

Autumn - Winter 2018/19

Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan





MONDAY

TUESDAY

FRIDAY



Margherita pizza, jacket wedges

Spaghetti Bolognese, crusty bread



Chicken pasta bake, garlic slice



Nottinghamshire sausage, gravy & mashed potatoes



MSC fish finger wrap, noisette potatoes

Gluten Milk

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Gluten Fish Sesame

OR

VEGETARIAN OPTION AVAILA



Gluten Milk



Jacket potato & cheese or baked beans or tuna & mixed salad



Quorn roast, stuffing, gravy, roast & mashed potatoes

Fish Gluten Milk

Milk Egg Fish

VEGETARIAN OPTION AVAILABLE



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

DESSERT



Apple & blackberry crumble & custard

Milk Gluten

DESSERT

Spaghetti Bolognese,

crusty bread

Gluten Egg



Coconut sponge & custard

Milk Egg Gluten Sulphur Dioxide

DESSERT

Milk Egg Fish



Cornflake tart & custard

Milk Gluten Sulphur Dioxide

DESSERT

Milk Egg Gluten



Spiced carrot cake & custard

Milk Egg Gluten Sulphur Dioxide



Magic chocolate pudding & chocolate sauce

Milk Egg Gluten

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



Autumn - Winter 2018/19

Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten



Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

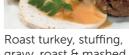
Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Pasta Bolognese, garlic slice

Milk Fish Gluten



gravy, roast & mashed potatoes



MSC fish goujons,

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Quorn sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Quorn roast, stuffing, gravy, roast & mashed potatoes

Milk Egg Gluten

jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE

OR



Vegetable nuggets, jacket wedges

Gluten

DESSERT



Butterscotch mousse & banana

Milk



Chocolate brownie

Gluten

DESSERT



Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten

DESSERT



Fruit flapjack & milkshake

Gluten Milk

DESSERT



Fruit in jelly & cream swirl

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



Autumn - Winter 2018/19

Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 21 Jan, 11 Feb



MONDAY

TUESDAY WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers in a tortilla wrap, jacket wedges

Milk Egg Gluten



Venison burger in a bun. jacket wedges

Soya Milk Egg Gluten VEGETARIAN OPTION AVAILABLE



Hot dog in a roll, potato noisette

Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk



MSC breaded fish, ovenchips

OR



Cheese & tomato quiche, potato croquettes

Milk Egg Gluten

OR

Quorn burger in a bun, jacket wedges

Soya Milk Egg Gluten





Quorn hot dog in a roll, potato noisette

Soya Milk Egg Gluten

OR



Quorn roast, Yorkshire pudding, roast & mashed potatoes

Gluten Egg Milk

Fish Gluten VEGETARIAN OPTION AVAILABLE

Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

DESSERT



Honey & oatmeal cookie & milkshake

Gluten Milk

DESSERT



Butterscotch tart

Gluten Milk

DESSERT



Apple & rhubarb crumble & custard

Milk Gluten

DESSERT



Cheese crackers & apple wedge

Milk Gluten

DESSERT



Apricot slice & custard

Milk Gluten

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served