



## School Menu

### Autumn - Winter 2018/19

### Week 1

Week commencing

5 Sept, 24 Sept, 15 Oct,

12 Nov, 3 Dec, 7 Jan,

28 Jan



## By Day

### First Course

### Second Course

### Monday

Margherita pizza,  
jacket wedges

Gluten Milk



Apple & blackberry  
crumble & custard

Milk Gluten



### Tuesday

Spaghetti Bolognese,  
crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE



Coconut sponge  
& custard

Milk Egg Gluten Sulphur Dioxide



### Wednesday

Jacket potato & cheese  
or baked beans or tuna  
& mixed salad

Milk Egg Fish



Cornflake tart  
& custard

Milk Gluten Sulphur Dioxide



### Thursday

Roast pork,  
stuffing, gravy,  
roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Pancake  
with frozen yoghurt  
& hot cherries

Milk Egg Gluten Sulphur Dioxide



### Friday

MSC fish finger wrap,  
noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Fruit salad

Allergen free



Served Daily

**Fruit yoghurt** Milk (when a pudding is being served) **Best of both bread** Gluten and Soya  
**Seasonal vegetables** available daily **Coleslaw** Egg when served



## School Menu

### Autumn - Winter 2018/19

### Week 2

Week commencing

10 Sept, 1 Oct, 22 Oct,  
19 Nov, 10 Dec, 14 Jan,  
4 Feb



### By Day

#### First Course

#### Second Course

### Monday

Vegetarian sausage roll  
& gravy,  
roast new potatoes

Celery Milk Gluten



Butterscotch mousse  
& banana

Milk



### Tuesday

Porkies in gravy,  
roast potatoes &  
Yorkshire pudding

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Chocolate brownie

Gluten



### Wednesday

Beef vegetable pie  
& gravy,  
mashed potatoes

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE



Chocolate ice cream roll  
& chocolate sauce

Soya Milk Egg Gluten



### Thursday

Roast turkey,  
stuffing, gravy,  
roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Fruit flapjack  
& milkshake

Gluten Milk



### Friday

MSC fish goujons,  
jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE



Fruit in jelly  
& cream swirl

Milk



### Served Daily

**Fruit yoghurt** Milk (when a pudding is being served) **Best of both bread** Gluten and Soya  
**Seasonal vegetables** available daily **Coleslaw** Egg when served





## School Menu

### Autumn - Winter 2018/19

### Week 3

Week commencing  
17 Sept, 8 Oct, 5 Nov,  
26 Nov, 17 Dec, 21 Jan,  
11 Feb



## By Day

### First Course

### Second Course

### Monday

Quorn dippers  
in a tortilla wrap,  
jacket wedges

Milk Egg Gluten



Honey & oatmeal cookie  
& milkshake

Gluten Milk



### Tuesday

Venison burger  
in a bun,  
jacket wedges

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE



Butterscotch tart

Gluten Milk



### Wednesday

Mediterranean  
chicken pasta,  
garlic slice

Gluten Milk

VEGETARIAN OPTION AVAILABLE



Apple & rhubarb crumble  
& custard

Milk Gluten



### Thursday

Roast gammon,  
Yorkshire pudding, gravy,  
mashed & roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Cheese crackers  
& apple wedge

Milk Gluten



### Friday

Tuna & sweetcorn  
pasta bake,  
garlic slice

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE



Rice pudding  
& jam

Milk Sulphur Dioxide



### Served Daily

**Fruit yoghurt** Milk (when a pudding is being served) **Best of both bread** Gluten and Soya  
**Seasonal vegetables** available daily **Coleslaw** Egg when served