



## SECONDARY MENU SPRING/SUMMER 2022

### WEEK 1 MEAL DEALS OF THE DAY

all meals come with a dessert of the day and a bottle of water or aqua juice

#### CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice

MONDAY



**Vegetable enchiladas**  
*Milk, Gluten*  
or  
**Smokey 3 bean chilli**  
*Celery*



**A**  
**Wholegrain rice**  
or  
**Crusty bread**  
*Gluten Sesame*

**B**

**Mixed salad**  
or  
**Coleslaw**  
*Egg*

TUESDAY



**Spaghetti Bolognese**  
*Fish, Gluten*  
or  
**Quorn Bolognese**  
*Egg, Gluten*



**A**  
**Garlic slice**  
*Soya, Milk, Gluten*  
or  
**Jacket wedges**

**B**

**Sweetcorn**  
or  
**Crunchy veg**

WEDNESDAY



**Roast gammon & pineapple**  
or  
**Quorn roast**  
*Milk, Egg*



**A**  
**Roast potatoes**  
or  
**Mashed potatoes**

**B**

**Green beans**  
or  
**Baton carrots**

THURSDAY



**Chicken & spring vegetable pie**  
*Celery, Gluten*  
or  
**Quorn & spring vegetable pie**  
*Celery, Gluten Egg*



**A**  
**Diced potatoes**  
or  
**Mashed potatoes**

**B**

**Spring green cabbage**  
or  
**Cauliflower**

FRIDAY



**Breaded fish** *Fish, Gluten*  
**Lemon wedge**  
**Tartare sauce** *Egg*  
or  
**Quorn fishless fingers**  
*Gluten*  
**with lemon wedge**  
**Tartare sauce** *Egg*



**A**  
**Crispy chunky chips**  
or  
**New potatoes**

**B**

**Mushy peas**  
or  
**Petit pois peas**  
or  
**Mixed salad**

#### DESSERT OF THE DAY



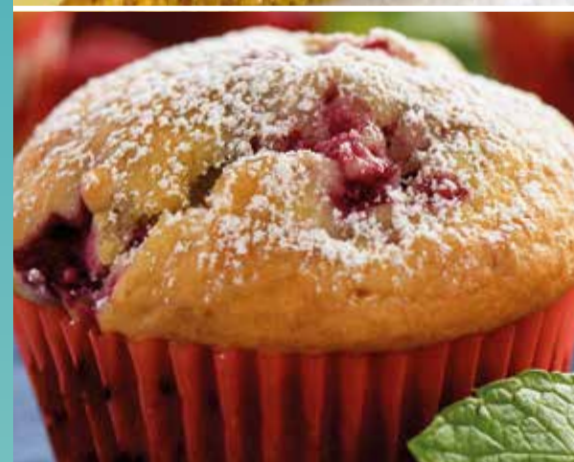
**Mandarins in jelly & shortbread finger**  
*Gluten*  
or  
**Yoghurt** *Milk*  
or  
**Fruit**



**Honey cake**  
*Milk, Egg, Gluten*  
**& custard** *Milk*  
or  
**Yoghurt** *Milk*  
or  
**Fruit**



**Banoffee pie**  
*Milk, Gluten*  
or  
**Yoghurt** *Milk*  
or  
**Fruit**



**Fruit of the forest muffin**  
*Gluten, Egg*  
or  
**Yoghurt** *Milk*  
or  
**Fruit**



**Jam sponge**  
*Gluten, Egg, Sulphur Dioxide*  
**& custard** *Milk*  
or  
**Yoghurt** *Milk*  
or  
**Fruit**

Choose one item from choice A and one item from choice B

For information about food allergens please ask the Chef Manager



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery





## SECONDARY MENU SPRING/SUMMER 2022



### WEEK 2 MEAL DEALS OF THE DAY

all meals come with a dessert of the day and a bottle of water or aqua juice

#### CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice

MONDAY



**Cheese & broccoli quiche**

Milk, Egg, Gluten

or **Tomato & basil pasta**

Gluten



A

**New potatoes**

or

**Garlic slice**

Soya, Milk, Gluten

B

**Sweetcorn**

or

**Ranch salad**

Egg

TUESDAY



**Lasagne**

Milk, Gluten

or **Vegetable lasagne**

Milk, Gluten



A

**Crusty bread**

Gluten, Sesame

or

**Seasoned wedges**

B

**Crunchy veg**

or

**Mixed salad**

WEDNESDAY



**Roast Pork, stuffing**

Gluten

& gravy

or **Roast Quorn**

Milk, Egg

stuffing

Gluten

& gravy



A

**Roast new potatoes**

or

**Mashed potatoes**

B

**Broccoli**

or

**Carrots**

THURSDAY



**Chicken Balti**

Milk, Mustard, Gluten

or **Quorn Balti**

Mustard, Milk, Egg, Gluten



A

**Naan bread**

Milk, Gluten

or

**Wholegrain rice**

B

**Sweetcorn**

or

**Green beans**

FRIDAY



**Breaded fish**

Fish, Gluten

**Lemon wedge**

**Tartare sauce**

Egg

or **Quorn fishless fingers**

Gluten

**with lemon wedge**

**Tartare sauce**

Egg



A

**Crispy chunky chips**

or

**Diced potatoes**

B

**Mushy peas**

or

**Petit pois peas**

or

**Mixed salad**

#### DESSERT OF THE DAY



**Chocolate brownie**

Gluten

or

**Yoghurt**

Milk

or

**Fruit**



**Fruit flapjack**

Gluten

or

**Yoghurt**

Milk

or

**Fruit**



**Apple & raspberry crumble**

Gluten

or

**Yoghurt**

Milk

or

**Fruit**



**Butterscotch tart**

Milk, Gluten

or

**Yoghurt**

Milk

or

**Fruit**



**Apricot slice**

Gluten

or

**Yoghurt**

Milk

or

**Fruit**



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## SECONDARY MENU SPRING/SUMMER 2022



### WEEK 3 MEAL DEALS OF THE DAY

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#### CHEF'S MEAL OF THE DAY

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MONDAY



**Pasta Americano**  
Gluten  
or  
**Mixed bean bake**  
Milk



**A**  
**Crusty bread**  
Gluten, Sesame  
or  
**New roast potatoes**

**B**

**Mixed salad**  
or  
**Coleslaw**  
Egg

TUESDAY



**Nottinghamshire sausage**  
Gluten, Sulphur Dioxide  
or  
**Vegan plant-based sausage**  
Soya, Sulphur Dioxide



**A**  
**& Yorkshire pudding**  
Gluten, Egg, Milk  
or  
**Mashed Potatoes**

**B**

**Carrots**  
or  
**Spring cabbage**

WEDNESDAY



**Roast beef & Yorkshire pudding**  
Gluten, Milk, Egg & gravy  
or  
**Quorn Roast** Milk, Egg  
**Yorkshire Pudding**  
Gluten, Milk, Egg & gravy



**A**  
**Roast Potatoes**  
or  
**Mashed Potatoes**

**B**

**Green beans**  
or  
**Cauliflower**

THURSDAY



**Chicken fajitas**  
Gluten  
or  
**Quorn fajitas**  
Gluten, Egg



**A**  
**Jacket wedges**  
or  
**Roast new potatoes**

**B**

**Mixed salad**  
or  
**Coleslaw** Egg

FRIDAY



**Breaded fish** Fish, Gluten  
**Lemon wedge**  
**Tartare sauce** Egg  
or  
**Quorn fishless fingers**  
Gluten  
**with Lemon Wedge**  
**Tartare Sauce** Egg



**A**  
**Crispy chunky chips**  
or  
**Diced potatoes**

**B**

**Mushy peas**  
or  
**Petit pois peas**  
or  
**Mixed salad**

#### DESSERT OF THE DAY



**Chocolate mousse** Milk  
or  
**Yoghurt** Milk  
or  
**Fruit**



**Fresh scone with jam**  
Gluten, Sulphur Dioxide  
& cream Milk  
or  
**Yoghurt** Milk  
or  
**Fruit**



**Cornflake tart**  
Gluten, Sulphur Dioxide  
& custard Milk  
or  
**Yoghurt** Milk  
or  
**Fruit**



**Fruit cookie** Gluten  
or  
**Yoghurt** Milk  
or  
**Fruit**



**Lemon sponge**  
Gluten, Egg  
& custard Milk  
or  
**Yoghurt** Milk  
or  
**Fruit**



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