKEY

NOODLES SOYA EGG GLUTEN SESAME

Served with:

prawn crackers crustaceans

any home bake GLUTEN

ROASTED VEGETABLE PASTA MILK GLUTEN MUSTARD SOYA

Served with:

garlic slice & salad GLUTEN MILK SOYA

any home bake GLUTEN @



PANINIS

with filling of the day

PASTA KING

SANDWICHES

assorted fillings

### SAUSAGES GLUTEN SULPHUR DIOXIDE

Served with:

mashed potatoes

& seasonal vegetables

Dessert: any home bake GLUTEN

or pudding & custard MILK

PLANT BASE SAUSAGE

Served with:

mashed potatoes

& seasonal vegetables

**Dessert:** any home bake **GLUTEN** or

pudding & custard MILK (see separate list for pudding allergens)

**JACKET POTATOES** with filling of the day

PANINIS

with filling of the day

LOVE JOES

choice of the day

**SANDWICHES** assorted fillings



### MEXICAN CHICKEN NACHOS

Served with:

sweetcorn

& coleslaw EGG

any home bake GLUTEN

## SWEET & SOUR QUORN

Served with:

rice & prawn cracker CRUSTACEANS

any home bake GLUTEN

# **JACKET POTATOES** with filling of the day

PANINIS

with filling of the day

PASTA KING

choice of the day

SANDWICHES

### MSC BATTERED FISH

Served with:

chips, peas or baked beans

any home bake GLUTEN

SOUTHERN STYLE QUORN

BURGER MILK EGG GLUTEN SESAME

Served in a bun with:

chips, peas or baked beans

Dessert:

any home bake GLUTEN

PANINIS with filling of the day

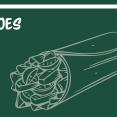
**JACKET POTATOES** with filling of the day

LOVE JOES

choice of the day

SANDWICHES

assorted fillings



Dessert:



For information about food allergens please ask the Chef Manager



