



## School Menu

Autumn - Winter 2018/19

### Week 1

Week commencing

5 Sept, 24 Sept, 15 Oct,

12 Nov, 3 Dec, 7 Jan,

28 Jan



### By Day

#### First Course

#### Second Course

Monday

Cheese & bacon  
pinwheel & salad

Milk Gluten

VEGETARIAN OPTION AVAILABLE



Jacket potato & cheese  
or baked beans or tuna  
& mixed salad

Milk Egg Fish



Tuesday

Beef casserole & herby  
dumplings, gravy,  
mashed potatoes

Gluten Sesame

VEGETARIAN OPTION AVAILABLE



Pancake  
with frozen yoghurt  
& hot cherries

Milk Egg Gluten Sulphur Dioxide



Wednesday

Chicken pasta bake,  
garlic slice

Gluten Milk

VEGETARIAN OPTION AVAILABLE



Cornflake tart  
& custard

Milk Gluten Sulphur Dioxide



Thursday

Vegetable soup  
& crusty bread

Celery Gluten Sesame



Nottinghamshire  
sausage, gravy  
& mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Friday

MSC fish finger wrap,  
noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Magic chocolate  
pudding  
& chocolate sauce

Milk Egg Gluten



Served Daily

**Fruit yoghurt** Milk (when a pudding is being served) **Best of both bread** Gluten and Soya  
**Seasonal vegetables** available daily **Coleslaw** Egg when served



## School Menu

Autumn - Winter 2018/19

### Week 2

Week commencing  
10 Sept, 1 Oct, 22 Oct,  
19 Nov, 10 Dec, 14 Jan,  
4 Feb



### By Day

#### First Course

#### Second Course

Monday

Tomato & mozzarella  
bruschetta & salad

Milk Gluten Sesame



Jacket potato & cheese  
or baked beans or tuna  
& mixed salad

Milk Egg Fish



Tuesday

BBQ pulled pork  
in pitta bread,  
jacket wedges

Gluten

VEGETARIAN OPTION AVAILABLE



Chocolate brownie

Gluten



Wednesday

Cheesy cottage pie  
& gravy

Milk Fish

VEGETARIAN OPTION AVAILABLE



Chocolate ice cream roll  
& chocolate sauce

Soya Milk Egg Gluten



Thursday

MSC fish nuggets,  
tomato dip & salad

Fish

VEGETARIAN OPTION AVAILABLE



Roast turkey,  
stuffing, gravy,  
roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Friday

MSC fish goujons,  
jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE



Fruit in jelly  
& cream swirl

Milk



Served Daily

**Fruit yoghurt** Milk (when a pudding is being served) **Best of both bread** Gluten and Soya  
**Seasonal vegetables** available daily **Coleslaw** Egg when served





## School Menu

Autumn - Winter 2018/19

### Week 3

Week commencing

17 Sept, 8 Oct, 5 Nov,  
26 Nov, 17 Dec, 21 Jan,  
11 Feb



### By Day

#### First Course

#### Second Course

Monday

Cheese & tomato quiche,  
potato croquettes

Milk Egg Gluten, Milk



Honey & oatmeal cookie  
& milkshake

Gluten Milk



Tuesday

Farmhouse pie & gravy,  
roast potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Butterscotch tart

Gluten Milk



Wednesday

Cheese & bacon  
pinwheel & salad

Milk Gluten

VEGETARIAN OPTION AVAILABLE



Hot dog in a roll,  
potato noisette

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE



Thursday

Roast gammon,  
Yorkshire pudding, gravy,  
mashed & roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Icky sticky pudding  
& custard

Milk Egg Gluten



Friday

Tomato soup  
& crusty bread

Celery Gluten Sesame



MSC breaded fish,  
ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE



Served Daily

**Fruit yoghurt** Milk (when a pudding is being served) **Best of both bread** Gluten and Soya  
**Seasonal vegetables** available daily **Coleslaw** Egg when served