



## School Menu

Autumn - Winter 2018/19

### Week 1

Week commencing  
5 Sept, 24 Sept, 15 Oct,  
12 Nov, 3 Dec, 7 Jan,  
28 Jan

Gunthorpe  
C of E Primary  
School Academy



### By Day

#### First Course

#### Second Course

Monday

Margherita pizza,  
jacket wedges

Gluten Milk



Chocolate rice pudding

Milk



Tuesday

Spaghetti Bolognese,  
crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE



Coconut sponge  
& custard

Milk Egg Gluten Sulphur Dioxide



Wednesday

Chicken & lentil  
casserole,  
mashed potatoes,  
Yorkshire pudding

Egg Milk Gluten

VEGETARIAN OPTION AVAILABLE



Cornflake tart  
& custard

Milk Gluten Sulphur Dioxide



Thursday

Roast pork,  
stuffing, gravy,  
roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Spiced carrot cake  
& custard

Milk Egg Gluten Sulphur Dioxide



Friday

MSC fish finger wrap,  
noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Fruit salad

Allergen free



Served Daily

**Fruit yoghurt** Milk (when a pudding is being served) **Best of both bread** Gluten and Soya  
**Seasonal vegetables** available daily **Coleslaw** Egg when served



## School Menu

Autumn - Winter 2018/19

### Week 2

Week commencing  
10 Sept, 1 Oct, 22 Oct,  
19 Nov, 10 Dec, 14 Jan,  
4 Feb

Gunthorpe  
C of E Primary  
School Academy



### By Day

#### First Course

#### Second Course

Monday

Vegetarian sausage roll  
& gravy,  
roast new potatoes

Celery Milk Gluten



Butterscotch mousse  
& banana

Milk



Tuesday

Nottinghamshire  
sausage, onion gravy,  
mashed potatoes &  
Yorkshire pudding

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Chocolate brownie

Gluten



Wednesday

Cheesy cottage pie  
& gravy

Milk Fish

VEGETARIAN OPTION AVAILABLE



Chocolate ice cream roll  
& chocolate sauce

Soya Milk Egg Gluten



Thursday

Roast turkey, stuffing,  
gravy, roast & mashed  
potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Fruit flapjack  
& milkshake

Gluten Milk



Friday

MSC fish goujons,  
jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE



Fruit in jelly  
& cream swirl

Milk



Served Daily

**Fruit yoghurt** Milk (when a pudding is being served) **Best of both bread** Gluten and Soya  
**Seasonal vegetables** available daily **Coleslaw** Egg when served



## School Menu

Autumn - Winter 2018/19

### Week 3

Week commencing  
17 Sept, 8 Oct, 5 Nov,  
26 Nov, 17 Dec, 21 Jan,  
11 Feb

Gunthorpe  
C of E Primary  
School Academy



### By Day

#### First Course

#### Second Course

Monday

Pasta Neapolitan,  
garlic slice

Milk Gluten



Honey & oatmeal cookie  
& milkshake

Gluten Milk



Tuesday

Farmhouse pie & gravy,  
roast potatoes

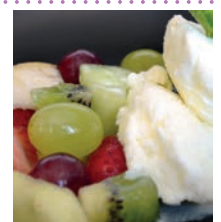
Gluten

VEGETARIAN OPTION AVAILABLE



Fruit salad  
& frozen yoghurt

Milk



Wednesday

Hot dog in a roll,  
potato noisette

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE



Cherry shortcake  
& custard

Milk Gluten Egg



Thursday

Roast gammon,  
Yorkshire pudding,  
gravy,  
mashed & roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Cheese crackers  
& apple wedge

Milk Gluten



Friday

MSC breaded fish,  
ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE



Apricot slice  
& custard

Milk Gluten



Served Daily

**Fruit yoghurt** Milk (when a pudding is being served) **Best of both bread** Gluten and Soya  
**Seasonal vegetables** available daily **Coleslaw** Egg when served