



# The C Card Scheme Nottinghamshire

## Training Programme

2016-17



### Welcome to the C Card Scheme Nottinghamshire's Training Programme for 2016-17.

Reducing teenage pregnancy and sexually transmitted infections amongst young people in Nottinghamshire remains a key priority.

The C Card Scheme is a free sexual health advice and condom service for young people aged 13-25. It allows young people to gain access to condom, lubricants and get advice on sex, STI's, relationships and many more.

This training programme lists several C Card Training Courses to enable professionals who work with young people aged 13-25 across Nottinghamshire to become a C Card Site. In turn, this will allowing young people to access free confidential sexual health advice and condoms from a range of setting in Nottinghamshire.

In addition to the selection of training courses listed in the following programme. The C Card Team is also able to offer the same courses on an '**in house**' basis, if required. This training can be delivered at a time and venue convenient to each organisation.

For further information on 'in house' training or on any of the courses listed here, please don't hesitate to contact Samantha Hammond from the C Card Scheme to discuss.

#### About Booking Places on our Courses

Booking onto these events is essential. You can book a place using the online application forms available through Nottinghamshire County Councils Websites, under the 'Teenage Pregnancy and Sexual Health Training Tab'; <http://www.nottinghamshire.gov.uk/care/health-and-wellbeing/sexual-health/teenage-pregnancy-and-sexual-health-training>

When you book on a course you will be sent a confirmation. Then, one week before the course date you will be sent final confirmation of the course will full details of the venue.

All courses in the programme are free of charge to ALL those who work with young people in Nottinghamshire County.

# C Card Registration Point Training:

This is a one day training course for those who already do face-to-face work with young people and wish to register young people onto the C-Card scheme. For those new to sexual health work it is essential that they complete the 'Basic Sexual Health E-learning' prior to attending C-Card training.

## Aim

- To enable participants to obtain information about the C-Card Scheme, and to provide role clarification and sexual health information to enable them to successfully implement the C-Card scheme in their location.

## Intended for:

- Those who already do face-to-face work with young people and wish to register young people onto the C-Card scheme.

## Objectives

- To have the confidence and skill to successfully register young people onto the C-Card scheme.
- Raise awareness of some of the complex issues that young people may have with regards to their sexual health.
- Increase knowledge of specialist sexual health services, and be able to signpost young people to them.

Date	Venue
Weds 20 <sup>th</sup> April	Hucknall Young People's Centre, 69 Linby Road, Hucknall, Notts, NG15 7TX
Tues 10 <sup>th</sup> May	Ladybrook Community Centre, Ladybrook Lane, Mansfield, NG18 5JJ
Thurs 19 <sup>th</sup> May	Warsop Childrens Centre, Mansfield Road, Warsop, Mansfield, NG20 0AN
Weds 13 <sup>th</sup> July	The Richard Herrord Centre, Foxhill Road, Carlton, NG4 1RL
Thurs 8 <sup>th</sup> Sept	West Bridgford Young People's Centre, Bridgford Road, West Bridgford, NG2 6AT
Weds 26 <sup>th</sup> Oct	Southwell Library, The Bramley Centre, Kings Street, Southwell, NG25 0EH
Tues 15 <sup>th</sup> Nov	Worksop Library, Memorial Avenue, Worksop, S80 2BP
Thurs 15 <sup>th</sup> Dec	Bilthorpe Young People's Centre, Eakring Road, Bilthorpe, NG22 8PY
Weds 11 <sup>th</sup> Jan	Beeston Young People's Centre, West End, Beeston, NG9 1GL
Tues 21 <sup>st</sup> Feb	Calverton Young People's Centre, Flatts Lane, Calverton, NG14 6JZ
Thurs 16 <sup>th</sup> March	Cotgrave Young People's Centre, Cotgrave Leisure Centre, Woodview, NG12 3PJ
<b>Time:</b>	10.00am-4.00pm
<b>Course Provider:</b>	Samantha Hammond, C Card Technical Specialist

**To book onto a course please visit our website to complete your online application;**

<http://www.nottinghamshire.gov.uk/care/health-and-wellbeing/sexual-health/teenage-pregnancy-and-sexual-health-training>

Email: [Samantha.hammond@nottsc.gov.uk](mailto:Samantha.hammond@nottsc.gov.uk)

Telephone: 0119932571

Web: [www.nottsc.gov.uk/c-card](http://www.nottsc.gov.uk/c-card)

Mobile: 07780854935

# C Card Refresher Training:

This is a half day training course for those who have already completed the C-Card Registration Point training within the past three years.

## Aim

- To enable participants to obtain up to date information about the C-Card Scheme, and to provide role clarification and sexual health information to enable them to successfully implement the C-Card scheme in their location.

## Intended for:

- Those staff who have already completed C-Card Registration Point Training.

## Objectives

- To have the confidence and skill to successfully register young people onto the C-Card scheme.
- Raised awareness of some of the complex issues that young people may have with regards to their sexual health.
- Increased knowledge of specialist sexual health services, and be able to signpost young people to them.

Date	Venue
Thurs 14 <sup>th</sup> July	Myplace @ Westfeild Folkhouse Young People Centre, Westfield Lane, Mansfield, NG18 1TD
Thurs 15 <sup>th</sup> Sept	Myplace @ Westfeild Folkhouse Young People Centre, Westfield Lane, Mansfield, NG18 1TD
<b>Time:</b>	2.00pm- 4.20pm & 10am-12.30pm
<b>Course Provider</b>	Samantha Hammond, C Card Technical Specialist

**To book onto a course please visit our website to complete your online application;**

<http://www.nottinghamshire.gov.uk/care/health-and-wellbeing/sexual-health/teenage-pregnancy-and-sexual-health-training>

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