

Nottinghamshire Joint Health and Wellbeing Strategy

Consultation Document

The Background - What is the Joint Health and Wellbeing Strategy?

It is the County's overarching plan for improving health and wellbeing outcomes for our residents whilst also reducing health inequalities. It is the main way in which the Board executes its legal duty to work on;

- Improving the health and wellbeing of the people in their area
- Reducing health inequalities
- Promoting the integration of services

In Nottinghamshire we believe that all our residents should have the opportunity to make the choices that allow them to live a healthy life, regardless of their income, education or ethnic background. Whilst there is a lot that can be done to keep people healthy and independent we also know that for some of our residents the time will come when they may need some extra help and support to live well with frailty or ill health. When that happens we will work with care services (NHS and social care) along with housing to ensure people get the care and support they need at the right time and in the right place.

Our Vision and approach to Health and Wellbeing in Nottinghamshire

Our Vision:

'To work together to enable the people of Nottinghamshire to live longer, be healthier and have a better quality of life, especially in communities with the poorest health.'

To achieve this we will use the following approach:

- As a Board we will concentrate our efforts on issues that cannot be achieved independently and require a shared solution
- We will focus on preventive measures helping people and communities to support each other and prevent problems from arising
- We will take a life course approach when considering how best to focus actions to improve health and wellbeing, recognising that many poor outcomes result from an accumulation of factors and poor life chances over time
- Health and wellbeing equity will be at the centre of all public policy making by influencing other agendas such as employment, housing, economy, environment planning and transport
- We will build on the strengths of our communities and use place based solutions
- We will make decisions based on evidence or when evidence is weak evaluating so we learn
- We will include wider partners such as voluntary and community organisations, service providers, patients/service users, carers and family members equally in planning, delivering and reviewing projects/services

Q1

Do you agree with the overall Vision?

- Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

Is there anything missing from the Vision?

Q2

Do you agree that we are taking the right approach?

- Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

Do you have any comments about our approach?

Our 4 strategic ambitions to focus how the Board 'adds value' are

1. Healthier decision making.

We want to make sure that we influence decisions where there is the potential to impact on improving health and reducing health inequalities

2. Healthy and Sustainable Places

We want to create places which maximise the health benefits for citizens that live or work in those places.

This will mean influencing our emerging priorities which are:

- The food environment
- Physical activity
- Tobacco
- Mental wellbeing
- How we plan where we live - spatial planning
- Warmer and safer homes
- Stronger and resilient communities
- Jobs and work
- Domestic abuse
- Compassionate communities supporting those at the end of life
- Substance misuse (drugs and alcohol)
- ASD/Aspergers
- Carers

Together these will help to

- Reduce dental decay
- Reduce obesity
- Increase levels of physical activity
- Increase consumption of fruit and vegetables
- Reduce impact of smoking
- Reduce social isolation
- Improve self-reported well being
- Reduce impact of drugs and alcohol
- Improve air quality
- Reduce avoidable injuries (on the road and at home)
- Reduce preventable deaths
- Increase breast feeding
- Reduce unemployment rates
- Reduce suicide
- Improve quality of life for those living with dementia
- Reduce the prevalence of dementia, diabetes and other long term health conditions

3. A good start in life

- Child poverty
- Children and young people are safe
- Children and young people are happy and healthy

4. Transforming care services

The residents of Nottinghamshire are covered by 2 Sustainability and Transformation Plans (STPs); [Nottingham and Nottinghamshire](http://www.stpnotts.org.uk) (www.stpnotts.org.uk), [South Yorkshire and Bassetlaw](http://www.smybndccgs.nhs.uk/what-we-do/stp) (www.smybndccgs.nhs.uk/what-we-do/stp). Both STPs are expected to become Accountable Care Systems from 2018/19. Advanced plans are available to the public and already describe in some detail the transformation planned. These support the statutory requirements of the Health and Wellbeing Board to promote the integration of services

Q3

Do you support the 4 strategic ambitions?

- Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

Is there anything missing from our ambitions?

Q4

We have started to identify potential priorities for action for the Health and Wellbeing Board under the Strategic Ambitions **2. Healthy and sustainable places** and **3. A good start in life**.

Do you think that these are the right emerging priorities to support these strategic ambitions?

- Strongly agree Agree Neither agree nor disagree Disagree Strongly disagree

Do you think anything is missing from the priorities for action listed?

To help us analyse the responses please indicate what type of organisation you are responding on behalf of. Please tick all of the following that apply

- Public sector organisation in Nottinghamshire Private sector Third Sector or not for profit organisation
- As a County or District Councillor On behalf of a local community group None of the above (please state below)

If you're responding on behalf of an organisation or group please say which one:

Do you have any responsibility for a particular part of the County? Please tick all that apply

- | | | | |
|------------------------------------|--|-------------------------------------|---|
| <input type="checkbox"/> Ashfield | <input type="checkbox"/> Bassetlaw | <input type="checkbox"/> Broxtowe | <input type="checkbox"/> Gedling |
| <input type="checkbox"/> Mansfield | <input type="checkbox"/> Newark & Sherwood | <input type="checkbox"/> Rushcliffe | <input type="checkbox"/> Outside of Nottinghamshire (including Nottingham City) |

Stakeholder Network

There is a Stakeholder Network of interested people and organisations which is kept informed of what's happening mainly through emails but also events to discuss particular topics.

Are you already a member of the Nottinghamshire Health & Wellbeing Board Stakeholder Network?

- Yes No

Would you like to join? Please give an email address we can contact you on:

Please return this form via email to nottshws@nottsc.gov.uk (a scanned copy is fine if handwriting is legible) or through the post to: Julia Thornborough, Public Health Division, Nottinghamshire County Council, County Hall, West Bridgford, Nottingham NG2 7QP.

Thank you for taking the time to complete this survey.