



School Menu

Autumn - Winter 2018/19

Week 1

Week commencing

5 Sept, 24 Sept, 15 Oct,

12 Nov, 3 Dec, 7 Jan,

28 Jan



Robert Miles
INFANT SCHOOL



By Day

First Course

Second Course

Monday

Margherita pizza,
jacket wedges

Gluten Milk



Apple & blackberry
crumble & custard

Milk Gluten



Tuesday

Spaghetti Bolognese,
crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE



Pancake with frozen
yoghurt
& hot cherries

Milk Egg Gluten Sulphur Dioxide



Wednesday

Chicken & lentil
casserole,
mashed potatoes,
Yorkshire pudding

Egg Milk Gluten

VEGETARIAN OPTION AVAILABLE



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide



Thursday

Nottinghamshire
sausage, gravy
& mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Spiced carrot cake
& custard

Milk Egg Gluten Sulphur Dioxide



Friday

Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish



Magic chocolate
pudding
& chocolate sauce

Milk Egg Gluten



Served Daily

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Autumn - Winter 2018/19

Week 2

Week commencing
10 Sept, 1 Oct, 22 Oct,
19 Nov, 10 Dec, 14 Jan,
4 Feb



Robert Miles
INFANT SCHOOL



By Day

First Course

Second Course

Monday

Vegetarian sausage roll
& gravy,
roast new potatoes

Celery Milk Gluten



Butterscotch mousse
& banana

Milk



Tuesday

BBQ pulled pork
in pitta bread,
jacket wedges

Gluten

VEGETARIAN OPTION AVAILABLE



Chocolate brownie

Gluten



Wednesday

Pasta Bolognese,
garlic slice

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE



Chocolate ice cream roll
& chocolate sauce

Soya Milk Egg Gluten



Thursday

Roast turkey,
stuffing, gravy,
roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Fruit flapjack
& milkshake

Gluten Milk



Friday

MSC fish goujons,
jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE



Fruit in jelly
& cream swirl

Milk



Served Daily

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Autumn - Winter 2018/19

Week 3

Week commencing
17 Sept, 8 Oct, 5 Nov,
26 Nov, 17 Dec, 21 Jan,
11 Feb



Robert Miles
INFANT SCHOOL



By Day

First Course

Second Course

Monday

Quorn dippers
in a tortilla wrap,
jacket wedges

Milk Egg Gluten



Fruit salad

Allergen free



Tuesday

Venison burger in a bun,
jacket wedges

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE



Butterscotch tart

Gluten Milk



Wednesday

Mediterranean chicken
pasta,
garlic slice

Gluten Milk

VEGETARIAN OPTION AVAILABLE



Apple & rhubarb crumble
& custard

Milk Gluten



Thursday

Sweet & sour pork,
wholegrain rice

Celery

VEGETARIAN OPTION AVAILABLE



Cheese crackers
& apple wedge

Milk Gluten



Friday

MSC salmon fishcake,
oven chips

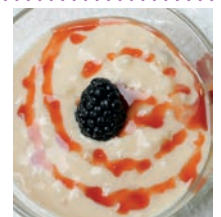
Fish Soya Gluten

VEGETARIAN OPTION AVAILABLE



Rice pudding
& jam

Milk Sulphur Dioxide



Served Daily

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served