

Health & Wellbeing Board Summary 26 April 2017

The building blocks to prevent ill health

John Tomlinson and Lindsay Price attended the meeting to explain how 3 programmes of work – [Making Every Contact County \(MECC\)](#) (which is one of the Boards current priorities for action), the [Nottinghamshire Tobacco Declaration](#) & the [Wellbeing@Work](#) scheme could be aligned to avoid duplication and offer a unique opportunity to deliver the disease prevention agenda in a systematic and sustainable way.

The MECC programme utilises the millions of day to day interactions that organisations have with other people to support them in making positive changes to their physical health and wellbeing. Wellbeing@Work is a workplace health scheme for employers in Nottinghamshire which offers a range of lifestyle related benefits to employees based around 5 themes (substance misuse, mental wellbeing, healthy weight, protecting health & safety at work) with 5 levels of award from Bronze through to Platinum.

The Tobacco Declaration is a commitment by an organisation to take action to protect their local communities from the harm caused by tobacco use and is included as part of the Wellbeing@Work Scheme.

There is a lot of good work taking place across the county at the moment but there has not been a systematic approach across the organisational system.

As there is a significant overlap between the programmes there is a real opportunity to streamline this work and make it more efficient and effective. John explained that if all the Board partners signed up to the three programmes they could increase the impact and reach of the initiatives by implementing the programmes for their own employees as well as including them in specifications for commissioned services from other providers.

The Board supported the proposal to align the programmes and recognised the opportunity they offered to improve health and wellbeing. Members suggested developing a briefing with the key messages to help promote the schemes, as well as some support and quick reference resources for frontline staff who will be delivering the messages and signposting on to specialist services.

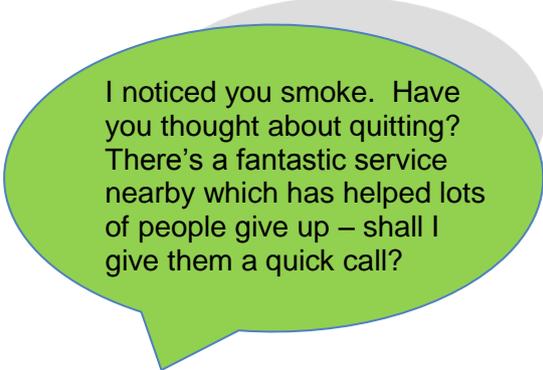
Board members asked whether it would give staff more to do when they are already busy? However, a MECC conversation is “brief advice” which only takes a couple of minutes. Members also asked who could be trained because Councillors could use the approach when speaking to people. They suggested that it would help if organisations who were already using and benefitting from the approach could share their story to help demonstrate the benefits as well as having a checklist for implementation so organisations could understand what is involved.

At this meeting:

[The building blocks to prevent ill health](#) – MECC, the Tobacco Declaration & Wellbeing@Work

[Working with the Safer Nottinghamshire Board](#) – strengthening links between the Boards

[Clinical commissioning groups annual reports](#) – contribution to delivering the Health & Wellbeing Strategy



I noticed you smoke. Have you thought about quitting? There's a fantastic service nearby which has helped lots of people give up – shall I give them a quick call?

Working with the Safer Nottinghamshire Board



Kevin Dennis & Barbara Brady are both members of the Health & Wellbeing Board & the Safer Nottinghamshire Board. The Safer Nottinghamshire Board is also a partnership & coordinates policy for community safety locally. It also supports the local community safety partnerships based in the districts across the county. Some of the

priorities for both Boards like substance misuse, sexual & domestic violence are the same.

Kevin explained this overlap to the Board & recommended that the Boards worked more closely together including joint discussions on common issues. Both Boards will be refreshing their strategies during 2017 so there is an opportunity to identify gaps as well as possible duplication. Members agreed though that each Board had a specialist focus which needs to be maintained.

Members Board agreed with the proposals for the Boards to work more closely. They also gave examples of projects in Ashfield & Gedling which have improved community safety & have had a positive effect on health & wellbeing.

Clinical commissioning groups annual reports

Clinical Commissioning Groups (CCGs) have to produce an annual report, including an explanation of how the CCG has contributed to the delivery of the local Health & Wellbeing Strategy. Gavin Lunn & Jeremy Griffiths presented extracts from the draft versions of the CCG reports to the Board for members to comment & ask questions.

They explained that there is a lot of activity in all of the CCGs, including the local vanguards & district based health & wellbeing groups which contributed to the delivery of the Nottinghamshire Strategy. Board members said they would like some more details about this in the reports.

Members agreed that it was important for them all to share what the Board was doing with their own organisations after the meetings so that they could influence how partners could help support the Boards work. They agreed that implementing MECC, the tobacco declaration & Wellbeing@work would be an ideal opportunity to do that.

Chair's report

Councillor Bosnjak explained that the Better Care Fund Guidance had still not been produced & as soon as it is, a plan for Nottinghamshire will be published. She also highlighted the recent success of the ASSIST scheme which had been assessed as excellent.

If you have any comments or questions about this summary please contact Nicola Lane
nicola.lane@nottsc.gov.uk