

Priority four

Providing care and promoting health

The health of people in Nottinghamshire is improving but not at the same rate for everyone. Some groups have worse health outcomes that are a consequence of where they are born, live, work and age. This health inequalities gap between advantaged and disadvantaged groups will continue to widen unless action is taken with partners to address differences in local need. Working with the Health and Well-Being Board we will improve integration between health and social care providers.

The provision of quality social care and health services for children, adults and the vulnerable has always been a priority for the County Council. However the provision of these services is facing the new challenge of increasing demand due to an ageing population with the positive expectation of people being supported to live longer, healthier and more independent lives. Demand is also increasing in terms of services for Younger Adults, due to positive advances in medical care for those with disabilities and complex needs.

This means we have unprecedented demand for services at a time of significant financial constraints. We will always consider the needs and preferences of the individual, but we have a responsibility to balance this against the effective and efficient use of resources.

We will develop individual and community resources to prevent, delay and reduce the need for care and support. We will support more people to live at home and encourage and stimulate an efficient, diverse, affordable and high quality social care and health market. Providing services in a different way means working in partnership with NHS, private and voluntary colleagues to integrate care and health services. It also requires increased prioritisation of our limited resources to the areas of greatest demand and inequality across the county.

For many older people, traditional residential care does not meet their needs. We need to find alternative solutions, such as building additional **Extra Care Housing** across the County that will offer independent living with added security of health and assistance on hand when required. With an ageing population, where Alzheimers and Dementia are becoming an increasing problem, we need to develop a strategy that ensures all our services are delivered with **care and compassion**.

We will expect to share responsibility with individuals, families and communities for their health and well-being. The formal provision of services by council and health employees is often underpinned by informal support provided by Carers. The variety of people who act as Carers in Nottinghamshire is broad and ranges from the very young to older people with their own health concerns. The type of support a Carer requires can also vary dramatically; we therefore need to ensure we work with partners to provide appropriate support – especially for young carers. The role and reliance on Carers will only increase with an ageing population and an emphasis on enabling people to continue to live at home.

What we will deliver

outcome

how we will measure progress

role of the Council

People with health and social care needs are able to maintain a satisfactory quality of life

Improved feedback from service users and use of surveys.

We will provide leadership, with an emphasis on developing individual and community resources, designed to prevent, delay or reduce the need for care and support

Enable people to live independently and reduce their need for care and support

Gradual reduction in the number of people in long-term residential care

We will work together with partners to develop the social care market in Nottinghamshire, offering more affordable and high-quality choices in the types of care available to enable people to live independently in their own homes for longer.

People have a positive experience of care and health support

More people living independently in their own home for longer

We will regularly consult and involve local people to ensure that they have more say in the type of care and how they receive it

Improved integration within health care delivers improved services focussed on those with the greatest need

Improve the satisfaction of people using services and carers

We will use our influence and set an example to encourage people to change their behaviour and positively affect their health and well-being

The health inequalities gap is narrowed improving both health and well-being

Effective health and well being interventions are targeted to where they are most needed

We will work in partnership to maximise the use of resources to target the areas of greatest need, highest demand and tackle inequality