

Autumn - Winter 2018/19

Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan



MONDAY

TUESDAY WEDNESDAY

THURSDAY

FRIDAY



Margherita pizza, jacket wedges

Crispy potato dippers, BBQ dip & salad



Chicken & vegetable pie, gravy, roast baby potatoes



MSC fish nuggets, tomato dip & salad



MSC fish finger wrap, noisette potatoes

Gluten Milk

Gluten

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE

VEGETARIAN OPTION AVAILABLE

Milk Egg Fish

OR



Jacket potato & cheese or baked beans or tuna & mixed salad



crusty bread

Jacket potato & cheese or baked beans or tuna & mixed salad

Nottinghamshire sausage, gravy & mashed potatoes





Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Apple & blackberry



Gluten Fish Sesame

Quorn Bolognese,

crusty bread

Gluten Egg

Milk Egg Fish

Fruit salad

Allergen free



VEGETARIAN OPTION AVAILABLE



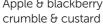
Quorn roast, stuffing, gravy, roast & mashed potatoes

Milk Egg Gluten



Magic chocolate puddina & chocolate sauce

Milk Egg Gluten



Milk Gluten

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



Autumn - Winter 2018/19

Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten



Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Cheesy cottage pie & gravy

Milk Fish



stuffing, gravy, roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Tomato & mozzarella bruschetta & salad

Milk Gluten Sesame

OR



Macaroni vegetable cheese, garlic slice

Mustard Milk Gluten



Porkies in gravy, roast potatoes & Yorkshire pudding

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Quorn roast, stuffing, gravy, roast & mashed potatoes

Milk Egg Gluten



MSC fish goujons, jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Butterscotch mousse & banana

Milk



Chocolate brownie

Gluten



Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten



Fruit flapjack & milkshake

Gluten Milk

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



Autumn - Winter 2018/19

Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 21 Jan, 11 Feb





MONDAY

TUESDAY WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers in a tortilla wrap, jacket wedges

Milk Egg Gluten





Pasta Neapolitan, garlic slice

Milk Gluten



Honey & oatmeal cookie & milkshake

Gluten Milk



Venison burger in a bun. jacket wedges

Soya Milk Egg Gluten VEGETARIAN OPTION AVAIL





Quorn burger in a bun, jacket wedges

Soya Milk Egg Gluten



Butterscotch tart

Gluten Milk



Hot dog in a roll, potato noisette

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Quorn roast, Yorkshire pudding, roast & mashed potatoes

Gluten Egg Milk



Melon & ham with salad

Allergen free

VEGETARIAN OPTION AVAILABLE



MSC breaded fish, ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Cherry shortcake & custard

Milk Gluten Egg



Cheese crackers & apple wedge

Milk Gluten

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served