



School Menu

Autumn - Winter 2018/19

Week 1

Week commencing
5 Sept, 24 Sept, 15 Oct,
12 Nov, 3 Dec, 7 Jan,
28 Jan

The Bramble Academy



By Day

First Course

Second Course

Monday

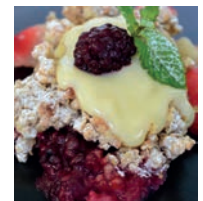
Margherita pizza,
jacket wedges

Gluten Milk



Apple & blackberry
crumble & custard

Milk Gluten



Tuesday

Beef & vegetable fajitas,
savoury rice

Gluten

VEGETARIAN OPTION AVAILABLE



Pancake
with frozen yoghurt
& hot cherries

Milk Egg Gluten Sulphur Dioxide



Wednesday

Chicken &
lentil casserole,
mashed potatoes,
Yorkshire pudding

Egg Milk Gluten



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide



Thursday

Nottinghamshire sausage,
gravy & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Spiced carrot cake
& custard

Milk Egg Gluten Sulphur Dioxide



Friday

MSC fish finger wrap,
noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Magic chocolate pudding
& chocolate sauce

Milk Egg Gluten



Served Daily

Jacket potato with cheese, baked
beans or tuna mayo with mixed salad

Milk, Fish, Egg

OR Freshly filled roll with cheese,
ham, tuna mayo or egg and salad

Soya Egg Sesame Gluten, Milk Fish

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Autumn - Winter 2018/19

Week 2

Week commencing
10 Sept, 1 Oct, 22 Oct,
19 Nov, 10 Dec, 14 Jan,
4 Feb

The Bramble
Academy



By Day

First Course

Second Course

Monday

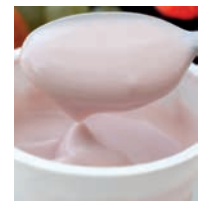
Macaroni vegetable
cheese,
garlic slice

Mustard Milk Gluten



Fruit yoghurt

Milk



Tuesday

BBQ pulled pork in pitta
bread, jacket wedges

Gluten

VEGETARIAN OPTION AVAILABLE



Chocolate brownie

Gluten



Wednesday

Pasta Bolognese,
garlic slice

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE



Chocolate ice cream roll
& chocolate sauce

Soya Milk Egg Gluten



Thursday

Roast turkey,
stuffing, gravy,
roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Fruit flapjack
& milkshake

Gluten Milk



Friday

MSC fish goujons,
jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE



Fruit in jelly
& cream swirl

Milk



Served
Daily

Jacket potato with cheese, baked
beans or tuna mayo with mixed salad

Milk, Fish, Egg

OR

Freshly filled roll with cheese,
ham, tuna mayo or egg and salad

Soya Egg Sesame Gluten, Milk Fish

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Autumn - Winter 2018/19

Week 3

Week commencing

17 Sept, 8 Oct, 5 Nov,
26 Nov, 17 Dec, 21 Jan,
11 Feb

The Bramble Academy



By Day

First Course

Second Course

Monday

Pasta Neapolitan,
garlic slice

Milk Gluten



Honey & oatmeal cookie
& milkshake

Gluten Milk



Tuesday

Venison burger
in a bun,
jacket wedges

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE



Butterscotch tart

Gluten Milk



Wednesday

Hot dog in a roll,
potato noisette

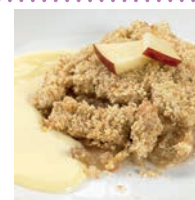
Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE



Apple & rhubarb crumble
& custard

Milk Gluten



Thursday

Roast gammon,
Yorkshire pudding, gravy,
mashed & roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Icky sticky pudding
& custard

Milk Egg Gluten



Friday

Tuna & sweetcorn
pasta bake,
garlic slice

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE



Rice pudding
& jam

Milk Sulphur Dioxide



Served Daily

Jacket potato with cheese, baked
beans or tuna mayo with mixed salad

Milk, Fish, Egg

OR

Freshly filled roll with cheese,
ham, tuna mayo or egg and salad

Soya Egg Sesame Gluten, Milk Fish

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served