

## Nottinghamshire County Council



## Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan

#### MONDAY



Jacket potato & cheese

or baked beans or tuna

DESSERT

Apple & blackberry

crumble & custard

Milk Gluten

& mixed salad

Milk Egg Fish

Margherita pizza, jacket wedges

Gluten Milk

OR

# Fraghatti Dala angag

TUESDAY

Spaghetti Bolognese, crusty bread

Gluten Fish Sesame VEGETARIAN OPTION AVAILABLE



OR

Freshly filled roll & salad - cheese, ham, tuna or egg

Soya Egg Gluten Sesame Milk Fish

DESSERT

Pancake

with frozen yoghurt

Milk Egg Gluten Sulphur Dioxide

& hot cherries

# VEGETARIAN OPTION AVAILABLE OR

Chicken pasta bake,

garlic slice

Gluten Milk

Milk Egg Fish

Jacket potato & cheese or baked beans or tuna & mixed salad

#### DESSERT



Cornflake tart & custard

Milk Gluten Sulphur Dioxide



Roast pork, stuffing, gravy, roast & mashed potatoes

#### Gluten VEGETARIAN OPTION AVAILAB

OR



Quorn roast, stuffing, gravy, roast & mashed potatoes

#### Milk Egg Gluten

#### DESSERT



Spiced carrot cake & custard

Milk Egg Gluten Sulphur Dioxide

#### FRIDAY

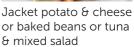


MSC fish finger wrap, noisette potatoes

#### Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE





#### Milk Egg Fish

#### **DESSER1**



Magic chocolate pudding & chocolate sauce

Milk Egg Gluten

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



## Nottinghamshire County Council



## Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb

#### MONDAY



Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten

#### OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

#### DESSERT



Butterscotch mousse & banana



TUESDAY

Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk VEGETARIAN OPTION AVAILABLE

OR



Freshly filled roll & salad - cheese, ham, tuna or egg

Soya Egg Gluten Sesame Milk Fish

DFSSFRT

Chocolate brownie

Gluten

## asta Bolognese

WEDNESDAY

Pasta Bolognese, garlic slice

Milk Fish Gluten

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten



THURSDAY

Roast turkey, stuffing, gravy, roast & mashed potatoes

#### Gluten VEGETARIAN OPTION AVAILAR

OR



Quorn roast, stuffing, gravy, roast & mashed potatoes

#### Milk Egg Gluten

#### DESSERT



Fruit flapjack & milkshake

Gluten Milk

### FRIDAY



MSC fish goujons, jacket wedges

#### Gluten Fish

VEGETARIAN OPTION AVAILABLE

#### OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

#### DESSERT



Fruit in jelly & cream swirl

Milk

Milk

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



## Nottinghamshire County Council



## Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 21 Jan, 11 Feb

#### MONDAY



Quorn dippers in a tortilla wrap, jacket wedges

Milk Egg Gluten

OR



Jacket potato & cheese Freshly filled roll or baked beans or tuna & mixed salad

#### Milk Egg Fish



Honey & oatmeal cookie & milkshake

Gluten Milk



Venison burger in a bun. jacket wedges

Soya Milk Egg Gluten VEGETARIAN OPTION AVAILABLE

OR



& salad - cheese, ham, tuna or egg

DESSERT

Fruit salad

Milk

& frozen yoghurt

Soya Egg Gluten Sesame Milk Fish Milk Egg Fish

# Jacket potato & cheese

Hot dog in a roll,

potato noisette

Soya Milk Egg Gluten

OR

VEGETARIAN OPTION AVAILABLE

or baked beans or tuna & mixed salad

#### DESSERT



Cherry shortcake & custard

Milk Gluten Egg



Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk VEGETARIAN OPTION AVAILABLE

OR



Quorn roast, Yorkshire pudding, roast & mashed potatoes Gluten Egg Milk

#### DESSERT



Cheese crackers & apple wedge

#### Milk Gluten



Milk Gluten

AVAILABLE DAILY: Fruit yoghurt Mik (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served

### FRIDAY



MSC breaded fish, ovenchips

#### Fish Gluten

VEGETARIAN OPTION AVAILABLE

#### OR



Jacket potato & cheese or baked beans or tuna & mixed salad

#### Milk Egg Fish

#### DESSERT



Apricot slice & custard