



## School Menu

Autumn - Winter 2018/19

### Week 1

Week commencing

5 Sept, 24 Sept, 15 Oct,  
12 Nov, 3 Dec, 7 Jan,  
28 Jan



Workshop Priory  
C of E Primary



## By Day

### First Course

### Second Course

Monday

Margherita pizza,  
jacket wedges

Gluten Milk



Apple & blackberry  
crumble & custard

Milk Gluten



Tuesday

Chicken pasta bake,  
garlic slice

Gluten Milk

VEGETARIAN OPTION AVAILABLE



Cornflake tart  
& custard

Milk Gluten Sulphur Dioxide



Wednesday

Spaghetti Bolognese,  
crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE



Coconut sponge  
& custard

Milk Egg Gluten Sulphur Dioxide



Thursday

Nottinghamshire sausage,  
gravy &  
mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Spiced carrot cake  
& custard

Milk Egg Gluten Sulphur Dioxide



Friday

MSC fish finger wrap,  
noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Magic chocolate pudding  
& chocolate sauce

Milk Egg Gluten



Served  
Daily

Jacket potato with cheese, baked  
beans or tuna mayo with mixed salad

Milk, Fish, Egg

OR

Freshly filled roll with cheese,  
ham, tuna mayo or egg and salad

Soya Egg Sesame Gluten, Milk Fish

**Fruit yoghurt** Milk (when a pudding is being served) **Best of both bread** Gluten and Soya  
**Seasonal vegetables** available daily **Coleslaw** Egg when served



## School Menu

Autumn - Winter 2018/19

### Week 2

Week commencing

10 Sept, 1 Oct, 22 Oct,  
19 Nov, 10 Dec, 14 Jan,  
4 Feb



Workshop Priory  
C of E Primary



### By Day

#### First Course

#### Second Course

Monday

Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten



Butterscotch mousse & banana

Milk



Tuesday

Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Crispy jam tart & custard

Milk Gluten Sulphur Dioxide



Wednesday

Venison burger in a bun, jacket wedges

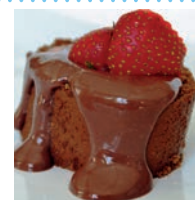
Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE



Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten



Thursday

Roast turkey, stuffing, gravy, roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Fruit flapjack & milkshake

Gluten Milk



Friday

MSC fish goujons, jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE



Fruit in jelly & cream swirl

Milk



Served Daily

Jacket potato with cheese, baked beans or tuna mayo with mixed salad

Milk, Fish, Egg

OR

Freshly filled roll with cheese, ham, tuna mayo or egg and salad

Soya Egg Sesame Gluten, Milk Fish

**Fruit yoghurt** Milk (when a pudding is being served) **Best of both bread** Gluten and Soya  
**Seasonal vegetables** available daily **Coleslaw** Egg when served





## School Menu

### Autumn - Winter 2018/19

### Week 3

Week commencing

17 Sept, 8 Oct, 5 Nov,  
26 Nov, 17 Dec, 21 Jan,  
11 Feb



Workshop Priory  
C of E Primary



## By Day

### First Course

### Second Course

### Monday

Quorn dippers  
in a tortilla wrap,  
jacket wedges

Milk Egg Gluten



Honey & oatmeal cookie  
& milkshake

Gluten Milk



### Tuesday

Hot dog in a roll,  
potato noisette

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE



Butterscotch tart

Gluten Milk



### Wednesday

Cheesy cottage pie  
& gravy

Milk Fish

VEGETARIAN OPTION AVAILABLE



Apple & rhubarb crumble  
& custard

Milk Gluten



### Thursday

Roast gammon,  
Yorkshire pudding, gravy,  
mashed & roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Icky sticky pudding  
& custard

Milk Egg Gluten



### Friday

MSC breaded fish,  
ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE



Rice pudding  
& jam

Milk Sulphur Dioxide



### Served Daily

Jacket potato with cheese, baked  
beans or tuna mayo with mixed salad

Milk, Fish, Egg

### OR

Freshly filled roll with cheese,  
ham, tuna mayo or egg and salad

Soya Egg Sesame Gluten, Milk Fish

**Fruit yoghurt** Milk (when a pudding is being served) **Best of both bread** Gluten and Soya  
**Seasonal vegetables** available daily **Coleslaw** Egg when served