

## Nottinghamshire County Council



# Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan





### MONDAY



Margherita pizza, jacket wedges

Rigatoni Florentina

DESSERT

Chocolate rice pudding

Gluten Milk

OR

pasta,

garlic slice

Gluten Milk



TUESDAY

Spaghetti Bolognese, crusty bread

Gluten Fish Sesame VEGETARIAN OPTION AVAILABLE



Freshly filled roll & salad - cheese, ham, tuna or egg

Soya Egg Gluten Sesame Milk Fish

DESSERT

Pancake

with frozen yoghurt

Milk Egg Gluten Sulphur Dioxide

& hot cherries

OR

VEGETARIAN OPTION AVAILABLE

Chicken pasta bake,

garlic slice

Gluten Milk

Milk Egg Fish

Cornflake tart

Milk Gluten Sulphur Dioxide

& custard

WEDNESDAY

Jacket potato & cheese or baked beans or tuna & mixed salad

DESSERT

# VEGETARIAN OPTION AVAIL OR

Gluten

Nottinghamshire

sausage, gravy &

mashed potatoes

THURSDAY

Quorn roast, stuffing, gravy, roast & mashed potatoes

#### Milk Egg Gluten

#### DESSERT



Date slice & custard

Milk Gluten





MSC fish finger wrap, noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

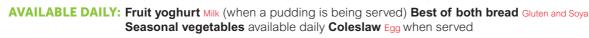
#### DESSERT



Fruit salad

Allergen free

Milk





# Nottinghamshire County Council



# Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb





### MONDAY



Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten

#### OR



Macaroni vegetable cheese, garlic slice

Mustard Milk Gluten

#### DESSERT



Fruit salad



Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk VEGETARIAN OPTION AVAILABLE



OR



Freshly filled roll & salad - cheese, ham, tuna or egg

Soya Egg Gluten Sesame Milk Fish

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## Jacket potato & cheese or baked beans or

VEGETARIAN OPTION AVAILABLE

Pasta Bolognese,

garlic slice

Milk Fish Gluten

OR

WEDNESDAY

tuna & mixed salad

Milk Egg Fish

#### DESSERT



Chocolate ice cream roll & chocolate sauce



DESSERT

Quorn roast, stuffing,

potatoes

Milk Egg Gluten

gravy, roast & mashed

THURSDAY

Roast turkey, stuffing,

gravy, roast & mashed

potatoes

Gluten

OR

Fruit flapjack & milkshake

### FRIDAY



MSC fish goujons, jacket wedges

#### Gluten Fish

VEGETARIAN OPTION AVAILABLE

#### OR



Jacket potato & cheese or baked beans or tuna & mixed salad

#### Milk Egg Fish

#### DESSERT



Fruit in jelly & cream swirl

Milk

Allergen free





AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



## Nottinghamshire County Council



# Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 21 Jan, 11 Feb





### MONDAY



Quorn dippers in a tortilla wrap, jacket wedges

Milk Egg Gluten

#### OR



Pasta Neapolitan, garlic slice

#### Milk Gluten

# DESSERT



Honey & oatmeal cookie & milkshake

Gluten Milk



Venison burger in a bun, jacket wedges

Soya Milk Egg Gluten VEGETARIAN OPTION AVAILABLE





Freshly filled roll & salad - cheese, ham, tuna or egg

DESSERT

Fruit salad

Milk

& frozen yoghurt

Soya Egg Gluten Sesame Milk Fish Milk Egg Fish

Jacket potato & cheese

Hot dog in a roll,

potato noisette

Soya Milk Egg Gluten

OR

VEGETARIAN OPTION AVAILABLE

or baked beans or tuna & mixed salad

### DESSERT



Cherry shortcake & custard

Milk Gluten Egg



THURSDAY

Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk VEGETARIAN OPTION AVAILABLE

OR



Quorn roast, Yorkshire pudding, roast & mashed potatoes Gluten Egg Milk

### DESSERT



Icky sticky pudding & custard

#### Milk Egg Gluten



MSC breaded fish, ovenchips

#### Fish Gluten

VEGETARIAN OPTION AVAILABLE

#### OR



Jacket potato & cheese or baked beans or tuna & mixed salad

#### Milk Egg Fish

#### DESSERT



Rice pudding & jam

Milk Sulphur Dioxide

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served