



Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan



By Day

First Course

Second Course

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

Spaghetti Bolognese, crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE

Chicken pasta bake, garlic slice

Gluten Milk

VEGETARIAN OPTION AVAILABLE

Nottinghamshire sausage, gravy & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

MSC fish finger wrap, noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Apple & blackberry crumble & custard

Milk Gluten



Pancake with frozen yoghurt & hot cherries

Milk Egg Gluten Sulphur Dioxide



Cornflake tart & custard

Milk Gluten Sulphur Dioxide



Spiced carrot cake & custard

Milk Egg Gluten Sulphur Dioxide

Fruit salad



Allergen free









Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served





Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb



By Day

First Course

Second Course

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten

Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

Roast turkey, stuffing, gravy, roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

MSC fish goujons, jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE



Butterscotch mousse & banana

Mill

Gluten



Chocolate brownie

Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten



Fruit medley with yoghurt & honey

Milk



Fruit in jelly & cream swirl

Mill









Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served





Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 21 Jan, 11 Feb



By Day

First Course

Second Course

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Quorn dippers in a tortilla wrap, jacket wedges

Milk Egg Gluten

Venison burger in a bun, jacket wedges

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE

Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

MSC breaded fish, ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE



Honey & oatmeal cookie & milkshake

Gluten Milk



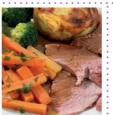
Fruit salad & frozen yoghurt

Milk



Apple & rhubarb crumble & custard

Milk Gluten



Cheese crackers & apple wedge

Milk Gluten



Apricot slice & custard

Milk Gluten







Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served