



## Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan



# **By Day**

#### **First Course**

#### **Second Course**

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Cheese & bacon pinwheel & salad

Milk Gluten

VEGETARIAN OPTION AVAILABLE

Spaghetti Bolognese, crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE

Chicken & lentil casserole, mashed potatoes, Yorkshire pudding

Egg Milk Gluten

VEGETARIAN OPTION AVAILABLE

Vegetable soup & crusty bread

Celery Gluten Sesame

MSC fish finger wrap, noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Apple & blackberry crumble & custard

Milk Gluten



Pancake with frozen yoghurt & hot cherries

Milk Egg Gluten Sulphur Dioxide



Cornflake tart & custard

Milk Gluten Sulphur Dioxide



Nottinghamshire sausage, gravy & mashed potatoes

Gluten

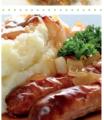
VEGETARIAN OPTION AVAILABLE

Magic chocolate pudding & chocolate sauce

Milk Egg Gluten









Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served





## Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb



# **By Day**

### **First Course**

#### **Second Course**

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Tomato & mozzarella bruschetta & salad

Milk Gluten Sesame

BBQ pulled pork in pitta bread, jacket wedges

Gluten

VEGETARIAN OPTION AVAILABLE

Cheesy cottage pie & gravy

Milk Fish

VEGETARIAN OPTION AVAILABLE

Roast turkey, stuffing, gravy, roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

MSC fish goujons, jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE



Macaroni vegetable cheese, garlic slice

Mustard Milk Gluten

Gluten



Chocolate brownie



Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten



Fruit flapjack & milkshake





Milk







Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served





## Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 21 Jan, 11 Feb



# **By Day**

### **First Course**

### **Second Course**

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Cheese & tomato quiche, potato croquettes

Milk Egg Gluten, Milk

MSC fish nuggets, tomato dip & salad

VEGETARIAN OPTION AVAILABLE

BBQ chilli beef wrap, savoury rice

Gluten Milk

VEGETARIAN OPTION AVAILABLE

Sweet & sour pork, wholegrain rice

Celery

Tuna & sweetcorn pasta bake, garlic slice

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE



Honey & oatmeal cookie & milkshake

Gluten Milk



Venison hotpot, roast new potatoes

VEGETARIAN OPTION AVAILABLE

Cherry shortcake & custard

Milk Gluten Egg



Cheese crackers & apple wedge

Milk Gluten

Rice pudding & jam

Milk Sulphur Dioxide











Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served