

AUTISTIC SPECTRUM DISORDER: AN INFORMATION BOOKLET FOR PARENTS AND CARERS IN NOTTINGHAMSHIRE

The following links provide introductory information and support for families at the time their child is diagnosed with an autistic spectrum disorder:

- What is autism? – information from the National Autistic Society: www.autism.org.uk/about-autism/introduction/what-is-autism.aspx
- “After diagnosis: information for parents and carers of children with autism” (National Autistic Society, 2013) – Booklet available to purchase or download at www.autism.org.uk/afterdiagnosis.
- Parent to Parent Service (National Autistic Society) www.autism.org.uk/our-services/advice-and-information-services/parent-to-parent-service.aspx

Alternatively, to contact the National Autistic Society, telephone 0808 800 4104

- Disability Living Allowance (DLA) www.gov.uk/disability-living-allowance-children and Personal Independence Payment (PIP) www.gov.uk/pip.

Some children and young people with Autistic Spectrum Disorders may qualify for these benefits. You can get an application form for DLA (for a child under 16 years of age) by ringing 03457 123456.

For PIP (16 years and over) phone 0800 917 2222 (textphone 0800 917 7777) to start your claim. Parents can ring on the young person's behalf, but the young person needs to be with them when they call. Details needed include their National Insurance number, bank details and doctor's name. They will then be sent a form to complete.

It is worth getting help with completing the forms. There may be a local welfare rights advice session, where you can get help. The Children's Development Centre also currently has sessions on Mondays where you can get help with the form. Phone 0115 8831157 or 58 for an appointment.

Contents of this booklet

- Information Service Children's Development Centre
- Autism Support Groups
- Autistic Spectrum Drop in Morning
- Parent Partnership Service
- Schools and Families Specialist Services
- Children's Disability Register application form
If you join the Register the quarterly IRIS Magazine will be delivered to your home. It includes details of local events and activities for children and young people with disabilities. Phone 0115 8533291 for more information.

Children's Development Centre Information Service

City Hospital campus
Hucknall Road
Nottingham NG5 1PB

Enquiry and library service for parents/carers and professional staff. Parents/carers do not need to be attending clinics at the Children's Centre in order to access the Information Service.

Open Monday to Friday (except Bank Holidays) 9:00am – 4:30pm

Resources available for loan, about:

- Concerning behaviours (including autism, ADHD),
- 123 Magic parenting programme (Books and DVDs)
- Developmental impairments or disabilities,
- Support groups and services, health and social care
- Schools and education,
- Sport, play and leisure,
- Financial support,

...and many other issues.

Books are also available for children and young people.

Telephone

0115 8831157 or 8831158 - (Text) 07500 102796

Email

infoservicescdc@nottshc.nhs.uk

Link to Library Catalogue

<http://cdclibrary.nhslibraries.com>

Local Autism Support Groups (Nottinghamshire, Derbyshire border, South Yorkshire)

Autism East Midlands (formerly NORSACA)

Unit 31, Craggs Industrial Estate, Morven Street, Creswell, Worksop S80 4AJ

Telephone 01909 506678

Website www.autismeastmidlands.org.uk

Provides a programme of parent courses and workshops. Also developing parent support hubs in sessions at Autism East Midlands establishments including Worksop, Retford, Nottingham City, Heanor and other areas.

Online support with a series of information sheets covering a range of topics. Links with other parent groups in the region to offer them advice and support. Siblings group during the summer – referrals accepted throughout the year by phone or email. The Play and Leisure Services for Children and Young People (now including befriending and children's outreach) can be contacted directly on Tel: 07891846905 and

dawn.franklin@autismeastmidlands.org.uk

Aspergers Children and Carers Together

Telephone 0114 252 1911 Email enquiries@acctsheffield.org.uk

Website <http://acctsheffield.org.uk>

Drop in coffee morning in the Parish Room at St. Mary's Community Centre, Bramall Lane S2 4QZ every Monday morning 10-12 during termtime. Parents group once a month in the evening at St Mary's Community Centre, Bramall Lane, Sheffield S2 4QZ. Children's (ages 0-12) activities on alternate Saturdays, teenage club alternate Wednesdays 7-9pm.

Best That We Can Be

Contact Linsey Atkins for more details. linsey.atkins@autismeastmidlands.org.uk 01909 506678

Meets third Tuesday of the month 4pm -9pm at the Autism East Midlands Dukeries Centre, Park Street Worksop. Activities for children and young people, speakers, occasional trips etc.

Dads Group(Autistic spectrum disorders)

Groups meets monthly (more details from www.meetup.com/Nottingham-Autism-Dads) Rainbow Parent Carers Forum (see end of list) can also help you get in touch.

Indigo Kids

First Floor, Old Town Hall, 3 Watnall Road, Hucknall, Nottinghamshire NG15 7LD

Website www.indigokids.org.uk

Telephone 0115 9521164

Email: indigokids@live.com

Facebook: www.facebook.com/indigokidsevents

Entrance is in between the Ashfield District Council Offices and East Midlands Carpets on Watnall Road in Hucknall. A friendly base, where parents and their children on the autistic spectrum and siblings, can get together with others in a similar situation Your child does not need to have a diagnosis to attend During the week they are currently open on Tuesdays, Wednesdays and Thursdays between 10am and 1pm, and parents are always welcome to pop in for a cuppa and chat during these times. Large indoor space for children to play and provide kids clubs.

Long Eaton Autism Support

Facebook group for families.

Mansfield and District Autistic Spectrum Support Group

Website www.mansfieldautismsupport.co.uk

Telephone 01623 454662 (Joyce Betts)

Meet on 1st Monday of the month at Harwood Court, Harwood Close, Sutton in Ashfield

from 7-9pm. Members of this group can access a library of books on autistic spectrum disorders, monthly swimming sessions on Sundays at Sutton Pools, family play sessions, computer club, trips, school holiday activities etc.

More Cheers Less Tears

Meets at William Lilley Infant and Nursery School, Halls Road, Stapleford, Nottingham NG9 7FS

Telephone 0115 9179277

Email mclt@hotmail.co.uk

Facebook [facebook.com/mcltgroup](https://www.facebook.com/mcltgroup)

SEND Support Group for parents and carers of children with extra needs, disabilities and behavioural issues up to the age of 11. Meets the last Thursday of every month at 2pm in the community room. Aimed at parents/carers from William Lilley and the linked schools (being Fairfield and George Spencer) but not exclusive, everyone is welcome.

Newark and Sherwood Autism Support Group

Telephone: 07808345211 (Laura) 07960121027 (Rachel)

Email: newarkautismgroup@hotmail.co.uk

Meetings on first Thursday of the month during termtime at William Gladstone School, Holden Crescent, Newark, NG24 4HU 9.30-11.30am. Coffee and a chat (open to families with a child with any disability) on third Thursday of the month from 9.30-11.30am at Young People's Centre, Windsor Road, Newark NG24 4HX. Dates for this may change during school holidays. Siblings group available.

Rushcliffe Parent Support Group (Autistic spectrum disorder)

Poppy and Pint, Pierrepont Road, West Bridgford, Nottinghamshire NG2 5DX

Email rasg@rainbowpcs.org.uk

For families/carers with a child with autistic spectrum disorder. Meets monthly, email for details or call Rainbow Parents Carers Forum: 0115 934 8451 or 07837278981

Sheffield Autistic Society

Telephone 0114 2304839 (Phil)

Website www.sheffieldautisticsociety.org.uk

Email philcooney99@yahoo.co.uk

Daytime 12.30-2.30pm on third Wednesday of month for parents and carers of children and adults and people with autistic spectrum disorders. Meetings in Sheffield. (Families from north Nottinghamshire welcome) Summer playscheme for 2 weeks for ages 8 - 14 years. Adult Asperger group on last Thursday of the month 7-9pm. Newsletter.

Shining Minds ASD Support Group

Meets at Fairfield Primary Academy, Toton Lane, Stapleford, Nottingham NG9 7HB

Telephone 01159179266

Email shiningmindsgroup@hotmail.com

Facebook www.facebook.com/shiningmindsgroup

For parents and carers of children with extra needs, disabilities and behavioural issues between the ages of 7 and 16. Last Tuesday of the month at 9.15am. The meeting is aimed at parents/carers from Fairfield and the linked schools (being William Lilley and George Spencer) although it is not exclusive, everyone is welcome.

Southglade Children's Centre Autism and ASD Support Group

Southglade Access Centre,

Southglade Park, Southglade Road, Bestwood NG5 5GU

Telephone 0115 876 1890

Alternate Wednesdays 9.30-11.30am, no diagnosis needed.

Southwell Support Group for Parents of Children with Aspergers Syndrome

Telephone 01636 816955

Meet at Southwell Care Project, 14 Westgate, Southwell, Nottinghamshire

Spectrum WASP (Autistic Spectrum Disorders, Rainworth)

Telephone 07403089896

Email suzey.edwards@hotmail.com or tinleyjeni@gmail.com

Spectrum Wasp, First Floor, Ransom Hall, Ransom Wood, Mansfield NG21 0ER

www.spectrumwasp.wordpress.com

Monthly meetings, coffee mornings, training for parents and activities to develop confidence and lifeskills of children.

The National Autistic Society

393 City Road, London EC1V 1NG

Telephone 0808 8004104 (helpline & language line)

Website www.autism.org.uk

Also have a Parent to Parent support line Freephone 0808 800 4106

The NAS also have branches in Derby and in Rotherham.

They also have a database of support groups and services for whole country at

www.autism.org.uk/directory.aspx

Other groups for children with special needs:

APTCCO

Unit 15, Botany Avenue, Mansfield, Nottinghamshire NG18 5NF

Telephone 01623 629902

Website: www.apccoo.co.uk

One to one support for parents. Range of groups for parents, siblings. Sensory room, toy library, chillax room, accessible gardens. Two adapted holiday caravans at Butlins, Skegness.

Groups include:

Pre to 3s group on Mondays 9.30–11.30am

Parent Carer Support Group Tuesdays 9.30-11.30am

Siblings group Tuesdays 4.30-6.30pm

A Voice to Call our Own sessions for young people (14–25 year olds) 7-9pm Tuesdays

APTCCO 3–5s group Wednesdays 1-3pm

APTCCO Kidz on Wednesdays 4–6pm (5–10 year olds)

Youth club on Mondays, Wednesdays and Thursdays 6.30–8.30pm (11–13 year olds)

Wicked Workshops for young people on Saturdays 11am–1pm

Timetables, details of special events available from the website and from Facebook.

Updates on Twitter @APTCCO

Rainbow Parents Carers Forum

7 Mansfield Road, Nottingham NG1 3FB

0115 934 8451 or 07837278981

Email: admin@rainbowparentscarersforum.org.uk

Website: www.rainbowparentscarersforum.org.uk/

A support group and voice for parents/carers who have a child with a disability or additional needs. Hosts regular inclusive family activities including 2 monthly support sessions with advice on education, health, social care and benefits. Participates in and influences local decision making on services for disabled children, young people and their families. Promotes the well being of parents and carers and children via a 'virtual forum' and peer network. Provides training to parents, carers and professionals. Works in partnership with the local authority to deliver person centred support plans for children & young people with disabilities in the city. Parent to Parent helpline on Wednesdays 10-1 except school holidays. Face to face advice sessions can be booked via the helpline or website.

Rainbow 1 meets on second Saturday of the month 2-3.55pm at Monty Hind Youth Club

Rainbow 2 meets on the fourth Saturday of the month 2-3.55pm at Monty Hind Youth Club.

Family swimming monthly on Sundays at Djanogly Community Leisure Centre, Gregory Boulevard NG7 6BR

Other inclusive activities.

Information Service, Children's Centre 0115 8831157/8831158 (last amended Nov 2015)

Autistic spectrum drop-in morning at the Children's Centre

What is it?

An opportunity to meet other parents with children who are on the autistic spectrum. A child health doctor will always be available and usually a social worker from the Children's Disability Team and a worker from Autism East Midlands

There are speakers at some sessions - please contact us for the latest programme.

Childcare is limited during the sessions, and subject to staff being available, so please ring in advance if you need someone to care for your child in the play area, so that you can talk to people without distraction.

The Information Service will be open, and you are welcome to call in if you have any queries or would like to borrow any books, or just browse.

When is it?

The 3rd Wednesday of every month, except August, between 10.00 am and 12.30 pm.

Where is it?

The Main Meeting Room, Children's Centre, City Hospital Campus, Hucknall Road, Nottingham NG5 1PB

There are signs to the Children's Centre from Entrance 1 on Hucknall Road. Parking is very limited at the Centre itself, so if you are not bringing a child/do not have disabilities yourself we would appreciate it if you could park elsewhere on the campus or use public transport.

To find out more

Ring Clinic Reception on 0115 8831156 for more information or phone the Information Service on 0115 8831157 or 8831158 or email infoservicescdc@nottshc.nhs.uk

The Parent Partnership Service

Nottinghamshire County Council's and Nottingham City Council's Parent Partnership Service

Information for parents and carers of all children with special educational needs

We aim to do the following:

- Provide you with information about the education system and how it meets special educational needs.
- Help you to get your views heard and valued by professionals.
- Put you in touch with volunteers who can help by talking things through, helping with paperwork or accompanying you to meetings.
- Make sure you are actively involved in all aspects of your child's education.
- Help your child to put forward their own views and be involved in decisions which affect them.
- Enable disputes to be settled quickly and informally when you are not satisfied.
- Work with schools and local authorities (LAs) to promote effective partnerships between all those involved with children who have special educational needs.

We work with:

- Parents and carers of pre-school and school-age children with special educational needs
- Nottingham City and Nottinghamshire County Local Authorities
- Schools and pre-school services
- Children and young people of school age
- Voluntary organisations and parents' groups
- Integrated Children's Services
- Early years and childcare services

We offer :

- information
- a telephone helpline
- confidential advice and support
- regular newsletters
- contact with voluntary organisations
- trained independent volunteers to support you
- parent focused conferences and training events

Voluntary organisations and parent support groups play a vital role in providing services for families. We work closely with local and national groups to develop support networks for parents.

Parents and representatives of voluntary organisations are involved in managing and overseeing our work.

We have also produced a range of free information leaflets for parents. If you would like details of these please contact us.

How to contact us:

In writing: Parent Partnership Service, Suite 5, Clarendon Chambers, 32 Clarendon Street, Nottingham, NG1 5LN

By phone: 0115 948 2888

By email: enquiries@ppsnotts.org.uk

Website: www.ppsnotts.org.uk

The Parent Partnership Service is hosted in the Voluntary Sector, with support from Family Action and funded by Nottinghamshire County Council and Nottingham City Council.

Nottinghamshire County Council

Schools and Families Specialist Services

Who are we?

We are specialist teachers and teaching assistants with additional qualifications and experience in working with children and young people with a range of special educational needs aged from 0 -19.

The Service comprises four specialist teams:

- Early Years
- Autism (Communication and Interaction Team)
- Cognition and Learning
- Sensory

What do we do?

We work in homes, early years settings and schools offering advice, information and support to children and young people with complex special educational needs and to their families and the staff who work with them.

The Early Years Team

The Early Years Team works with children with a range of complex special educational needs and disabilities from birth to the end of Key Stage 1 (approximately 7 years of age). The team comprises specialists for children with complex learning needs, communication and interaction needs/autism and for hearing impaired and visually impaired children.

What do we provide?

- regular home teaching for children before they attend school
- support and advice to parents and carers
- transition planning
- advice and training to staff in schools and early years settings

We accept referrals from parents/carers, from schools and from other professionals. Most referrals for children attending maintained nurseries and schools are made at termly Family Springboard meetings.

The Autism Team (or Communication and Interaction Team)

This team works with children and young people in Key Stages 2-5 (approximately 8 -19 years of age) with severe and complex communication and interaction needs/autism spectrum disorder. We work in mainstream and special schools and support children in situations particularly where the placement is at risk.

What do we provide?

- training for school staff in autism
- support to develop and implement appropriate interventions
- support with developing appropriate curriculum to address children's needs
- support to measure and monitor progress and the impact of Interventions

Most requests for our support are made termly at Family Springboard meetings.

The Cognition and Learning Team

The Cognition and Learning Team, work primarily in mainstream schools with children and young people in Key Stages 2-5 (approximately 8-19 years of age) with complex learning difficulties.

What do we provide?

- advice and training for school staff in a range of learning needs, e.g. Down Syndrome, rare cognitive disorders, dyslexia
- support in developing and using appropriate interventions and resources, including ICT
- support with individualising the curriculum to address children's needs
- support with measuring and monitoring progress

Most requests for our support are made at termly Family Springboard meetings.

The Sensory Team

This team consists of specialist teachers and teaching assistants of the deaf and visually impaired, a rehabilitation officer and a resource technician. The team works with children and young people in Key Stages 2-5 (approximately 8-19 years of age) with sensory impairments.

What do we provide?

- specialist assessments and interventions
- advice and support to parents and carers
- information, advice and training to school staff in meeting the educational needs of the children and young people, and in using specialist resources and approaches
- support and training in independent living skills

We accept referrals from parents, health professionals and schools. Most requests for support from schools are made at termly Family Springboard meetings.

For more information please contact:

Schools and Families Specialist Services

Tel: 0115 8546332
(Broxtowe, Gedling, Rushcliffe)

01623 433326
(Mansfield, Ashfield)

01623 520075
(Bassetlaw, Newark)

www.nottinghamshire.gov.uk

Ref

Nottingham and Nottinghamshire Children and Young People's Disability Registration Form



The Children's Disability Register is a database of children and young people with disabilities up to the age of 25 who live in Nottingham or Nottinghamshire, or who have their home base here. It is managed and maintained by Family Action on behalf of Nottingham City Council and Nottinghamshire County Council. Registration is entirely voluntary.

Please remember, you can ask for a copy of the information that is held about your child(ren) and/or ask for them to be removed at any time.

Things to bear in mind:

- To be on the register a child or young person must have a permanent and substantial disability as a result of either a disability, a permanent health condition or a long-term illness or be seeking a diagnosis.
- The child or young person must be under 25 and live in Nottingham or Nottinghamshire.
- Anyone with parental responsibility can complete this form for a child or young person aged 16 or under.
- Young people who are over 16 can complete their own form.
- There are four sections to the form. The more information you provide the better but if there are questions that don't apply to you or your child then just leave them blank.
- If you need advice or assistance in filling in the form please call IRIS on 0115 8533291.
- If you have two or more children with a disability then you will need to complete a registration form for each child.

Section 1.

Child/Young Person's Details

First Name(s): _____

Surname: _____

Gender: Male/Female

Date of Birth: _____

Address:

Postcode: _____

Borough/District: (i.e. Gedling or Bassetlaw)

Ethnicity: (Please Tick)

White British	<input type="checkbox"/>
White Irish	<input type="checkbox"/>
Other White background	<input type="checkbox"/>
Mixed White & Black Caribbean	<input type="checkbox"/>
Mixed White & Black African	<input type="checkbox"/>
Mixed White & Asian	<input type="checkbox"/>
Any other mixed background	<input type="checkbox"/>
Indian or British Indian	<input type="checkbox"/>
Pakistani or British Pakistani	<input type="checkbox"/>
Bangladeshi or British Bangladeshi	<input type="checkbox"/>
Any other Asian background	<input type="checkbox"/>
Black or Black British Caribbean	<input type="checkbox"/>
Black or Black British African	<input type="checkbox"/>
Any other Black background	<input type="checkbox"/>
Chinese	<input type="checkbox"/>
Any other ethnic group	<input type="checkbox"/>
Not stated	<input type="checkbox"/>

I would prefer my copy of the IRIS Magazine delivered by:
 Post Email

Please sign me up to receive eNewsletters

Section 2.

Parent/Carer Details (1)

Title Mr/Mrs/Miss/Ms/Dr

First Names _____

Surname _____

Email _____

Address: (if different to child's)

Postcode: _____

Telephone: _____

Do you consider yourself to have a disability?

Parent/Carer Details (2)

Title Mr/Mrs/Miss/Ms/Dr

First Names _____

Surname _____

Email: _____

Address: (if different to Parent/Carer 1)

Postcode: _____

Telephone: _____

Do you consider yourself to have a disability?

Child's Disability (Please tick all that apply)

Nature of Disability	Level of Support Needs			
	None	Low	Medium	High
Learning Disability				
Physical Impairment				
Hearing Impairment				
Visual Impairment				
Autistic Spectrum Disorder				
ADHD				
Long Term Health Condition				
Challenging Behaviour				

Person completing this form

Title First Name: Surname: _____

The specific information provided by you on this registration form will only be shared with your local authority and with statutory health partners. Other generic information, for example about patterns or trends, will only be shared with those organisations with which we have a data sharing protocol in order to support the development of existing and future services. A full, up-to-date, list of all organisations that we have a data sharing protocol with can be viewed at www.askiris.org.uk

Signed..... Date.....

Section 3.

Support and Services currently being received or needed

Please indicate if you currently receive any of the following services by ticking the box labelled "currently received". If you require a service but do not currently receive it then please tick the "needed" box. This information will assist councils to better plan services across Nottingham - this form is not a means of requesting these services.

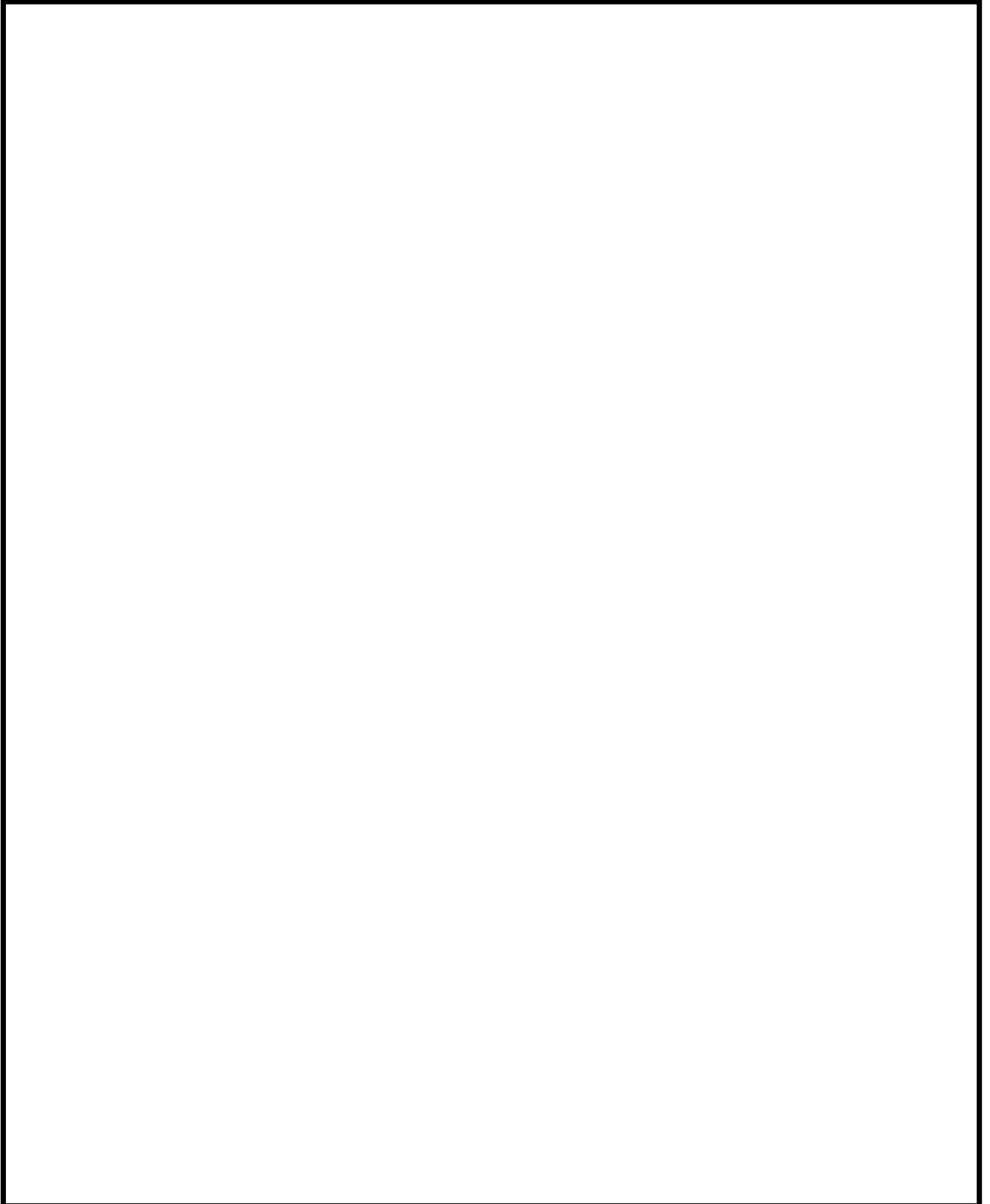
	Currently Received	Needed		Currently Received	Needed
Education					
Special School (Day)			Portage		
Special School (Residential)			Parent Partnership Service		
Special educational equipment at school/college			Transport to or from school/college		
Special Education Needs Team (City)			Escort to or from school/college		
School and Families Specialist Services (County)			Sensory and Physical Team (City)		
Autism Team (City)			Learning and Support Team (City)		
Mainstream School			Further Education		
Social Care					
Family Support Worker			Direct Payments		
Social Worker			Special equipment/adaptations		
Short Break (residential respite care)			Transport (not to or from school)		
Short Break (foster care)			Children's Centre		
Short Break (other)			Play Group/Nursery		
Welfare Rights Officer/Financial Advice			Childminding		
Childcare (for parents working/returning to work)			Information Services		
Health					
Health Visitor			Occupational Therapy		
Community Paediatric Nurse			Physiotherapy		
Child and Adolescent Mental Health Services			Speech and Language Therapy		
Paediatrician			Dietician		
Social and Leisure					
Sports Club			Cubs/Brownies/Scouts/Guides		
Theatre/Drama Group			Social Club		
Youth Services			Faith Group		
Parks and Green Spaces			Leisure Centre		
Other (Please Comment):					

Please return your form to:

Children's Disability Register, IRIS Project, Ladybrook Children's Centre , The Bungalow site
Townroe Drive, Mansfield, Nottinghamshire, NG19 6JN

Section 4.

Additional Notes

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