

## **Employment and Support Allowance** **Limited Capability for Work Related Activity Descriptors**

You will be put into the ESA Support Group if you fulfil one or more of the following descriptors -

### **1) Mobilising unaided by another person with or without a walking stick, manual wheelchair or other aid if such aid can reasonably be used**

Cannot either

a) Mobilise more than 50 metres on level ground without stopping in order to avoid significant discomfort or exhaustion; or

b) Repeatedly mobilise 50 metres within a reasonable timescale because of significant discomfort or exhaustion.

### **2) Transferring from one seated position to another**

Cannot move between one seated position and another seated position located next to one another, without receiving physical assistance from another person.

### **3) Reaching**

Cannot raise either arm as if to put something in the top pocket of a coat or jacket.

### **4) Picking up and moving or transferring by the use of the upper body and arms (excluding standing, sitting, bending or kneeling and all other activities specified in this schedule)**

Cannot pick up and move 0.5 litre carton full of liquid.

### **5) Manual dexterity**

Cannot either

- a) Press a button, such as a telephone keypad; or
- b) turn the pages of a book with either hand

### **6) Making self understood through speaking, writing, typing or other means normally used**

Cannot convey a simple message, such as the presence of a hazard.

## **7) Understanding communication by hearing, lip reading, reading 16 point print or using any aid if reasonably used.**

Cannot understand a simple message due to sensory impairment, such as the location of a fire escape

## **8) Absence or loss of control over extensive evacuation of the bowel and/or voiding of the bladder, despite the presence of any aids or adaptations normally used.**

At least once a week experiences

a) Loss of control leading to extensive evacuation of the bowel and/ or voiding of the bladder; or

b) Substantial leakage of the contents of a collecting device;

sufficient to require the individual to clean themselves and change clothing

## **9) Learning tasks**

Cannot learn how to complete a simple task, such as setting an alarm clock, due to cognitive impairment or mental disorder.

## **10) Awareness of hazard**

Reduced awareness of everyday hazards, due to cognitive impairment or mental disorder, leads to significant risk of:

a) Injury to self or others; or

b) Damage to property or possessions,

such that they require supervision for the majority of the time to maintain safety.

## **11) Initiating and completing personal action (which means planning, organisation, problem solving, prioritising or switching tasks)**

Cannot, due to impaired mental function, reliably initiate or complete at least 2 sequential personal actions.

## **12) Coping with change**

Cannot cope with any change, due to cognitive impairment or mental disorder, to the extent that day to day life cannot be managed

### **13) Coping with social engagement, due to cognitive impairment or mental disorder**

Engagement in social contact is always precluded due to difficulty relating to others or significant distress experienced by the individual.

### **14) Appropriateness of behaviour with other people, due to cognitive impairment or mental disorder**

Has, on a daily basis, uncontrollable episodes of aggressive or disinhibited behaviour that would be unreasonable in any workplace.

### **15) Conveying food or drink to the mouth**

a) Cannot convey food or drink to the customer's own mouth without receiving physical assistance from someone else;

b) Cannot convey food or drink to the customer's own mouth without repeatedly stopping, experiencing breathlessness or severe discomfort;

c) Cannot convey food or drink to the customer's own mouth without receiving regular prompting given by someone else in the customer's physical presence; or

d) Owing to a severe disorder of mood or behaviour, fails to convey food or drink to the customer's own mouth without receiving

(i) Physical assistance from someone else; or

(ii) Regular prompting given by someone else in the customer's presence

### **16) Chewing or swallowing food or drink**

a) Cannot chew or swallow food or drink;

b) Cannot chew or swallow food or drink without repeatedly stopping, experiencing breathlessness or severe discomfort;

c) Cannot chew or swallow food or drink without repeatedly receiving regular prompting given by someone else in the customer's presence; or

d) Owing to a severe disorder of mood or behaviour, fails to

(i) chew or swallow food or drink; or

(ii) chew or swallow food or drink without regular prompting given by someone else in the customer's presence.