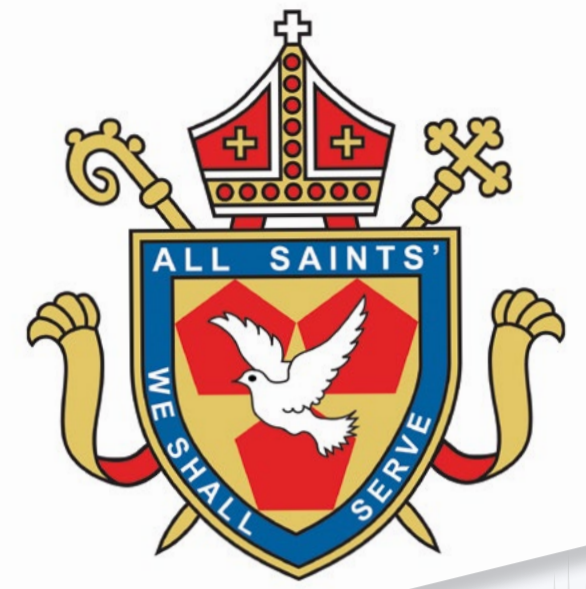




## SECONDARY MENU WINTER 2021



### WEEK 1 MEAL DEALS OF THE DAY

all meals come with a dessert of the day and a bottle of water or aqua juice

#### CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice

MONDAY



**Chicken Enchiladas**  
Milk, Gluten  
or  
**Vegetable Enchiladas**  
Milk, Gluten



**A**  
New Potatoes  
or  
Garlic Slice  
Milk, Gluten

**B**  
Mixed salad  
or  
Coleslaw  
Egg

TUESDAY



**Porkies in gravy**  
Soya, Gluten  
or  
**Vegeballs in gravy**



**A**  
Roast Potatoes  
or  
Mashed Potatoes

**B**  
Carrots  
or  
Broccoli

WEDNESDAY



**Roast beef & gravy**  
Yorkshire pudding  
Milk, Egg, Gluten  
or  
**Quorn roast & gravy**  
Yorkshire pudding  
Milk, Egg, Gluten



**A**  
Roast Potatoes  
or  
Mashed Potatoes

**B**  
Green Cabbage  
or  
Baton Carrots

THURSDAY



**Spaghetti Bolognese**  
Fish, Gluten  
or  
**Vegetarian Bolognese**  
Egg, Gluten



**A**  
Garlic slice  
Gluten, Milk  
or  
Crusty Bread  
Gluten, Sesame

**B**  
Mixed salad  
or  
Ranch Salad  
Egg

FRIDAY



**Breaded Fish**  
Fish, Gluten  
Lemon Wedge  
Tartare Sauce  
Egg  
or  
**Quorn Fishless Fingers**  
with Lemon Wedge  
Tartare Sauce  
Egg



**A**  
Crispy Chunky  
Chips  
or  
New Potatoes

**B**  
Mushy Peas  
or  
Petit Pois Peas  
or  
Mixed Salad

#### DESSERT OF THE DAY



**Spiced carrot cake**  
Gluten, Egg, Sulphur Dioxide  
& custard  
Milk  
or  
Yoghurt  
Milk  
or  
Fruit



**Fruit in jelly**  
or  
Yoghurt  
Milk  
or  
Fruit



**Honey & oatmeal cookie**  
Gluten  
or  
Yoghurt  
Milk  
or  
Fruit



**Crispy jam tart**  
Gluten, Sulphur, Dioxide  
& custard  
Milk  
or  
Yoghurt  
Milk  
or  
Fruit



**Fruit Muffin**  
Gluten, Egg  
or  
Yoghurt  
Milk  
or  
Fruit

Choose one item from choice A and one item from choice B

For information about food allergens please ask the Chef Manager

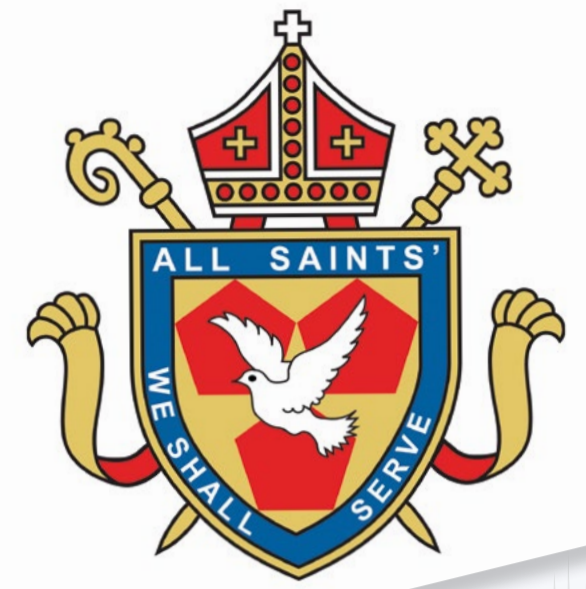


Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery





## SECONDARY MENU WINTER 2021



### WEEK 2 MEAL DEALS OF THE DAY

all meals come with a dessert of the day and a bottle of water or aqua juice

#### CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice

MONDAY



##### Pasta Americana

Gluten

or Cheese & broccoli Quiche

Milk, Egg, Gluten

A

New Potatoes

or

Garlic Slice

Milk, Gluten

B

Mixed salad

or

Ranch Salad

Egg

TUESDAY



##### Cheesy cottage pie & gravy

Milk, Fish

or Quorn cottage pie & gravy

Celery, Egg, Gluten

A

Roast Potatoes

or

Diced potatoes

B

Carrots

or

Broccoli

WEDNESDAY



##### Roast Gammon & Yorkshire pudding

Milk, Egg, Gluten

or Roast Quorn & gravy

& Yorkshire pudding

Milk, Egg, Gluten

A

Roast potatoes

or

Mashed potatoes

B

Green Cabbage

or

Baton Carrots

THURSDAY



##### Turkey & vegetable pie

Milk, Fish, Gluten

gravy

or Quorn & vegetable pie

gravy

Milk, Egg, Gluten

A

Diced Potatoes

or

Mashed potatoes

B

Carrot & swede

mash

or

Cauliflower

FRIDAY



Breaded Fish

Fish, Gluten

Lemon Wedge

Tartare Sauce

Egg

or Quorn Fishless Fingers

with Lemon Wedge

Tartare Sauce

Egg

A

Crispy Chunky

Chips

or

New Potatoes

B

Mushy Peas

or

Petit Pois Peas

or

Mixed Salad

#### DESSERT OF THE DAY



##### Fruit flapjack

Gluten

or

Yoghurt

Milk

or

Fruit



##### Butterscotch tart

Milk, Gluten

Yoghurt

Milk

or

Fruit



##### Date slice & custard

Gluten, Milk

or

Yoghurt

Milk

or

Fruit



##### Ginger sponge & Custard

Egg, Gluten

Milk

or

Yoghurt

Milk

or

Fruit



##### Chocolate & orange muffin

Egg, Gluten

or

Yoghurt

Milk

or

Fruit



Choose one item from choice A and one item from choice B

For information about food allergens please ask the Chef Manager

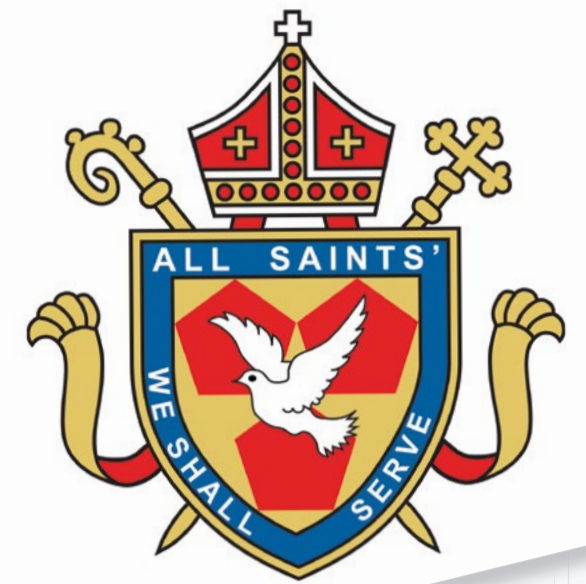


Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery.





## SECONDARY MENU WINTER 2021



### WEEK 3 MEAL DEALS OF THE DAY

all meals come with a dessert of the day and a bottle of water or aqua juice

#### CHEF'S MEAL OF THE DAY

Each meal comes with a dessert and a bottle of water or aqua juice

MONDAY



**Beef lasagne**  
Gluten, Fish, Milk

or  
**Vegetable lasagne**  
Milk, Gluten



**A**  
Diced Potatoes  
or  
Garlic Slice  
Milk, Gluten

**B**  
Mixed salad  
or  
Coleslaw  
Egg

TUESDAY



**Nottinghamshire sausage & Yorkshire pudding**  
Gluten, Sulphur Dioxide  
Gluten, Egg, Milk

or  
**Vegan plant-based sausage & Yorkshire pudding**  
Soya, Sulphur, Dioxide  
Gluten, Egg, Milk



**A**  
Roast Potatoes  
or  
Mashed Potatoes

**B**  
Carrots  
or  
Broccoli

WEDNESDAY



**Roast pork, stuffing & gravy**  
Gluten  
or  
**Quorn Roast stuffing & gravy**  
Milk, Egg  
Gluten & gravy



**A**  
Roast Potatoes  
or  
Mashed Potatoes

**B**  
Green Cabbage  
or  
Baton Carrots

THURSDAY



**Chicken Tikka Masala**  
Milk  
or  
**Vegetable & chickpea Tikka masala**  
Milk



**A**  
Chapati flatbread  
Gluten  
or  
Wholegrain rice

**B**  
Minted cucumber salad  
or  
Sweetcorn

FRIDAY



**Breaded Fish**  
Fish, Gluten  
Lemon Wedge  
Tartare Sauce  
Egg  
or  
**Quorn Fishless Fingers**  
Gluten  
with Lemon Wedge  
Tartare Sauce  
Egg



**A**  
Crispy Chunky Chips  
or  
New Potatoes

**B**  
Mushy Peas  
or  
Petit Pois Peas  
or  
Mixed Salad

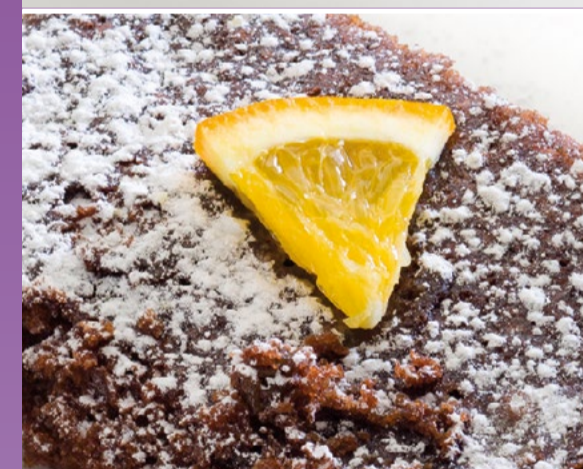
#### DESSERT OF THE DAY



**Apple & plum crumble & custard**  
Gluten  
Milk  
or  
Yoghurt  
Milk  
or  
Fruit



**Rice pudding & jam**  
Milk, Sulphur Dioxide  
or  
Yoghurt  
Milk  
or  
Fruit



**Chocolate brownie & Crème fraiche**  
Gluten  
Milk  
or  
Yoghurt  
Milk  
or  
Fruit



**Pear sponge & custard**  
Egg, Gluten  
Milk  
or  
Yoghurt  
Milk  
or  
Fruit



**Cornflake tart & custard**  
Gluten, Sulphur Dioxide  
Milk  
or  
Yoghurt  
Milk  
or  
Fruit



Choose one item from choice A and one item from choice B

For information about food allergens please ask the Chef Manager



Seafood with this mark comes from a fishery that has been independently certified to the MSC's standard for a well-managed and sustainable fishery

