



Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan



By Day

First Course

Second Course

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Margherita pizza, jacket wedges

Gluten Milk

Spaghetti Bolognese, crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE

Chicken & lentil casserole, mashed potatoes, Yorkshire pudding

Egg Milk Gluten

VEGETARIAN OPTION AVAILABLE

Nottinghamshire sausage, gravy & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

MSC fish finger wrap, noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Apple & blackberry crumble & custard

Milk Gluten



Coconut sponge & custard

Milk Egg Gluten Sulphur Dioxide



Cornflake tart & custard

Milk Gluten Sulphur Dioxide



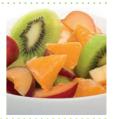
Spiced carrot cake & custard

Milk Egg Gluten Sulphur Dioxide



Allergen free





Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served





Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb



By Day

First Course

Second Course

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten

Porkies in gravy, roast potatoes & Yorkshire pudding

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

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Roast turkey, stuffing, gravy, roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

MSC fish goujons, jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE



Butterscotch mousse & banana

Milk



Chocolate brownie

Gluten

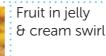


Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten

Fruit flapjack & milkshake

Gluten Milk



Milk







Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served





By Day

First Course

Second Course

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Cheese & tomato quiche, potato croquettes

Milk Egg Gluten, Milk

Farmhouse pie & gravy, roast potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

Hot dog in a roll, potato noisette

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE

Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

MSC breaded fish, ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE



Fruit salad

Allergen free



Butterscotch tart



Cherry shortcake & custard

Milk Gluten Egg



Cheese crackers & apple wedge

Milk Gluten



Milk Gluten











Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served