



School Menu

Autumn - Winter 2018/19

Week 1

Week commencing

5 Sept, 24 Sept, 15 Oct,

12 Nov, 3 Dec, 7 Jan,

28 Jan



By Day

First Course

Second Course

Monday

Cheese & bacon
pinwheel & salad

Milk Gluten

VEGETARIAN OPTION AVAILABLE



Apple & blackberry
crumble & custard

Milk Gluten



Tuesday

Spaghetti Bolognese,
crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE



Pancake
with frozen yoghurt
& hot cherries

Milk Egg Gluten Sulphur Dioxide



Wednesday

Chicken & lentil
casserole,
mashed potatoes,
Yorkshire pudding

Egg Milk Gluten

VEGETARIAN OPTION AVAILABLE



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide



Thursday

Vegetable soup
& crusty bread

Celery Gluten Sesame



Nottinghamshire
sausage, gravy
& mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Friday

MSC fish finger wrap,
noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Magic chocolate
pudding
& chocolate sauce

Milk Egg Gluten



Served Daily

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Autumn - Winter 2018/19

Week 2

Week commencing
10 Sept, 1 Oct, 22 Oct,
19 Nov, 10 Dec, 14 Jan,
4 Feb



By Day

First Course

Second Course

Monday

Tomato & mozzarella
bruschetta & salad

Milk Gluten Sesame



Macaroni vegetable
cheese, garlic slice

Mustard Milk Gluten



Tuesday

BBQ pulled pork
in pitta bread,
jacket wedges

Gluten

VEGETARIAN OPTION AVAILABLE



Chocolate brownie

Gluten



Wednesday

Cheesy cottage pie
& gravy

Milk Fish

VEGETARIAN OPTION AVAILABLE



Chocolate ice cream roll
& chocolate sauce

Soya Milk Egg Gluten



Thursday

Roast turkey,
stuffing, gravy,
roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Fruit flapjack
& milkshake

Gluten Milk



Friday

MSC fish goujons,
jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE



Fruit in jelly
& cream swirl

Milk



Served Daily

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Autumn - Winter 2018/19

Week 3

Week commencing

17 Sept, 8 Oct, 5 Nov,
26 Nov, 17 Dec, 21 Jan,
11 Feb



By Day

First Course

Second Course

Monday

Cheese & tomato quiche,
potato croquettes

Milk Egg Gluten, Milk



Honey & oatmeal cookie
& milkshake

Gluten Milk



Tuesday

MSC fish nuggets,
tomato dip
& salad

Fish

VEGETARIAN OPTION AVAILABLE



Venison hotpot,
roast new potatoes

Celery

VEGETARIAN OPTION AVAILABLE



Wednesday

BBQ chilli beef wrap,
savoury rice

Gluten Milk

VEGETARIAN OPTION AVAILABLE



Cherry shortcake
& custard

Milk Gluten Egg



Thursday

Sweet & sour pork,
wholegrain rice

Celery

VEGETARIAN OPTION AVAILABLE



Cheese crackers
& apple wedge

Milk Gluten



Friday

Tuna & sweetcorn
pasta bake,
garlic slice

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE



Rice pudding
& jam

Milk Sulphur Dioxide



Served Daily

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served