

Nottinghamshire County Council



Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan

By Day

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

First Course

Margherita pizza, jacket wedges

Gluten Milk

MSC fish nuggets, tomato dip & salad

Fish

vegetarian option available Nottinghamshire sausage, gravy & mashed potatoes

Gluten

vegetarian option available Roast pork, stuffing, gravy, roast & mashed potatoes

Gluten

vegetarian option available MSC fish finger wrap, noisette potatoes

Fish Gluten Milk VEGETARIAN OPTION AVAILABLE



Second Course

Chocolate rice pudding

Milk



ESTWOO

Spaghetti Bolognese, crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE

Date slice & custard

Milk Gluten

Spiced carrot cake & custard

Milk Egg Gluten Sulphur Dioxide

Magic chocolate pudding & chocolate sauce

Milk Egg Gluten









Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served







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Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb

By Day

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

First Course

Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten

Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding Gluten Egg Milk

vegetarian option available Beef vegetable pie & gravy, mashed potatoes

Milk Fish Gluten

vegetarian option available MSC fish nuggets, tomato dip & salad

Fish

vegetarian option available MSC fish goujons, jacket wedges

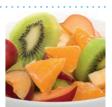
Gluten Fish VEGETARIAN OPTION AVAILABLE



Second Course

Fruit salad

Allergen free



ESTWOO

Chocolate brownie

Gluten

Chocolate ice cream roll & chocolate sauce

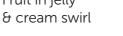
Soya Milk Egg Gluten



Roast turkey, stuffing, gravy, roast & mashed potatoes

Gluten

vegetarian option available Fruit in jelly







Fruit yoghurt Milk (when a pudding is being served) **Best of both bread** Gluten and Soya **Seasonal vegetables** available daily **Coleslaw** Egg when served

Milk





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Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 21 Jan, 11 Feb

By Day

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

First Course

Quorn dippers in a tortilla wrap, jacket wedges

Milk Egg Gluten

Venison hotpot, roast new potatoes

Celery

VEGETARIAN OPTION AVAILABLE Hot dog in a roll, potato noisette

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE MSC breaded fish, ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE



Second Course

Honey & oatmeal cookie & milkshake

Gluten Milk

Fruit salad & frozen yoghurt

Milk

Cherry shortcake & custard

Milk Gluten Egg

Cheese crackers & apple wedge

Milk Gluten

Rice pudding & jam

Milk Sulphur Dioxide



ESTWOO







Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served





