



School Menu

Autumn - Winter 2018/19

Week 1

Week commencing

5 Sept, 24 Sept, 15 Oct,

12 Nov, 3 Dec, 7 Jan,

28 Jan



By Day

First Course

Second Course

Monday

Margherita pizza,
jacket wedges **Gluten Milk**

OR

Jacket potato & cheese
or baked beans or tuna &
mixed salad **Milk Egg Fish**



Apple & blackberry
crumble & custard
Milk Gluten



Tuesday

Beef casserole
& herby dumplings,
gravy,
mashed potatoes

Gluten Sesame

VEGETARIAN OPTION AVAILABLE



Pancake
with frozen yoghurt
& hot cherries

Milk Egg Gluten Sulphur Dioxide



Wednesday

Turkey & vegetable pie,
gravy,
roast baby potatoes

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE



Cornflake tart
& custard

Milk Gluten Sulphur Dioxide



Thursday

Roast pork,
stuffing, gravy,
roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Spiced carrot cake
& custard

Milk Egg Gluten Sulphur Dioxide



Friday

MSC fish finger wrap,
noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Magic chocolate
pudding & chocolate
sauce

Milk Egg Gluten



Served Daily

Fruit yoghurt **Milk** (when a pudding is being served) **Best of both bread** **Gluten and Soya**
Seasonal vegetables available daily **Coleslaw** **Egg** when served



School Menu

Autumn - Winter 2018/19

Week 2

Week commencing
10 Sept, 1 Oct, 22 Oct,
19 Nov, 10 Dec, 14 Jan,
4 Feb



By Day

First Course

Second Course

Monday

Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten

OR

Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish



Butterscotch mousse & banana

Milk



Tuesday

Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Chocolate brownie

Gluten



Wednesday

Pasta Bolognese, garlic slice

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE



Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten



Thursday

Roast turkey, stuffing, gravy, roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Fruit flapjack & milkshake

Gluten Milk



Friday

MSC fish goujons, jacket wedges

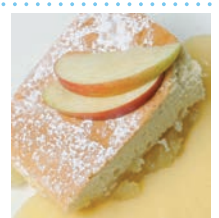
Gluten Fish

VEGETARIAN OPTION AVAILABLE



Eve's pudding & vanilla sauce

Milk Egg Gluten



Served Daily

Fruit yoghurt *Milk* (when a pudding is being served) **Best of both bread** *Gluten and Soya*
Seasonal vegetables available daily **Coleslaw** *Egg* when served



School Menu

Autumn - Winter 2018/19

Week 3

Week commencing

17 Sept, 8 Oct, 5 Nov,
26 Nov, 17 Dec, 21 Jan,
11 Feb



By Day

First Course

Second Course

Monday

Cheese & tomato quiche,
potato croquettes

Milk Egg Gluten

OR

Jacket potato & cheese
or baked beans or tuna &
mixed salad Milk Egg Fish



Honey & oatmeal cookie
& milkshake

Gluten Milk



Tuesday

Venison burger in a bun,
jacket wedges

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE



Butterscotch tart

Gluten Milk



Wednesday

BBQ chilli beef wrap,
savoury rice

Gluten Milk

VEGETARIAN OPTION AVAILABLE



Apple & rhubarb crumble
& custard

Milk Gluten



Thursday

Roast gammon,
Yorkshire pudding,
gravy, mashed &
roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Icky sticky pudding
& custard

Milk Egg Gluten



Friday

MSC breaded fish,
ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE



Apricot slice
& custard

Milk Gluten



Served Daily

Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya
Seasonal vegetables available daily **Coleslaw** Egg when served