

---

Thank you for your request for information about provision of services in Nottinghamshire for Smoking cessation and Frailty/ falls in older people.

I am pleased to advised that we are now able to provide the requested information below;

#### Smoking cessation:

1. **Can you tell me the name of the commissioning lead for smoking cessation in Public Health and their email address (if possible?)**  
Cath Pritchard. [Catherine.pritcahrd@nottscc.gov](mailto:Catherine.pritcahrd@nottscc.gov)
2. **Can you tell me whether you provide a smoking cessation service in 2017/18,**  
Yes  
**and if so, is it funded from public Health grant in the Local authority.**  
Yes  
**Currently is the plan to have a Smoking cessation service in place in 2018/19, 2019/20 and 2020/21**  
Yes
3. **Can you tell me whether there are any other funding contributions to this service, in part or wholly, from other commissioners such as the CCG.**  
No
4. **Can you please tell me the name of your current smoking cessation provider?**  
Solutions For Health
5. **Can you please describe your smoking cessation service, including details on?**
  - **How people are referred: does this include self-referral? Do trusts refer into the service, or is it mostly GPs.**  
Not known
  - **Is this a universal or a targeted service.**  
Both  
**What is the eligibility criteria to use this service.**  
Smoker resident in Notts or registered with a Notss Gp. Any smokers in workplaces in Notts.  
**What exclusion criteria do you have.**  
Prisoners, if none of the above
  - **Does this service work from a hub/ call centre?**  
No locally, yes nationally
  - **Is this service supported by on line provision.**  
Yes
  - **If so what is the link.**  
Not known
  - **Does this service have a 1:1 support option available**  
Yes
  - **– if so, what grade and job role provides the 1:1.**  
Not known
  - **Is the 1:1 restricted to a certain type of smoker e.g. pregnancy.**  
No
  - **Do you provide NRT at all? If so what NRT do you provide, is this provided based on a eligibility criteria? Who pays for this e.g. the PH budget, CCG budget or another organisation else.**

NRT included in contract price funded solely from PH Grant. Up to Provider what NRT they use.

- **What is your current 4 week quit numbers and rate for 2016/17 and 2017/2018**

2016/17 Quitters = 2707, quit rate 57%

2017/18 Quitters = 2232, quit rate 60%.

- **What is the current budget for smoking cessation.**

£2,070,000

- **Have you embedded smoking cessation in a work place offer?**

- Yes

- **If so can you please describe what the offer is.**

- Organisations sign up to Wellbeing@Work Scheme which offers training and support to help employers create a health workplace and workforce,

- **Do you provide into work places as personnel or do you provide guidance for workplaces.**

Guidance

- **Is this guidance to help staff quit smoking? Or something else. Do you have any information on this such as a web link**

Yes. NottsHelpYourself website.

- **Do you work with any acute respiratory pathways or actively work with people recovering from COPD, or any other respiratory condition. If so, can you please describe the links you have with your secondary care providers.**

Not known. Provider information.

- **Do you work with you STP to embed smoking cessation, please describe what has been achieved.**

Working with STP to implement MECC to support the prevention agenda.

### Frailty and falls prevention.

1. **Can you tell me the name of the commissioning lead for any service provision for frailty prevention or the reduce falls in Public Health or adult social and their email address (if possible?)**

[Not NCC Policy to supply officer names under FOI?]

2. **Can you tell me whether you provide frailty support or falls reduction funding from public Health grant in the Local authority in 2017/18 and whether one will be in place in 2018/19, 2019/20 and 2020/21.**

2017/18 – yes

2018/19 – yes

2019/20 – yes

2020/21 – unknown

3. **Can you tell me whether there are any other funding contributions from other commissioners such as the CCG.**

There are no funding contributions from other commissioners coming into NCC.

4. **Can you please tell me the name of your current frailty/ falls reduction provider ? does this provider provide falls and frailty support as part of a wider contract, if so what is the main function of that contract.**

Adult Social Care – Falls Prevention Project

Everyone Health Ltd - Everyone Health & Nottinghamshire Get up and Go Exercise (ENGAGE)-

**5. Can you please describe your frailty/ falls reduction service, including details on?**

Adult Social Care – Falls Prevention Project - The purpose of the project is to raise awareness of falls risks and the actions/behaviour changes required to reduce falls; make 'falls' everyone's business by rolling out training to key front line roles within in-house and external social care, health and vcs services, along with an expectation of identification and action to reduce falls in relation to front line working with people at risk; develop the use of falls prevention exercise in care homes and other care settings (ENGAGE in Care); and work with partners to improve falls prevention through hospital discharge.

Everyone Nottinghamshire Get up and Go Exercise (ENGAGE) - As part of the wider Obesity Prevention and Weight Management Contract, Everyone Health (EH) were commissioned to co-ordinate an evidence based falls prevention exercise programme across Nottinghamshire. ENGAGE delivers OTAGO Strength and Balance exercise classes in different community settings. A pool of both freelance and leisure centre exercise practitioners have been trained in OTAGO and inducted into the programme by EH to ensure consistent delivery and outcome measures. Currently, classes are run in leisure centres, church halls, villages halls and sheltered accommodation venues.

- **How people are referred: does this include self-referral? Do trusts refer into the service, or is it mostly GPs.**

Adult Social Care – Falls Prevention Project – This is not a frontline service and therefore receives no referrals.

ENGAGE – Individuals can be referred by their health professional (e.g. GP, physiotherapist, Care Navigator etc.) or can self-refer by contacting EH Clinical Contact Centre. Trusts are aware of the programme, there has been some progress with working within system to get better referral links, more work is needed on this.

- **Do you work with LA or private care homes at all, if so in what capacity?**

Adult Social Care – The falls prevention project has facilitated the training of 14 OTAGO instructors and, since April 2018, has been developing processes and building dialogue with care home providers to roll out OTAGO exercise in care home settings. This will be called ENGAGE in Care.

- **How many people have used this service in 2016/17 and 2017/18, what outcomes has the service achieved. How many people are you planning on using the service in 2018/19 and 2019/20.**

Adult Social Care – Falls Prevention Project –

- 2016/17 – Not Public Health funded
- 2017/18 – Not Public Health funded.
- 2018/19– Get up and Go Falls Training – 105 trained. (Target 240); E-learning - 11 trained (target 70); Get up and Go Autumn events – target 14; Get up & Go Guide Dissemination 5,000 distributed (target 15,000).
- 2019/20– Targets as in 18/19.

Adult Social Care – Falls Prevention Project – ENGAGE in Care –

- 2016/17 – not commissioned. No participant outcomes.

- 2017/18 – not commissioned. No participant outcomes.
- 2018/19– Target of 100 participants across 20 settings.
- 2019/20– Target of 200 participants across 40 settings.

ENGAGE –

- 2016/17 – not commissioned. No participant outcomes.
- 2017/18 – Set up phase. No participant outcomes.
- 2018/19 – Target of 225 participants in 14 settings
- 2019/20 – Target of 450 participants in 28 settings

- **What is the current budget for frailty prevention/ fall reduction.**

ENGAGE – £100,000/year

Adult Social Care - £75,000/year

- **Do you work with any acute geriatric pathway or actively work with people recovering from falls. If so, can you please describe the links you have with your secondary care providers.**

Establishing the link within Mid-Nottinghamshire NHS Trusts to enable that referral relationship; this is very much in its infancy. In addition, ENGAGE is being implemented as part of the Nottinghamshire Falls Pathway and so the links to secondary care, falls services and primary care are already established.

- **Do you work with your STP to embed falls reduction, please describe what has been achieved?**

The current draft Nottingham & Nottinghamshire STP Strategic Plan for Prevention, Person & Community Centred Approaches includes frailty in the list of issues to focus on under primary prevention. Also the need to include preventative work in strategies in other work streams including frailty.

I hope that you find this information to be helpful. However, if you are unhappy with the way in which your request has been handled, then please email us at [foi@nottscg.gov.uk](mailto:foi@nottscg.gov.uk) quoting the reference number

NCC-033231-18 and we will then be able to review your request.