

Tackling Emerging Threats to Children (TETC) & School Health Hub Newsletter

JULY 2021 EDITION

Welcome to the July edition of the TETC newsletter. We know the end of term can be a particularly busy time so we hope you are taking care of yourselves. This month's newsletter will have a focus on safety. We have articles on water safety, sun safety, domestic abuse services, online safety and many more. We also have a TETC evaluation form which we would be so grateful if you could complete.

The TETC team continue to be available to all schools via email and telephone to offer guidance, advice and consultations about specific concerns relating to children who are currently attending school and those who are being home educated. If you have any questions, please don't hesitate to ask.

Lets talk about:

- Child Sexual Exploitation
- Radicalization & Extremism
- Online Safety and Behavior
- Emotional Health & Wellbeing
- Gangs, guns and knife crime
- Female Genital Mutilation
- Gender Identity
- Anti-bullying
- Prejudice and Hate Crime
- Forced Marriage
- Honour Based Abuse
- Obesity
- Eating Disorders
- Smoking
- Alcohol
- Healthy Relationships & Sex Ed
- Resilience
- Drugs and substance misuse
- Sexual bullying
- Domestic violence
- Physical Activity
- Suicide and Self harm
- Diet and nutrition
- Sexting
- Risk taking behavior's
- Oral hygiene
- Body Confidence
- Mental hygiene

TETC Evaluation forms

The Universal TETC Team was established almost 5 years ago to support schools and to help keep children and young people in Nottinghamshire safe from a range of existing and emerging risks.

The team currently comprises of three FTE TETC workers, three school health hub workers and a Safeguarding Children in Education Officer. However, not all of our posts are permanent, and it's fast approaching the time when we need to be able to demonstrate both the need for the team and the impact of our work.

In August 2021, the TETC Team will be preparing our next committee report and we hope to seek permanent funding for all posts. In order to do this, we need your help!

We would really appreciate you taking the time to complete a **short questionnaire** about your experiences of working with the TETC Team. We are hoping to understand how the TETC Team has supported schools and organisations so far and further develop and respond to your needs in the future.

The evaluation form will only take a few minutes to complete and can be completed by anyone who has had any interaction with the TETC Team (including receiving this newsletter!). The responses will help us to report on the impact that our team's work has had on the lives of children and young people in Nottinghamshire.

If you work in a school, please complete this evaluation form: [TETC Evaluation Form for Schools](#)

If you work for a different organisation, please complete this evaluation form: [TETC Evaluation Form for Partners and Organisations](#)

Please submit your responses by 1st August 2021.

Thank you.



Summer Safety

Keeping Safe Over Summer

With the summer holidays fast approaching it is time to remind ourselves of the need to encourage our young people to keep safe in their free time.

We have identified some very good information provided below to share with pupils and parents/carers before the end of term. Please include in any correspondence you send home or include on your school website/parents' page.

Hot Weather Advice

Water Safety

The recent deaths of young people from drowning has highlighted again the dangers of swimming in hot weather. It is perfectly natural to want to cool off when it's hot but rivers and quarries hide dangers below, and the additional hazards of freezing cold water and currents can result in tragedy. Teenagers especially can be drawn in by peers and can be more likely to participate in risky behaviours. Some of these resources might be helpful for assemblies or tutor sessions.

RLSS

<https://www.rlss.org.uk/Pages/Category/water-safety-information>

RLSS Water Smart Award

The RLSS have their latest water safety initiative, linked to the school swimming curriculum, called the Water Smart Award.

You can find more about the award, and find a local trainer here: <https://www.rlss.org.uk/water-smart-award>

Derbyshire Fire & Rescue

<https://www.derbys-fire.gov.uk/safety/water-safety>

Colin the Coastguard Activities & Posters

<https://colinthecoastguard.com/activities-for-kids/>

National Water Safety Signs - do you know what these mean?

<https://www.rospa.com/leisure-safety/water/advice/signs>

Reservoir safety (United Utilities)

Don't be the one who watched their mate drown this summer

Particularly good package for use with teenagers

<https://www.unitedutilities.com/about-us/acres-of-nature/reservoir-safety/reserviorsafetyteachers/>

Summer Safety (continued)

Sun Safety

The Teenage Cancer Trust found that nearly two-thirds (61%) of young people aged 13-24 have avoided using sunscreen in order to get a better tan. As the weather gets hotter in the UK, we need to be more knowledgeable about keeping safe in the sun than ever before.

The damage done to young skin can lead to skin cancer developing in later life, so it's vital to help young people protect themselves in the sun.

Teenage Cancer Trust Resources

<https://www.teenagecancertrust.org/about-us/what-we-do/education-awareness-resources/shunburn>

Sun Safety

<https://www.bbc.co.uk/cbeebies/watch/sun-safety-for-kids>

Sun safety in schools (Skcin)

<https://www.skcin.org/ourWork/sunSafeSchools.htm>

School sun exposure policy (NICE)

The National Institute for Clinical Excellence has an article about creating a school sun exposure policy, in conjunction with Alderley Edge School for Girls, in Cheshire.

<https://www.nice.org.uk/sharedlearning/a-primary-school-sunlight-exposure-policy>

Other useful safety resources

www.welephant.co.uk – This website from the Children's Burns Trust teaches children about fire safety

www.365alive.co.uk – Visit the interactive section of the Oxfordshire Fire and Rescue Service website

www.cbctrust.org.uk – The Children's Burns Trust website: click on the Learning Zone tab for activities

www.schoolssafetychallenge.com – Sign your school up for access to this activities website from Northamptonshire Fire and Rescue Service

www.staywise.co.uk – In the Activities section children can learn about different safety topics

www.nfpa.org – National Fire Protection Authority (US). The Safety Information section contains a children's zone; there is also information on devising an escape plan social story with autistic learners

www.switchedonkids.org.uk – The Electrical Safety Council's website for children

[Fireman Sam website](#)

[Interactive Fire Safety Awareness for Kids](#)

[Francis the Firefly booklet](#)

[Fire Kills website](#)

[Young Drivers](#)

Nottinghamshire Fire & Rescue Service

Advice for Parents / Carers

- Make sure matches and lighters are stored out of sight and reach of children and young people.
 - Never leave children or young people alone in the house, even for short periods of time.
 - Search for lighters and/or matches in bedrooms and school bags.
- Keep outbuildings, garden sheds and garages locked to prevent access to flammable materials.
- Explain to the child or young person that matches and lighters are not toys.
- Explain to children that fires can hurt and kill.
- Make sure the home is fitted with smoke alarms. A smoke alarm will quickly alert you to any fire-setting activity.
- Make a fire escape plan with your family and practice it.



NOTTINGHAMSHIRE
Fire & Rescue Service
Creating Safer Communities

Addressing fire-setting behaviour in children and young people



Visit our website at:
www.notts-fire.gov.uk



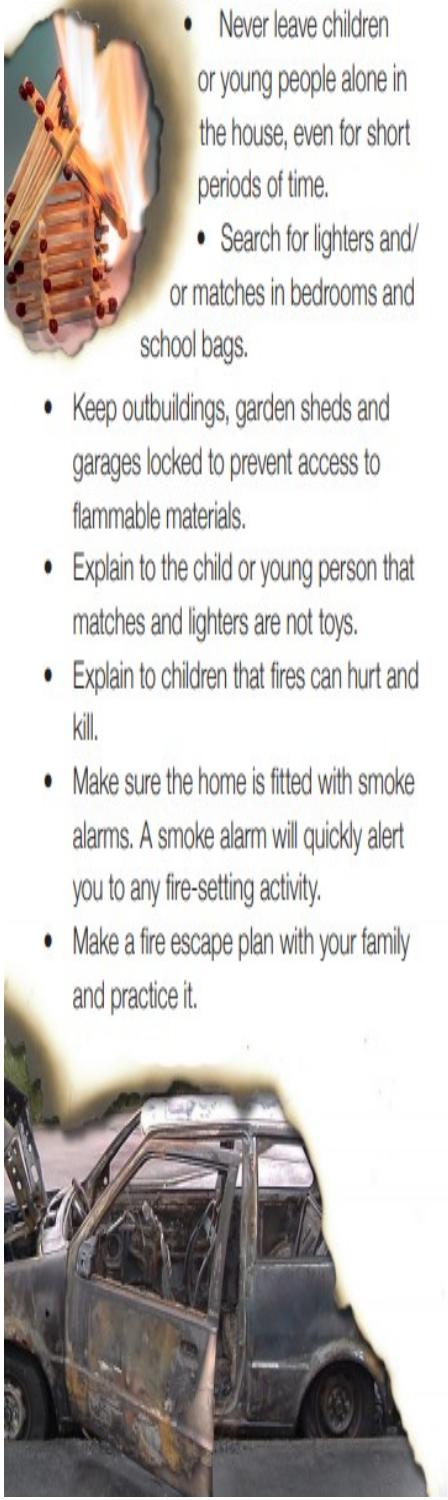
or write to us at:
The Firesetters Co-ordinator,
Nottinghamshire
Fire and Rescue Service,
Bestwood Lodge,
Arnold,
Nottingham,
NG5 8PD.

We will acknowledge receipt of each referral within two working days.



Office - 0115 967 5928
Mobile - 07971 720 032

FIRESETTERS
INTERVENTION PROGRAMME



Nottinghamshire Fire & Rescue Service (continued)

Why?

Most children and young people show a natural interest and curiosity in fire.

Even if they do not display any fire-setting behaviour, many children and young people may be fascinated by fire - the glow from a real flame, blowing out their birthday candles, or even watching an adult light up a cigarette. It is not uncommon for children as young as two years of age to show an interest in fire. However, for some young people this interest develops into something more dangerous.

Without help and guidance, fire-setting behaviour can become increasingly serious and lead to injury, damage to property and tragically, death. Please read this leaflet and act on its advice. You could reduce the chances of your child or young person starting a destructive fire.

What the programme does

The aim of the programme is to help children and young people understand and control the feeling and circumstances that lead them to set fires.

Interventionists

Nottinghamshire Fire and Rescue Service has a dedicated team trained in the delivery of the Firesetters programme, which is partnered with Fire and Rescue Service experience to achieve excellent results.

What is involved?

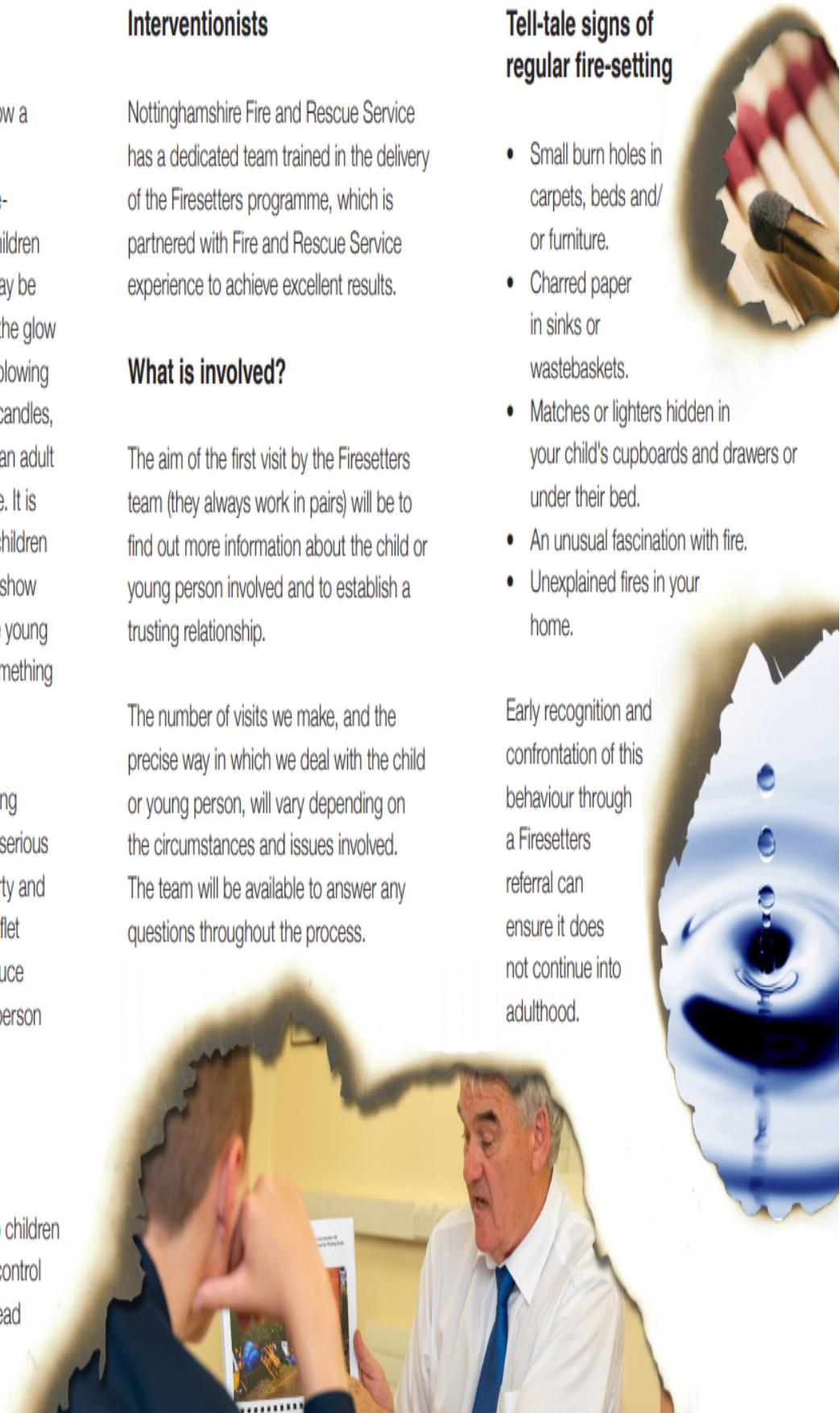
The aim of the first visit by the Firesetters team (they always work in pairs) will be to find out more information about the child or young person involved and to establish a trusting relationship.

The number of visits we make, and the precise way in which we deal with the child or young person, will vary depending on the circumstances and issues involved. The team will be available to answer any questions throughout the process.

Tell-tale signs of regular fire-setting

- Small burn holes in carpets, beds and/or furniture.
- Charred paper in sinks or wastebaskets.
- Matches or lighters hidden in your child's cupboards and drawers or under their bed.
- An unusual fascination with fire.
- Unexplained fires in your home.

Early recognition and confrontation of this behaviour through a Firesetters referral can ensure it does not continue into adulthood.



Nottinghamshire Women's Aid Ltd: TIP Service

This is a service for children and young people who have witnessed domestic abuse and violence where a weapon has been used.

This service is funded by the Violence reduction Unit until March 2022. TIP refers to the TIP of an iceberg; where there may be visible things on the surface, but much more to uncover beneath. This service offers 1-1 support for children and young people between the ages of 5-18 who have witnessed domestic abuse in the home where a weapon has been used. A weapon may include a knife, other traditional weapons or household objects that are used for physical violence.

Support is free, confidential and can last from 4-12 weeks. Sessions are led by the young person and may cover; exploring their emotions, healthy relationships, anger, how to stay safe, and building confidence. This could be through talking, creative activities or worksheets. Sessions can be virtual, or face to face (with covid risk assessments completed).

Criteria for referral:

1. Ensure you have consent from young person and non-abusive parent/care giver
2. Live in the area (Bassetlaw, Mansfield, Newark and Sherwood)
3. Age 5-18 (At least school year 1)
4. The child/young person has memory of the abuse

Agencies, schools or individuals may refer into the service. To make a referral please download the 'Referral Form-Children and Young People' on our [website](#) and email to the address stated on the form.

Any questions or want to discuss the service and how to refer? Please email meg.wilkinson@nottswa.org

Nottinghamshire Women's Aid Ltd: Teen Service

This is a service for young people who are experiencing domestic abuse in their own intimate (romantic) relationships.

We offer 1-1 support and group work to enable young people to make informed choices around their relationships. Support plans are made with the individual and can include work around; healthy and unhealthy relationships, keeping safe, understanding emotions and processing the impact of domestic abuse.

Support is free, confidential and the length of time is flexible depending on the needs of the young person.

Criteria for referral:

- Young men and women between 13-18 (experiencing domestic violence or abuse in their relationship-either current or historic)
- Young women 18-25 (in an abusive relationship as above) ALSO with an additional vulnerability. A vulnerability may include; housing needs, LAC status, diagnosed disability.
- Consent given by young person who is aware of referral and wanting support
- Lives in our area: Bassetlaw, Newark and Sherwood, Mansfield

To refer please complete a DASH RIC Form and Referral Form (both found on our [website](#)). Send both forms to teenservice@nottswa.org

Got questions or want to discuss a referral? Please email us on [teen-service@nottswa.org](mailto:teenservice@nottswa.org)

*Nottinghamshire Women's Aid Ltd
Charity Number: 513843*

01909 533610
www.nottswa.org



Free Online Safety Training Video for parents

**Keeping Children & Young People Safe in a Digital World
Workshop for Parents, Carers and Families**

Katherine Marshall and Lorna Naylor—
Anti-bullying and Online Safety Co-ordinators

Tackling Emerging Threats to Children
(TETC) Team

Summer 2021

 Nottinghamshire
County Council



This Summer we have created a ***FREE Online Safety training video*** for parents, carers and families.

This video provides parents, carers and families with information about the risks that their children or young people may be facing online and offers advice about how to keep them safe. The video also signposts to relevant resources and places that parents, carers and families can go for support.

The video is being shared to raise awareness about young people's online behaviours and encourage conversations about staying safe online. We think this resource may be particularly helpful for parents, carers and families who have children transitioning from Primary to Secondary school.

The video is available to view on our TETC Team YouTube channel via the following link: [Keeping Children and Young People Safe in a Digital World - Online Safety workshop for Parents-2021 - YouTube](#)

Please feel free to share this video with your pupils' parents, carers and families. You are very welcome to share the link directly with them, embed the video on to your School Website or share the video via other school communication channels.

If you have any questions about Anti-Bullying or Online Safety or would like to arrange staff Anti-Bullying or Online Safety training – please contact Lorna Naylor or Katherine Marshall.

Safeguarding in Education News Updates



At the time of this TETC Newsletter going to publication: The DfE have concluded the consultation for KCSiE 2021 on the 31st March 2021 but to date we are still waiting for the Government to publish it, and inform us of the revisions they have made to KCSIE for 2021. Once published it will not become statutory until the first week of the autumn term 2021 but it will hopefully provide us all with sufficient time to review and make revisions to our policies, procedures, guidance, and toolkits. As soon as it becomes available, I will ensure it is brought to your attention and provide a summary of key changes.

NCC and NSCP Child Protection Policy template for 2021-2022 and the NCC & NSCP Safeguarding in Education Audit Toolkit for 2021-2022

When KCSIE 2021 becomes available I will revise both of the above in line with the revised national statutory safeguarding guidance and our local Nottinghamshire Safeguarding Children Partnership (NSCP) policies and guidance. I hope to get both ready and published in sufficient time for you to be able to use and adopt them to review and quality assure your schools 'safeguarding arrangements'.

Nottinghamshire Safeguarding in Education Annual Self –Check Audit (previously known as Annual Governors Compliance Checklist) for 2021/2022 remains a statutory requirement for all schools, academies and educational establishments to engage with and complete, to ensure appropriate and robust 'safeguarding arrangements' are in place to keep children safe. The audit reflects the statutory guidance contained within the Department for Education's Keeping Children Safe in Education (KCSIE), HM Working Together to Safeguard Children 2018 and the Nottinghamshire Safeguarding Child Partnership (NSCP) safeguarding arrangements.

When completing the audit please ensure your SiE audit checklist form has sufficient evidence from your school or academy's practice so that it can be signed off at the first full governing body meeting of the autumn term 2021 and record the evidence of completion within the full governing body or trust minutes. Ofsted will inspect the 'safeguarding arrangements' you have put in place as part of the leadership and management arrangements of your school, academy or college.

NCC Safeguarding Children in Education Whole School Child Protection Policy Template 2021/2022. NCC is required to provide a Child Protection Policy template framework which reflects and adopts statutory guidance from the DfE KCSIE 2021, HM Working Together to Safeguard Children 2018 and the local Nottinghamshire Safeguarding Children Partnership Policy and Practice Guidance. It is then for each school, academy, college or educational setting to make their own 'safeguarding arrangements'.

Please Note: DfE KCSIE states; Head teachers, Governing bodies and proprietors should ensure there are appropriate policies and procedures in place in order for appropriate action to be taken in a timely manner to safeguard and promote children's welfare.

Safeguarding in Education News Updates (continued)

This should include:

- Individual schools and colleges having an effective child protection policy. The child protection policy should describe procedures which are in accordance with government guidance and refer to locally agreed multi-agency safeguarding arrangements put in place by the three safeguarding partners. It should be updated annually (as a minimum) and be available publicly either via the school or college website or by other means."

IMPORTANT: Please ensure your school, academy or college's child protection policy is compliant and informs of your setting's individual arrangements to safeguard children and young people and is in place for the beginning of the autumn term 2021 and published on your school's website.

Reducing Parental Conflict – Renamed ‘Relationships Really Matter’ Launch of New Resource for Parents and Practitioners

A new resource for parents and professionals has been developed aimed at helping parents resolve their everyday disagreements in a positive manner, mindful of the impact that an unhappy home atmosphere has on their children. This new resource is called **Relationships Really Matter**. The link is here: [Relationships Really Matter: Parental Conflict - YouTube](#)

Schools are requested to promote this new resource to families.

For more information please contact Cheryl Stollery at cheryl.stollery@nottscc.gov.uk, or Debbie Jesson at Debbie.jesson@nottscc.gov.uk



Reminder regarding the Pathway to Provision V 9 published March 2021

The Pathway to Provision is the multi-agency thresholds' guidance for Nottinghamshire and provides information for practitioners to help them understand the needs of children and young people and identify the services that are available to meet those needs.

The guidance has recently been updated and is available on the Nottinghamshire Safeguarding Children Partnership (NSCP) website.

Launch of the Cross-Authority Child Neglect Strategy for 2021-2024 Nottinghamshire Safeguarding Children Partnership launched its new Child Neglect Strategy at the Partnership Forum on 18th May 2021. The Strategy has been developed jointly with Nottingham City and sets out what the Partnerships intend to do over the next 3 years to prevent neglect and minimise its impact. The Strategy identifies 3 key objectives; Recognise, Respond and Reflect and Review. Shared priorities under each objective provide a focus for the work so that all partner organisations can develop their own response and contribute towards the aims of the Strategy and improve outcomes for children who live in Nottingham and **Nottinghamshire**. A copy of the document can be accessed from the [Nottinghamshire Safeguarding Children Partnership \(NSCP\)](#) website link: [Nottinghamshire Safeguarding Children Partnership](#)

Safeguarding in Education News Updates (continued)

Child Sexual Exploitation (CSE) Concerns Network Information – Operation STRIVER

Operation Striver has been in existence in Nottinghamshire since November 2013. The aims of Operation Striver are:

- To establish a network of multi-agency professionals who can share low level, non-emergency intelligence / information with the police
- Police to then share appropriate intelligence with agencies or intelligence to be used to disrupt activities, develop a 'problem profile' and determine policing priorities
- To ensure a proportionate response to the intelligence.

Nottinghamshire Police colleagues have advised that the amount of Operation Striver notification forms have reduced in number. However, intelligence suggests this is not because the number of incidents of concern have reduced but may be more to do with agencies, schools and other partners not making notifications of concern, along with the need to keep Operation Striver at the forefront of everyone's awareness and understanding.

I am mindful since 2013 when Operation Striver was first introduced in Nottinghamshire, we have seen a significant number of changes to senior leadership teams in Schools, Academies and Colleges and to those with Designated Safeguarding Lead status.

This is therefore a reminder that information regarding Operation Striver can be accessed from the Nottinghamshire Safeguarding Children Partnership (NSCP) link: [Nottinghamshire Safeguarding Children Partnership](#)

Safeguarding - The Wood Review

A new report on the implementation of new multi-agency arrangements to safeguard children by Sir Alan Wood CBE has been published on 14th May 2021. The review sets out recommendations for making new multi-agency safeguarding arrangements for local areas more effective. Wood Review of multi-agency safeguarding arrangements - GOV.UK (www.gov.uk)

The second annual report from the Child Safeguarding Practice Review Panel was published on the 14 May 2021. It looks at serious child safeguarding incidents between 1 January and 31 December 2020 and sets out patterns in practice for national government and local safeguarding partners to better protect vulnerable children and is available [here](#)

Carol Brierley, Senior Professional Practitioner – Governor Services
T: 0115 8044623 E: carol.brierley@nottscce.gov.uk

'Safeguarding Children - is everyone's responsibility'

Cheryl Stollery Safeguarding Children in Education Officer (SCIEO)

C: Card Service

**Free Sexual Health advice and
condom service for young people**

**New Virtual C Card Registrations and Postal
Condom Pick Up Service now available**

www.ccardnottinghamshire.co.uk

The C Card has introduced a new Service during the pandemic, to enable young people to continue to access the service.

We are offering the following;

- **Virtual C Card Registrations-** Young People 16+ can now register for their C Cards via an online registration process.
- **Postal Pick Up Service-** Young People 13-25 who already have a valid C Card can now receive condoms via the post.

For more information please check out our website;

www.ccardnottinghamshire.co.uk

Votes for Schools—COP 26



'Will climate change affect children's rights?'

We aim to get 100,000 children's voices heard.

Each week VotesforSchools creates resources for teachers or youth leaders to hold a debate or discussion on a topical issue. The children and teenagers then have a chance to vote and comment on the topic. They then share that information with those in authority- hugely raising the profile and impact of pupil voice.

VotesforSchools typically receives around 30,000 votes each week. Examples of resources can be found [here](#), and of data reports [here](#).

In the run up to the United Nations conference on climate change in Glasgow this November, **COP26**, they are working with a range of partner organisations including **UNICEF UK** to explore with children climate change and its effect on their rights. There will be a FREE package of resources to facilitate a debate at Primary, Secondary and 16+, and the chance for children and young people to vote and comment on the question:

'Will climate change affect children's rights?'

We aim to get 100,000 children's voices heard.

Sign up [here](#) to get your children and young people involved.

Shake up Toolkit—Free Download



Inspired by characters from **Disney Frozen**, **Disney and Pixar Toy Story** and **Marvel's The Avengers**, the new **Shake Up toolkit** contains fun and flexible bite-sized activities to help pupils enjoy getting active in the lead up to the summer holidays.

These exciting **10 Minute Shake Up activities** can be used at any point in the school day to encourage pupils to get the recommended level of daily physical activity (at least 60 minutes per day). They can also help you deliver the new Relationships Education and Health Education curriculum.

So whether they want to learn to defend like Black Panther, jump like Bo Peep or heave ice like Kristof - download our toolkit today to get started. These engaging Disney, Pixar and Marvel inspired activities are designed to be fun and flexible, so they can be used at different times throughout the school day, without a PE kit. The activities support Relationships Education and Health Education, with opportunities for pupils to reflect on how being active can benefit their wellbeing.

TETC YouTube Channel

This month we have selected 'Strength of Mind' from our [TETC YouTube channel](#). The song focuses on resilience, positivity, confidence and independence. This could be a useful resource to listen to with pupils before the summer holidays and discuss the themes within the song. Click on the image below to be taken to the TETC YouTube for a variety of co-produced resources.



Dates for the Diary



- **National Play Day—4th of August 2021**—The theme for this year's Playday is **Summer of Play**. The Playday 2021 theme recognises the challenges children and young people have faced over the last year. Playday aims to show why play is fundamental for children's enjoyment of childhood, and vital for their health, well-being and development. Find out more [here](#).
- **International Youth Day—12th August 2021**— International Youth Day is commemorated every year on 12 August. The Focal Point on Youth selects a theme for the day often with input from youth organizations and members of the UN Inter-Agency Network in Youth development. It also organizes a virtual commemoration of the Day. The Programme encourages youth around the world to organize activities to raise awareness about the situation of youth in their country. Find out more [here](#).
- **World Humanitarian Day—19th August 2021**— World Humanitarian Day commemorates humanitarian workers killed and injured in the course of their work, and aims to honour all aid and health workers who continue, despite the odds, to provide life-saving support and protection to people most in need. This year, COVID-19 has been the biggest challenge to humanitarian operations around the world. The lack of access and restrictions placed by Governments around the world has resulted in communities, civil society and local NGOs being the frontline of the response. Therefore, the campaign presents the inspiring personal stories of humanitarians who are treating and preventing COVID-19, providing food to vulnerable people in need, providing safe spaces for women and girls in lockdown; delivering babies; fighting locusts and running refugee camps, all amid the COVID-19 pandemic. Find out more [here](#).

TETC Team Contacts

If you are a school and have a particular issue you need support with or some good practice to share we would be delighted to hear from you.

Service providers /voluntary sector organisations who wish to alert schools to their provision or training programmes should contact TETC staff to discuss

Contact details:

Ben Osifo Schools Heath Hub Co-ordinator has been redeployed to support the Covid-19 emergency response for schools. Please bear with the TETC team during this period as the redeployment has meant a shortage in manpower and capacity within the team.

For any enquires related to the Newark & Sherwood and Bassetlaw areas please contact Kirstin Lamb.

sarah.lee@nottscce.gov.uk BGR, Radicalisation& Extremism, FGM, Prejudice, Gender Identity, Forced Marriage & Honour Based Abuse

william.sayer@nottscce.gov.uk BGR, Physical activity, Diet and nutrition (including obesity)

natalie.deacon2@nottscce.gov.uk A&M, Emotional health & well-being and Resilience

lorna.naylor@nottscce.gov.uk A&M, Anti-bullying, Online safety, Prejudice

(Available Mondays, Tuesdays and Wednesdays

katherine.marshall@nottscce.gov.uk A&M, Anti-bullying, Online safety
(Available Monday to Thursday)

ben.osifo@nottscce.gov.uk B &N&S, Risk Taking Behaviours (including gangs, drugs, alcohol, smoking)(redeployed until July 2021)

kirstin.lamb@nottscce.gov.uk B & N&S, Child Sexual Exploitation

cheryl.stollery@nottscce.gov.uk County-wide, Safeguarding Children in Education