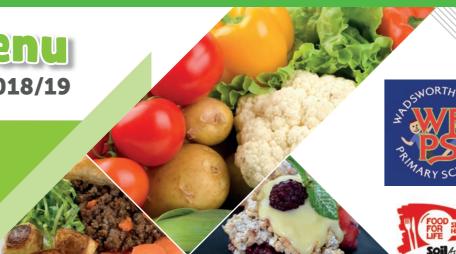




Week 1

Week commencing 5 Sept, 24 Sept, 15 Oct, 12 Nov, 3 Dec, 7 Jan, 28 Jan







By Day

First Course

Second Course

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Margherita pizza, jacket wedges

Gluten Milk

Spaghetti Bolognese, crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE

Chicken pasta bake, garlic slice

Gluten Milk

VEGETARIAN OPTION AVAILABLE

Nottinghamshire sausage, gravy & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

MSC fish finger wrap, noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



Fruit yoghurt



Coconut sponge & custard

Milk Egg Gluten Sulphur Dioxide

Cornflake tart & custard

Milk Gluten Sulphur Dioxide

Spiced carrot cake & custard

Milk Egg Gluten Sulphur Dioxide

Magic chocolate pudding & chocolate sauce

Milk Egg Gluten











Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served





Week 2

Week commencing 10 Sept, 1 Oct, 22 Oct, 19 Nov, 10 Dec, 14 Jan, 4 Feb





By Day

First Course

Second Course

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Vegetarian sausage roll & gravy, roast new potatoes

Celery Milk Gluten

Nottinghamshire sausage, onion gravy, mashed potatoes & Yorkshire pudding Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

Pasta Bolognese, garlic slice

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE

Roast turkey, stuffing, gravy, roast & mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE

MSC fish goujons, jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE



Butterscotch mousse & banana



Crispy jam tart & custard

Milk Gluten Sulphur Dioxide

Chocolate ice cream roll & chocolate sauce

Soya Milk Egg Gluten



Fruit flapjack & milkshake

Gluten Milk



Fruit in jelly & cream swirl







Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served





Week 3

Week commencing 17 Sept, 8 Oct, 5 Nov, 26 Nov, 17 Dec, 21 Jan, 11 Feb







By Day

First Course

Second Course

Monday

Tuesday

Wednesday

Thursday

Friday

Served Daily

Pasta Neapolitan, garlic slice

Milk Gluten

Venison burger in a bun, jacket wedges

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE

Mediterranean chicken pasta, garlic slice

Gluten Milk

VEGETARIAN OPTION AVAILABLE

Roast gammon, Yorkshire pudding, gravy, mashed & roast potatoes

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE

MSC breaded fish, ovenchips

Fish Gluten

VEGETARIAN OPTION AVAILABLE



Honey & oatmeal cookie & milkshake

Gluten Milk

Gluten Milk



Butterscotch tart



Cherry shortcake & custard

Milk Gluten Egg



Cheese crackers & apple wedge

Milk Gluten



Apricot slice & custard

Milk Sulphur Dioxide









Fruit yoghurt Milk (when a pudding is being served) Best of both bread Gluten and Soya Seasonal vegetables available daily Coleslaw Egg when served