



School Menu

Autumn - Winter 2018/19

Week 1

Week commencing

5 Sept, 24 Sept, 15 Oct,

12 Nov, 3 Dec, 7 Jan,

28 Jan



St Matthew's
C of E Primary School



MONDAY



Tomato soup
& crusty bread

Celery Gluten Sesame

TUESDAY



Spaghetti Bolognese,
crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE

OR

WEDNESDAY



Chicken pasta bake,
garlic slice

Gluten Milk

VEGETARIAN OPTION AVAILABLE

OR

THURSDAY



Roast pork, stuffing,
gravy, roast & mashed
potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

OR

FRIDAY



MSC fish finger wrap,
noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE

OR



Margherita pizza,
jacket wedges

Gluten Milk

OR



Freshly filled roll
& salad - cheese, ham,
tuna or egg

Soya Egg Gluten Sesame Milk Fish



Jacket potato & cheese
or baked beans or
tuna & mixed salad

Milk Egg Fish



Quorn roast, stuffing,
gravy, roast & mashed
potatoes

Milk Egg Gluten



Jacket potato & cheese
or baked beans or
tuna & mixed salad

Milk Egg Fish



Jacket potato & cheese
or baked beans or
tuna & mixed salad

Milk Egg Fish



Coconut sponge
& custard

Milk Egg Gluten Sulphur Dioxide



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide



Date slice
& custard

Milk Gluten



Magic chocolate
pudding
& chocolate sauce

Milk Egg Gluten

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya
Seasonal vegetables available daily Coleslaw Egg when served



School Menu

Autumn - Winter 2018/19

Week 2

Week commencing

10 Sept, 1 Oct, 22 Oct,
19 Nov, 10 Dec, 14 Jan,
4 Feb



St Matthew's
C of E Primary School



MONDAY



Cheese & bacon
pinwheel & salad

Milk Gluten

VEGETARIAN OPTION AVAILABLE

TUESDAY



Nottinghamshire
sausage, onion gravy,
mashed potatoes &
Yorkshire pudding

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

WEDNESDAY



Cheesy cottage pie
& gravy

Milk Fish

VEGETARIAN OPTION AVAILABLE

THURSDAY



Roast turkey, stuffing,
gravy, roast & mashed
potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

FRIDAY



MSC fish goujons,
jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE



Vegetarian sausage roll
& gravy,
roast new potatoes

Celery Milk Gluten



Freshly filled roll
& salad - cheese, ham,
tuna or egg

Soya Egg Gluten Sesame Milk Fish



Jacket potato & cheese
or baked beans or
tuna & mixed salad

Milk Egg Fish



Quorn roast, stuffing,
gravy, roast & mashed
potatoes

Milk Egg Gluten



Jacket potato & cheese
or baked beans or
tuna & mixed salad

Milk Egg Fish

OR



Jacket potato & cheese
or baked beans or
tuna & mixed salad

Milk Egg Fish



Crispy jam tart
& custard

Milk Gluten Sulphur Dioxide



Chocolate ice cream
roll & chocolate sauce

Soya Milk Egg Gluten



Fruit flapjack
& milkshake

Gluten Milk



Fruit in jelly
& cream swirl

Milk

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya
Seasonal vegetables available daily Coleslaw Egg when served



School Menu

Autumn - Winter 2018/19

Week 3

Week commencing

17 Sept, 8 Oct, 5 Nov,
26 Nov, 17 Dec, 21 Jan,
11 Feb



St Matthew's
C of E Primary School



MONDAY



Quorn dippers
in a tortilla wrap,
jacket wedges

Milk Egg Gluten

OR



Jacket potato & cheese
or baked beans or
tuna & mixed salad

Milk Egg Fish



Honey & oatmeal
cookie & milkshake

Gluten Milk

TUESDAY



Venison burger
in a bun,
jacket wedges

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE

OR



Freshly filled roll
& salad - cheese, ham,
tuna or egg

Soya Egg Gluten Sesame Milk Fish



Butterscotch tart

Gluten Milk

WEDNESDAY



Hot dog in a roll,
potato noisette

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese
or baked beans or
tuna & mixed salad

Milk Egg Fish



Cherry shortcake &
custard

Milk Gluten Egg

THURSDAY



Crispy potato dippers,
BBQ dip & salad

Gluten

OR



Roast gammon,
Yorkshire pudding,
gravy, mashed & roast
potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

OR



Quorn roast, Yorkshire
pudding, roast &
mashed potatoes

Gluten Egg Milk

FRIDAY



MSC breaded fish,
ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese
or baked beans or
tuna & mixed salad

Milk Egg Fish



Rice pudding & jam

Milk

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya
Seasonal vegetables available daily Coleslaw Egg when served