

Autumn - Winter 2018/19

Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan





MONDAY

TUESDAY

WEDNESDAY A

THURSDAY

FRIDAY



Margherita pizza, jacket wedges

Spaghetti Bolognese, crusty bread



Chicken pasta bake, garlic slice



Roast pork, stuffing, gravy, roast & mashed potatoes



MSC fish finger wrap, noisette potatoes

Gluten Milk

OR



Vegetable chickpea & coconut curry, wholegrain rice

Gluten Fish Sesame

OR

VEGETARIAN OPTION AVAILA



Quorn Bolognese, crusty bread

Gluten Milk





Jacket potato & cheese or baked beans or tuna & mixed salad

Gluten



Nottinghamshire sausage, gravy & mashed potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Jacket potato & cheese or baked beans or tuna & mixed salad

Mustard Milk Gluten Sulphur Dioxide

Gluten Egg



Apple & blackberry crumble & custard

Milk Gluten

DESSERT



Coconut sponge & custard

Milk Egg Gluten Sulphur Dioxide

DESSERT

Milk Egg Fish



Cornflake tart & custard

Milk Gluten Sulphur Dioxide

DESSERT



Spiced carrot cake & custard

Milk Egg Gluten Sulphur Dioxide

Milk Egg Fish



Magic chocolate puddina & chocolate sauce

Milk Egg Gluten

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



Autumn - Winter 2018/19

Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb





MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten



Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk

OR

VEGETARIAN OPTION AVAILA



Cheesy cottage pie & gravy

Milk Fish

OR



Roast turkey, stuffing, gravy, roast & mashed potatoes



MSC fish goujons, jacket wedges

OR



Macaroni vegetable cheese, garlic slice

Porkies in gravy, roast potatoes & Yorkshire pudding

Gluten Egg Milk



Jacket potato & cheese or baked beans or tuna & mixed salad

Turkey wrap, roast potatoes



VEGETARIAN OPTION AVAILABLE

Gluten Fish



Jacket potato & cheese or baked beans or tuna & mixed salad

Mustard Milk Gluten

DESSERT



Butterscotch mousse & banana

Milk



Crispy jam tart & custard

Milk Gluten Sulphur Dioxide

DESSERT

Milk Egg Fish



Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten

Egg Gluten

Gluten

DESSERT



Fruit flapiack & milkshake

Gluten Milk

Milk Egg Fish



Eve's pudding & vanilla sauce

Milk Egg Gluten

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



Autumn - Winter 2018/19

Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 21 Jan, 11 Feb





MONDAY

TUESDAY WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers in a tortilla wrap, jacket wedges

Milk Egg Gluten



& gravy, roast potatoes



Hot dog in a roll, potato noisette



Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



OR



Cheese & tomato quiche, potato croquettes

Milk Egg Gluten

DESSERT



Honey & oatmeal cookie & milkshake

Gluten Milk

Gluten

OR



Venison burger in a bun, jacket wedges

Soya Milk Egg Gluten



Butterscotch tart

Gluten Milk

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

DESSERT



Cherry shortcake & custard

Milk Gluten Egg



Sweet & sour pork, wholegrain rice

DESSERT



Cheese crackers & apple wedge

Milk Gluten



Fish Gluten

VEGETARIAN OPTION AVAILABLE



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Rice pudding & jam

Milk Sulphur Dioxide

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served