



School Menu

Autumn - Winter 2018/19

Week 1

Week commencing

5 Sept, 24 Sept, 15 Oct,

12 Nov, 3 Dec, 7 Jan,

28 Jan



MONDAY



Margherita pizza,
Potato croquettes

Gluten Milk

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Strawberry Mousse
& Banana

Milk

TUESDAY



Spaghetti Bolognese,
crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE

OR



Freshly filled roll
& salad - cheese, ham,
tuna or egg

Soya Egg Gluten Sesame Milk Fish

DESSERT



Coconut sponge
& custard

Milk Egg Gluten Sulphur Dioxide

WEDNESDAY



chicken &
coconut curry,
wholegrain rice
& naan.

Mustard Milk Sulphur Dioxide

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide

THURSDAY



Roast pork, stuffing,
gravy, roast & mashed
potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn roast, stuffing,
gravy, roast & mashed
potatoes

Milk Egg Gluten

DESSERT



Frozen Yoghurt
& Fruit Cart

Milk Gluten

FRIDAY



MSC fish finger wrap,
noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Magic chocolate
pudding
& chocolate sauce

Milk Egg Gluten

AVAILABLE DAILY: Fruit yoghurt **Milk** (when a pudding is being served) **Best of both bread** **Gluten and Soya**
Seasonal vegetables available daily **Coleslaw** **Egg** when served



School Menu

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Week 2

Week commencing

10 Sept, 1 Oct, 22 Oct,
19 Nov, 10 Dec, 14 Jan,
4 Feb



MONDAY



Vegetarian sausage roll
& gravy,
potato noisettes

Celery Milk Gluten

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Apple & Blackberry
Cake & Custard

Gluten Milk Egg

TUESDAY



Nottinghamshire
sausage, onion gravy,
mashed potatoes &
Yorkshire pudding

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

OR



Quorn sausage
in onion gravy,
mashed potatoes &
Yorkshire pudding

Gluten Egg Milk

DESSERT



Chocolate brownie

Gluten

WEDNESDAY



BBQ pulled pork
in pitta bread,
jacket wedges

Gluten

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Chocolate ice cream
roll & chocolate sauce

Soya Milk Egg Gluten

THURSDAY



Roast turkey,
stuffing, gravy,
roast & mashed
potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn roast,
stuffing, gravy,
roast & mashed
potatoes

Milk Egg Gluten

DESSERT



Fruit flapjack
& milkshake

Gluten Milk

FRIDAY



MSC fish goujons,
oven chips

Gluten Fish

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Fruit in jelly
& cream swirl

Milk

AVAILABLE DAILY: Fruit yoghurt **Milk** (when a pudding is being served) **Best of both bread** **Gluten and Soya**
Seasonal vegetables available daily **Coleslaw** **Egg** when served



School Menu

Autumn - Winter 2018/19

Week 3

Week commencing

17 Sept, 8 Oct, 5 Nov,
26 Nov, 17 Dec, 21 Jan,
11 Feb



MONDAY



Quorn dippers
in a tortilla wrap,
potato croquettes

Milk Egg Gluten

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Cookie & Milkshake

Gluten

TUESDAY



Venison burger
in a bun,
potato noisettes

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quornburger
in a bun,
potato noisettes

Soya Egg Milk Gluten

DESSERT



Butterscotch tart

Gluten Milk

WEDNESDAY



BBQ chilli beef wrap,
savoury rice

Gluten Milk

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Raspberry sponge
& custard

Gluten Egg Milk

THURSDAY



Roast gammon,
Yorkshire pudding,
gravy, mashed & roast
potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

OR



Quorn roast,
Yorkshire pudding,
roast & mashed
potatoes

Gluten Egg Milk

DESSERT



Cheese crackers
& apple wedge

Milk Gluten

FRIDAY



MSC breaded fish,
ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Jacket potato & cheese
or baked beans or tuna
& mixed salad

Milk Egg Fish

DESSERT



Apricot slice
& custard

Milk Gluten

AVAILABLE DAILY: Fruit yoghurt **Milk** (when a pudding is being served) **Best of both bread** **Gluten and Soya**
Seasonal vegetables available daily **Coleslaw** **Egg** when served