

CHEF'S DAILY SPECIALS

AUTUMN-WINTER MENU 2023-24

WEEK 1



	MAIN MEAL DEAL	VEGETARIAN MEAL DEAL	DAILY MEAL DEALS
MONDAY	<p>CHEESY TOMATO PASTA MILK GLUTEN MUSTARD SOYA</p> <p><i>Served with:</i> garlic slice & salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK</small> (see separate list for pudding allergens)</p>	<p>VEGETABLE ENCHILADAS <small>GLUTEN MILK</small></p> <p><i>Served with:</i> garlic slice & salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK</small> (see separate list for pudding allergens)</p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
TUESDAY	<p>SWEET & SOUR CHICKEN CELERY</p> <p><i>Served with:</i> rice & prawn cracker <small>CRUSTACEANS</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>SWEET & SOUR QUORN CELERY EGG</p> <p><i>Served with:</i> rice & prawn cracker <small>CRUSTACEANS</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 
WEDNESDAY	<p>CHICKEN & MUSHROOM PIE GLUTEN SOYA MILK</p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>ROAST QUORN <small>MILK EGG</small></p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
THURSDAY	<p>PASTA BOLOGNESE GLUTEN MILK FISH SOYA MUSTARD</p> <p><i>Served with:</i> garlic slice & salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>VEGETABLE CHOW MEIN SOYA EGG GLUTEN</p> <p><i>Served with:</i> prawn crackers <small>CRUSTACEANS</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 
FRIDAY	<p>MSC BATTERED FISH FISH GLUTEN</p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>CHEESY TOMATO PASTA <small>MILK GLUTEN MUSTARD SOYA</small></p> <p><i>Served with:</i> garlic slice & salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 

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WEEK 2



	MAIN MEAL DEAL	VEGETARIAN MEAL DEAL	DAILY MEAL DEALS
MONDAY	<p>MEDITERRANEAN TAGLIATELLE GLUTEN MUSTARD SOYA EGG</p> <p><i>Served with:</i> garlic slice GLUTEN MILK SOYA & salad</p> <p><i>Dessert:</i> any home bake GLUTEN</p> 	<p>QUORN & COCONUT CURRY MUSTARD CELERY MILK EGG</p> <p><i>Served with:</i> rice & naan GLUTEN</p> <p><i>Dessert:</i> any home bake GLUTEN</p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 
TUESDAY	<p>CHICKEN CHOW MEIN EGG GLUTEN SOYA</p> <p><i>Served with:</i> prawn cracker CRUSTACEANS</p> <p><i>Dessert:</i> any home bake GLUTEN</p> 	<p>VEGETABLE LASAGNE GLUTEN MILK MUSTARD SOYA EGG</p> <p><i>Served with:</i> garlic bread GLUTEN MILK SOYA & mixed salad</p> <p><i>Dessert:</i> any home bake GLUTEN</p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
WEDNESDAY	<p>STEAK & ONION PIE GLUTEN SOYA</p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake GLUTEN</p> 	<p>ROAST QUORN MILK EGG</p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake GLUTEN</p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 
THURSDAY	<p>CHICKEN & COCONUT CURRY MUSTARD CELERY MILK</p> <p><i>Served with:</i> rice & naan GLUTEN</p> <p><i>Dessert:</i> any home bake GLUTEN or pudding & custard MILK (see separate list for pudding allergens)</p> 	<p>PASTA AMERICANA (VEGGIE) SOYA GLUTEN MUSTARD</p> <p><i>Served with:</i> garlic bread GLUTEN MILK SOYA & mixed salad</p> <p><i>Dessert:</i> any home bake GLUTEN or pudding & custard MILK (see separate list for pudding allergens)</p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
FRIDAY	<p>MSC BATTERED FISH FISH GLUTEN</p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake GLUTEN</p> 	<p>CHEESE & ONION SLICE GLUTEN EGG MILK</p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake GLUTEN</p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 

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WEEK 3



	MAIN MEAL DEAL	VEGETARIAN MEAL DEAL	DAILY MEAL DEALS
MONDAY	<p>PASTA AMERICANA (PORK) EGG GLUTEN MUSTARD SOYA</p> <p><i>Served with:</i> garlic bread <small>GLUTEN MILK SOYA</small> & mixed salad</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>QUORN FAJITAS <small>EGG GLUTEN</small></p> <p><i>Served with:</i> savory rice & salad</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 
TUESDAY	<p>MEXICAN CHICKEN NACHOS SOYA CELERY MILK GLUTEN</p> <p><i>Served with:</i> sweetcorn & coleslaw <small>EGG</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>ROASTED VEGETABLE PASTA <small>MILK GLUTEN MUSTARD SOYA</small></p> <p><i>Served with:</i> garlic slice & salad <small>GLUTEN MILK SOYA</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
WEDNESDAY	<p>SAUSAGES <small>GLUTEN SULPHUR DIOXIDE</small></p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK</small> (see separate list for pudding allergens)</p> 	<p>PLANT BASE SAUSAGE SOYA SULPHUR DIOXIDE</p> <p><i>Served with:</i> mashed potatoes & seasonal vegetables</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small> or pudding & custard <small>MILK</small> (see separate list for pudding allergens)</p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 
THURSDAY	<p>SWEET & STICKY QUORN NOODLES <small>SOYA EGG GLUTEN SESAME</small></p> <p><i>Served with:</i> prawn crackers <small>CRUSTACEANS</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>SWEET & SOUR QUORN CELERY EGG</p> <p><i>Served with:</i> rice & prawn cracker <small>CRUSTACEANS</small></p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p>	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>PASTA KING choice of the day</p> <p>SANDWICHES assorted fillings</p> 
FRIDAY	<p>MSC BATTERED FISH FISH GLUTEN</p> <p><i>Served with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>SOUTHERN STYLE QUORN BURGER <small>MILK EGG GLUTEN SESAME</small></p> <p><i>Served in a bun with:</i> chips, peas or baked beans</p> <p><i>Dessert:</i> any home bake <small>GLUTEN</small></p> 	<p>JACKET POTATOES with filling of the day</p> <p>PANINIS with filling of the day</p> <p>LOVE JOES choice of the day</p> <p>SANDWICHES assorted fillings</p> 

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