



## School Menu

### Autumn - Winter 2018/19

### Week 1

Week commencing

5 Sept, 24 Sept, 15 Oct,

12 Nov, 3 Dec, 7 Jan,

28 Jan



Tollerton School



## By Day

### First Course

### Second Course

### Monday

Margherita pizza,  
jacket wedges

Gluten Milk



Chocolate rice pudding

Milk



### Tuesday

Spaghetti Bolognese,  
crusty bread

Gluten Fish Sesame

VEGETARIAN OPTION AVAILABLE



Pancake  
with frozen yoghurt  
& hot cherries

Milk Egg Gluten Sulphur Dioxide



### Wednesday

Chicken & lentil  
casserole,  
mashed potatoes,  
Yorkshire pudding

Egg Milk Gluten

VEGETARIAN OPTION AVAILABLE



Cornflake tart  
& custard

Milk Gluten Sulphur Dioxide



### Thursday

Nottinghamshire  
sausage, gravy  
& mashed potatoes

Gluten

VEGETARIAN OPTION AVAILABLE



Spiced carrot cake  
& custard

Milk Egg Gluten Sulphur Dioxide



### Friday

Red pepper houmus  
& pitta bread strips

Gluten Sesame



MSC fish finger wrap,  
noisette potatoes

Fish Gluten Milk

VEGETARIAN OPTION AVAILABLE



### Served Daily

**Fruit yoghurt** Milk (when a pudding is being served) **Best of both bread** Gluten and Soya  
**Seasonal vegetables** available daily **Coleslaw** Egg when served



## School Menu

Autumn - Winter 2018/19

### Week 2

Week commencing

10 Sept, 1 Oct, 22 Oct,  
19 Nov, 10 Dec, 14 Jan,  
4 Feb



Tollerton School



### By Day

#### First Course

#### Second Course

Monday

Cheese & bacon  
pinwheel & salad

Milk Gluten

VEGETARIAN OPTION AVAILABLE



Jacket potato & cheese  
or baked beans or tuna  
& mixed salad

Milk Egg Fish



Tuesday

Nottinghamshire  
sausage, onion gravy,  
mashed potatoes &  
Yorkshire pudding

Gluten Egg Milk

VEGETARIAN OPTION AVAILABLE



Chocolate brownie

Gluten



Wednesday

Pasta Bolognese,  
garlic slice

Milk Fish Gluten

VEGETARIAN OPTION AVAILABLE



Chocolate ice cream roll  
& chocolate sauce

Soya Milk Egg Gluten



Thursday

Turkey wrap,  
roast potatoes

Egg Gluten

VEGETARIAN OPTION AVAILABLE



Fruit flapjack  
& milkshake

Gluten Milk



Friday

MSC fish goujons,  
jacket wedges

Gluten Fish

VEGETARIAN OPTION AVAILABLE



Eve's pudding  
& vanilla sauce

Milk Egg Gluten



Served Daily

**Fruit yoghurt** Milk (when a pudding is being served) **Best of both bread** Gluten and Soya  
**Seasonal vegetables** available daily **Coleslaw** Egg when served



## School Menu

Autumn - Winter 2018/19

### Week 3

Week commencing

17 Sept, 8 Oct, 5 Nov,  
26 Nov, 17 Dec, 21 Jan,  
11 Feb



Tollerton School



### By Day

#### First Course

#### Second Course

Monday

Pasta Neapolitan,  
garlic slice

Milk Gluten



Honey & oatmeal cookie  
& milkshake

Gluten Milk



Tuesday

Vegetable soup  
& crusty bread

Celery Gluten Sesame



Venison hotpot,  
roast new potatoes

Celery

VEGETARIAN OPTION AVAILABLE



Wednesday

Hot dog in a roll,  
potato noisette

Soya Milk Egg Gluten

VEGETARIAN OPTION AVAILABLE



Apple & rhubarb crumble  
& custard

Milk Gluten



Thursday

Sweet & sour pork,  
wholegrain rice

Celery

VEGETARIAN OPTION AVAILABLE



Cheese crackers  
& apple wedge

Milk Gluten



Friday

MSC salmon fishcake,  
oven chips

Fish Soya Gluten

VEGETARIAN OPTION AVAILABLE



Apricot slice  
& custard

Milk Gluten



Served Daily

**Fruit yoghurt** Milk (when a pudding is being served) **Best of both bread** Gluten and Soya  
**Seasonal vegetables** available daily **Coleslaw** Egg when served