

Services providing information and support

[Information Service, Children's Development Centre, Nottingham City Hospital](#)

Website: <http://nottinghamshirehealthcare.nhs.uk/the-information-service>

Telephone: 0115 8831157 or 58

Email: infoservicescdc@nottshc.nhs.uk

Enquiry and library service for parents, carers and professionals. Books about autism, ADHD, behaviour difficulties, coping strategies etc available for loan

Produce "**Finding Your Way**: a directory of services and support in Nottinghamshire".

Contact the service for more details.

Autism Drop-in Clinic, Children's Centre Drop-in sessions the 3rd Wednesday of every month (except August) between 10.00 am and 12.30 pm. A chance to chat with other parents, hear different speakers and discuss concerns informally with a paediatrician and social worker. For more information contact the Information Service above.

[A Place to Call our Own](#)

Website: www.aptcoo.co.uk/

Telephone: 01623 629902

Email: enquiries@aptcoo.org

Charity (based in Mansfield) providing a wide range of information, advice and access to a range of specialist health, care and education support services for children and young people with Special Educational Needs and Disabilities (SEND) and their families. Open 7 days a week providing support and guidance from pre-birth through childhood and adolescence to adulthood.

[Ask Iris](#)

Website: www.askiris.org.uk/

Telephone: 07827 938966

Email: contactus@askiris.org.uk

Local information service, website and quarterly magazine for parents of children & young people with disabilities.

[Ask Us Nottinghamshire](#)

Website: www.ppsnotts.org.uk (www.askusnotts.org.uk being built)

Telephone: 0115 804 1740

Email: enquiries@askusnotts.org.uk

Free, confidential and impartial information, advice and support on children's special educational needs and disability matters

[Contact a Family](#)

Website: www.cafamily.org.uk/

Telephone: 0808 808 3555

Email: info@cafamily.org.uk

National support organisation offering a helpline, advice and support. Online resources including booklets on Disability Living Allowance, behaviour and education.

County Local Offer

Website: www.nottinghamshire.sendlocaloffer.org.uk

Telephone: 0300 500 80 80

Email: local.offer@nottscc.gov.uk

Information and contact details of local services supporting children and young people 0 - 25 years old with special educational needs and disabilities.

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