



School Menu

Autumn - Winter 2018/19

Week 1

Week commencing

5 Sept, 24 Sept, 15 Oct,
12 Nov, 3 Dec, 7 Jan,
28 Jan



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Margherita pizza,
jacket wedges

Gluten Milk



Spaghetti Bolognese,
crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE



Chicken pasta bake,
garlic slice

Gluten Milk

VEGETARIAN OPTION AVAILABLE



Nottinghamshire
sausage, gravy &
mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



MSC fish finger wrap,
noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE

OR



Rigatoni Florentina
pasta,
garlic slice

Gluten Milk



Quorn Bolognese,
crusty bread

Gluten Egg



Jacket potato & cheese
or baked beans or
tuna & mixed salad

Milk Egg Fish



Quorn sausage, gravy
& mashed potatoes

Gluten Milk Egg



Quorn dippers
in a wrap,
noisette potatoes

Egg Gluten Milk



Apple & blackberry
crumble & custard

Milk Gluten



Pancake
with frozen yoghurt
& hot cherries

Milk Egg Gluten Sulphur Dioxide



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide



Spiced carrot cake
& custard

Milk Egg Gluten Sulphur Dioxide



Magic chocolate
pudding
& chocolate sauce

Milk Egg Gluten

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya
Seasonal vegetables available daily Coleslaw Egg when served



School Menu

Autumn - Winter 2018/19

Week 2

Week commencing

10 Sept, 1 Oct, 22 Oct,
19 Nov, 10 Dec, 14 Jan,
4 Feb



MONDAY



Cheese & bacon
pinwheel & salad

Milk Gluten

VEGETARIAN OPTION AVAILABLE

TUESDAY



Nottinghamshire
sausage, onion gravy,
mashed potatoes &
Yorkshire pudding

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

WEDNESDAY



Pasta Bolognese,
garlic slice

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE

THURSDAY



Roast turkey,
stuffing, gravy,
roast & mashed
potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

FRIDAY



MSC fish goujons,
jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE



Vegetarian sausage
roll & gravy, roast new
potatoes

Celery Milk Gluten

OR



Jacket potato & cheese
or baked beans or
tuna & mixed salad

Milk Egg Fish



Quorn sausage,
onion gravy,
mashed potatoes &
Yorkshire pudding

Gluten Egg Milk

OR



Chocolate brownie

Gluten



Quorn Bolognese,
garlic slice

Egg Gluten

OR



Chocolate ice cream
roll & chocolate sauce

Soya Milk Egg Gluten



Quorn roast, stuffing,
gravy, roast & mashed
potatoes

Milk Egg Gluten

OR



Fruit flapjack
& milkshake

Gluten Milk



Vegetable nuggets,
ovenchips

Gluten



Fruit in jelly
& cream swirl

Milk

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served



School Menu

Autumn - Winter 2018/19

Week 3

Week commencing

17 Sept, 8 Oct, 5 Nov,
26 Nov, 17 Dec, 21 Jan,
11 Feb



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers in a tortilla wrap, jacket wedges

Milk Egg Gluten

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Honey & oatmeal cookie & milkshake

Gluten Milk



Venison burger in a bun, jacket wedges

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn burger in a bun, jacket wedges

Soya Milk Egg Gluten



Butterscotch tart

Gluten Milk



Hot dog in a roll, potato noisette

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE

OR



Quorn hot dog in a roll, potato noisette

Soya Milk Egg Gluten



Apple & rhubarb crumble & custard

Milk Gluten



Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

OR



Quorn roast, Yorkshire pudding, roast & mashed potatoes

Gluten Egg Milk



Lcky sticky pudding & custard

Milk Egg Gluten



Tomato & mozzarella bruschetta & salad

Milk Gluten Sesame



MSC breaded fish, ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Vegetable nuggets, ovenchips

Gluten

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served