

Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan



MONDAY

TUESDAY

WEDNESDAY A

FRIDAY



Margherita pizza, jacket wedges

Spaghetti Bolognese, crusty bread



Turkey & vegetable pie, gravy,



Nottinghamshire sausage, gravy & mashed potatoes



noisette potatoes

Gluten Milk

OR



Rigatoni Florentina pasta,

garlic slice

Gluten Milk

DESSERT



Apple & blackberry crumble & custard

Milk Gluten

Gluten Fish Sesame

VEGETARIAN OPTION AVAILAB

OR



fajitas, savoury rice

Beef & vegetable

Gluten

DESSERT



Pancake with frozen yoghurt & hot cherries

Milk Egg Gluten Sulphur Dioxide

roast baby potatoes

Milk Fish Gluten

VEGETARIAN OPTION AVAILAR

OR



Chicken pasta bake, garlic slice

Gluten Milk

VEGETARIAN OPTION AVAILABLE

DESSERT



Cornflake tart & custard

Milk Gluten Sulphur Dioxide

OR



Quorn roast, stuffing, gravy, roast & mashed potatoes

Milk Egg Gluten

DESSERT



Spiced carrot cake & custard

Milk Egg Gluten Sulphur Dioxide

MSC fish finger wrap,

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Magic chocolate puddina & chocolate sauce

Milk Egg Gluten

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



Autumn - Winter 2018/19

Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten



Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk

OR

VEGETARIAN OPTION AVAILABLE



Cheesy cottage pie & gravy

Milk Fish



Roast turkey, stuffing, gravy, roast & mashed potatoes



MSC fish goujons, jacket wedges

Gluten Fish

OR



Macaroni vegetable cheese, garlic slice

Porkies in gravy, roast potatoes & Yorkshire pudding

Gluten Egg Milk

OR

Pasta Bolognese, garlic slice

OR

Quorn roast, stuffing, gravy, roast & mashed potatoes

Milk Egg Gluten



Jacket potato & cheese or baked beans or tuna & mixed salad

Mustard Milk Gluten



Butterscotch mousse & banana

Milk

DESSERT



Chocolate brownie

Gluten

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE

DESSERT



Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten

DESSERT



Fruit flapjack & milkshake

Gluten Milk

DESSERT

Milk Egg Fish



Fruit in jelly & cream swirl

Milk

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



Autumn - Winter 2018/19

Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 21 Jan, 11 Feb



MONDAY

TUESDAY WEDNESDAY

THURSDAY

FRIDAY



Quorn dippers in a tortilla wrap, jacket wedges

Milk Egg Gluten

OR



Pasta Neapolitan, garlic slice

Milk Gluten



Honey & oatmeal cookie & milkshake

Gluten Milk



Beef burger in a bun, jacket wedges

Soya Gluten Egg Milk VEGETARIAN OPTION AVAILABLE

OR



Venison hotpot, roast new potatoes



Butterscotch tart

Gluten Milk



Hot dog in a roll, potato noisette

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILA



Mediterranean chicken pasta, garlic slice

Gluten Milk

VEGETARIAN OPTION AVAILABLE

DESSERT



Cherry shortcake & custard

Milk Gluten Egg



Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

OR



Quorn roast, Yorkshire pudding, roast & mashed potatoes

Gluten Egg Milk

DESSERT



Icky sticky pudding & custard

Milk Egg Gluten



MSC breaded fish, ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

DESSERT



Rice pudding & jam

Milk Sulphur Dioxide

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served