

Nottinghamshire County Council



Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan





MONDAY



Margherita pizza, jacket wedges



Gluten Milk

OR



Jacket potato & cheese or baked beans or tuna & mixed salad

Milk Egg Fish

OR



Apple & blackberry crumble & custard



TUESDAY

Spaghetti Bolognese, crusty bread

Gluten Fish Sesame VEGETARIAN OPTION AVAILABLE OR



Quorn Bolognese, crusty bread

Gluten Egg



Pancake with frozen yoghurt & hot cherries

Milk Egg Gluten Sulphur Dioxide



Chicken & lentil casserole, mashed potatoes, Yorkshire pudding Egg Milk Gluten

VEGETARIAN OPTION AVAILABL



Mediterranean chicken pasta, garlic slice

Gluten Milk VEGETARIAN OPTION AVAILABLE



Cornflake tart & custard

Milk Gluten Sulphur Dioxide



THURSDAY

Nottinghamshire sausage, gravy & mashed potatoes

Gluten VEGETARIAN OPTION AVAIL

OR



Quorn sausage, gravy & mashed potatoes

Gluten Egg Milk



Spiced carrot cake & custard

Milk Egg Gluten Sulphur Dioxide M

FRIDAY



MSC fish finger wrap, noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Vegetable nuggets, noisette potatoes

Gluten Milk

OR



Magic chocolate pudding & chocolate sauce

Milk Egg Gluten

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



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Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb





MONDAY



Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten

OR



Macaroni vegetable cheese, garlic slice

Mustard Milk Gluten

OR



Fruit salad



TUESDAY

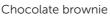


Meat free balls in gravy, mashed potatoes & Yorkshire pudding

Soya Egg Milk Gluten

OR





Gluten

WEDNESDAY



Pasta Bolognese, garlic slice

Milk Fish Gluten VEGETARIAN OPTION AVAILABLE

OR



Cheese & tomato pasta

Gluten Milk

OR



Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten



THURSDAY

Roast turkey, stuffing, gravy, roast & mashed potatoes

Gluten

OR



Quorn roast, stuffing, gravy, roast & mashed potatoes

Milk Egg Gluten





Fruit flapjack & milkshake

Gluten Milk

FRIDAY



MSC fish goujons, jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE





Vegetable nuggets, jacket wedges

Gluten



Milk



Fruit in jelly & cream swirl

Allergen free

AVAILABLE DAILY: Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served



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Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 2<u>1 J</u>an, 11 Feb





MONDAY



Quorn dippers in a tortilla wrap, jacket wedges

Milk Egg Gluten

OR



Pasta Neapolitan, garlic slice

Milk Gluten

OR



Honey & oatmeal cookie & milkshake

Gluten Milk



Venison burger in a bun. jacket wedges

Soya Milk Egg Gluten VEGETARIAN OPTION AVAILA

OR



Quorn burger in a bun, jacket wedges

Soya Milk Egg Gluten



Butterscotch tart

Gluten Milk



OR

Soya Milk Egg Gluten

Hot dog in a roll,

potato noisette

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE

OR



Cherry shortcake & custard

Milk Gluten Egg



Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk VEGETARIAN OPTION AVAILABLE

OR



Quorn roast, Yorkshire pudding, roast & mashed potatoes

Gluten Egg Milk





Cheese crackers & apple wedge

Milk Gluten

FRIDAY



MSC breaded fish, ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE

OR



Vegetable nuggets, oven chips

Gluten

OR



Apricot slice & custard

Milk Gluten

AVAILABLE DAILY: Fruit yoghurt Mik (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served