

Private and confidential
Parent / Carer

Local Partnerships
Notts Healthcare NHS Foundation Trust
Ashfield Health & Wellbeing Centre
Portland Street
Kirkby in Ashfield
NG17 7AE

Dear Parent / Carer of,

We recently sent you a letter about measuring «FirstName»'s height and weight in school as part of the National Child Measurement Programme. The measurements have now been done.

Seeing if your child's weight is within the healthy range for their age, sex and height can help you make informed choices about their lifestyle.

«FirstName»'s results	
Height	«Height» cm
Weight	«Weight» kg
Date of measurement	«DateOfMeasurement»

These results suggest that your child is underweight for their age, sex and height. Many underweight children are perfectly healthy, but some can develop health problems. If you would like to speak to one of us about «FirstName»'s result, please contact us on the above telephone number.

You can also go online for practical advice at www.nhs.uk/ncmp1

You can find out how «FirstName»'s result was calculated, and check how they are growing over time, by going to www.nhs.uk/bmi.

This information has not been shared with «FirstName», other children or school staff. Locally, this information is held by your local NHS/local authority public health team and is treated confidentially. Some medical conditions or treatment that your child is receiving may mean that BMI centile is not the best way to measure your child. Your GP or other health professional caring for your child will be able to discuss this with you.

We hope this information is useful to you. If you need any advice please contact us.

Professional Service Lead Countywide Health Services for children and young people