

Family Life

Spring into action with the latest Family Life

Great stories, latest news and event
listings for the whole family.

Future plans for country parks

Sign up for new Family Life emails

8 page 'What's On' guide

Volunteer to help local wildlife

Win tickets to the County Show



Be inspired to learn...

Book your
FREE place
today



FREE Community Courses

Have fun learning something new with our range of local free short courses. Learn a new skill, socialise and have fun in a relaxed and friendly atmosphere.

Courses are happening across Nottinghamshire and there's something for everyone, including:

-  Mindfulness
-  Money Management
-  Photography
-  And many more!
-  MS Excel

Visit www.inspireculture.org.uk/community to find out what is happening near you!

Call: **01623 476830** or e-mail: class@inspireculture.org.uk

 www.facebook.com/classlearn  [@ClassLearn](https://twitter.com/ClassLearn)



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European Union
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Holiday Clubs with a difference!

Fun packed days of fabulous activities for ages 8-12



Summer Forest Schools

26 - 28 July & 30 August - 1 September

Perlethorpe Environmental
Education Centre, Thoresby Estate

Brackenhurst Environmental
Education Centre, Near Southwell

Activities include shelter building,
cooking on camp fires, using wood
working tools, pond dipping, minibeasts
and tree identification.

To book, call **01623 822218**.

£60
for 3 days

Adventure Holiday Club

School holiday weekdays

The Mill Adventure Base,
Near Kings Mill Hospital

At least 3 adventurous
activities each day -
canoeing, mountain biking,
climbing, team games and more.

To book, call **01623 556110**.

£25
per day



www.nottinghamshire.gov.uk/outdoorclubs

Welcome to Family Life

This edition of Family Life includes lots of things to do, useful tips and advice, and plenty of information about our services for your family.

As spring time and the Easter holidays arrive, you'll find our 'What's On' guide a brilliant source for picking a fun day out for all family members. You can get outdoors with walks and wildlife spotting around our country parks or get your cultural fix at one of our libraries with talks, exhibitions and even jazz.

The year ahead promises to be an exciting time for our libraries and country parks. After its first full year of operation, Inspire, our cultural services organisation, has already made a great success of managing the County Council's cultural, adult learning and library services. This innovative way of working is now being extended to two of our country parks. Rufford Abbey Country Park is now managed on our behalf by Parkwood Outdoors who have a fantastic track record of creating popular visitor destinations for the whole family. Parkwood have exciting plans to develop new attractions at the park so watch this space. Likewise, from next year the RSPB who are the country's largest conservation charity will manage the world famous Sherwood Forest Country Park on behalf of the County Council. This new venture includes building a great new visitor centre. You can read more about all the developments on pages 6 and 7.

From our previous readers' surveys you repeatedly told us you enjoy the mix of content in Family Life - you also told us that you want to receive this kind of information more often. In response to this, in July we will be launching the Family Life email bulletin which you can now sign-up for. That means you will receive free monthly emails with the latest news and articles affecting family life in Nottinghamshire. On page 26 you can read more about the new bulletin, including how to sign-up. You can also give us views on future content through our survey – if you complete the survey you could win a fantastic prize.

I hope you enjoy this edition and find something that will inspire you and make a positive difference to the life of you and your family.



Anthony May
Chief Executive
Nottinghamshire County Council

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It costs 25p per copy to produce, print and distribute 88,300 Family Life magazines to key locations around the county.

The magazine provides useful information about Council services which affect you and your family, including helpful advice and guidance. There's also a What's On section featuring over 45 events and activities.

Family Life is printed on paper which is sourced from well-managed and sustainable resources conforming to the Forest Stewardship Council's standards.

If you would like to receive Family Life in a different format, please call 0300 500 80 80.

If you are interested in advertising with the council please take a look at the media pack on our website for full details or for other opportunities to promote your business. Visit nottinghamshire.gov.uk/advertise

All information is correct at the time of print, March 2017.

Your County News

30 hours free childcare for three and four year olds

From September 2017, three and four year olds whose parents are working will be eligible for 30 hours of free childcare a week (up from 15 hours currently). The childcare can be taken during term times or averaged out over the full year.

The government is introducing the extra free childcare to help more parents to return to work, or work more hours, by reducing the significant cost of childcare. To be eligible, both parents must be working (or sole parent in a lone parent family) and each parent earn on average:

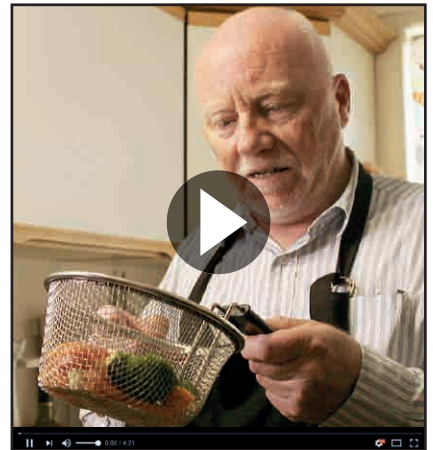
- a weekly minimum equivalent to 16 hours at national minimum wage (under 25 yr olds) or national living wage (over 25 yr olds); and
- less than £100,000 per year.

In Nottinghamshire we have a wide range of Ofsted registered childcare providers and we're working closely with them to ensure enough places are available to meet increased demand. To find a childcare provider near you, or for information on how to apply for a place visit

www.nottshelpyourself.org.uk



Find out more information at
www.nottshelpyourself.org.uk



Video support to help older people in the home

A series of new videos have been created to help older residents who may be struggling with tasks in the home. The short occupational therapy clips show how simple and inexpensive equipment is available and how it can help people to keep living independently at home.

Items like cooking baskets, hand rails and raised toilet seats can make life much easier for people who are struggling to lift, bend or stand/sit because of their age or disability. Each video shows how the equipment works and includes a link to where they can be bought in Nottinghamshire.



The videos, which have been produced by Nottingham Trent University, are available at nottinghamshire.gov.uk/equipment

Travel scheme extended to give more people independence

A scheme to support vulnerable public transport users is now available to more residents in Nottinghamshire. Over the last four years the Independent Travel Training (ITT) scheme has helped over 90 young people travel independently to and from school and college.



Due to its success the scheme is now being rolled out to adult services to help service users develop skills and confidence to gradually become safe, independent travellers. The benefits to those taking part in the training can be huge and in many cases life-changing for them and their families.

For more information visit nottinghamshire.gov.uk/itt or if you think you or someone you know could benefit from the scheme contact itt@nottsc.gov.uk

Local offer - for all your SEND needs

If you've ever struggled to find the right information or service for a child or young person with special educational needs or disabilities (SEND), then check out the updated SEND 'Local Offer' website.

You can use the 'Local Offer' website for ideas of things to do, details of nurseries, playgroups, schools and colleges, help with getting around, advice and access to health and social care, employment and training, advice on independent living, and more. It's free and impartial and will help you find information about what services are available, or signpost you to the right place.



Find out more about services at www.nottinghamshire.sendlocaloffer.org.uk

Switch and save up to £200 on your home energy bills

You could pay less for your energy by switching your gas and electricity tariff to a new supplier.



It's a good idea to explore switching energy provider every two years or so to make sure you're getting the best rate.

To support people to switch and get the best energy deal, Ofgem, the Government's energy regulator has set up the Be An Energy Shopper campaign.

Get impartial advice and learn how to switch at www.goenergysshopping.co.uk

70,000 homes and businesses now connected to fibre broadband

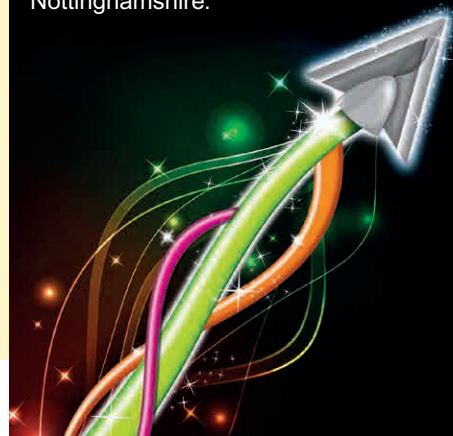
Latest figures show that 70,000 homes and businesses are now able to get superfast fibre broadband in Nottinghamshire.

The milestone was reached with the installation of a new superfast cabinet in Cotgrave, delivering superfast broadband to the Manvers Business Park and Hollygate Industrial Park.

The new cabinet is helping around 40 homes and businesses in the village get access to superfast fibre broadband for the first time.

According to the independent www.thinkbroadband.com, superfast broadband is now available to around 96% of properties in Nottinghamshire, making it the best connected county in the Midlands and in the top three areas in the whole of the UK for digital connectivity.

The Better Broadband for Nottinghamshire (BBfN) partnership between Nottinghamshire County Council and BT has now helped to bring superfast broadband to 96% of premises across the county of Nottinghamshire.



A bright future for our country parks

The future of family days out at Rufford Abbey and Sherwood Forest Country Parks has been secured by Nottinghamshire County Council entering into two new partnerships for the management of the parks. The new arrangements will see significant investment in both parks to improve the visitor attractions whilst protecting and enhancing their unique heritage and natural beauty.

Rufford Abbey Country Park

Parkwood Outdoors and Nottinghamshire County Council are now jointly running Rufford Abbey Country Park, one of Nottinghamshire's most popular tourist attractions. Parkwood Outdoors were chosen as a partner for the park with a proven track record of commercial expertise and by demonstrating a real commitment to the historical significance of the site.

Parkwood Outdoors have lots of plans for the park including new and improved menus in the catering facilities and a delicatessen in The Stables Courtyard which will stock local bacon, sausage, chutneys, jam and other tasty treats.

They are also working on a brand new mobile app that will guide customers through the history of Rufford Abbey and developing exciting plans for future new visitor attractions.

As an activity arm of Parkwood Leisure, one of the UK's largest leisure providers, Parkwood Outdoors has huge experience in delivering a range of leisure and family activities to communities across the country.



The County Council will continue to manage the park and grounds. Parkwood Outdoors now looks after car parks, catering and shops, events, children's play, and wedding bookings. The ruins of historic Rufford Abbey remain under the guardianship of English Heritage.

The majority of the park's staff have transferred so that the transition to the new arrangement will be seamless. Around £1m has been secured from the County Council's capital funding which will be used to invest in the refurbishment of existing facilities and the potential future provision of new facilities for visitors.



To find out more about Rufford Abbey Country Park visit ruffordabbey.com





© JDDK Architects and Form Visualisation

Sherwood Forest Country Park

As the home of the legendary Robin Hood, around 350,000 visitors come to Sherwood Forest Country Park each year. So when Nottinghamshire County Council were choosing who to manage the park in the future they went through a rigorous tender process.

The winning bid was from a consortium led by the RSPB and including The Sherwood Forest Trust, Continuum Attractions and Thoresby Estate. The consortium are building a new visitor centre at Forest Corner in Edwinstowe as part of a £5.3m investment programme.

The new visitor centre will include a welcome area, a shop and a café. It will also include a terrace for the café and an amphitheatre outdoor area. Following the opening of the new building, the current 1970's visitor centre and car parks will be removed, and the site where they stood returned to nature.

In addition to bringing new and exciting facilities, the new arrangement will deliver long term savings to the County Council and Nottinghamshire taxpayers with an estimated £7m to £8m of savings made over the 20 year contract.

Although there will be many changes, access to Sherwood Forest Country Park and the new visitors centre will continue to be free to visitors and provide a fantastic day out for the whole family.



To find out more about Sherwood Forest Country Park visit nottinghamshire.gov.uk/sherwoodforest



Pauline finds **time** **to care** for all

As a homecare worker Pauline loves looking after people, it also means she can spend more time down at her farm with all her animals.

Pauline has always had a passion for looking after and caring for people who need her help. At the same time, having a small farm meant she needed a job with flexible hours so she could juggle her commitments and get the most out of life.

Working as a homecare worker means helping older people and people with disabilities so they can keep their independence by living at home with help and support. After five years in

the job Pauline loves it more than ever and has also been promoted to team leader.

“

... the most important thing is having the right personality and a caring attitude.

Pauline



If you are interested in a job in homecare, find out more by visiting nottinghamshire.gov.uk/careworker

Making time for the animals at the farm

“I couldn’t
imagine doing
anything else!”

Pauline



Pauline and her client Murriel

When Pauline decided to go back to work after raising her family, she knew that she wanted a job helping people but also one that fitted in with her lifestyle running her family farm. Pauline said “I previously worked in a number of caring roles in nursing homes, hospitals, and mental health, so I knew I wanted to do something that helped people.” Pauline continued “but my circumstances had changed since those jobs so I needed to find something that was a lot more flexible and that could fit round my commitments on the farm. When I heard a homecare radio advert for new roles with flexible hours I jumped at the chance.”

Pauline works for Direct Health, one of four homecare agencies the County Council has a contract with in Nottinghamshire. The Council arranges homecare services for around 1,650 people with care needs – approximately 18,000 hours of care per week.

There are homecare roles in all areas of Nottinghamshire and part-time and flexible hours are available, so people can fit the work around other commitments. Having a car isn’t

always a requirement, workers receive the living wage and their travel costs are covered, plus full training is given to all new recruits. But as Pauline explained “the most important thing is having the right personality and a caring attitude.”

Pauline’s commitment to her farm includes looking after 40 chickens, 4 ferrets, 5 dogs, 3 cats and a livery with 14 horses. Pauline said “I don’t work after 3pm so that I can get home and make sure all the animals are fed and exercised and I don’t work on a Sunday, as I need to make sure everything is ok with the horses at the livery.” She explains “being able to be flexible with my hours is vital for me, I couldn’t afford to not work but I would hate to not be able to do everything on the farm as well.”

Flexible hours aren’t the only thing that Pauline loves about her job, she said “I’m currently studying dementia and it’s really satisfying when I work with people with the condition and they reminisce about old times from

looking at old photos.” Pauline further explained the joys of the job “I love making my clients smile and cheering them up. I visited one client in hospital and she instantly remembered my name which she struggled with before. She was over the moon to see me and you can’t get a more rewarding job than that.”

Pauline outlined some of the other reasons she would recommend a career in homecare “you get fully trained on the job so you don’t need any experience to start, plus if you want to learn more, you can do further training to become a team leader like me, with more responsibilities and a higher salary.”

As for the future Pauline is looking onwards and upwards “I am enjoying learning about dementia at the moment but after that I might look to train to become a manager. Whatever I decide I know I will be staying in homecare – I couldn’t imagine doing anything else!”

Kate's **recipe** for success

24 year old Kate Chapman is flying high in her job at Brooke Farm and is now not only selling the quality produce, but has started making some of it herself.

Kate is a big hit at the farm and popular with colleagues and customers alike. This is particularly impressive considering she has the condition Asperger's Syndrome that affects social interaction, communication and behaviour. Kate's team leader Russ illustrated this point saying "when Kate first arrived she found making eye contact and talking to people difficult but she has worked really hard and has become a very well-liked and respected member of our team."

Based at Linby, Brooke Farm produces eggs, fruit and vegetables, cakes, jams and preserves as well as a range of bedding plants and flowers. The onsite farm shop is staffed by supported employees.

Work at Brooke Farm started for Kate as a 13 week work experience placement, but she soon proved to be a real asset and at the end of the placement was taken on permanently. Brooke Farm is part of the County Council's supported employment programme, which gives people

with physical or learning disabilities meaningful work experience to help them to be more employable. The farm is currently being revamped into an employment hub, which aims to give disabled people work experience and training in a raft of skills such as horticulture, retail, food prep, office administration and employability skills, all in a live situation.

Kate's story of growing up with Asperger's Syndrome is typical of how the condition can disrupt many of the things which we take for granted such as finding it hard to understand facial expressions, body language and gestures.

The condition made school tough for Kate, she often couldn't engage with other people and found it very difficult to talk to people or make eye contact, as she explains "I struggled at school, I found it difficult to make friends and my confidence was very low. My favourite subject was history but although I know a lot about it I didn't do well in my exams as I found writing essays really difficult."

After she left school Kate didn't know what to do next, but after her difficulties at school she decided that trying to get a job would be better than carrying on studying. Kate said



Kate



Kate and her teamleader Russ

“My mum found details about work experience placements at Brooke Farm online. I thought getting some work experience would help me get a permanent job and decide what I wanted to do.”

Kate’s work experience placement involved her learning about all the different parts of Brooke Farm, from working in the greenhouses to looking after the chickens. However the staff noticed she showed a natural talent when working in the farm shop so her training was concentrated in retail. Kate described how she was thrilled when she was offered a permanent position “I was so excited, knowing that the staff at Brooke Farm had faith in me gave me so much more confidence.”

Since starting her job in the farm shop Kate hasn’t stopped learning and developing her skills, she has completed training courses in manual handling, customer care and food safety and hygiene. Kate has also been able to bring her hobby into work, she said “I really enjoy baking and brought some of my cakes into work. On tasting them my team leader said I should start working in the kitchen as well as the shop”. Kate now makes

cakes, jams, pickles and preserves that are sold in the farm shop and explained how much she enjoys this new responsibility; “It’s a great feeling seeing something I made on the shelves, especially when I get compliments from our customers.”

Kate acknowledged how much the opportunity at Brooke Farm has impacted her life when she said “my confidence has gone up so much, and because I have money of my own I have so much more independence. Since starting my job I have learnt how to drive and I got a car, I could never have imagined doing that before I started my job.”

Brooke Farm is located on Main Street, Linby, and is open Monday to Thursday 8am to 3.45pm, Friday 8am to 3.15pm and Saturday 8am to 3pm. The farm shop offers a range of home-grown produce for sale, including free range eggs, seasonal vegetables, salad and fruit, flowers and plants along with locally-sourced and made products such as bread, milk, preserves, pickles, cakes and biscuits.



For further information on the shop call **0115 963 2638** or visit **nottinghamshire.gov.uk/brookefarm**

If you want to do some baking like Kate, why not try her muffin recipe. It’s so simple the whole family can get involved!

Kate’s muffin recipe (makes 12)

Ingredients

For the sponge:

340g self-raising flour
340g caster sugar
340g unsalted butter
6 eggs
Jam (about 1 teaspoon per muffin)

For the butter cream:

300g icing sugar
150g unsalted butter

Mix together the sugar and the butter, then whisk the eggs and add to the mixture gradually, then add the flour and mix thoroughly. Divide the mixture evenly between the muffin cases. Bake the muffins in the oven at 180°C for about 25 mins. Insert a metal skewer into the muffin, if it comes out dry, the muffins are cooked. Set the muffins aside to cool.

Whisk the icing sugar and butter to a creamy consistency. Cut a small circle out of the top of the muffin about 2cm deep and fill with jam, then pipe the butter cream on the top and replace the cut out piece. Finally dust the muffins with icing sugar.

If you don’t have the time to make your own muffins, you can always cheat and buy some from Kate at the Brooke Farm shop.



What's on?

Events and activities in Nottinghamshire
between 1 April – 30 July 2017



Family Fun



Arts & Heritage



Great Outdoors



Getting Active

Delivered by **Inspire**(W) Suitable for individuals
who use a wheelchair

Robin Hood's Easter Trail



Saturday 1
– Monday 17 April
11am – 3pm

Sherwood Forest Country Park
£1 per trail leaflet

Follow this self-guided trail around the Visitor Centre and woodland to discover lots of fascinating facts about Sherwood Forest and Robin Hood. Complete all the clues and claim your reward! (*Subject to availability*).

Easter Trail



Saturday 1
– Monday 17 April
11am – 3.30pm

Rufford Abbey Country Park
£1 per trail leaflet

Follow this self-guided trail from visitor information, complete all the clues and claim your chocolate bunny.



P

Please note a parking charge applies at Rufford and Sherwood Country Parks. Visit nottinghamshire.gov.uk/counyparks for more details.

Wedding Fair



Sunday 9 April
11am – 3pm

**The Gilstrap, The Ram Newark
and Newark Castle Grounds**
FREE

Planning a wedding? Get expert advice from registrars, venues and other specialist wedding suppliers. Visit newarkadvertiser.co.uk/weddingfair2017 for a full list of attendees. Working in partnership with The Gilstrap Registration Office and The Ram Newark. (W)

Dogs Are Welcome Walk



Wednesday 12 April
10am – 12noon approx.

Sherwood Forest Country Park
FREE

We appreciate that some of our walks state 'sorry no dogs' – so we thought we'd put a walk on especially for dogs. (Keep dogs on leads please).



Rufford Abbey Country Park



Exciting new events are coming to Rufford Abbey Country Park soon, sign up for our weekly What's On emails at nottinghamshire.gov.uk/emailme to make sure you don't miss out!

Tel: 01623 821 338 for bookings | www.ruffordabbey.com

Family Conservation Fun at Sherwood Forest Country Park

A new series of events and activities for families to get out and do together. Places are limited so pre-booking is essential on **01623 823 202** between 10am and 4pm.



Family Bird Walk



Friday 14 April
9.30 – 10.30am

Sherwood Forest Country Park
£2 adults | £1 children

Join RSPB Conservation Officer for Nottinghamshire and Lowland Derbyshire Carl Cornish on this walk, suitable for the whole family, to see and hear a variety of Sherwood's birds.



Task Morning



Sunday 7 May
Sunday 2 July
10am – 12.30pm

Sherwood Forest Country Park
£2 per family

Join the Sherwood Ranger Team for this monthly Family Task session, tackling an area of the Country Park in need of a little extra TLC. All you need to bring is yourself. Wear suitable clothing and footwear.



Summer Mini-beast Safari



Thursday 1 June
10.30am – 12noon

Sherwood Forest Country Park
£2.50 per child,
accompanying adults
FREE

Get involved with a mini-beast hunt under the guidance of the ranger staff. All equipment will be provided. Don't forget your camera and please wear suitable clothing and footwear. Involves a walk of approximately one mile. All children must be accompanied by an adult. Not suitable for under 3s.

Tracks, Trails & Signs



Sunday 4 June
10am – 12.30pm

Sherwood Forest Country Park
£3 adults | £1.50 children

Join this ranger-led walk to investigate the food, footprints and faeces of different forest animals. A gentle stroll for all the family, under 16s must be accompanied by an adult.



Family Conservation Fun: Birklands Bike Ride



Sunday 11 June
10.30am – 1pm

Sherwood Forest Country Park
£3 adults | £1.50 children

Join the Ranger Team on a 5.5 mile bike ride of discovery, calling in at various points of interest along the way. This is a steady ride on paths and some cross country terrain. All participants should be proficient cyclists and helmets are essential. Bring a drink.



To find out more about Sherwood Forest Country Park, see page 7 or visit nottinghamshire.gov.uk/sherwoodforest



Woodland Courses – Spatula and Spreader



Saturday 15 April
10am – 3pm

Sherwood Forest Country Park
£30 per person

Ever wanted your own personalised kitchenware? Come and have a go at crafting and creating your own spatula and spreaders from a log. Due to the sharpness of the tools used, this course is open to responsible adults only. Places are limited so pre booking essential on **01623 823 202**.

Meet & Greet Birds of Prey



Sunday 16
and Monday 17 April
Sunday 30 April
and Monday 1 May
11am – 4pm

Sherwood Forest Country Park
FREE

Visit Sherwood this weekend and meet some wonderful birds of prey courtesy of Go Active Falconry, in the shadow of the Major Oak.

Find out first with our
What's On emails. Register at
[nottinghamshire.gov.uk/
emailme](http://nottinghamshire.gov.uk/emailme)

emailme



Pop-up Roman Museum and Family Day



Saturday 22 April
10am – 3.30pm

West Bridgford Library
0115 981 6506

FREE

Did you know that Romans settled near West Bridgford? Join us to find out more as The University of Nottingham Museum display their pop-up exhibition from 10am to 1pm, accompanied by Roman-themed activities throughout the day. **(W)**

Saturday Activity Club – The Mill Adventure Base (Senior Club)



**Saturday 22 April (every
Saturday in term time)**
10am – 3pm

The Mill Adventure Base
£10

A club for young people aged 12-17. Providing adventurous activities such as indoor and outdoor climbing, tunnelling, zipwire, archery, water sports and much more. Please contact The Mill Adventure Base before attending to book a place - places are allocated on a first come first served basis. Call **01623 556 110** or email outdoor.environmental@nottscc.gov.uk **(W)**



Saturday Activity Club – The Mill Adventure Base (Junior Club)



**Saturday 22 April (every
Saturday in term time)**
10am – 12.15pm

The Mill Adventure Base
£5

Junior Activity Club for young people aged 8-11. Have a go at fun adventurous activities such as indoor and outdoor climbing, tunnelling, water sports, team games, archery and much more. Please contact The Mill Adventure Base before attending to book a place - places are allocated on a first come first served basis. Call **01623 556 110** or email outdoor.environmental@nottscc.gov.uk **(W)**

Redstart Ramble



Saturday 29 April
7.30 – 10am

Sherwood Forest Country Park
£5 per person

Join the RSPB's Nottinghamshire Conservation officer Carl Cornish for a gentle stroll through this ancient forest to search for the magnificent Redstart. Places are limited so pre-booking essential on **01623 823 202**.

Sorry, no dogs.
Not suitable for
wheelchair users
or under 8s.



Ravenshadow



Monday 1 May
12noon, 2pm and 3.30pm

Sherwood Forest Country Park
FREE

Come along to Sherwood and meet some of the colourful costumed characters from the Ravenshadow Group. Be amazed as the lads and lasses demonstrate their medieval combat skills under the Major Oak. **(W)**



Library Landscape – A Myriorama for Nottinghamshire Exhibition



Wednesday 3 May
– **Sunday 11 June**
Worksop Library Gallery
01909 535 353

Tuesday 13 June
– **Thursday 20 July**
Retford Library Gallery
01777 708 724

FREE

Inspire and Leicester Print Workshop have worked with groups in libraries and young people in special schools to create a unique Nottinghamshire myriorama. The series of printed artworks on display will form a landscape scene. **(W)**



**LEICESTER
PRINT WORKSHOP**
printmaking central

Hedgehog Happenings



Saturday 6 May
2 – 3.30pm

Sherwood Forest Country Park
FREE

Hedgehog Awareness Week runs from Sunday 30 April to Saturday 6 May 2017. Come along to Sherwood to find out a bit more about wonderful hedgehogs and take part in a few crafts and activities. **(W)**

Open Weekend



Saturday 6 – Sunday 7 May
9am – 5pm

Holme Pierrepont Country Park
£10 unlimited day pass

Grab a bargain and join us this May for our open weekend extravaganza. Packed with activities our £10 unlimited day pass is available for one weekend only! See our website for more details nwscnotts.com

The Great Nottinghamshire Local History Fair



Sunday 7 May
11am – 3pm

Mansfield Central Library
01623 651 337
FREE

This fabulous free day out for all the family returns for its fifth year to showcase Nottinghamshire's heritage. Explore local history displays, enjoy craft demonstrations and activities, browse books for sale and experience the White Post Farm Animal Roadshow! **(W)**



Clothes Peg Pals Craft Bomb Workshops



Sunday 7 May
11am – 3pm

Mansfield Central Library
01623 651 337

Saturday 20 May
10am – 3pm

Worksop Library
01909 535 353

Thursday 1 June
12 – 4pm

West Bridgford Library
0115 981 6506

FREE

Celebrate the fun of crafting at an artist led Craft Bomb workshop. Come along and make some cheeky clothes peg pals. No need to book, all ages are welcome. **(W)**



Tour of Nottinghamshire Archives



Wednesday 10 May
Friday 9 June
2.30 – 3.30pm

Nottinghamshire Archives
£5

Explore your county's history with our behind the scenes tour of Nottinghamshire Archives. Discover how we care for Nottinghamshire's written heritage and see our Conservation Unit. Adults and children aged 12+. Booking essential call **0115 958 1634**.



Spring Bird Explorer



Saturday 13 May
8 – 11am

Sherwood Forest Country Park
£5 per person

Join the RSPB's Nottinghamshire Conservation Officer Carl Cornish as we look and listen for a variety of spring birds. Places limited so pre-booking essential on **01623 823 202**. Sorry, no dogs. Not suitable for wheelchair users or under 8s.

Living History Weekend



Saturday 13
and Sunday 14 May
11am – 4pm

Sherwood Forest Country Park
FREE

Step back in time to 15th century England, during the Wars of the Roses. Walk amongst the townsfolk and travelling merchants, see the men and women of the camp go about their daily chores and watch the soldiers train with bills and bows! **(W)**

Inspire now delivers culture, learning and library services on behalf of Nottinghamshire County Council.



Jazz Steps Live at the Libraries Presents: The Big Easy



Tuesday 16 May
Workshop Library
01909 535 353

Wednesday 17 May
Southwell Library
01636 812 148

Thursday 18 May
West Bridgford Library
0115 981 6506

7.30pm
£10 / £8

The Big Easy's dynamic, energetic and often virtuosic performances make them great to watch. Their high-energy swing is interspersed with moments of soulful melancholy. Booking strongly advised. Adult event (under 18s to be accompanied by an adult). **(W)**

Mansfield in the Great War



Tuesday 16 May
2pm

Mansfield Central Library
£3

Author Carol Lovejoy Edwards looks at the contribution made by people from the Mansfield area to the war effort, particularly those who were left at home when the men marched away. Booking advised call **01623 651 337**. **(W)**



A Palace for our Kings



Wednesday 17 May
2pm

Workshop Library
01909 535 353

Tuesday 20 June
2pm

Mansfield Central Library
01623 651 337

Tuesday 27 June
2.30pm

West Bridgford Library
0115 981 6506

£3

One of the very largest medieval royal palaces stood in the heart of Sherwood Forest. Researcher James Wright tells the story of a great lost building of Britain, visited by eight kings who held parliaments, Christmas feasts and tournaments there. Booking advised. **(W)**



Find out first with our What's On emails. Register at nottinghamshire.gov.uk/emailme





Archaeology of the Birklands



Saturday 20 May
2 – 4pm

Sherwood Forest Country Park
FREE

Join Nottinghamshire County Council Community Archaeologists as they take you on a free guided afternoon stroll through the heart of Sherwood Forest. This event involves a walk of approximately 3 miles and participants require a certain degree of fitness. This event is unsuitable for under 8s, pushchairs and mobility scooters.

Pop-up Roman Museum and Activity Day



Saturday 20 May
9.30am – 3.30pm

Bingham Library
01949 837 905
FREE

Join us to discover stories of Bingham's Roman neighbours as The University of Nottingham Museum display their pop-up exhibition from 10.30am to 12.30pm, along with Roman-themed activities, and a display by the Bingham Heritage Trails Association. (W)



Fun Palace



Saturday 20 May
10am – 3pm

Workshop Library
01909 535 353
FREE

Take part in art or science activities at our Fun Palace. Make a clothes peg pal, learn to knit on the knitting sofa, or discover book folding. Try out computer coding or control a robotic arm. Plus, activities from the British Science Association. (W)

FUN PALACE

If Old Trees Could Talk – Sherwood Lecture Series



Friday 26 May
7 – 9.30pm (approx.)

Sherwood Forest Country Park
£5 per person

There are many trees in the UK which have stories associated with them, including our own Major Oak. This talk will tell some of those stories, and uncover why they are so good for wildlife. Not suitable for under 12s. Spaces are limited so pre booking essential on **01623 823 202**.

All outdoor events are weather dependent. Please contact the venue before visiting if in doubt.



How to Save a Superhero with Caryl Hart



Wednesday 31 May
10.30am

Workshop Library
01909 535 353

Wednesday 31 May
2pm

Mansfield Central Library
01623 651 337

FREE

Author Caryl Hart shares her fun Albie adventure. Follow Albie into a world of flying superheroes, crazy contraptions and daring rescues! Find out your own superhero name and create an extra special superhero scene. For children aged 4 – 8. Booking advised on the numbers above. (W)

Seriously Silly Stuff with Andy Seed



Thursday 1 June
11am

West Bridgford Library
£3 per child (accompanying adults FREE)

Join Blue Peter Book Award winner Andy Seed for an hour of half term fun. Expect an entertaining mix of seriously silly facts, stories, poetry, jokes and entertaining challenges. For ages 7 – 11. Booking advised, call **0115 981 6506**. (W)

Nightjar Walk



Saturday 3 June
9 – 11pm approx.

Sherwood Forest Country Park
£5 per person

Join RSPB expert Carl Cornish as you go in search of the mystical Nightjar, also known in folk law as 'the goat sucker'. This event involves a walk approximately of 2.5 miles. Not suitable for people with mobility issues, pushchairs or under 12s. Please bring a low powered torch and insect repellent is recommended. Sorry no dogs. Places are limited so pre booking essential on **01623 823 202**.



© RSPB

Bookstart Bear at Rattle, Rhyme and Roll



Thursday 8 June
10am

Mansfield Central Library
01623 651 337

Thursday 8 June
2pm

Workshop Library
01909 535 353

FREE

Meet the loveable Bookstart Bear at these very special Rattle, Rhyme and Roll sessions to celebrate National Bookstart Week. Join in with rhymes and songs with your little ones and say hello to the friendly, book-loving bear! For under 5s. (W)

HALF TERM



Hawk Walk Experience at Sherwood



Saturday 10 June
Saturday 15 July

Sherwood Forest Country Park
£15 per person

A one hour woodland hawk walk through Sherwood Forest with the opportunity to handle and fly a bird of prey from your very own glove. All equipment is provided. Under 16s need to be accompanied by an adult. Limited places so pre-booking essential, call **07415 509 262** or email info@goactivefalconry.co.uk for more information.

Glow Worm Walk



Saturday 10 June
Saturday 24 June
9.30 – 11.30pm approx.

Sherwood Forest Country Park
£5 per person

Join the Rangers for an evening walk to try and spot a female glow worm patiently awaiting the arrival of her mate. This event involves a walk of approximately 2.5 miles. Not suitable for people with mobility issues, pushchairs or under 12s. A low powered torch and insect repellent is recommended. Well behaved dogs on leads are welcome. Pre booking is essential on **01623 823 202**.

Jazz Steps Live at the Libraries Presents: Shell's Belles



Tuesday 13 June
Workshop Library
01909 535 353

Wednesday 14 June
Southwell Library
01636 812 148

Thursday 15 June
West Bridgford Library
0115 981 6506

7.30pm
£10 / £8



Shell's Belles are an all-girl Nottingham Swing Band led by trumpet playing Sophie Ward and Michelle Farrell, playing the great American songbook classics from Cole Porter, Gershwin and Hoagy Carmichael with charm and style. Booking strongly advised. Adult event (under 18s to be accompanied by an adult). (W)

Celebrating a Year of Inspire



Wednesday 14 June
– **Sunday 30 July**

Workshop Library Gallery

Marking a year of creativity as Inspire. An exhibition celebrating the best of our arts, music, heritage, learning and library programmes. The exhibition includes photographs, film and artworks from our first year. (W)

P

Please note a parking charge applies at Rufford and Sherwood Country Parks. Visit nottinghamshire.gov.uk/counyparks for more details.



© Sara Ogilvie



Welsh Clearwing Walk



Saturday 17 June
11am – 12.30pm

Sherwood Forest Country Park
FREE

Pop along and learn a little bit more about the Welsh Clearwing Day Flying Moth and if the sun shines we may even be able to attract males to our pheromone lure for a close up view.

Fun Colour Rush



Sunday 18 June
10am onwards

Holme Pierrepont Country Park
£6 child | £15 adult | £35 family

Run, skip or walk your way around our 5km regatta lake, while being bombarded with colour!

Blunderbus presents: Dogs Don't Do Ballet



Saturday 24 June
11am and 2pm

Mansfield Central Library
£4 single | £12 family ticket
(family of 4, maximum 2 adults)

A funny tale of a small dog with big dreams! Based on the bestselling children's book by Anna Kemp and Sara Ogilvie, this feel-good show features music, songs, hand crafted puppets and Biff, the ballet dancing dog! Booking advised, call **01623 651 337. (W)**

Fairy & Elf Forest Fun



Saturday 24 June
1.30 – 3.30pm

Sherwood Forest Country Park
£1 per family

On International Fairy Day come to Sherwood to help us celebrate the magic. See fairies and elves come to life with a range of things to see and do around the Major Oak path. Take what you make to encourage them to visit your house and garden! Fancy dress not essential but is encouraged! **(W)**

Bat Walk



Saturday 1 July
8.30 – 10pm approx.

Sherwood Forest Country Park
£5 per person

Join a Ranger on this evening walk to learn more about the bats of Sherwood Forest. This event will involve a gentle stroll of approximately 1.5 miles. Please bring a low powered torch and insect repellent is recommended. Not suitable for under 8s. Places are limited so pre-booking is essential on **01623 823 202.**



For even more events visit
nottinghamshire.gov.uk/whatson

Go Active Falconry Evening – Sherwood Lecture Series



Monday 10 July
7 – 9pm (approx.)

Sherwood Forest Country Park
£5 per person

The evening will provide an insight into falconry delivered through our passion and experience with birds of prey. There will also be the opportunity to see some of these birds in the flesh and handle them. Not suitable for children under 12. Spaces are limited so pre booking essential on **01623 823 202.**

Butterfly Hunt for Mini People!



Saturday 22 July
10.30am – 12noon

Sherwood Forest Country Park
£2.50 children (accompanying adults FREE)

Join one of our Rangers on a butterfly stroll, to see how many species we can find today. You will also learn the basic identification skills needed to take part in the Butterfly Conservation Big Butterfly Count. Also get the chance to create your own butterfly mask to take home. Walk is approximately 0.5 mile, so this family event is suitable for younger children aged 3-7. Booking essential, phone **01623 823 202.**

Keeping it in the family

Father and daughter Phil and Jenny Carter have always shared a passion for the great outdoors and as conservation volunteers they find it's a great way to bond with each other and explore their local wildlife.

As volunteers with the Nottinghamshire Biodiversity Action Group (NottsBAG) Phil and Jenny give their spare time to a number of exciting and rewarding projects that help to conserve Nottinghamshire's amazing wildlife and countryside.

Nottinghamshire County Council is one of the partner organisations which supports the NottsBAG, who run projects to protect and help wild animals and the places they inhabit across the county. These projects range from creating habitats for Grizzled Skipper butterflies to removing Himalayan Balsam so that local plants can thrive.

Phil's love of wildlife started young, as he recalled "when I was just 10, I told my dad I wanted a hobby. I gave him a long list of requirements and he suggested bird watching. It was perfect as I didn't need a particular talent or skill, the only equipment needed was some binoculars and I could do it in my back garden."

Phil's passion for nature increased as he got older, at university he studied biology and got involved in conservation work for the first time. Thinking back to those days Phil said "I really enjoyed making a difference and nowadays there's a lot more opportunities to get involved than there was back then."

When Jenny was born it was soon clear she took after her dad. Looking back fondly, Jenny said "from as far back as I can remember I loved animals and the great outdoors. I would watch birds in the garden with my dad and there were a family of swans that lived in our local canal

“ I really enjoyed making a difference.

Phil



Phil and Jenny in bird hide

“Volunteering is a great chance to get active.” Phil

which I loved visiting and seeing how they were getting on.”

As Jenny got older she joined her dad in conservation volunteering and started to see it as a potential career, as Jenny explained “I did a week’s work experience at Attenborough Nature Reserve, I loved it and from then on I knew it was what I wanted to do for a living.”

Jenny has gone on to complete a BSc in ecology and is currently studying for her masters in biodiversity and conservation while working part time as an ecologist.

However, she still makes time for her volunteering and to be with her dad “we still

love spending time together and working on lots of different and fascinating conservation projects all across Nottinghamshire.”

As Phil explained, in addition to making a real difference to their local area there are other reasons people get involved “volunteering is a great chance to get active outside and it is a great way to meet new people.” Jenny agreed “the social side is great; we are constantly chatting and have regular tea and biscuit breaks. It’s also amazing how much a group of volunteers can get done in a day, the feeling of satisfaction at the end is brilliant!”



Grizzled Skipper



Phil and Jenny

Take your own first steps

If you fancy taking your first steps in conservation or simply want to get outdoors to have some fun, then the Nottinghamshire Mammal Group are looking for your help. To help monitor and conserve under-threat species, a mammal atlas for the county is being created for the first time.

All you need to do is keep your eyes peeled and when you see a mammal, or signs of one having been there, report it on their website

www.nottsmammals.org.uk. To get started you just need a pair of sturdy shoes and appropriate clothing (water proofs for wet weather and a hat for a warm sunny day). Things to look out for are mammal homes like mole hills or rabbit burrows or tracks that show mammals have been passing through. When you report your sightings you need to know the type of mammal seen, the date you saw it, where you saw it and if you managed to snap a photo even better. The group are keen to hear from you if you see common species such as grey squirrels or foxes or more elusive species such as hedgehogs or water voles.

Get out and about and start spotting today - it’s a great way for all of the family to get involved in helping Nottinghamshire wildlife!

Getting more involved

If you want to take the next step and become a volunteer, there are a number of opportunities with groups and projects for all ages, these include:

Wildlife Watch – has six groups in Nottinghamshire for young people to explore and discover wildlife in their local area through a range of fun packed activities.

30 Days Wild Project – gives families ideas of simple things to do in their local area to enjoy and help wildlife.

Conservation Volunteering – for slightly older people NottsBAG manages a range of projects across the county that includes practical conservation work.



For more information on these contact the Nottinghamshire Biodiversity Action Group at **biodiversity@nottsc.gov.uk**



Handy tips for recycling around the home!

In Nottinghamshire we recycle around 43% of household rubbish but we could do more! There are loads of items in your day-to-day waste that can be recycled, so here's a handy reminder of what can be recycled from around your home.

Remember you can also visit our Materials Recovery Facility in Mansfield and take a tour of how recycling happens, call **0203 567 4391** or email nottsenquiries@veolia.co.uk. Look at what you can recycle around your home.

From house to garden...

Use your empty plastic bottles and create bird feeders for your garden.

- 1 Take two wooden spoons, pencils or sticks.
- 2 Carefully pierce four holes in your plastic bottle.
- 3 Push the wooden spoons, pencils or sticks through the bottle (this will make a perch for the birds).
- 4 Add a small hole above each perch – so the birds can get to the feed.
- 5 Using a funnel pour bird feed into your bottle and put on the lid.
- 6 Using some string, hang in the garden for the birds to enjoy.



Activity

Use your empty toilet roll holders as plant pots in your garden, they will break down as your plants grow!



Bathroom

- Shampoo bottle
- Plastic handwash bottle
- Air freshener aerosol can
- Toothpaste box



Good to know...

If you live in Ashfield, Broxtowe or Gedling, you will have a kerbside container for your glass bottles and jars. If you live in any of our other districts you will need to go to a recycling centre or local bottle bank.

Remember to give them a rinse and put any trigger-top sprays or pump dispenser tops in your general waste bin.



Bedroom

- Empty tissue boxes
- Empty plastic cosmetic bottles
- Deodorant aerosol cans



Living room

- Magazines
- Newspapers
- Envelopes
- Junk mail
- Drinks cans
- Cardboard boxes



Kitchen

- Food tins
- Plastic drinks bottles
- Cardboard egg boxes
- Washing up bottles
- Bleach bottles
- Empty dishwasher tablet boxes
- Cardboard tubes from kitchen roll or foil



Leah finds a **place** to call her own

Leah thought her dream of helping young people was over when she was diagnosed with Fibromyalgia, however thanks to A Place To Call Our Own she is now living life to the full.

Leah has always had a passion for helping young people and in 2013 was putting her passion into practice by studying to become a social worker. She recalled "I was really enjoying my course, I was doing a placement at A Place to Call Our Own (APTCOO) and as soon as I got there I felt so welcome. The plan was for me to come back and work there as soon as I qualified."

“Time For Us is great, it is so nice to be able to talk to other people who understand. **Leah**

APTCOO, a local grass roots charity based in Mansfield, provides county wide specialist support services for families living with special educational needs, disabilities and life limiting conditions. APTCOO is one of the organisations that is supported by Nottinghamshire County Council through grant aid funding.

Unfortunately before Leah could complete her course she started suffering from Fibromyalgia, a condition which can cause widespread pain throughout the body. Eventually her symptoms got so bad she felt she had no choice but to quit her course, she explained "I was in near constant pain, as well as being extremely fatigued and having problems with my memory and concentration." Leah continued "It meant that going out for social work visits was too tiring and being in the car so much was too painful. I also struggled to complete my assignments because of my problems concentrating."

The condition took its toll and Leah explained how she struggled after giving up the course she loved "I became really depressed, I couldn't leave the house and put on a lot of weight. I just couldn't see a way forward and didn't think I would ever be able to get a job again."

The thing that kept Leah going was her son Joel. Joel has been diagnosed with Autism

Spectrum Disorder and Dyspraxia which means he can struggle with social interaction and has problems with his spatial awareness and motor skills. Leah was looking for something Joel could do in the summer holidays and remembered APTCOO, Leah said "Joel is a lovely boy and very



“Having a son with complex needs I understand what the parents are going through.” Leah

sociable, however sometimes other children his age don't always understand him. He can be very direct which can be misinterpreted by other children. I wanted to take him somewhere where he would be understood and could be himself.”

Joel loved coming to APTCOO and started going to the weekly youth club as well as the holiday clubs, and Leah started going to the parents group 'Time For Us'. The group meets every Tuesday and gives parents and carers a chance to have a coffee and a chat. Leah said “Time For Us is great, it is so nice to be able to talk to other people who understand what you are going through. The atmosphere is lovely, you can say what is on your mind without being judged or having to explain yourself or your child.”

Leah enjoyed being back at APTCOO so much that she started volunteering, and even though she was still suffering from Fibromyalgia she ended up helping run Time For Us. She said “being back at APTCOO inspired



Leah and service user

me, I decided that as I was going to be in pain wherever I was, I may as well be somewhere that I loved, rather than being stuck at home. Plus everyone here has been so supportive that if I have a really bad day with my condition I just let them know and we work around it.”

As well as volunteering Leah now works three days a week helping children with special educational needs and managing the referral appointments with parents that are new to the organisation. Leah says she is in a unique position as she can see things from both sides “having trained as a social worker I can see things from the perspective of the professionals, but having a son with

complex needs I understand what the parents are going through. It means parents are more likely to listen to what I have to say.”

Leah credits her transformation to her involvement in APTCOO, she said “before I started working with APTCOO last year I had been housebound for three years and I didn't think I would ever have a job. I now feel like a different person, I have lost 6 stone and wake up every day with a smile on my face.”



To find out more about A Place To Call Our Own you can visit their website www.aptcoo.co.uk

Keep up to date with the **new digital** Family Life

You can now sign-up to receive the brand new monthly email bulletin version of Family Life which will start this July. This is in response to feedback from previous reader surveys when you told us you want information more often, so it's right up to date and relevant to you and your family at that time.

The new bulletins will contain all your favourite bits from Family Life; Nottinghamshire news, real life stories, events and competitions. Having a digital edition of Family Life means that we will be able to bring you content in new ways, for example short videos instead of written articles. The emails will be presented using a responsive design so you will be able to view all the content on any device, whether using your home computer, tablet or mobile phone if you're on the move.

To help us understand and plan the content for the future bulletins, please complete the survey opposite and be in with a chance of winning a pair of tickets for the popular Nottinghamshire County Show, which is a fantastic family day out.

The Family Life bulletin will be an addition to an existing range of email bulletins which are all delivered through our 'emailme' system.

Over 45,000 residents already receive email bulletins, some of our most popular topics are:

- Jobs
- Latest news
- What's on
- Health and wellbeing
- Scam alerts
- Robin Hood

So visit [nottinghamshire.gov.uk/emailme](https://www.nottinghamshire.gov.uk/emailme) today and sign up for the new Family Life bulletin. Whilst there you can sign up for any of the other bulletins, so you always find out first what's happening in your county.



What people have said about emailme

Well informed and frequent emails that keep us up to date.

Not sure how I would improve it really!

I think you have the balance right

Survey

If possible please fill in this survey online at nottinghamshire.gov.uk/familylife - it'll be simpler for you and saves the Council money. If you need to return the survey by post send your completed form to:

FREEPOST RTCU-CTYJ-XXKA (Family Life readers' survey), County Hall, Loughborough Road, West Bridgford, Nottingham NG2 7QP. All completed forms must be submitted by **Friday 5 May 2017**. No stamp required.

Do you currently receive email bulletins from the council?

Yes No Don't know

What would you like to see in the new Family Life email bulletin?

- Stories about real people
Yes No Don't know
- Events
Yes No Don't know
- News
Yes No Don't know
- Tips and advice
Yes No Don't know
- Competitions / prize draws
Yes No Don't know
- Videos
Yes No Don't know
- Other _____

How much time would you want to spend on reading/watching each edition of the new Family Life email bulletin?

- Less than a minute
 2 to 5 minutes
 6 minutes or more
 Don't know

Do you have any other comments on the new Family Life email bulletin?

The Council is committed to ensuring that our services are delivered fairly.

To enable us to check that what we are providing is fair and effective, we would be grateful if you would answer the questions below.

What is your age?

- Under 16 16-25 26-35
 36-45 46-55 56-65 66+

Do you consider yourself to be disabled? Yes No

Are you Male Female

What is your ethnic origin?

- White Black Asian
 Chinese Mixed
 Other (please specify) _____

What is your postcode?

Thank you for taking the time to complete this survey.

WIN tickets to



Newark Showground, Saturday 13 & Sunday 14 May 2017
Advance tickets £10, gate tickets £15, under 17s go free.
Free car parking. We have six pairs of Family tickets up for grabs!

CELEBRATING the best of Nottinghamshire, including the UK's best produce and trade alongside superb equine events, livestock classes and countryside and farming heritage.

Extreme sports, live music, urban free runners, cookery demonstrations and Broke FMX are set to be this year's highlights along with dance groups, gymnastic clubs and circus skills. The sound of music will fill the showground as the music marquee returns. For more information visit nottinghamshirecountyshow.com or call 01636 705 796.

Complete the survey above and your details below to be entered into the free prize draw to win tickets - you can enter online too.



Name

Address

Daytime phone

Email



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Water Sports
Centre

Visit Holme Pierrepont Country Park this Easter!

Join us for plenty of fun and adventure for all the family

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- Adventure Holiday Club
- Mini ECombat Laser Tag
- Segways
- Mini Golf & Foot Golf
- Kayaking
- Stand Up Paddleboarding
- Lazy River Tubing

...and so much more

Buy one get one free on our BRAND NEW Climbing Wall opening in the Easter Holidays 2017!



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*Offer valid until 30th November 2017, excludes Saturdays, Corporate Events, bank holidays and purchase of gift vouchers. Discount code must be entered at time of booking. Only valid at Sherwood Pines. †Calls cost 7p per minute plus your phone company's access charge. Participation and supervision ratios apply - please see our website.



Delivering high quality language services for over 25 years



Professional interpreters required

Are you a professional interpreter with experience of working within the public sector?

Are you passionate about providing excellent customer care?

Are you able to interpret in one of the many languages spoken in Nottinghamshire specifically Romanian, Vietnamese, Japanese, Spanish or Tamil?

If your answers are yes, you can join our professional interpreter freelance pool. The Language Shop provides high quality interpreting services to the NHS, local authorities and other public sector organisations.

Please send your C.V. to languageshop@newham.gov.uk

languageshop@newham.gov.uk
www.languageshop.org



Nottinghamshire Fire and Rescue Service

You are safer at home, work and on the roads than ever before thanks to Nottinghamshire Fire and Rescue Service (NFRS) and here we show you how we use your money to achieve that.

For more information about NFRS and how we use your Council Tax to make you safer and protect you if you need us in an emergency, please go to www.notts-fire.gov.uk

Total Income 2017/18 **£40.3m**

Council Tax bands & amounts



Government Grant **£7m**

Business Rates **£10.1m**

Council Tax **£23.2m**

Where the money comes from...

In 2016 we...



10,722 emergency calls
attended by firefighters



NOTTINGHAMSHIRE
Fire & Rescue Service
Creating Safer Communities

Value for **money** for all the family

What is Council Tax?

Local services provided by County and District Councils, plus the Police and Fire services, are all paid for by Council Tax and Government grants, and in some cases through charges for services. The amount you pay for Council Tax is based on the value of your property.

The County Council charge

This year the County Council will spend an extra £14.8m to protect under-pressure social care services. This is due to main Government funding for the Council being reduced by £22m in 2017/18 and demand for care services set to continue rising.

The extra investment in social care has, in part, been funded through a 3% Adult Social Care Precept and 1.75% increase in Council Tax, in line with Government expectations. This added an additional 99p per week to the average Council Tax bill in Nottinghamshire.

The County Council receives dedicated grants from Government to fund public health and schools. All other income for the Council (including Council Tax) is used to deliver high quality services.

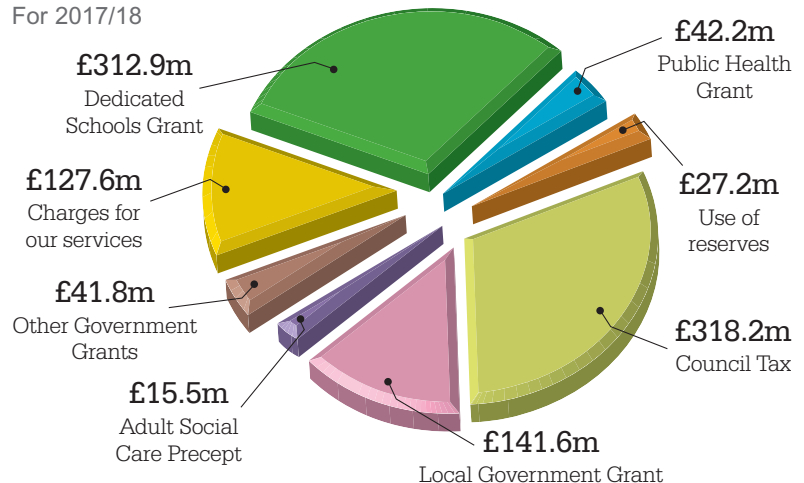
Your Council Tax payment 2017/18

Band A	£ 858.95
Band B	£1,002.11
Band C	£1,145.27
Band D	£1,288.43
Band E	£1,574.75
Band F	£1,861.07
Band G	£2,147.38
Band H	£2,576.86

The actual amount you pay will depend on your individual circumstances (whether you receive single person discount, student or disability exemptions etc) and additional amounts for your District or Borough Council, Fire and Police services.

Where the Council's budget comes from

For 2017/18



Adult Social Care Precept

In addition to the increase in Council Tax the County Council has also approved an additional Government precept solely for Adult Social Care of 3%, the impact of this is:

Band A	£42.36
Band B	£49.42
Band C	£56.48
Band D	£63.54
Band E	£77.66
Band F	£91.78
Band G	£105.90
Band H	£127.08

Investing in Nottinghamshire

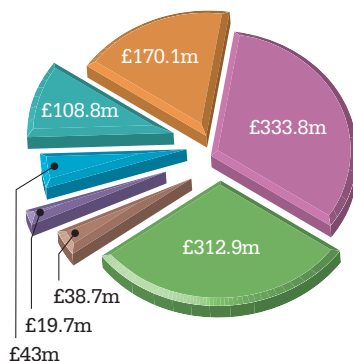
Major schemes for the Council's 2017/18 investment programme, which is worth £103m, include:

- **Ongoing investment of £37m** until 2018/19 to fund the School Places Programme to ensure that sufficient school places are provided across the county.
- **Continuing investment of £13m** until 2017/18 to improve the condition of school buildings.
- **£25m** to finance road maintenance and improvements and investment in cycling, walking and public transport schemes.
- **£5m** to fund rebuilding the Orchard Special School in Newark.
- **£4m** investment in the Better Broadband for Nottinghamshire Project which aims to ensure that 98% of Nottinghamshire premises are able to access high speed fibre network capable of delivering superfast broadband.
- **£4m** to fund the development of a new Sherwood Forest Visitor Centre.

For further information visit nottinghamshire.gov.uk/counciltax or call 0300 500 80 80.

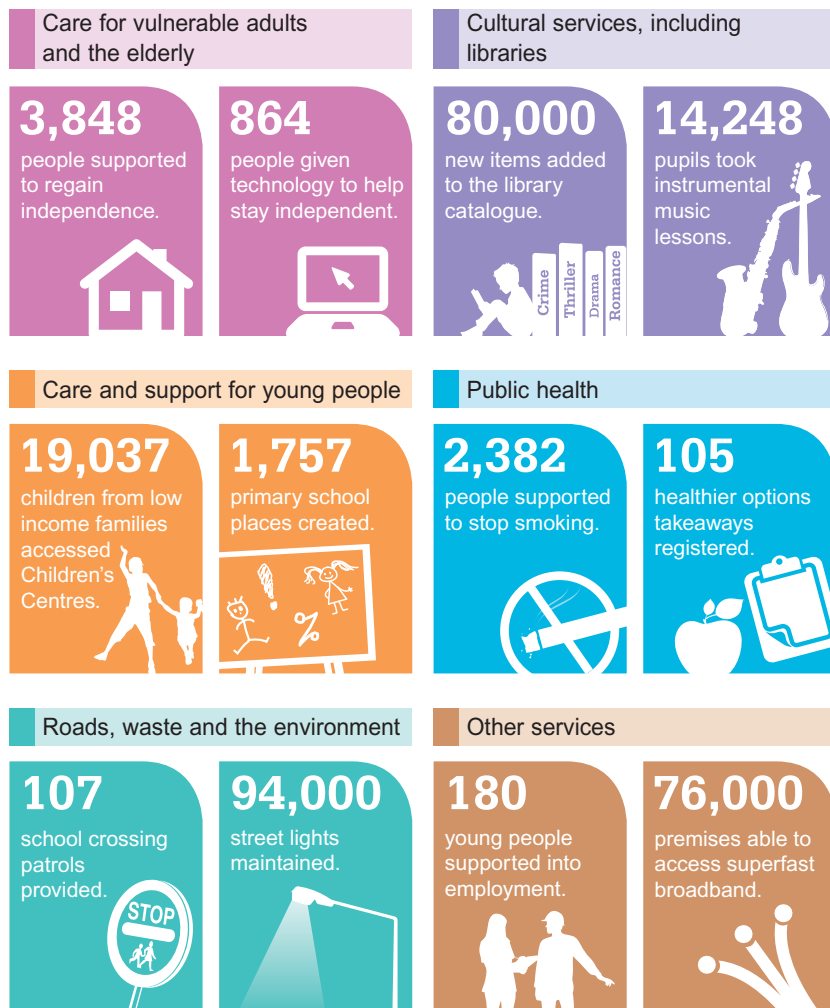
How the Council's budget is spent

For 2017/18



Care for vulnerable adults and the elderly	£333.8m
Care and support for young people	£170.1m
Roads, waste and the environment	£108.8m
Cultural services, inc libraries	£19.7m
Public Health	£43m
Other services	£38.7m
Schools	£312.9m

Just a few examples from over the last year



All information correct at the time of print, March 2017.

Have you checked if you can get superfast broadband?

Talk to your Internet Service Provider about special offers on high speed fibre broadband

With superfast broadband you can do more online like share photos, watch catch-up tv and download music.

How to get a superfast service

Check if your home or business can get superfast broadband at nottinghamshire.gov.uk/betterbroadband or simply contact your chosen Internet Service Provider (ISP)

Talk to your existing broadband supplier about upgrading to a superfast service - you may even find you save yourself some money! Upgrades to superfast fibre service do not happen automatically - you need to talk to your ISP to see what offers are available.

Nottinghamshire County Council is working with BT to provide more homes and businesses with superfast broadband. **96%** of homes can now get a superfast service - work is now underway to reach **98%** of premises by 2018 as part of the Better Broadband for Nottinghamshire programme.

Find out more at www.nottinghamshire.gov.uk/fibre