

Partnership Working

Pathways are a joint working partnership between, Central Nottinghamshire Clinical Services, North Nottinghamshire Cross Roads Care, East Midlands Cross Roads Care and NHS Nottinghamshire County.

Pathways is run by Central Nottinghamshire Clinical Services and North Nottinghamshire Cross Roads Care.

Funded by NHS Nottinghamshire County.

Contact us

You can contact us anytime, anyday, as we have someone available to take your call 24 hours a day, 7 days a week.

A pathways worker will contact you within 48 hours.

If you would like to find out more about the service then please contact us on:

0300 4564951

All calls are charged at a local rate.

Alternatively, visit our websites for further information:

www.cncs-care.co.uk

www.crossroads.org.uk

www.nottspct.nhs.uk

Read and approved by carers.

Pathways Caring for carers

Practical and emotional care and support.



Caring for someone

Do you care for someone who is in the last year or years of their life and sometimes feel as though you need someone to care about you? Would you like help with the practical things, someone to talk to or just time for yourself? Interested? Yes? Then please read on...

What we offer

Pathways Carers Support is a service which is tailored to suit your needs, so the type and level of support you receive, depends very much on what you want. Below is just a small selection of the kind of things we can do:

- Offer you a short respite break from caring by providing professionally-trained care support workers.
- Give you someone to talk to about your worries and feelings. This could be in your own home or in the community.
- Help you to feel more confident about what you do.
- Help you to sort out any areas of concern you may have such as housing, finances, debt, getting aids and adaptations, employment, legal advice and social activities.
- Help you with identifying and/or accessing other services which may be of benefit to you or the person you care for.
- Help you to prepare emotionally and practically for your bereavement.
- 24/7 support line.
- Provide emergency care and support at a time of crisis.
- Provide the service free of charge.
- Training for carers in personal care and moving and handling.



Why we do this

- To enable the person cared for to remain at home with increased carer support, averting hospital admissions due to carer breakdown (as opposed to an unanticipated change in the patient's condition) and support facilitating discharge home where that is the person's preferred place of care.
- Reduce isolation of carers and their 'cared for'.
- Provide independence and personal dignity for people approaching the end of life.
- Allow carers to have a life of their own alongside their caring role.
- Ensure that carers have access to information and training and are sign posted to other appropriate services.
- Ensure the carers spiritual requirements are met including the ability to attend religious services or other spiritual/cultural activities.

Who can access this service?

- You and the person you care for must be over the age of 18.
- The person you care for must be registered with a GP Practice in Nottinghamshire.
- Pathways Carer Support Service will offer any support to a carer who is caring for someone with any terminal condition.

