



**Nottinghamshire
County Council**

Care and Support Services Directory 2015/16



The comprehensive guide to choosing and paying for care
Home Support • Care Homes • Specialist Care • Useful Contacts

 **CareChoices**
Publications



LOWMOOR CARE HOME

Specialist in care of **mental illness** and **dementia care**, we specialise in caring for clients with difficult to manage behaviours.

Gold Standard End of Life Accredited and a **Band 5** care home.

Dual registered for EMI **residential** and **nursing** care (42 beds).

- Dementia care in Silverbirch and Cedars and a separate 10 bedded male unit (The Oaks) is for clients with dementia related presenting behaviours
- 24 hours specialist nursing (RGN, RMN) care
- Staff with specialist training for dementia care • Respite and day care available
- Patients under mental health act section for mental illness also accepted

Other features include:

- Short distance from town centre of Kirkby-in-Ashfield and Sutton-in-Ashfield
- Easily accessible to main bus route and train station
- Conservatory with tea-bar cafe for relatives & activities for clients
- Secure enclosed courtyard & tranquil garden area
- Familiar homely environment • On site hairdressing salon • Pet therapies used
- Every effort made to meet specialist dietary requirements, home cooked meals five star rating
- Wide range of activities offered by activities co-ordinators (arts, crafts, music therapy, board and table games, exercises etc.)
- Visiting clergy to attend to spiritual needs of residents • Snoezelen and aromatherapy room
- Seasonal outdoor activities & trips arranged with participation of friends & relatives

Why not visit us and make your own judgements?



Telephone: 01623 752288 Fax: 01623 237375 Email: lowmoorcarehome@msn.com

Lowmoor Road, Kirkby-in-Ashfield, Nottinghamshire NG17 7JE



NEWGATE LODGE CARE HOME

Prestigious **residential** and **dementia** care in a purpose built **Band 5** residential care home also having attained the **Dementia Quality Mark**.

55 beds, all en-suite single rooms, many with showers, luxuriously furnished, safe homely environment.

- Dedicated dementia care on "The Meadows" our first floor 32 bed EMI care unit
- Residential social care 23 beds ground floor, called "The Willows"
- Respite and day care available
- Professional, experienced, caring and dedicated staff team

Incorporating Specialist features like:

- Conservatory lounges
- 2 Passenger lifts giving easy access to both floors
- 4 dining rooms, with home cooking and 5 star rating
- Residents smoking room
- Activities Co-Ordinator
- Special rooms on both floors providing therapeutic activities for service users
- Interactive technology (Computers and iPad)
- Regular outings (average of 6 trips per annum)
- Monthly entertainers
- Gentle seated exercise sessions
- Reminiscence lounge & Visitors lounge
- Private meeting / conference room
- Tuck shop managed by residents
- Secure private courtyard with fountain
- Hairdressing salon on site
- Multi-faith room – monthly services from visiting clergy
- Bi-monthly meetings for service users and relative
- Short distance from Mansfield Town Centre, Bus and Railway stations


Visitors and prospective clients are most welcome to visit, to meet staff & residents over light refreshments.


Telephone: 01623 622322 Fax: 01623 621200 Email: newgatelodgecarehome@hotmail.co.uk


Newgate Lane, Mansfield, Nottinghamshire NG18 2QB

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All the listings in this publication of care homes, care homes with nursing and home care providers are supplied by the Care Quality Commission (CQC) and neither Nottinghamshire County Council nor Care Choices can be held liable for any errors or omissions. The information contained in this Directory was correct at the time of going to print. The inclusion of advertisements for homes and agencies in this Directory does not act as an endorsement or recommendation by Nottinghamshire County Council.



To obtain extra copies of this Directory, free of charge, call Nottinghamshire County Council on **0300 500 80 80**. 

Alternative formats This Directory is available electronically at www.carechoices.co.uk. There is also a Browsealoud option for those requiring the information in the spoken word. 

Welcome from Nottinghamshire County Council

Welcome to the 2015/16 edition of the Nottinghamshire Care and Support Directory.

Adult social care is changing as a result of the Care Act 2014. The main changes include:

- the requirement to provide people with advice and information;
- a national eligibility threshold;
- more help and support for carers;
- how we safeguard vulnerable people;
- a deferred payment agreement to enable you to meet the cost of your care; and
- better integration between social care, housing and the NHS.

We are making these changes based on three important principles:

- promoting independence and wellbeing;
- ensuring value for money; and
- promoting choice and control.

This means that we will work with you to ensure you are able to do as much as possible for yourself and to seek help from your family and friends before approaching the council. We have been working closely with partners on a new online information and advice directory – a one-stop place for all health, social care and community information – to help you look after yourself and keep active in the community. Find out more at Nottinghamshire Help Yourself:

www.nottshelpyourself.org.uk

We will work with you to promote your independence and, if you are eligible for care and support, it will only be provided for as long as is necessary. We are committed to helping you maintain choice and control, but we

must ensure that services are cost-effective and provide value for money.

People often tell us that they want to live at home for as long as possible and that they need to know what support is available and what their choices are. This Directory includes useful information about care and support services across the county to help you to live at home. We hope it will help you make informed choices about what is right for you, as well as making you aware of what support is available to meet your needs and improve your health and wellbeing.

If you think it is no longer possible for you to live at home, you need to contact us and request a care and support assessment. We will work with you to understand your needs and consider your options. If your needs are high and you are no longer safe to remain at home, you may need to consider moving into a care home. This Directory includes listings of all Nottinghamshire residential and nursing care homes, starting on page 49.

There are a lot of changes taking place during 2015 and 2016, if you would like further information please visit: www.nottinghamshire.gov.uk/adultsocialcare or call: **0300 500 80 80**.



David Pearson

David Pearson

Corporate Director

Adult Social Care, Health and Public Protection



**Nottinghamshire
County Council**

For help and advice in
Nottinghamshire

0300 500 80 80

[www.nottinghamshire.gov.uk/
adultsocialcare](http://www.nottinghamshire.gov.uk/adultsocialcare)



Westfield Care Home

Devon Drive • Mansfield • Nottinghamshire • NG19 6SQ
 Tel: 01623 427846 Fax: 01623 429874 Email: Lantraz@live.com
 www.westfieldcarehome.net

“Home from home environment”

A beautifully decorated, purpose built Care Home with 45 beds. Delivering a high standard of Dementia and Residential Care is of paramount importance to us, in a friendly, caring and safe atmosphere. We are located near the Magistrates Court, just off Westfield Lane, on Devon Drive.

- Welcoming clients for Residential and Dementia Care
- Highly qualified, caring and dedicated staff
- Hairdressing salon, Library, in-house Chiropodist, specialist treatment available on request
- Voluminous dining room and several lounges
- Conservatory and patio area
- Private and Social Services funded clients welcome

- Spacious single rooms and 2 double bedrooms ideal for couples, some with en-suite
- Landscaped gardens
- Recreational activities program and outings
- Nutritious and varied menu, with specialist diets catered for
- Excellent bus routes, close proximity of town centre

Visitors are welcome at any time



The Limes Care Home

Park Road • Mansfield Woodhouse • Nottinghamshire • NG19 8AX
 Tel: 01623 632681 Fax: 01623 622644 Email: Lantraz@live.com

“Where care matters”

A luxurious purpose built Care Home with 40 beds, specialising in residential and dementia care within a safe, caring, warm environment.



- Welcoming clients for residential and dementia care
- Professionally trained and experienced, dedicated workforce
- Hairdressing salon, Library, in-house Chiropodist, specialist treatment available on request
- Spacious dining rooms
- Several luxuriously decorated lounges
- All en-suite bedrooms
- Private and Social Services funded clients welcome
- Patio area with landscaped gardens
- Recreational activities program and outings
- Nutritious and varied menu, with specialist diets catered for
- Excellent bus routes

Visitors are welcome at any time

Where do I start?

Assessment and personal budgets

The amount of money that the council is given to provide social care support is decreasing and, as a result, we will target support to those most in need. Before you contact us, please think about how you may be able to get help from friends, family, or other organisations. If you think that you or someone you care for needs assistance to remain living at home, completing the following steps could help you to find the best solution:

- 1) Look on the Nottinghamshire Help Yourself website to see if you can get the support and information you need: www.nottshelpyourself.org.uk
- 2) If you are unable to find the help you need, contact the Customer Service Centre. You can do this by completing an online form at: www.nottinghamshire.gov.uk/contact or you can call: **0300 500 80 80**;
- 3) If you complete the online form, you may receive automated advice and information. If you call, a customer adviser will provide you with advice and information;

- 4) If your care and support needs cannot be met with advice and information you may be offered a reablement (short-term home care support) service;
- 5) If your care and support needs cannot be met in this way, you will be offered a care and support assessment. You may be able to do this yourself by completing a form online. If not, you will be offered a telephone assessment or we will meet with you in a clinic or at your home.

During the assessment we will talk to you about your strengths and the things you enjoy, as well as the areas of your life that may be difficult for you. We may ask you for permission to speak to other people who also know about your care needs, for example your doctor.

We follow the Care and Support (Eligibility Criteria) Regulations 2014, issued under the Care Act 2014, when deciding who is eligible to receive community care support. The regulations are there to ensure that all councils make decisions about who gets help in a similar way.



Contact Customer Services Centre about an **assessment** for yourself or someone you care for.



Work with a member of the Council social care staff to find ways to help you stay **independent**. If support is needed we will work out how much and decide your **indicative budget**.



Write and agree your **support plan** and decide your final **personal budget**. Work out your financial contribution.



Have your personal budget as a **direct payment** and organise your own support to suit your needs.

Have part of your budget as a **direct payment** and part as services managed by the Council.

Have all of your services managed by the Council and provided by approved providers.



Speak to your social care worker about the most effective way to spend your direct payment and **get the most for your money**.



 Nottinghamshire
County Council



If you are eligible for support from us, we will talk to you about a personal budget – the money that we assess is needed to pay for the care and support you require. We will talk to you about how you wish to arrange that support to best meet your needs and will record this information in your Care and Support Plan.

We will:

- encourage you to find solutions to your problems, if possible, by providing you with information and advice;
- consider the involvement of carers, families, friends and other organisations;
- provide help for as long as it is needed to enable you to become, and stay, independent wherever possible;
- talk to you about having your personal budget as a direct payment to allow you to buy your own care; and
- meet your eligible needs in the most cost effective way.

The amount of your personal budget will be confirmed once your support plan has been agreed.

Will I have to pay towards my care?

Most people will have to make a contribution towards the cost of any care or support they receive. This is so that we can concentrate our limited resources on people with the most need and provide support to as many people as possible.

A member of staff will talk to you about your financial circumstances to decide how much you will need to pay towards your services.

If you choose to take all or part of your personal budget as a direct payment your benefits will not be affected and it is not counted as income for tax purposes.

For more information see page 42.

How would a personal budget be paid to me?

There are three ways to receive a personal budget:

1. Direct payment – this is a cash payment we give you so that you can buy the support you need yourself. A direct payment gives you most flexibility and control over your support. You also have more responsibility for arranging your support.
2. Mixed personal budget – you can receive part of your personal budget as a direct payment and arrange some of your support yourself and ask us to arrange the rest with a managed personal budget.
3. Managed personal budget – we will arrange the services that meet your support needs for you. A

managed personal budget is less flexible than a direct payment but you have less responsibility to arrange your support.

Which is the best option?

For many people the best option is a direct payment. This allows you much more freedom to arrange the services you want, from the companies or carers you prefer, at times that suit you. Having a direct payment means that you can buy services from companies that we don't have contracts with. You can also use the money to employ a personal assistant to give you support when you want it.

To understand how a direct payment could work for you we have collected some examples of how people in Nottinghamshire are using direct payments at the moment.

Case study

“Can I just say that the help our aunt is receiving from the personal assistant (PA) is of great benefit to her? The direct payment system seems to be working for us.

“My aunt now has structure to her day, the PA ensures that our aunt takes her medication and supplies her with hot meals. The PA has gained my aunt's confidence and is able to assist with some personal care, which we weren't sure she would accept initially. It takes some pressure off us, as both myself and my brothers work and have families, so it's difficult for us to be there as often as my aunt needs. However, it is comforting to know that someone we can trust is helping our aunt and is able to liaise with us and alert us to any concerns.”

This is the view of a family member whose aunt has dementia and receives a personal budget via a direct payment.





Case study

Miss R is 24 years old with a physical disability and is a wheelchair user. Miss R lives with her mother in Nottinghamshire, but she wanted to attend university to complete a degree. When living with her mother during the holidays, she doesn't require any paid support, as her mother meets all her needs.

Following her assessment, she was able to identify very clear outcomes in her support plan: to feel safe, to get up and ready for her day at university, to be comfortable during the day and night, to have a clean and tidy home and to be able to enjoy a meal.

It is essential to Miss R that she is able to have flexibility in how and when her outcomes are met. She needs to be able to call on support as required, but have time to herself and an element of freedom and independence.

Miss R has chosen to have her personal budget as a direct payment. Miss R has been very happy with the support she has been able to purchase with her direct payment. It has given her the choice and control she needs to live her life independently and enjoy her life at university. She is now in her final year.

If I were to have a direct payment, what would I need to do?

Direct payments are designed to give you more control over your care; however there are some things that you will need to do, such as open a separate bank account or use a pre-payment card, and keep a record of how you have spent the money (bank statements/invoices).

Would I have to manage everything by myself?

No. You are not expected to manage all of this on your own. If you need additional help we can give you contact details of Direct Payment Support services. You may need this if you are employing your own staff.

Where can I get more information about direct payments?

You can contact us on: **0300 500 80 80**. If you decide to have all or part of your personal budget as a direct payment, we can provide you with more information in the form of fact sheets.

What happens if I don't want a direct payment?

Some people may not be able to have, or may not want a direct payment. If this is the case we will arrange the care and support services you need from our approved list of providers.

It is up to you how you choose to have your personal budget. If you have a direct payment and then change your mind, you can stop it at any time.



**Nottinghamshire
County Council**

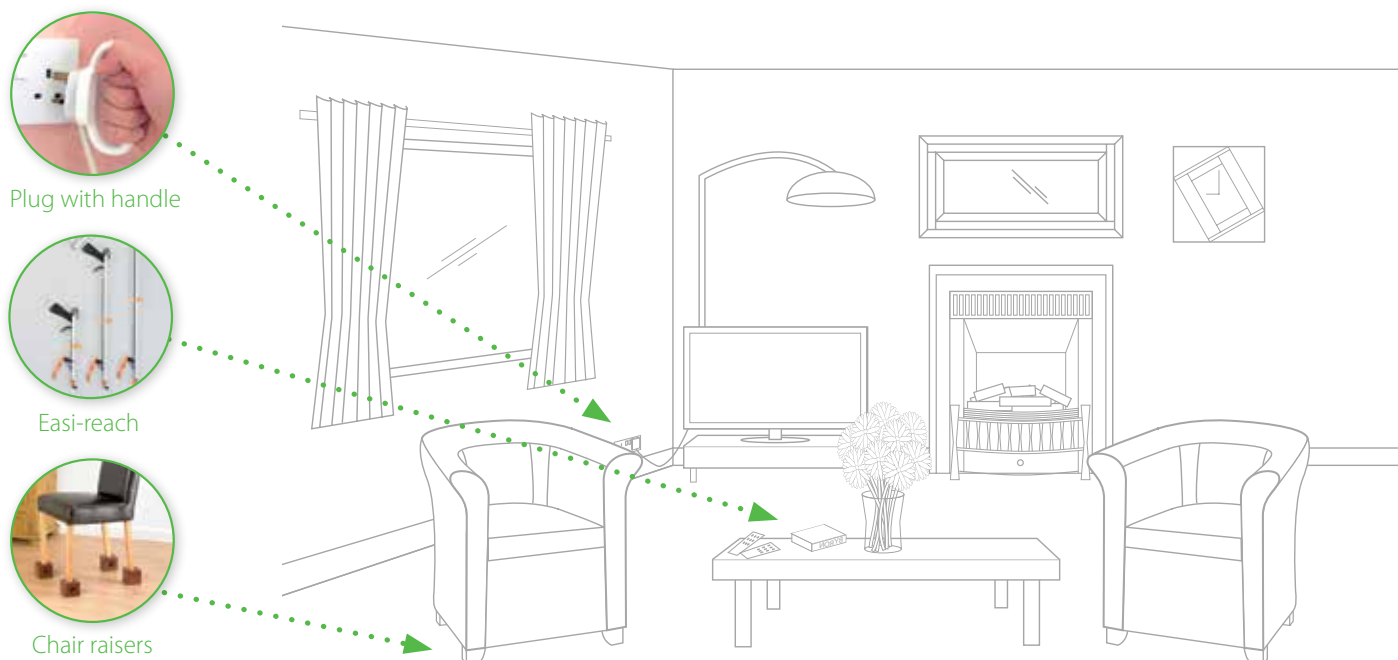
For help and advice in
Nottinghamshire

0300 500 80 80

[www.nottinghamshire.gov.uk/
adultsocialcare](http://www.nottinghamshire.gov.uk/adultsocialcare)

Staying safe and well at home

Making life easier in your own home - In the living room



WHAT IS DIFFICULT FOR YOU?	SIMPLE SOLUTIONS	COMPLEX SOLUTIONS
GETTING IN AND OUT OF CHAIRS Standing up from sitting is difficult	<ul style="list-style-type: none"> • Block of foam in chair base • Buy ready-made chair raisers if your chair is too low • Buy a new chair – get professional help to make sure the height is right • Take regular, gentle exercise 	<ul style="list-style-type: none"> • Buy an electric riser chair
OPENING AND CLOSING WINDOWS Can't reach the windows Not secure to leave windows open	<ul style="list-style-type: none"> • Move any furniture out of the way • Install/purchase a fan • Purchase a gadget to open/close window 	<ul style="list-style-type: none"> • Remove the window opener • Install environmental controls or air-conditioning • Install new windows
CONTROLLING THE HEATING Can't reach the controls for the fire or heating	<ul style="list-style-type: none"> • Change the switches • Fit a timer switch • Purchase a standalone heater 	<ul style="list-style-type: none"> • Move the heating controls • Install new or additional heating system
SWITCHING LIGHTS ON AND OFF Can't reach the switch The switch is difficult to use	<ul style="list-style-type: none"> • Install a light switch toggle • Purchase a socket extension • Purchase handi-plugs 	<ul style="list-style-type: none"> • Move the light switches • Replace the light switches • Install environmental controls
KEEPING WARM Insulating your home Affording the fuel Carrying the fuel	<ul style="list-style-type: none"> • Replace the fire with a heater • Apply for the winter fuel payment • Use a trolley to safely transport the fuel 	<ul style="list-style-type: none"> • Get a grant to insulate your house • Change to a cheaper heating system • Change to an easier-to-use heating system
WATCHING TV Hear the sound of the TV	<ul style="list-style-type: none"> • Use subtitles • Purchase wireless headphones 	<ul style="list-style-type: none"> • Request an assessment for a hearing aid • Install a room loop

In the bedroom



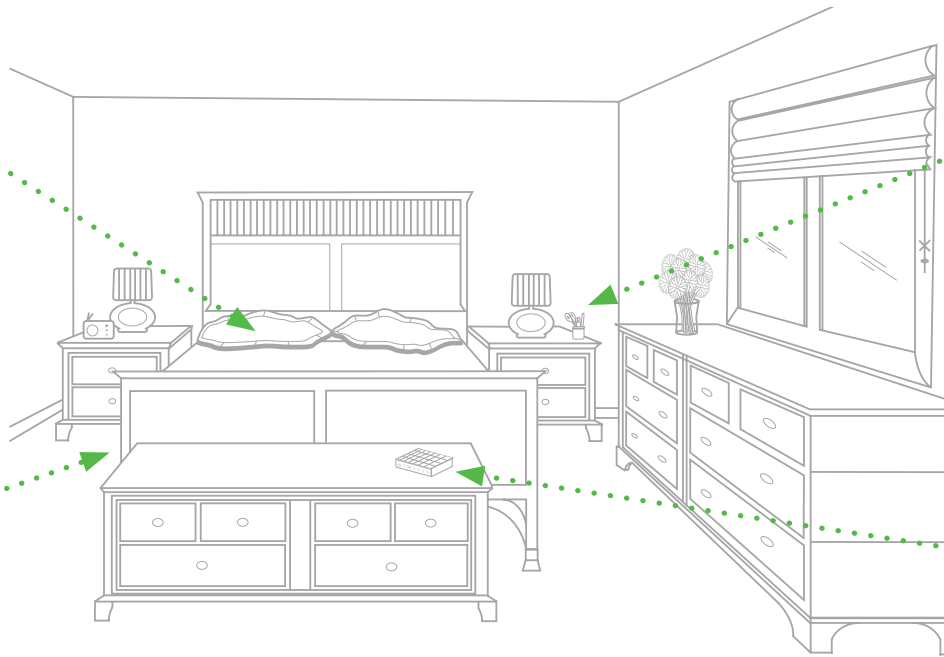
Pillow raisers



Easy grip scissors



Bed raisers

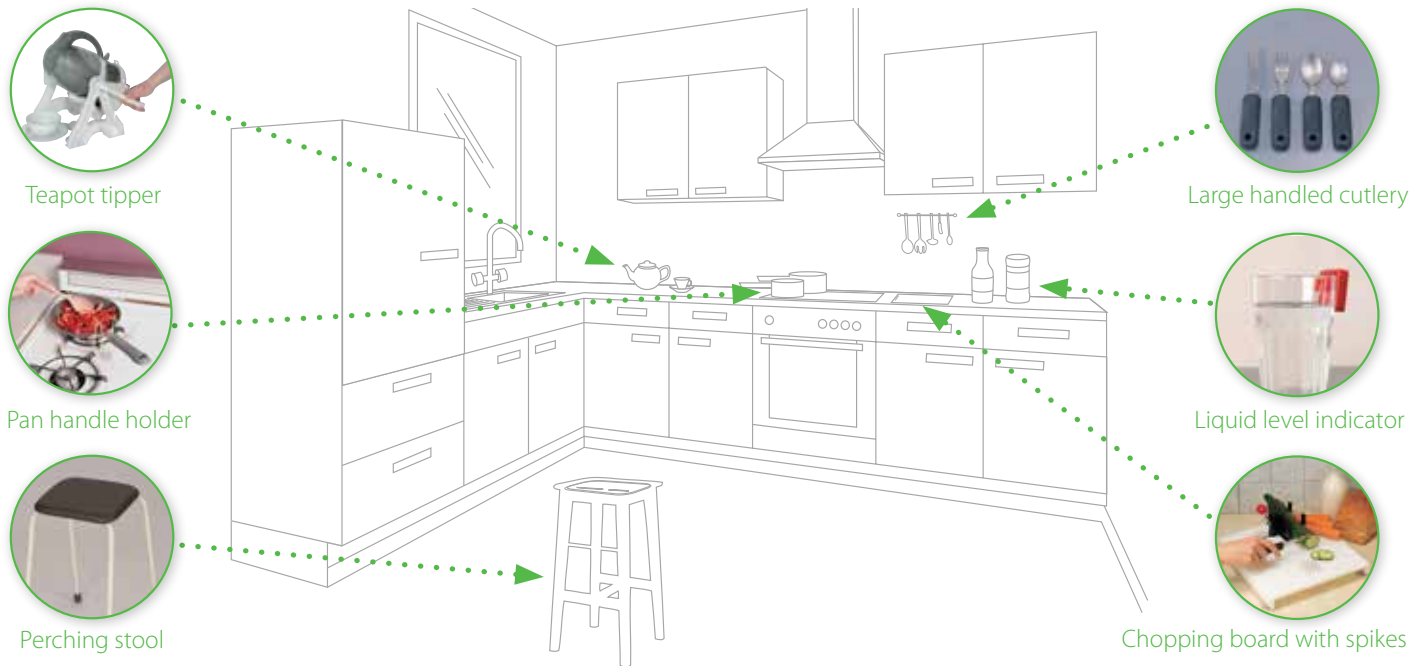


Pill dispenser

WHAT IS DIFFICULT FOR YOU?	SIMPLE SOLUTIONS	COMPLEX SOLUTIONS
GETTING IN AND OUT OF BED Standing up from sitting on the bed	<ul style="list-style-type: none"> • Learn new techniques for moving safely • Purchase a leg lifter • Raise the bed • Fit grab rails 	<ul style="list-style-type: none"> • Use a transfer board • Install a hospital bed • Buy an electric adjustable bed • Use a mobile hoist or a ceiling track hoist
SITTING UP IN BED, TURNING OR ROLLING OVER Bed is too soft Bedding is too heavy Nothing to lean on	<ul style="list-style-type: none"> • Change bedding • Learn new techniques for moving safely • Purchase a pillow raiser • Change the mattress 	<ul style="list-style-type: none"> • Buy a bed cradle/bed ladder • Use a bed lever • Buy a specialised mattress • Install a drop-down rail • Install an over-bed pole
KEEPING WARM IN BED Checking the safety of your electric blanket	<ul style="list-style-type: none"> • Buy a heavier duvet • Buy thermal clothing • Contact an electrician about any electrical blanket safety concerns 	
GETTING DRESSED Difficult to reach all of your body	<ul style="list-style-type: none"> • Learn new techniques for dressing • Buy simple gadgets: long-handled shoe horn; elastic shoe laces; dressing stick; button hook; stocking aids • Contact ■ (see key below) regarding an assessment of needs 	<ul style="list-style-type: none"> • Consider home support
CUTTING YOUR NAILS Can't reach your feet Hard to hold scissors	<ul style="list-style-type: none"> • Buy easy grip scissors 	<ul style="list-style-type: none"> • See a podiatrist
TAKING YOUR TABLETS Opening bottles Remembering to take tablets	<ul style="list-style-type: none"> • Ask your pharmacist for an easy to open bottle • Keep a note when you have taken a tablet 	<ul style="list-style-type: none"> • Get a pill dispenser with days and times on • Get an automatic pill dispenser • Ask someone to prompt you
READING THE TIME Seeing the clock to tell the time	<ul style="list-style-type: none"> • Buy a clock with larger numbers 	<ul style="list-style-type: none"> • Buy a clock that 'speaks'

■ Nottinghamshire County Council's Customer Service Centre on 0300 500 80 80.

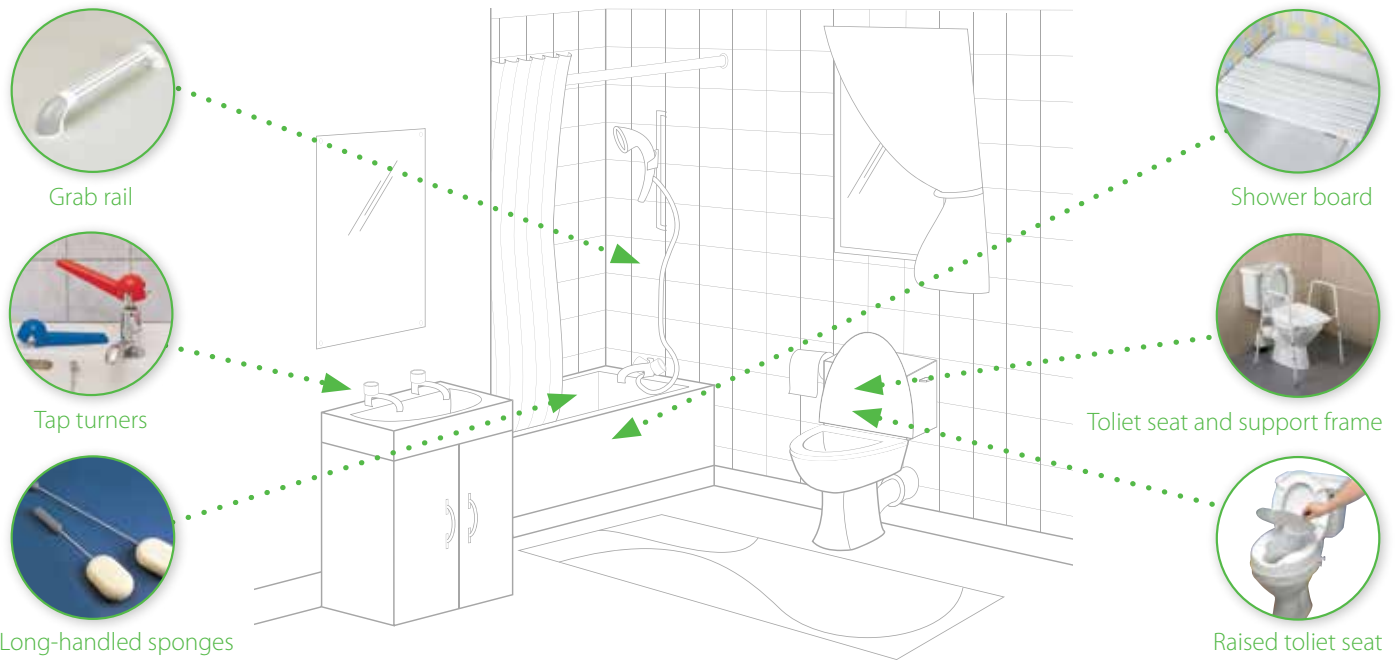
In the kitchen



WHAT IS DIFFICULT FOR YOU?	SIMPLE SOLUTIONS	COMPLEX SOLUTIONS
REACHING CUPBOARDS Cupboards are too high or low Cupboards are too deep Cupboard doors are too heavy	<ul style="list-style-type: none"> • Re-arrange things in cupboards/on surfaces • Buy an Easi-Reacher or Handi-Reacher 	<ul style="list-style-type: none"> • Alter the spring in the door closers • Lower or raise the cupboards
USING TAPS AND SWITCHES Taps or switches are too awkward Can't reach taps or switches	<ul style="list-style-type: none"> • Fit tap turners • Purchase Handi-Plugs 	<ul style="list-style-type: none"> • Change switches • Raise or reposition taps • Fit lever taps or new taps • Alter the kitchen
CUTTING, CHOPPING, PREPARING AND COOKING FOOD Work surface too high or low Hard to grip packets or jars Hard to grip a knife Pans or kettles are too heavy to lift	<ul style="list-style-type: none"> • Sit at a table • Consider kitchen gadgets including: knife with a thick handle; chopping board with spikes; pan handle holder; teapot tipper; lid gripper 	<ul style="list-style-type: none"> • Use a food processor • Purchase a perching/high stool • Buy a trolley • Change the height of the work surface • Make space under the work surface for your knees when sitting
MOVING AROUND THE KITCHEN Not enough space	<ul style="list-style-type: none"> • Re-organise the furniture 	<ul style="list-style-type: none"> • Review mobility equipment used • Adapt the kitchen • Consider the suitability of the kitchen
EATING AND DRINKING Cutlery is hard to grip Food/plate keeps slipping Can't carry food to table Can't lift cup	<ul style="list-style-type: none"> • Use large handled cutlery • Use a non-slip mat • Use a lightweight insulated cup • Use a cup with two handles • Contact ■ (see key below) regarding an assessment of needs 	<ul style="list-style-type: none"> • Buy a trolley • Consider home support for meal times
LAUNDRY AND IRONING Washing machine is too high or too low Putting up ironing board	<ul style="list-style-type: none"> • Install a wall-fixed ironing board 	<ul style="list-style-type: none"> • Raise/lower the washing machine • Change the washing machine or iron

■ Nottinghamshire County Council's Customer Service Centre on 0300 500 80 80.

In the bathroom



WHAT IS DIFFICULT FOR YOU?	SIMPLE SOLUTIONS	COMPLEX SOLUTIONS
WASHING HANDS, FACE AND BODY Turning the taps Standing at the basin Basin is too low or too high Can't reach all parts of the body	<ul style="list-style-type: none"> • Install tap turners • Purchase a long-handled sponge • Purchase a flannel strap • Contact ■ (see key below) regarding an assessment of needs 	<ul style="list-style-type: none"> • Install lever taps or new taps • Purchase a stool • Raise or lower basin • Consider home support
HAVING A BATH Turning the taps Stepping into the bath Risk of slipping in the bath Getting up out of the bath Washing your back	<ul style="list-style-type: none"> • Have a strip wash • Purchase a non-slip mat for the bath • Install tap turners • Buy a long-handled sponge • Use a half-step • Install grab rails • Use a bath board or bath seat 	<ul style="list-style-type: none"> • Install lever taps or new taps • Install a bath lift • Use a mobile hoist • Use a ceiling track hoist • Replace the bath with a shower • Convert the bathroom to a wet room • Consider home support
DRYING YOURSELF Floor is slippery Room is too cold Difficulty in drying your body	<ul style="list-style-type: none"> • Heat the bathroom safely • Use a non-slip mat • Purchase a towelling gown 	<ul style="list-style-type: none"> • Change the floor covering • Purchase a hot air body dryer
USING THE TOILET Toilet is too high or too low Difficult to clean yourself Flush lever is awkward Toilet is hard to get to	<ul style="list-style-type: none"> • Install a raised toilet seat • Use a combined toilet seat and support frame • Install a flush lever extension • Contact ■ (see key below) for a needs assessment 	<ul style="list-style-type: none"> • Review mobility equipment used • Adaptation to bathroom • Consider home support
CLEANING TEETH Gripping the toothbrush Standing at the basin	<ul style="list-style-type: none"> • Purchase a toothbrush gripper • Purchase an electric toothbrush • Use a stool 	
HAVING A SHOWER Difficult to stand for long shower Shower too high Shower controls are awkward Shower is slippery	<ul style="list-style-type: none"> • Have a strip wash • Use non-slip mats • Purchase a half-step • Contact ■ (see key below) for a needs assessment 	<ul style="list-style-type: none"> • Use a shower board • Use a shower chair or stool • Replace shower controls • Consider home support

■ Nottinghamshire County Council's Customer Service Centre on 0300 500 80 80.

Nottinghamshire Help Yourself

Nottinghamshire Help Yourself offers a comprehensive directory of services, ranging from local activities and groups, to information about adult social care and health services, for example, befriending, leisure services or home care.

Nottinghamshire Help Yourself can be used by anyone who wants to find out what is available in Nottinghamshire. You will find it useful if you:

- want to know about local activities, groups and what is available to help you or someone you know live as independently as possible;
- need to arrange care and support for yourself or someone you know;
- look after someone and want information about support for yourself; or
- work in a role that supports people to live in their own home.

Nottinghamshire Help Yourself can be used to:

- find out about what is available to help you live in your own home;



- search in one place for local groups, activities and support services;
- search by postcode, service or organisation;
- find out about provider accreditations;
- contact providers; and
- get information to help you stay healthy and active.

Nottinghamshire Help Yourself is available online:

www.nottshelpyourself.org.uk/ If you have any queries or want further information please email: nottshelpyourself@nottsc.gov.uk

Reablement (short-term home care support)

If you are struggling with everyday tasks at home (e.g. getting dressed or washed) or if you have had an accident or illness, our reablement team may be able to help you to regain skills and confidence so you can live as independently as possible. Reablement is a period of free short-term support and our team of staff can help you by:

- suggesting different ways of doing things;
- offering small items of equipment to make tasks easier; and
- telling you about other kinds of help you could get and different ways you can pay for it.

For more information visit: www.nottinghamshire.gov.uk/adultsocialcare or phone: **0300 500 80 80**.



For help and advice in
Nottinghamshire

0300 500 80 80

[www.nottinghamshire.gov.uk/
adultsocialcare](http://www.nottinghamshire.gov.uk/adultsocialcare)

Are you happy with your home care provider?

You have a choice!

Right at Home is one of the UK's most trusted care companies. Our local team of friendly, reliable carers specialise in assisting people who may need a helping hand with day-to-day tasks in their own home.



Our quality home care services include:

- Companionship
- Transportation and errands
- Meal preparation
- Light housekeeping
- Help with washing, dressing and personal care
- Medication reminders
- Post-operative support
- Holiday and respite cover
- Specialist dementia care
- Hospital to home



And much more...



To find out how we can help care for you or your family

Call 0115 8800 911
or visit rightathomeuk.com/nottingham

Making the difference to local people everyday

Home. There's no place like it.

Home Instead
SENIOR CARE
To us, it's personal.



Being able to live at home can be one of the most important comforts in an older person's life and because family and friends can't always be there, Home Instead Senior Care are here to help.

Our Caregivers take great pride in helping our clients to lead a more comfortable and confident life and offer a variety of services tailored to their individual needs.

From an hour a day, to full time care, our service is available 24 hours a day, seven days a week.

Personal Budgets, Direct Payments or Private Funding arrangements

“ The service provided was excellent and enabled me and my sister to know that our father was being properly cared for, particularly important as we both live some distance away. I would have no hesitation in recommending Home Instead.”

Mrs N – Ruddington

Services include:

- Companionship
- Light housekeeping
- Local transportation and errands
- Meal preparation
- Respite Support
- Convalescence support
- Shopping
- Personal care
- Specialist dementia and Alzheimer's care and much more...

Call us on: 0115 9226116 • 0115 9677303

Or visit: www.homeinstead.co.uk/nottingham



Registered with the
Care Quality Commission

National Care Provider
of the Year Award



Home care

If you are an older person or have a physical disability, learning disability or mental health needs, home care staff may be able to support you with daily activities such as getting in and out of bed, getting dressed and going to the toilet. They can also help with daily living or domestic tasks like laundry, shopping and some meal preparation.

If you have been ill or have just come out of hospital you may benefit from short-term home care support (see reablement section on page 13).

Home care services can be provided by:

- independent agencies;
- voluntary agencies; and
- individuals (paid for using personal budgets – explained further on pages 6-8).

The amount of care you receive weekly will depend on your assessed needs (worked out with us first, as described on pages 6-8) and will be delivered by a small team of carers. They must be specially trained in areas such as manual handling, first aid and food hygiene. Carers will also have had background checks with the Disclosure and Barring Service (DBS), previously known as

Criminal Records Bureau checks.

Some agencies offer a night sitting or even a live-in service and some are also registered as Nurses' Agencies, meaning they can provide registered nurses if needed.

All home care organisations that provide personal care must register with, and be inspected by, the Care Quality Commission (CQC), which ensures that quality standards are met by the service and that staff are appropriately trained to do their job. They have also started awarding quality ratings for providers and hope to have rated all adult social care providers by April 2016.

Phone: **0300 500 80 80** for more information about home care and the assessment process. See pages 21 to 28 for information about home care agencies in Nottinghamshire or visit:

www.nottinghamshire.gov.uk/adultsocialcare



Care and support centres

Our six care and support centres around the county provide short-term support and practical services to help people stay living independently at home.

Each centre is different. Being at the heart of their communities means they respond to local demand and

offer what local people need. Examples of services include specialist dementia care, respite care, assessment beds and a hospital discharge service.

For information about services available at your nearest care and support centre phone: **0300 500 80 80**.

Respite care and short stays

Many of you may have an informal carer living with you, or perhaps living nearby, who helps you on a regular basis. Carers sometimes need a break and this may be provided in several ways: you may wish to go into a care home for a week or two; you may arrange home-based respite care where another carer moves into your home;

you may arrange for family-based respite care where you move into another family's home for a short time.

The best option for you will depend on your needs, the urgency of the situation and personal choice and cost.

For more information about respite breaks contact us on: **0300 500 80 80**.

Intermediate care

This is a short-term, structured support service involving therapy and treatment designed to rehabilitate you and make you as independent as possible. It is a joint NHS and social care service that can be provided in your home or in a care home, depending on your circumstances. It is usually no more than six weeks and is frequently less.

You may be referred for intermediate care in a number of situations. For example, if you have finished hospital

treatment but cannot yet manage independently at home, intermediate care may enable you to get home faster.

Intermediate care is different to respite care. Respite care provides full-time care on a temporary basis. The aim of intermediate care is to help you to manage by yourself.

For more information about intermediate care contact us on: **0300 500 80 80**.

Telecare and Assistive Technology

Assistive Technology enables help to be requested in an emergency and may be useful to you if you feel vulnerable in your own home. Sensors around the home can automatically detect falls, fires, flooding, extreme temperatures and epileptic seizures, and can also tell if you have left your home at night-time, which can be useful if you have dementia.

If the sensors are triggered an alert is either sent to a carer in your home or, alternatively, can be sent (via a special box attached to your phone line) to trained operators at a 24-hour monitoring centre. Staff at the monitoring centre will try to contact you immediately to find out more about your situation, and, if necessary, can arrange a suitable response, such as calling an ambulance or asking a friend or relative to pop round and check that you are OK.

If you have problems with your memory, other Assistive Technology can be used to prompt you to do daily living tasks, such as reminding you to take your medication.

If you have dementia it is sometimes difficult for other people to know how well you are managing at home. We can use a system called Just Checking, which places

sensors around the home to detect your movements (there are no cameras). Information from Just Checking can help professionals and families to better understand how your dementia is affecting your independence, and ensures that the most appropriate care is provided to help you stay in your own home.

For more information visit: www.nottinghamshire.gov.uk/adultsocialcare or phone: **0300 500 80 80**.



Getting urgent support at home

Our 24-hour 'telecare' response service provides access to emergency home care support via a lifeline or the sensors mentioned above. Care staff will typically be at your home within 45 minutes of being requested by your lifeline monitoring centre.

The care staff can help with a wide range of occasional emergency issues, for example:

- assistance with toileting, including helping you, or a carer, to clean up following a toileting accident;
- guiding you safely back home if sensors have alerted that you have wandered at night into the immediate area outside your home;
- an emergency check-up visit if the lifeline monitoring centre cannot contact you following a call for help;

- helping you to take prescribed medication from an original pharmacy dispenser container; and
- a reassurance visit if you are still feeling very anxious following an alarm call to the lifeline monitoring centre.

Once the service has been set up, you can call for help 24-hours a day by using your lifeline pendant or, if you have telecare sensors, these can automatically call for help if, for example, they detect that you have fallen at home, there is a fire, or you have left your home during the night.

For more information about the costs of the service and how to have an assessment, phone: **0300 500 80 80**.



For help and advice in
Nottinghamshire

0300 500 80 80

[www.nottinghamshire.gov.uk/
adultsocialcare](http://www.nottinghamshire.gov.uk/adultsocialcare)

Shared Lives

Shared Lives aims to help people experience ordinary life with real relationships. It is a scheme where carers are trained to look after older people, people with physical disabilities, learning disabilities or mental health needs. The support is mainly provided in the carer's home.

It is a regulated service for people who:

- need support to live in the community;
- are over 18; or
- are eligible for social care services.

Shared Lives can be delivered in several different ways:

- sharing or living in a carer's home and getting support with everyday life. This can be for a short period of time or it may be for months or years;
- daytime support – where you have regular support sessions in the carer's home and out in the community;

and

- outreach support – where you live in your own home and the carer provides help where needed so you can live independently.

If you are eligible and Shared Lives is suitable for your needs, we will try to match you with a carer. This means you get a chance to find out about the carer and they can find out about you to make sure everyone is happy before any support starts.

If you are eligible for Shared Lives, you may have a personal budget to pay for support. You will have to pay towards your living costs if you live with a carer or stay with them in their home.

To find out more, contact us on: **0300 500 80 80** or visit: www.nottinghamshire.gov.uk/sharedlives

The Handy Persons Adaptation Service

The Handy Persons Adaptation Service provides the help and support you may need to keep safe and secure in your home with low-cost but high-quality essential adaptations and small practical jobs.

The service is available to Nottinghamshire residents aged 60 or over or who have a disability. The work is carried out by professional traders who have been approved by our Trading Standards officers.

The traders will carry out small jobs or minor adaptations to your home to reduce the risk of a fall or help you remain living independently. Adaptations range from fitting grab rails or half steps, to changing light bulbs and putting up shelves. Often very small jobs such as fixing loose carpets can prevent a fall and avoid a lot of unnecessary distress.

There is a nominal fee (£15 as of April 2015) and you can have adaptations carried out up to the value of £250 and up to four hours of handyperson work. There is also an opportunity to request a winter warmth check when you contact us which may enable the trader to offer low-cost insulation for your home.

For more information about the service or to access the scheme, please contact us on: **0300 500 80 80** or email: enquiries@nottsc.gov.uk



Care and support from small businesses

There are currently 60 small voluntary and community organisations across Nottinghamshire that we have helped to set up. These provide a range of preventative services to help people remain living independently in their own homes.

These small businesses offer home care, day services, sports and arts activities and community facilities.

Details of the organisations can be found at: www.nottshelpyourself.org.uk

Meals at Home – County Enterprise Foods

County Enterprise Foods provides an award-winning service, delivering delicious, great value, hot and frozen meals to homes across Nottinghamshire. The service offers a fantastic range of over 70 meals. Dinners not only taste great, they are nutritionally balanced and made with fresh ingredients and seasonal vegetables.

The hot food service is perfect for saving you time and trouble, with friendly and helpful drivers delivering a hot, healthy dinner direct to you, ready for you to enjoy.

You may prefer the frozen food service if you like to eat in the evening or don't want daily deliveries. Simply reheat in a microwave, steamer or conventional oven to enjoy a tasty and nutritious meal.

The helpful and friendly delivery team go the extra mile for customers, for example, plating your meal or bringing in the post. They provide free 'safe and well' checks when they visit and will call the office if you need help.

The service also offers home from hospital hampers. When you return from a stay in hospital, the last thing you need to worry about is shopping. Simply choose from the list of competitively priced, useful food items (e.g. tea, milk, butter) and they will be delivered to your home,

along with your meal. Delivery is free.

For more information please contact the team on: **01623 490015**, visit: www.countyenterprisefoods.co.uk or email: county.enterprisefoods@nottsc.gov.uk



They offer:

- delicious hot and frozen meals;
- tasty breakfasts, dinners and teas;
- meals for special diets;
- free 'safe and well' checks;
- home from hospital hampers; and
- free delivery.

Caring for carers

If you provide unpaid support to help an adult live at home you are a carer.

You might be caring for someone who is elderly and frail, has a long-term physical illness or disability, a learning disability, mental health issue or substance misuse problem.

Caring may mean that you help with practical tasks such as washing, dressing, taking medicines, shopping or laundry, provide emotional support, keep an eye on someone to make sure that they are safe or look after someone when they go out.

We work with the NHS and other organisations to provide support for carers. One of the services offered is a Carers' Emergency Card. This is a free small card that identifies you as a carer in an emergency situation. It will alert anyone finding the card to the fact that you are a carer and that someone you care for may require assistance. Once issued with a card, in the event of an emergency you will have peace of mind that there is a 24-hour system in place to ensure that the person you care for is looked after by the people that you choose. If you would like to apply for an emergency card please phone: **0300 500 80 80**.

We also support a scheme enabling the person that you care for to be looked after on a short-term basis in your home should you have an unforeseen or emergency

situation. Examples of when the service can be used are:

- you are too ill to provide care for a short period of time;
- you need to attend the funeral of a family member/friend; or
- you have a hospital appointment or are due to be admitted to hospital yourself.

There is no charge for this service.

Mansfield and Ashfield
Care UK Homecare: **0333 999 7628**

Bassetlaw
Comfort Call: **01909 768196**

Newark
Comfort Call: **01636 858675**

Broxtowe
Direct Health: **0115 896 4005**

Gedling
Agincare UK: **0115 920 4948**

Rushcliffe
Agincare UK: **0115 920 4948**

For more details visit:

www.nottinghamshire.gov.uk/adultsocialcare

We also pay the Carers Trust East Midlands to run the Nottinghamshire Carers Hub to provide support to carers. This includes free advice, information and support to all carers. The Carers Trust may be able to help you in a number of ways, for example telephone or face to face advice, information about local support groups, where you can meet other carers, and information about events and training courses.

For more information, please contact the Carers Trust on: **0115 962 8920**, email: hello@carerstrustem.org or visit: www.carerstrustem.org

If you need some help for the person that you care for, and/or you want a regular break from caring, the person that you care for will need an assessment.

If you regularly care for someone you are also entitled

to ask for a carer's assessment to look at the impact that caring has on you and to make sure that your own needs are addressed. For information regarding assessments phone us on: **0300 500 80 80**.

Caring may have an effect on you, for example your health, work, social life, finance, education, family and personal life. It is important that you know what help is available to help you balance your caring life with a 'life of your own'.



Extra care housing

We are committed to ensuring the provision of extra care housing for older people. Extra care housing is high-quality accommodation where you can live as independently as possible, with the reassurance that care staff are on-site 24-hours a day, seven days a week.

Extra care housing is an extension to traditional supported housing and each extra care scheme is different. However, each provides you with your own front door, as well as offering a range of flexible services and facilities on site that you could use, including communal areas.

Extra care housing offers:

Privacy, independence and security – you have the freedom to live your life how you want to live it, in your own home with your own front door. In addition to your own locked front door, many schemes also have a buzzer entry system.

Control and choice – you come and go as you please and keep complete control over your finances. You can rent, buy or part own your home depending on the scheme. There is a range of activities available for you to take part in if you decide to.

Support and flexibility – support is on hand to help you with those everyday tasks you might find difficult. Support is tailored to your own situation and changes according to your needs.

Stability – if your needs become greater, you don't have to move to get the support you need.

Sense of community – communal areas allow you to easily socialise with other residents and join in group activities.

Nine extra care schemes already exist in Nottinghamshire:

- Westmorland House in Harworth;
- Abbeygrove in Worksop;
- Vale View in Newark;
- Moorfield Court in Southwell;
- Hilton Grange in Edwalton;
- Cricketers Court in West Bridgford;
- Spring Meadows in Cotgrave;
- St Andrews in Gedling; and
- Armstrong Gardens in Bilsthorpe.

In addition to the existing schemes, we also plan to create further extra care schemes to increase the number of available places across the county, including Newark, Gedling, Mansfield, Ashfield, Ollerton, Retford and Eastwood. >>



>> Within each designated extra care housing scheme, we have nomination rights to a number of units of accommodation to be used as an alternative to residential care.

In order to be nominated to live in one of our extra care housing schemes, you will need to be assessed by the council as being eligible for social care support and

assessed as eligible for some degree of financial support towards the cost of your care. Residents will usually be aged 65 years and over, although in some circumstances, the council may consider younger people for extra care housing.

For further information, call us on: **0300 500 80 80** or visit: www.nottinghamshire.gov.uk/adultsocialcare



For help and advice in Nottinghamshire

0300 500 80 80

www.nottinghamshire.gov.uk/adultsocialcare

Mobility aids and equipment

You can find information on mobility aids, such as scooters and stair lifts, as well as advice on where to buy them, from the Disabilities Living Centre.

There is a comprehensive range of equipment on permanent display in the centre including beds, chairs, bathing and showering equipment, wheelchairs, scooters, stair lifts and small equipment.

There is also information on all the equipment on display and a comprehensive range of leaflets and brochures on many other items, facilities and services for people with disabilities.

An appointment is essential if you wish to visit, so please telephone the centre to arrange one.

Disabilities Living Centre

Middleton Court, Glaisdale Parkway, Glaisdale Drive West, Nottingham NG8 4GP

Open Monday to Friday

Telephone lines open: 9am to 3pm

Appointments: 9am to 3pm

Tel: **0115 985 5780**

For more information visit: www.dlcnotts.co.uk

You may also be able to find useful information through Nottinghamshire Help Yourself:

www.nottshelpyourself.org.uk

Building better care



THE GRAND CARE CENTRE

Greythorn Drive, West Bridgford NG2 7GG

Tel: **0115 828 4099**

www.newcarehomes.com

The Grand is a stunning purpose built care home offering a community where kindness, compassion, knowledge, skill and confidence combine to offer respectful and dignified care. It is a place that is embraced with the qualities that will meet the needs of elder people who are finding it increasingly difficult to live in their own home or have more complex needs and require specialist nursing or dementia care.

We welcome you to come in and meet the team who will take great pleasure in caring for the person who is dear to you.

For further information please call Dawn Collett, Reservations Manager.

Home care providers

All domiciliary agencies listed below are registered by the regulatory body, the Care Quality Commission (CQC). However, Nottinghamshire County Council has contracts

with certain providers with whom they trade regularly; these are indicated below.

Local Authority contracted domiciliary agencies

Ashfield and Mansfield

CARE UK HOMECARE

Sutton-in-Ashfield Tel: 0333 999 7628

OP YA

Bassetlaw and Newark

COMFORT CALL LTD

Newark Tel: 01636 858675 **OP D PD LDA MH SI YA AD**

Bassetlaw Tel: 01909 768196 **OP D PD LDA MH SI YA AD**

Broxtowe

DIRECT HEALTH

Nottingham Tel: 0115 896 4005

OP YA

Gedling and Rushcliffe

AGINCARE UK

Nottingham Tel: 0115 920 4948

OP PD SI YA

Other registered domiciliary agencies

Advertisers are highlighted

A-2-E

Mansfield Tel: 01623 821534

OP PD MH SI YA

ACCESS 2 CARE LTD

Nottingham Tel: 0115 859 6074

Advert page 22

OP D PD SI YA

ACE CARE 4 U LTD

New Basford Tel: 0115 970 5832

Advert page 24

OP D PD MH YA

AGE GRACEFULLY LTD

Tollhouse Hill Tel: 0115 929 8633

Advert page 24

OP D PD MH SI YA AD

AGINCARE UK

- CRICKETERS COURT EXTRA CARE SCHEME

Nottingham Tel: 0115 928 6862

OP D PD SI YA

AGINCARE UK

- HILTON GRANGE EXTRA CARE SCHEME

Nottingham Tel: 07525 868331

OP D PD SI YA

AGINCARE UK - NOTTS COUNTY

Nottingham Tel: 0115 920 4948

OP D PD LDA MH SI YA AD

AGINCARE UK

- SPRING MEADOW EXTRA CARE SCHEME

Nottingham Tel: 07525 868327

OP D PD SI YA

AGINCARE UK

- WOODVALE EXTRA CARE SCHEME

Nottingham Tel: 0115 928 6862

OP PD SI YA

ALBANY HOUSE DOMICILIARY CARE SERVICE

Nottingham Tel: 0116 257 6888 **OP D PD LDA MH SI YA**

ALLIED HEALTHCARE NOTTINGHAM

Nottingham Tel: 0115 975 0885

OP YA

ALWAYS THERE (NOTTINGHAM)

Nottingham Tel: 0115 962 6212 **OP D PD LDA MH SI YA AD**

AMG NURSING AND CARE SERVICES - NOTTINGHAM

Nottingham Tel: 0115 982 7121 **OP D PD LDA MH SI YA**

APT CARE LTD

Nottingham Tel: 0115 837 5115

OP D PD LDA MH SI YA AD

ARCHANGEL HOME CARE

Nottingham Tel: 0115 924 7116 **OP D PD LDA MH SI YA**

ASSISTED HOME LIVING

Retford Tel: 01777 817720

Advert page 28

OP D PD YA

AXIS RECRUITMENT LTD

Nottingham Tel: 0115 841 4505 **OP D PD LDA MH SI YA AD**

BE CARED FOR

Nottingham Tel: 0115 933 5043

OP

BEAUMOND HOUSE

Newark Tel: 01636 610556

OP YA

BELVOIR HOME CARE

Aslockton Tel: 01949 829307

Advert page 22

OP D PD MH SI YA

BESPOKE HEALTH & SOCIAL CARE

Nottingham Tel: 07718 424390 **OP D PD LDA MH SI YA AD**

BLUEBIRD CARE - NEWARK AND SHERWOOD

Newark Tel: 01636 673920 **Advert page 22 OP D PD SI YA**

BLUEBIRD CARE - RUSHCLIFFE & MELTON

Nottingham Tel: 0115 933 3114

Advert page 22

OP D PD LDA SI YA

Service User **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol and drugs



We provide Support At Home

Belvoir Home Care is an independent care provider. We provide a flexible service supporting people in their own home. We support people with Dementia, Alzheimer's Disease, Physical Disabilities, Mental Health problems and those who need End of Life Care.

- Companionship,
- Light Housekeeping,
- Meal Preparation,
- Personal Care,
- Transportation,
- Sit in Service and
- Night Care



Call: **01949 829307** lorraine@belvoirhomecare.co.uk
www.belvoirhomecare.co.uk

Access2Care

putting you first

Care Services for:

- OP** Older People
- YA** Young Adults
- PD** Physical Disabilities
- D** Dementia
- SI** Sensory Impairment
- Palliative Needs



Funding Options:

- SF** Self-Funding
- DP** Direct Payments
- TU** Top-Up Payments



Call: 0115 859 6074

Access2Care is a member of the United Kingdom Home Care Association (UKHCA) and is regulated by the Care Quality Commission (CQC).

www.access2care.co.uk

CARE VISITS AT HOME



Good Old Fashioned Service



We offer everything from:

- personal care
- getting up and helping to bed
- assisting with medication
- cleaning or social visits

Support for older people, adults with learning disabilities, physical disabilities and/or mental health issues.

For many people the questions about care don't arise until, suddenly, there is a need.

Call us on:

01159 333 114
Rushcliffe & Melton office

01636 673920
Newark & Sherwood and Bassetlaw office

www.bluebirdcare.co.uk

The highest standard of private home care in Nottinghamshire

At Access2Care we never forget the huge influence that a home care provider has on a person's day-to-day happiness and general well-being. We understand that when people choose Access2Care they are placing a level of trust in us that is often only reserved for relatives and friends, and there is no secret to the enviable level of care that we provide as a result – we simply do things in the way that you like them to be done.

Our initial care assessments are consultative and plans are tailored to your exact needs and preferences. No requirement is too picky and no concern is irrational – if it's important to you, it's very important to us.

We have experience providing a broad range of home care services and whether you are arranging care for the first time, or seeking to change provider, Access2Care is well placed to implement home care at short notice.

Call: 0115 859 6074
for a no-obligation care assessment

BRACKEN VILLA

Nottingham Tel: 01777 719720 **LDA YA**

CALVERTON SUPREME HOME CARE

Nottingham Tel: 0115 912 0196 **OP D PD MH SI YA**

CARE PROJECT LTD, THE

Southwell Tel: 01636 919946 **PD LDA SI YA**

CARE UK HOMECARE LTD NOTTINGHAM

Mansfield Tel: 0333 999 7628

CAREMARK (MANSFIELD) **Advert page 30**

Mansfield Tel: 01623 240228 **OP D PD LDA MH SI AD**

CATHERINE TAM AGENCY

Beeston Tel: 0115 968 3888 **PD LDA MH YA**

CHARLESWORTH 247 LTD

Worksop Tel: 01909 476722 **OP D PD MH SI YA**

CHESTNUT GRANGE

Newark Tel: 01636 821438 **OP LDA YA**

CHOICE HEALTHCARE (BASSETLAW) LTD

Retford Tel: 01777 854199 **OP D PD LDA MH SI YA AD**

CHOICE SUPPORT NOTTINGHAM

Nottingham Tel: 0115 978 9557 **LDA**

COMFORT CALL NOTTINGHAM

Nottingham Tel: 0115 975 1441 **OP D PD LDA MH SI YA AD**

COMPANY AND HELP AT HOME

Retford Tel: 01777 860886 **OP D PD LDA MH SI YA**

COMPASSION CARE LTD

Nottingham Tel: 0115 989 2610 **OP D YA**

COMPASSIONATE CARE TEAM LTD

Torworth Tel: 01777 816910 **OP D YA**
Nottingham Tel: 01777 816910 **OP D YA**

CONTRACT CARE AGENCY LTD

Nottingham Tel: 0115 979 1403 **OP D PD LDA MH YA AD**

CORNER HOUSE RESIDENTIAL CARE HOME

Mansfield Tel: 01623 657117 **PD LDA MH SI YA**

CROSSROADS CARE NORTH NOTTINGHAMSHIRE

Mansfield Tel: 01623 658535 **OP D PD LDA MH SI YA**

DIGNITY - INNOVA HOUSE

Mansfield Tel: 01623 626252 **OP D PD LDA MH SI YA**

DIRECT HEALTH

Nottingham Tel: 0115 924 7030 **OP D PD LDA MH SI YA AD**

DISABLED CHILDREN'S SUPPORT SERVICES

Mansfield Tel: 01623 433433 **PD LDA SI**

EBS INSTANT CARE

Nottingham Tel: 0115 984 1961 **OP D PD LDA MH SI YA**

EVRO RECRUIT

New Basford Tel: 0115 924 4634 **OP D PD LDA MH SI YA AD**

FIRST CARE DCA

Worksop Tel: 01909 479222 **OP D PD SI YA**

FIRST CLASS CARE LTD

Advert page 24
Underwood/ Nottingham Tel: 0115 8602258 **OP D PD LDA YA**

FITZROY SUPPORT AT HOME - NOTTINGHAMSHIRE

Nottingham Tel: 07964 332570 **OP D PD LDA MH SI YA AD**

FREE SPIRIT SUPPORT SERVICE

Retford Tel: 01777 712601 **OP D PD LDA SI YA**

FREEDOM CARE SERVICES

Advert page 24
Pleasley Tel: 01623 811776 **OP D YA**

FUTURE HOME CARE LTD - NOTTINGHAMSHIRE

Mansfield Tel: 01623 412710 **OP D PD LDA MH SI YA**

GC HOME CARE

Nottingham Tel: 0115 840 4624 **OP D PD MH**

GIVECARE (NOTTINGHAM)

Nottingham Tel: 0115 962 6682 **OP D PD LDA MH SI YA**

HATZFELD HOMECARE SERVICES

Newark Tel: 01636 700077 **OP D PD SI YA**

HOME INSTEAD SENIOR CARE

Advert page 14
Beeston Tel: 0115 922 6116 **OP D PD LDA SI YA**

HOME INSTEAD SENIOR CARE

Nottingham Tel: 01949 480480 **OP D PD LDA MH SI YA**

HUMAN SUPPORT GROUP, THE - NOTTINGHAM

Carlton Tel: 0115 936 1739 **OP D PD LDA MH SI YA AD**

INCLUSIVE CARE

Nottingham Tel: 07841 432170 **OP D PD MH SI YA**

IN OUT AND ABOUT COMMUNITY SUPPORT OFFICE

Nottingham Tel: 01949 837227 **OP PD LDA MH SI YA**

IVY HOUSE

Worksop Tel: 01909 500653 **LDA YA**

JACKDAWE HOME CARE TEAM

Nottingham Tel: 0115 876 4885 **OP D YA**

JIGSAW SUPPORT SCHEME

Mansfield Tel: 01623 662200 **OP D PD LDA MH SI YA AD**

JOY2CARE LTD

Gedling Tel: 07954 587187 **OP D YA**

JRH SUPPORT - HEAD OFFICE

Nottingham Tel: 0115 985 6000 **OP D PD LDA MH SI AD**

Service User **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol and drugs

KarVonEtte's Ltd

Care your needs are met

- We provide our service users with person centred planning, ensuring that their needs, wishes and preferences are met.
- Available 24 hours a day, 365 days a year.
- All staff have enhanced CRB, full background check and trained to the highest standard.
- Personal Care, washing, bathing, showering etc.
- Domestic duties, Laundry, ironing.
- Food preparation, feeding, shopping etc.
- Exercising and basic care of pets.
- Escort service, sittings, waking night service and sleep over service.
- Privately funded and direct payment service users accepted.



Regulated by the
Care Quality Commission



49 Wood Street, Mansfield, Nottinghamshire NG18 1QB
Tel: 01623 432388 Email: yvette@karvonettes.co.uk

Supporting Independence



Providing a **home support service** with a difference. We offer a culturally appropriate and **flexible** care service tailored to individual needs.

Our diverse team of well trained support workers can assist you with:

- ✓ **Personal Care** - Help with washing, bathing, dressing etc.
- ✓ **Social Care** - Assisting with outdoor activities such as doctor/hospital appointments, shopping etc.
- ✓ **Domestic Care** - Assist with cleaning, laundry, ironing etc.
- ✓ **Meal & Dietary Care** - Food preparation in your own home, assistance with feeding etc.

To discuss our full services and your personal requirements call us on:

0115 9705832
or email acecare@live.co.uk



www.acecare4u.org.uk



Caring about
you and your
independence

Call your local office for a free no obligation assessment of your homecare needs.

Oxfordshire (Didcot) branch
Tel: 01235 911010

Nottinghamshire/Derbyshire branch
Tel: 01623 811776

www.freedomcareservices.co.uk • enquiries@freedomcareservices.co.uk

Established for over 10 years



Age Gracefully Home Care Provider

- Domestic Support
- Personal Care • Respite Care
- Outings and Socialising
- Specialist Support
- Palliative Care • Dementia Care
- Physical Mobility
- Hospital discharge and re-enablement



Call us on: 0115 929 8633



"We Take
Good Care Of You
In Your Own Home!"

Tel: 0115 860 2258

www.firstclass-care.co.uk

At First Class Care we treat everyone as an individual, and put together a bespoke care package tailored to their needs. We know how important it is to stay within your own home, and we are here to help you achieve this. First Class Care realise how important it is to receive one-to-one care that is right for you.

- Our services include:**
- Residential Assessments
 - Short-Term Live In Care
 - Domestic Care
 - Social Care
 - Live In care/Companion Services
 - Compassionate Palliative Care
 - Respite Care
 - Holiday Care Help
 - Care Packages available from 30 minutes, 24/7, 365 days a year.

Contact Our Caring Support Team on Tel:- 0115 860 2258 or 07855490426

www.firstclass-care.co.uk
mandy@firstclass-care.co.uk



KNIGHTS Home Care Services Ltd

Your choice, your life, your care!

www.knightshomecare.co.uk

Unit C1, Control & Power Engineering Building, Fox Covert Way,
Misterton, Doncaster DN10 4ER



WHO WE ARE

Knights Home Care Services provides a range of services in your own home should you or a loved one need assistance with day to day living tasks

PERSONAL CARE

- Meal time assistance • Assisting with medication • Personal grooming • Bathing to maintain personal hygiene • Lavatory needs

SOCIAL INTERACTION

- Chatting and discussion • Social outings • The pursuit of hobbies and interests • Carer respite

MOBILITY

- Moving around the house • Getting in and out of bed • Daytime activities • Assisting with basic equipment

HOUSEHOLD TASKS

- Light household duties • Cooking meals • Washing and Ironing
- Pension collection • Prescription collection • Paying bills

HOW CAN YOU CONTACT US

Telephone: 01427 891483

Email: info@knightshomecare.co.uk

Or have a look at our website:

www.knightshomecare.co.uk



Knights Home Care Services Ltd are registered and inspected by the Care Quality Commission (CQC)

K & S HOME CARE SERVICES Nottingham Tel: 0115 900 3157	Advert page 26 OP D PD MH SI YA	NATIONWIDE CARE SERVICES LTD Nottingham Tel: 0115 960 7900	OP YA
KARVONETTES Mansfield Tel: 01623 432388	Advert page 24 OP D PD MH SI YA	NEW BROOK HOUSE Nottingham Tel: 0115 978 3742	OP D PD LDA MH SI YA
KCL CARE LTD Nottingham Tel: 0115 975 0102	OP D PD LDA MH SI YA	NEWARK REGIONAL OFFICE Newark Tel: 01636 611363	OP D PD LDA MH SI YA
KNIGHTS HOME CARE SERVICES LTD Doncaster Tel: 01427 891483	Advert page 24 OP D PD MH SI YA	NOTTINGHAM Nottingham Tel: 0115 815 7010	
KRYSTAL CARE LTD Nottingham Tel: 0115 978 4589	OP D PD SI	NOTTINGHAM ASSURED HOME CARE LTD Nottingham Tel: 07974 685094	OP D PD SI YA
LEDA HOMECARE Worksop Tel: 01909 512550	OP D PD MH SI	NOTTINGHAM CITY COUNCIL SHORT BREAKS TEAM Nottingham Tel: 0115 883 8280	PD LDA SI YA
LEYMAR HEALTHCARE New Ollerton Tel: 01623 360193	OP D PD MH SI YA	NOTTINGHAM DCA Mansfield Tel: 01623 709890	LDA
LMT SUPPORT CARE Nottingham Tel: 07786 376648	OP D PD LDA MH YA	NOTTINGHAM DOMICILIARY CARE SERVICE Nottingham Tel: 0116 247 3900	OP PD LDA MH SI YA
MAGNOLIA DOMICILIARY CARE LTD Lambley Tel: 07870 435611	Advert page 26 LDA	NOTTINGHAM MENCAP SHORT BREAKS SERVICE Sherwood Tel: 0115 920 4433	OP PD LDA YA
MANSFIELD I-CENTRE Mansfield Tel: 01623 600631	OP D PD LDA MH SI YA AD	NOTTINGHAM REGIONAL OFFICE Nottingham Tel: 0115 960 3264	OP D PD LDA MH SI YA
MANSFIELD REGIONAL OFFICE Mansfield Tel: 01623 651987	OP D PD LDA MH SI YA	NOTTINGHAM SUPPORTED LIVING (DCA) Nottingham Tel: 07793 616717	OP PD LDA MH SI YA
MEARS CARE Nottingham Tel: 0115 845 6595	OP D PD LDA MH SI YA AD	NOTTINGHAMSHIRE DOMICILIARY SERVICES Nottingham Tel: 0115 976 0441	LDA MH YA
MENCAP CENTRAL NOTTS SERVICES Worksop Tel: 0207 454 0454	LDA	NOTTS HOME CARE LTD Newark Tel: 01623 862491	OP D PD MH SI YA
MENCAP CHILDREN'S SERVICES (EAST MIDLANDS) Worksop Tel: 0808 808 1111	LDA	NURTURECARE LTD Nottingham Tel: 07842 074280	OP D PD LDA MH SI YA AD
MENCAP - NEWARK DOMICILIARY CARE AGENCY Worksop Tel: 01909 712255	LDA YA	NUTHALL ROAD - SUPPORTED LIVING Nottingham Tel: 0115 978 0587	YA
MENCAP NORTH NOTTS SERVICES Worksop Tel: 01909 712255	LDA	OLD VICARAGE, THE Doncaster Tel: 01302 745707	OP D YA
MENCAP PORTLAND AND OXBOROUGH SERVICES Nottingham Tel: 0115 847 9434	LDA	OLIVE CARE Nottingham Tel: 0115 923 3585	Advert page 26 OP D PD LDA MH SI YA AD
MOFOR SOLUTIONS LTD Nottingham Tel: 0115 837 2180	OP D PD LDA YA	PERCURRA West Bridgford Tel: 0844 544 7780	OP D PD LDA MH SI YA
MUMS HELPING HANDS LTD Nottingham Tel: 0115 942 0028	OP D PD LDA MH SI YA AD	PERSON 2 PERSON Nottingham Tel: 0115 850 4096	OP D PD LDA MH SI YA
NASH HEALTHCARE LTD Nottingham Tel: 07792 327334	OP D PD LDA MH YA	PERSONALISED SUPPORT TEAM - NOTTINGHAM Nottingham Tel: 0115 844 3692	OP D PD LDA MH SI YA

Service User **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol and drugs



HOME CARE SERVICES WE OFFER:

Our care is comprehensive and flexible with your needs in mind. Whatever your circumstances and individual needs, Olive Care can provide a solution.

- Personal care
- Domestic care
- Companionship
- Support with daily living
- Respite care
- Holiday/Excursion care
- Care from hospital

Tel: 01159 23 35 85

Email: info@olivecare.co.uk Web: www.olivecare.co.uk
Olive Care RTEC, Pavilion Road, West Bridgford, Nottingham NG2 5AW



T: 0115 9455 639

E: info@theservicetree.co.uk

W: www.theservicetree.co.uk



Our Services

- Personal Care
- Companionship Services
- Domestic Assistance
- Day Care
- Supported Outings
- Family Support
- SPECAL® Dementia Care
- Care Home Visiting and Outings

“ We don't stop laughing because we get old, we get old because we stop laughing. ”

The Service Tree is an established care provider delivering services to clients at home in Nottingham and Rushcliffe.

We assist our service-users with daily living, taking care of the tasks they may struggle with through illness, disability or simply a life-style change. We are very proud of our friendly, high-performing team, who are great carers and great company.

Our goal is to make your life easier so if you're not sure if we provide the service you are looking for, just ask...the answer is usually yes.



We are regulated by the CQC

Enterprise House, 14-16 Bridgford Road, West Bridgford NG2 6AB

Magnolia

105 Catfoot Lane, Lambley, Nottingham NG4 4QG
Email: support@magnoliacare.co.uk
Tel: 07870 435611 / 07811 318263

Magnolia



Our flexible services can be tailored to meet the needs of people who are in receipt of Direct Payments, Personalised Budgets or privately funded support. We provide services for people with learning and physical disabilities, the elderly and people with mental health problems who wish to live independently within their own homes.



www.magnoliacare.co.uk

Services we offer include:

- Personal care
- Assisting with finances
- Enabling independent living
- Shopping
- Enabling social opportunities
- Maintaining a tenancy
- Support with vocational activities
- Community support/Attending appointments
- Respite care
- Getting up or going to bed service
- Domestic help/cleaning
- Household tasks, DIY and garden maintenance

Regulated by the Care Quality Commission



K&S Home Care Services LTD

K&S Home Care Services Ltd are a friendly and qualified care service in the Nottingham area.

We are committed to providing that helping hand when life does not run just quite to plan; being there for you for something as simple as helping you get over an operation, to being your companion and carer on a more sustained basis. Whatever your situation we are here to help you get on with doing what you do best - living your life to the full.

SOME OF OUR SERVICES

- Personal help and support
- Light housework
- Preparing meals
- Collection of shopping, pensions and benefits
- Specialist care after an operation or illness
- Rapid response service



Please contact us for more information

Tel: 0115 9003157

Email: kshomecareservices@gmail.com

G8 Castle Cavendish Centre, Dorking Road, Nottingham, Nottinghamshire NG7 5PN

RADCLIFFE HOME HELP SERVICES



CARE IN THE COMMUNITY



WE HAVE NOW MERGED WITH OLIVE CARE BASED IN WEST BRIDGFORD



Telephone: 0115 9233585
www.olivecare.co.uk

PERSONALISED SUPPORT TEAM**- NORTH NOTTINGHAMSHIRE**Mansfield Tel: 0115 844 3541 **OP D PD LDA MH SI YA****PATHWAY CARE SOLUTIONS HEAD OFFICE**Nottingham Tel: 0115 947 3142 **LDA YA****POLKADOT CARE LTD**Nottingham Tel: 0115 959 6137 **OP D PD SI YA****PREMIER CARE**Mansfield Tel: 01623 810100 **OP****PRESTIGE NURSING - NOTTINGHAM**Nottingham Tel: 0115 845 6455 **OP D PD LDA MH SI YA AD****PRIDE & JOY HOMECARE LTD**Nottingham Tel: 07896 267842 **OP D PD LDA MH SI YA AD****PURE OFFICES**Nottingham Tel: 01623 726177 **OP PD LDA MH SI YA AD****RADCLIFFE HOME HELP SERVICES** Advert page 26Nottingham Tel: 0115 923 3585 **OP D PD MH SI YA****RADIS COMMUNITY CARE (MOORFIELD COURT)**Southwell Tel: 01636 814325 **OP****RADIS COMMUNITY CARE - NOTTINGHAM**Nottingham Tel: 0115 943 0604 **OP D PD LDA MH SI YA AD****RAINBOW CARE SERVICES LTD**Ruddington Tel: 0115 921 2555 **OP D PD MH SI****REACH HOUSING & ENABLEMENT SERVICES LTD**Sutton-in-Ashfield Tel: 01623 559299 **PD LDA MH SI YA AD****REAL LIVES COMMUNITY INTEREST COMPANY**Nottingham Tel: 07772 12769 **OP D PD LDA MH SI YA AD****REAL QUALITY CARE LTD**Nottingham Tel: 0115 854 7093 **OP D PD LDA MH SI YA****RED HOMES HOMECARE AGENCY**Newark Tel: 01636 673017 Advert page 78 **OP D YA****REDBANK HOUSE**Retford Tel: 01427 880716 **LDA YA****REDCLIFFE HOUSE**Mansfield Tel: 01623 635599 **LDA YA****RESPECTFUL CARE**Mansfield Tel: 01623 665011 **OP D PD LDA SI YA****RIGHT AT HOME (NOTTINGHAM SOUTH)**West Bridgford Tel: 0115 880 0911 Advert page 14 **OP D PD SI YA****SCOPE INCLUSION EAST MIDLANDS**Nottingham Tel: 0115 942 0060 **PD LDA YA****SERVICE TREE LTD, THE**Nottingham Tel: 0115 945 5639 Advert page 26 **OP D MH YA****SEVACARE**Nottingham Tel: 0115 924 4682 **OP D PD SI YA****SHERWOOD PRIME CARE LTD**Worksop Tel: 01909 512127 **OP D PD SI YA****SILVER SERVICE CARERS LTD**Newark Tel: 07906 115755 **OP D PD LDA MH SI YA AD****SJW - THE WRIGHT CARE**Worksop Tel: 01909 512163 **OP****SOCIAL CARE REABLEMENT**Nottingham Tel: 0115 876 3222 **YA****SOCIAL CARE SOLUTIONS (NOTTINGHAM OFFICE)**Hucknall Tel: 07788 576656 **OP D PD LDA MH SI YA AD****SOLO SUPPORT SERVICES LTD**Nottingham Tel: 0115 815 7010 Advert page 28 **OP PD SI YA****SPRINGS OF JOY CARE SOLUTION (SOJ) C.I.C**Nottingham Tel: 0115 960 8039 **OP YA****START SERVICE****- BROXTOWE, GEDLING AND RUSHCLIFFE LOCALITY**
Nottingham Tel: 0115 917 5800 **OP****- MANSFIELD AND ASHFIELD LOCALITY**Sutton-in-Ashfield Tel: 01623 434000 **OP****- NEWARK AND BASSETLAW LOCALITY**Newark Tel: 01623 520520 **OP****STERLING HOMECARE LTD**Newark Tel: 01636 679467 **OP D PD LDA MH SI YA****STERLING HOMECARE (SUTTON-IN-ASHFIELD)**Sutton In Ashfield Tel: 01623 858794 **OP D PD LDA MH YA AD****STERLING HOMECARE (WORKSOP)**Worksop Tel: 01909 768196 **OP D PD MH YA AD****SUTTON IN ASHFIELD**Ashfield Tel: 01623 512 850 **LDA****VICTORIA COTTAGE RESIDENTIAL HOME**Nottingham Tel: 0115 966 3375 **OP D****VITASCARE**Kirkby-in-Ashfield Tel: 07446 276581 **PD LDA MH SI YA****VOYAGE 1 LTD - 19-23 CHURCH STREET**Mansfield Tel: 01623 840000 **OP PD LDA SI YA**

Service User **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol and drugs

VOYAGE 1 LTD - 514 ARNOLD ROAD

Nottingham Tel: 0115 960 8091

OP PD LDA SI YA

WORKWISE HEALTHCARE LTD

Mansfield Tel: 01623 642853

OP D PD MH SI

VP COMMUNITY CARE

Nottingham Tel: 0870 850 4265

OP PD LDA MH SI YA AD

WESTMINSTER HOMECARE LTD

West Bridgford Tel: 0115 982 1331

OP D PD LDA MH SI YA AD

Service User **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol and drugs



"Independent living with bespoke care needs"

Assisted Home Living

Assisted Home Living introduces support workers enabling people who would perhaps have had to move into a nursing or residential home to remain in the comfort of their own homes.

Phone: 01777 817720 or 07545 525 626

Fax: 01777 817720

Email: Sarah@assistedhomeliving.co.uk

Address: 5 Laycock Avenue, Gringley On The Hill, Doncaster, South Yorkshire, DN10 4SA

Office hours are 09.00 - 17.00 Monday to Friday

Out of hours and weekend please ring 07545 525 626



ANYTHING IS POSSIBLE

...WHEN YOU HAVE REAL CHOICE & CONTROL

Inspired by our own personal experiences we're here to help those who've chosen self-directed support manage their **Personal [Health] Budget**.

- | | |
|--|--|
| <p>1. Third Party Arrangement</p> <ul style="list-style-type: none"> ▪ An alternative to traditional domiciliary services. We employ on your behalf the staff you choose. ▪ Your budget is held in a separate client deposit account, you make the decisions on how it is used to achieve your agreed outcomes. | <p>2. Direct Payment Support Service</p> <ul style="list-style-type: none"> ▪ You employ your own Personal Assistants with our knowledge and expertise to support you with your legal obligations. ▪ We have a range of services, which include support with recruitment, payroll and accounts. |
|--|--|

Contact us to discuss which option is best suited to you.

T: 0115 815 7010

E: info@solosupportservices.co.uk

For more information visit www.solosupportservices.co.uk



Life enhancing domestic care and support is closer than you think

We are a trusted provider of care services to elderly and vulnerable clients within their own homes, also supporting their friends and family too.

Ours is a person-centred service that encourages independence, dignity and self-respect.



For full details of our services please call **01509 260001** or visit www.surecareharnwood.co.uk

NEED HELP IN YOUR SEARCH FOR CARE?

www.carechoices.co.uk

developed by the publisher of this Directory

With so many providers to choose from, where do you start? www.carechoices.co.uk can help.

- search care providers quickly and easily
- search by postcode/town and care type
- Information on standards of care
- links to the latest inspection reports
- extra information, photos and direct website links for hundreds of providers
- request a brochure
- checklists to take with you when you visit

Alternatively, call our friendly helpline team on **0800 389 2077** to talk to someone directly.

These questions may be useful when considering using the services of a home care (domiciliary) provider to help you build up a picture of how your care needs will be met in your own home.

Agency 1 £ p/h

Agency 2 £ p/h

Agency 3 £ p/h

Agencies

What experience does the agency have in your particular field of need? Can they supply references for you to check?

1

2

3

How long has the agency been operating?

1

2

3

How many care workers would the agency assign to care for you and would you see the same one every day? If not, how does the staff rota operate and what happens if your carer goes on holiday or is sick? Will you be notified in advance that a different care worker will be attending?

1

2

3

How can you contact the agency in an emergency or outside office hours?

1

2

3

How hard or easy would it be to make a complaint and how are things then put right?

1

2

3

Home care agencies providing personal care must be registered and inspected by the Care Quality Commission. Ask to see a copy of their registration certificate.

1

2

3

If this is a private contract ask for a copy of the agency's contract terms and read these carefully with someone you trust. Get as much help as you can going over it and ask any questions you may have before signing anything. The Citizens Advice Bureau or Age UK could help with this.

1

2

3

Care Workers

You should expect your personal preferences, dignity and privacy to be respected. Discuss this with the agency and ask how the most suitable care workers for your particular care are chosen. Can you talk to them before deciding?

1

2

3

Care workers should be fully trained or be in ongoing training. Ask the agency about their policies on this.

1

2

3

You will have a care plan drawn up by the agency which the care workers will work to. Ask how often this plan will be reviewed by the agency.

1

2

3

Care workers must be checked with the Disclosure and Barring Service (DBS) and have a criminal records disclosure – make sure this is the case.

1

2

3

Paying

If your care is arranged privately you should check the fee rates charged and be clear exactly what the payment you make covers. It may be helpful to get a quote from at least three agencies prior to making your decision and to agree

a final price with the agency.

1

2

3



Personalised care in your home

Caremark is the new name in quality home care in the Mansfield area. Owned and managed by Sarah Massey, who has over 20 years of care experience in the local area, we understand that 'home is where the heart is'. Most people would prefer to stay in familiar surroundings and remain independent, rather than consider residential care.



If you feel some extra support would be welcome, we can provide professional, friendly carers to meet your needs, whatever your requirements. Our service is flexible and can be organised to suit you and your budget, if you require extra support for yourself, for your family, or are looking for respite care, please contact our friendly team today.

Some of the ways we can support you:

- Support with daily routines: personal hygiene, light housework and dog walking
- Shopping and meal preparation
- Companionship
- Respite services
- Overnight support and live-in care
- Socialising and leisure activities
- Attending appointments & events



The mark of excellent care

01623 240 228

mansfield@caremark.co.uk

www.caremark.co.uk/mansfield

Care home options

Types of homes

There are two types of care home:

Care homes (personal care only)

If you can no longer live independently at home and need greater security and care, subject to a care and support assessment, a care home offering personal care only may be the best option. Personal care includes bathing, feeding, dressing and help with moving but it must be paid for if your capital/savings exceed £23,250. See page 42 for more information on paying for your care.

Care homes with nursing

If you think you may need nursing care in a home, you will need to be visited by a social worker or a care manager to work out what care you will need. This visit might be in your own home, or in hospital if you've been ill, or in a care home. You will be fully involved in planning your care needs.

If a care home providing nursing care is the best solution

for you the social worker will give you information to help you find a home which meets your care requirements. The nursing care part of your fees is paid by the NHS to the home directly; the current amount is £112.00 per week for the lower rate and £154.14 per week for the higher rate. These figures may change after April 2016. You can check with us after this date.



Availability in care homes

Our online database shows the number of beds in each care home in Nottinghamshire as well as the number vacant at any one time. The database also includes

contact details and our quality rating for each home. Visit: www.nottinghamshire.gov.uk/findacarehome or phone us on: **0300 500 80 80**.

Quality in care homes

Our staff visit each care home for older people every year and assess a range of factors including how effectively managed the service is, how people are protected, if they are supported by competent staff, what their experience is like and if care is focused around the person's needs and wishes.

Judgements on each standard are made following collection of evidence and are used to give each home a quality rating, with band one being the lowest quality and

band five the highest. For further information on quality banded fee rates, see page 44.



What support can you expect from a care home?

All care homes provide help with personal care and accommodation with staff available 24-hours a day, seven days a week, including bank holidays. Some care homes also

provide nursing and are known as 'care homes with nursing'. These homes must employ qualified nursing staff so that they can give this type of care for 24-hours each day.

What happens if my relative lives outside Nottinghamshire?

If you are considering choosing a home outside Nottinghamshire because it is nearer to your family or friends then you may still be eligible for financial assistance with

your placement. Your social worker will be able to give you more information about this.



MANSFIELD MANOR

30-32 CHESTERFIELD ROAD SOUTH, MANSFIELD NG19 7AD

DUAL REGISTERED CARE HOME



A prestigious purpose built care home offering luxurious standards of accommodation and facilities, particularly for social services funded residents as well as private residents.

Distinctive features:

- Highest quality nursing, residential and dementia care
- Achieved high quality care rating by Social Services and the Care commission
- 36 en-suite and companion bedrooms
- 4 lounges! Dining rooms
- Specially adapted shower and bathrooms
- Tranquil and safe gardens
- Town centre location close to all amenities
- Highly trained staff with Registered General Nurse as manager
- Active daily proprietor involvement
- Excellent selection of home cooked meals and family atmosphere
- Access to Internet café including laptop to surf the web in the privacy of your room
- Room decorated and carpeted according to your choice before you move in.

We warmly welcome visitors to come and enjoy a cup of tea/coffee with our staff and residents at any time.

Tel: 01623 631163

www.mansfieldmanor.co.uk
info@mansfieldmanor.co.uk

Home 1 £ p/w
Home 2 £ p/w
Home 3 £ p/w

First impressions 1 2 3

- Were you met when you first arrived? ○○○
- Do staff seem warm, friendly and polite? ○○○
- Do the residents seem happy, active and sociable? ○○○
- Does the home feel homely and welcoming? ○○○
- Is the home fresh, clean and comfortably furnished? ○○○

Fees 1 2 3

- How much are the fees? (insert above) ○○○
- Do the fees cover all the services available? ○○○
- Under what circumstances will the fees alter – e.g. annually or according to increasing needs? ○○○
- Is the notice to terminate reasonable? ○○○

Transport 1 2 3

- Is the home easy to get to for relatives and friends? ○○○
- Does the home provide its own transport? ○○○

Accommodation 1 2 3

- Are there multiple day/activity rooms to allow residents choice and space to move around? ○○○
- Are bedrooms single or shared? Is there a choice? ○○○
- Can you decorate and re-arrange your room to suit yourself? ○○○
- Can you bring your own furniture and TV? ○○○
- Is there a call system for emergencies? ○○○
- Are there enough sockets in your room? ○○○
- Can you control the heating in your room? ○○○
- Can you lock your room and is there a secure place for valuables? ○○○
- Is there a separate dining room? Bar? ○○○
- Are there toilet facilities within easy reach of the communal facilities? ○○○
- Are there both showers and baths? ○○○
- Are bathrooms adapted to help people in and out of the bath? ○○○

Accessibility 1 2 3

- Does the home have the right adaptations and equipment to meet your needs? ○○○
- Are all areas accessible for wheelchair users? ○○○
- Does the home have extra wheelchairs and walking aids? ○○○
- Is there adequate provision for people with sight or hearing difficulties? ○○○

Life within the home 1 2 3

- Does the home ensure that an individual care plan is in place for every resident? ○○○
- How does the home make sure that the care plan is put into practice? ○○○
- What arrangements are in place to ensure that residents' health needs are met? Is there a local GP practice that the home uses? ○○○
- Are there any rules and restrictions (e.g. going out, time of return etc)? ○○○
- Can you choose when to get up and retire every day? ○○○

- How are residents involved in decisions about life in the home? ○○○
- Is there a telephone where you can make and take calls in private and comfort? ○○○
- Is alcohol served or permitted? ○○○
- Are there smoking and non-smoking areas? ○○○
- Are there arrangements for religious observance? ○○○
- Can you handle your own money? If not, what arrangements are in place? ○○○
- Does a hairdresser/chiroprapist visit? ○○○
- Are residents accompanied on visits to the GP or hospital? ○○○
- Are pets or visiting pets allowed? ○○○

Staff 1 2 3

- Do the staff appear clean, cheerful and respectful? ○○○
- Do the staff talk to residents and how do they talk to them? ○○○
- Are the staff formally trained? ○○○
- Is there an adequate number of staff on day and night? ○○○

Visitors 1 2 3

- Are visitors welcome at all times? ○○○
- Is there somewhere to see them in private? ○○○
- May your visitors join you at meals? ○○○
- Can your visitors stay overnight? ○○○

Catering 1 2 3

- Do you have a choice about meals? ○○○
- Is the food varied and interesting? ○○○
- Can the home cater for your dietary needs? ○○○
- Can you have snacks or drinks any time of the day or night? ○○○
- Can you eat in your room? ○○○

Activities 1 2 3

- Can you continue to pursue your hobbies and interests? ○○○
- Are there organised activities and entertainment? ○○○
- Are outings and holidays arranged? ○○○
- How much do they cost? £..... £..... £.....
- Are escorts available if necessary? ○○○
- Is a library service available? ○○○
- Can you have your own flower bed or help in the garden? ○○○
- Can you stay in your own room if you want to? ○○○
- Is there any involvement with the local community e.g. schools/retailers/garden centres/volunteers visiting? ○○○

Gardens 1 2 3

- Are the grounds/gardens attractive? ○○○
- Are all areas safe and accessible? ○○○
- Is there somewhere to sit? ○○○
- Are they quiet? ○○○

Contract terms 1 2 3

- Can you retain your own room if away? ○○○
- Can you have a short-stay or trial period? ○○○
- Will you be given a statement of terms on admission? ○○○
- Are all procedures, such as complaints, clearly spelt-out? ○○○
- What notice periods exist? ○○○

What happens when a council has suspended its agreement with a care home/care home with nursing?

While all care homes/care homes with nursing are required to be registered with the Care Quality Commission, if we are contributing to your care fees, then we will have a separate agreement in place with the care home/care home with nursing. This is to ensure that the council and the management staff at the care home/care home with nursing know exactly what is required from the service. Occasionally it may be necessary to temporarily suspend placements into a care home/care home with nursing. This may be done for a variety of reasons:

- to look into information of concern;
- to allow time for improvements to be made; or

- to take the pressure off a care home/care home with nursing if they are experiencing a problem.

Sometimes a care home/care home with nursing may voluntarily cease admitting people so that staff can make necessary improvements.

While a placement suspension is in place no further Council-funded placements will be made to the care home/care home with nursing and alternative placements should be sought.

If there are serious concerns about a care home/care home with nursing, residents and/or their relatives/carers will be informed of the situation.

Specialist dementia care

Usually, the initial point of contact to access care services is either your GP (for health care solutions) or you can contact us (for most other services) on: **0300 500 80 80**. Your GP, as well as discussing your concerns, will be able to refer you to the Memory Assessment Service in your area. This service will be able to carry out a series of tests which will establish the nature of your condition and advise whether treatment is possible. You will also be able to access the Dementia Advice and Support Service who can give advice about dementia and local support services.

If the time comes when remaining at home is no

longer possible, the benefits of moving into a care home may need to be considered. Differentiating one care home from another can be difficult but the quality and quantity of staff training is especially important, along with the turnover of staff as continuity of relationships in this type of home is critical. Advice on choosing care homes for people with dementia is available from the Alzheimer's Society: www.alzheimers.org.uk or Age UK: www.ageuk.org.uk and a checklist is included on page 36 to help when making your decision. We have also introduced the Dementia Quality Mark to recognise high quality dementia care in care homes.

Dementia Quality Mark

The Dementia Quality Mark (DQM) was introduced to set the standard for high quality dementia care in older people's care homes within Nottinghamshire. It is awarded to care homes that have evidenced that they provide a high standard of care to people living with dementia.

Criteria that the homes have to meet to achieve the award include having a positive attitude towards dementia, allowing people with dementia emotional and

physical freedom, ensuring daily routines are carried out, and providing meaningful activities and stimulation.

Care homes that are awarded the DQM receive an enhanced payment for residents living with dementia identified as requiring more specialist care.

More information about the DQM and a list of current homes with the DQM can be found at:

www.nottinghamshire.gov.uk/caring/adultsocialcare/somewheretolive/care-homes/dementiaqualitymark/

End of life care

Enabling residents to die in comfort and with dignity is a core function of care homes. When choosing a care home you should consider their end of life care philosophy and policies. It is essential that you and your relatives discuss and plan for your wishes as you near the end of your life.

Care homes should have an open approach to end of life care and should initiate conversation with you and your family to ensure your needs and wishes are discussed and planned for. An end of life care plan including a full assessment of your needs and wishes as you approach

the end of life is vital to establish your preferences and choices. Many homes will include your end of life wishes as part of your care plan as this will help ensure your needs and wishes are effectively co-ordinated. Without proper assessment and care planning your needs may not be met and your end of life care preferences may not be achieved.

Care homes should work with your GP to ensure your medical needs are met as you approach the end of your life. Good planning for all your needs should mean that you can (if you choose) remain in your care home in your last days and not have to be admitted to hospital.

All health and social care staff must be trained in communication regarding end of life care and will be trained accordingly in assessing the needs of clients and carers. Programmes available include:

The Gold Standards Framework (GSF)

This can be used in various settings, for example hospitals, primary care and care homes, to improve the co-ordination and communication between different organisations involved in providing care for someone near the end of their life. Nine care homes in Nottinghamshire have already achieved GSF accreditation and others are

working towards achieving it over the next year. 53 care homes are currently doing the GSF Foundation Level in Care Homes course.

Preferred Priorities for Care (PPC)

This document is designed to help people prepare for the future and gives them an opportunity to think about, talk about and write down their preferences and priorities for care at the end of life.

Despite general reluctance to broach this sensitive area, it is worthwhile asking potential care providers their approach to end of life care and whether they are following national strategies for implementing best practice within their home.

For more information about end of life care, and for links to other useful organisations, visit:

www.nottinghamshire.gov.uk

For information about what to do following a bereavement, see our Bereavement Guide at:

www.nottinghamshire.gov.uk/registrars or phone: **0300 500 80 80** to request a copy.

Laughter is the Best Medicine



Alder House & Acer Court | Residential & Dementia Care Home | Nuthall | Nottingham

Newly opened Alder House Care Home has already won rave reviews for the quality of its care and elegant hotel style décor and services. Alongside its sister home, Acer Court, which sits right next door, residents are enjoying excellent personal care, delivered by friendly welcoming staff, in vibrant and stimulating surroundings.

- Hotel style living in luxury surroundings
- Elegant rooms, all with en-suites and TV
- High quality restaurant service, with private dining for special occasions
- Freshly baked cakes, pastries, fruit, and drinks available throughout the day
- Cinema, library, and tea shop
- Daily activities, sharing experiences, making new friends
- Landscaped gardens, sunny patios, organic vegetable beds
- Friendly, caring, highly qualified staff
- Hair and aromatherapy salon

Owned and managed by award winning provider Avery Healthcare, click to see what home life is like in our homes by visiting our Facebook pages;

www.facebook.com/AlderHouseCare www.facebook.com/AcerCourtCareHome



Alder House & Acer Court | 172 Nottingham Road | Nuthall | Nottingham | NG8 6AX | Tel. 0115 975 8110 | www.averyhealthcare.co.uk

Home 1

Home 2

Home 3

£ p/w
£ p/w
£ p/w

Residents The best indication of a good home is that the residents appear happy and responsive. Are the residents: **1 2 3**

- Involved in activities or chatting?
- Clean and comfortably dressed?
- Encouraged to do as much for themselves as they can?
- Do they seem alert and interested?
- Do they talk to you as you walk round?

Access Check whether: **1 2 3**

- The corridors and toilets are wide enough for a walking frame or wheelchair.
- Toilets and baths are suitably adapted.
- There are ramps or a lift.
- There is adequate signage and cues for different parts of the home.

Bedrooms Can the person with dementia have a single room? Check whether: **1 2 3**

- Residents are encouraged to bring in some of their own furniture and possessions.
- The bedrooms are bright and pleasant.
- Residents can go to their rooms when they wish to be alone.
- Residents are able to keep pets in their room or in other areas of the home.
- Staff respect the right to privacy and knock on bedroom doors.

Toilets Check whether: **1 2 3**

- There are enough toilets within easy reach
- Staff are trained to spot the signs when someone needs to go to the toilet
- Staff are cheerful and tactful about helping residents use the toilet and changing them if they are incontinent

Living areas Are chairs arranged in groups to encourage talking rather than placed in a circle round the outside of the room? Is there: **1 2 3**

- A TV or radio left on when no one is watching or listening?
- More than one room where residents can sit or where they can be quiet or see visitors?
- A garden where residents can walk safely?

Health **1 2 3**

- Which doctor or doctors can residents see?
- Can a relative stay overnight if a resident is unwell?
- What happens if residents need help with taking medication?

- Are changes in medication discussed with the family carers?

Visitors Make sure that there is good communication between relatives and the home and that phone calls and visits are encouraged. **1 2 3**

- Are visitors encouraged to take residents out or join them for a meal?
- Are relatives involved in care planning and the general life of the home?

Activities Residents should be stimulated without feeling stressed. Are: **1 2 3**

- There opportunities for residents to help staff with small tasks if they wish?
- The activities individualised and peoples' likes/dislikes recorded in care plans?
- Activities available each day or are residents left to sit in front of the TV?
- Reminiscence activities available?
- Residents able to compile memory boxes?

Staff It is important to note whether staff seem friendly and caring towards residents and whether they treat residents with respect. Do they: **1 2 3**

- Have any training and experience in dementia care?
- Make time to sit and chat to residents or talk to them while they are helping them with physical tasks such as washing and dressing?
- Know about residents' backgrounds, habits and interests?
- Ensure that the person with dementia has a member of staff particularly responsible for their care?
- Make sure there is a member of staff you can talk to about your own worries about the person with dementia?

Manager/head of home A manager who is caring as well as efficient can make all the difference to a home. Does the manager: **1 2 3**

- Have a friendly manner with staff and residents?
- Answer your questions openly and seem to understand your concerns?
- Have a knowledge of dementia and can they deal with difficulties that may arise in an understanding way?
- Ensure that each resident has a care plan and their needs are regularly reviewed?
- Consult the family carer about the care plan and about any proposed changes to it?

Support for younger disabled adults

There is a wide range of support available from the community for people with physical disabilities, long-term illness, learning disabilities, Asperger's, mental health difficulties and/or sensory impairment. Nottinghamshire Help Yourself (www.nottshelpyourself.org.uk) is a good source of information about available support and services in the community.

We provide a range of support for people with a disability or mental health difficulty who are eligible for social care support. For many services you will need a care and support assessment (discussed on page 6) to determine if you are eligible.

Services include: support to live at home; equipment and adaptations; assistive technology, occupational

therapy and short-term support to promote independence.

You can contact us yourself or get someone else (such as a family member, friend or GP) to do this for you.

Tel: **0300 500 80 80**

Email: enquiries@nottsc.gov.uk



Housing options for younger adults

We aim to help people maintain their independence. If you are eligible for social care services then we can help you to consider which housing and support option might best meet your needs.

You may wish to continue living in your own home and we may be able to help you do this. We could arrange for someone to visit you and help you develop or maintain your independent living skills or we could assess your home for possible adaptations.

If your assessment indicates that you need a more supported environment one of our supported living schemes may meet your needs. This is available to people with a range of needs and offers a level of independence and the chance to meet other people in similar situations. People with high levels of needs can live in supported living with appropriate support in place. Staff will be available at agreed times and will work with you to help you do the things that are important to you.

People living in supported living usually have their own tenancy and have access to a whole range of welfare benefits. There are schemes in every district of the county.

These will be either a block of flats or a shared house.

If you are unable to remain at home or move into supported living then in exceptional cases you may need to consider residential care on either a short-term or long-term basis. We will contribute if you are eligible and agree the care home that best meets your needs. If your chosen home costs more than local authority limits, you may get some help but you must pay the rest. Paying for care is discussed on page 42.





SUTTON LODGE



ashmere

Sutton Lodge is a purpose built, modern home offering dementia and residential care within an environment that offers well-being, friendship, security and quality care for all residents.

The home offers excellent facilities with en-suite bedrooms, comfortable lounges, a dining room and an on-site hairdressing salon. It provides the specialist care required by people with Dementia needs.

We would welcome you for a visit and are more than happy to help with all lengths of stay from temporary care right through to a long term care package.

- Specialist dementia care facilities
- En-suite bedrooms
- Friendly, comfortable & caring
- On-site hydrotherapy pool, sauna and jacuzzi
- Internet lounges & extra large movie projection screens
- On-site catering & laundry
- Front and rear gardens
- Pet friendly

Ashmere Care Centre Priestsic Road, Sutton in Ashfield, NG17 2AH
T: 01623 441130 www.ashmere.co.uk



Mental health

If you are experiencing mental health difficulties it is important that you seek help from your GP. Where appropriate, your GP will be able to refer you to a number of different health services to meet your needs, including referrals to psychological therapies and specialist psychiatric assessments.

In each locality there are social care teams that work closely with health professionals to support people experiencing mental health difficulties. The social care

staff can offer a reablement service (short-term support to promote independence) as well as care and support assessments that may lead to the provision of a personal budget. Where a person is eligible for a personal budget, they will be supported in using this to access a range of services to support them to live independently. These services will be reviewed regularly to ensure they continue to support independence.

Essential information

Nottinghamshire Care Association

Nottinghamshire Care Association (NCA) is a not-for-profit organisation that represents a wide range of independent care homes throughout Nottinghamshire and Nottingham City.



Nottinghamshire Care Association

What do independent homes have to offer a resident?

Choice

Independent homes range from small, comfortable and homely through to five star hotel-style luxury, with a vast range in between. Our members' homes come in all shapes, sizes and locations, nearly every town has an independent care home. Although, in Nottinghamshire, all nursing homes are provided by the independent sector.

Uniqueness

Our members' homes each provide their own unique service, but all enable older people to enjoy what is best for them. For example: those who felt isolated in their own home gain companionship; people who were struggling to cope alone receive 24-hour help; and others who may have felt like they were a burden can find themselves much more independent.

Caring staff

However it is our staff who make the difference: that smile on their face that makes those around them smile and feel valued; being dependable and sensitive to the needs of others also brings renewed confidence; offering help with the things that are hard to do which makes a difference to residents' lives and results in an important and highly fulfilling role; being on hand 24/7.

High standards

Independent care homes provide care that is over and above the Care Quality Commission's Fundamental Standards – caring about every aspect of residents' lives including health, diet, exercise, hobbies and social activities. They aim to ensure that all residents continue to enjoy life whilst receiving the very highest standard of care.

All homes provide personal services and registered nursing homes also provide 24/7 qualified nursing care. Some homes also provide dementia care, learning disability support and other more specialist care.

Quality

Our members are passionate about providing good quality. All independent homes are registered with the Care Quality Commission (CQC) and are subject to stringent inspections by the CQC, the local councils, fire officers, the health and safety executive, environmental health officers and, for nursing homes, by the NHS-CCG. Unsurprisingly our members have a vested interest in providing a high-quality service to their residents. Independent government quality reports on every home can be found on the CQC website: www.cqc.org.uk

Good value

Accommodation and care charges vary according to the service offered and required – but all homes aim to provide good value for money. You may be surprised by how little high-standards of care cost. Although higher quality care often does cost more.

Details of the financial support available can be found elsewhere in this Directory. However specialist independent financial advice should always be considered.

Website

If you are looking for a care home in Nottinghamshire

why not visit one of our members' care homes? Our website provides some useful information to assist you in choosing an independent care home:

www.nottinghamshirecare.org.uk

If you go to the 'Looking for Care' section of the website there is a database of all homes to search.

Activities of the NCA

Nottinghamshire Care Association (NCA) represents individual companies, groups of homes, individuals and charities in the independent care home sector.

The NCA is committed to helping care providers to give the best possible service to the vulnerable people they care for – working in partnership with others to make this a reality. The NCA promotes the care sector by lobbying

politicians for the benefit of residents, members and staff. We lobby for equal, fair and consistent support of residents whether they are in the independent or publicly owned care homes. The NCA works with the statutory authorities to negotiate economic levels of fees from the government and local authorities.

We also work with the Care Quality Commission, the local councils and NHS to raise standards and encourage training and development of staff.

Alan Pearce, Chairman

Nottinghamshire Care Association Ltd

Telephone or fax: **0115 824 2322**

Email: info@nottinghamshirecare.org.uk

Web: www.nottinghamshirecare.org.uk

Safeguarding adults at risk of abuse and/or neglect

An adult at risk is a person aged 18 years or over who can't protect themselves from abuse or from being exploited.

This may be because they have:

- a mental health condition or learning disability;
- a physical impairment;
- a sensory impairment; or
- some form of illness or are old and frail.

What is safeguarding?

Safeguarding means protecting an adult's right to live in safety, free from abuse and neglect. It is about people and organisations working together to prevent and stop both the risks and experience of abuse or neglect, whilst making sure that the adult's wellbeing is promoted including consideration of their views, wishes, feelings and beliefs in deciding on any action.

The aim of adult safeguarding is to:

- stop abuse or neglect wherever possible;
- prevent harm and reduce the risk of abuse or neglect to adults with care and support needs;
- safeguard adults in a way that supports them in making choices and having control about how they want to live, focusing on outcomes that are important to them;
- promote an approach that concentrates on improving life for the adults concerned;
- raise public awareness so that communities as a whole, alongside professionals, play their part in preventing, identifying and responding to abuse and neglect;

- provide information and support in accessible ways to help people understand the different types of abuse, how to stay safe and what to do to raise a concern about the safety or well-being of an adult; and
- address what has caused the abuse or neglect.

Forms of abuse could be physical, sexual, psychological, discriminatory or financial. It could also be forms of neglect including self-neglect or organisational abuse, where the abuse is a result of the way a service or organisation is run. Abuse might also be linked to modern slavery or as a result of domestic abuse.

It can happen anywhere – in someone's own home, in a care home, a hospital, in a workplace, at a day centre or educational establishment, in supported housing or in the street.

What to do if you think someone is at risk

We are committed to ensuring that adults who use services are protected from abuse and neglect and to responding promptly when abuse is suspected. All agencies that provide services to adults have a zero tolerance approach towards abuse and neglect.

Contact us on: **0300 500 80 80** to report a safeguarding incident or for further help and advice. Your concerns will be taken seriously and will receive prompt attention.

If there is danger to life, a risk of injury, or a crime is taking place and immediate action is needed, call the Police using: **999**.

For more information visit:

www.nottinghamshire.gov.uk/adultsocialcare

Comments, compliments and complaints

All organisations need to know how they are performing. They are happy to receive your feedback on their service whether they are compliments or complaints. Feel free to tell them what you think – your comments can be used constructively to improve the service.

If you do need to make a complaint you should feel able to complain about any aspect of your care that affects your happiness or comfort. This could be about the way you are treated by a staff member or the quality of the food. You can also make comments and suggestions about possible improvements to your surroundings and the services provided.

Making a complaint should not be difficult for you. Providers are required under the essential standards of quality and safety to have a simple and easy to use complaints procedure that they will be happy to give you. If you are concerned about the care that you, a friend or a relative is receiving, it makes sense to speak to the manager before you take any further action. The problem may be resolved quite easily once they are made aware of it.

However, if you need to make a formal complaint, you should initially contact the registered owners of the service. They have a duty to respond to any complaints made.

If we have arranged and funded your care and you wish to make a complaint to us phone: **0300 500 80 80**, email: enquiries@nottssc.gov.uk or visit: www.nottinghamshire.gov.uk/commentsandcomplaints

If you believe there has been a breach of regulations,

you may also wish to contact the Care Quality Commission.

Tel: **03000 616161**

Email: enquiries@cqc.org.uk

Web: www.cqc.org.uk

If you have arranged and funded your care without the council's involvement and you are unhappy with the response to your complaint by the service provider, you can contact the Local Government Ombudsman for advice. The Local Government Ombudsman looks at complaints about councils and some other authorities and organisations including adult social care providers (such as care homes and home care providers).

The Local Government Ombudsman, Beverley House, 17 Shipton Road, York YO30 5FZ

Tel: **01904 663200**

Adviceline: **0845 602 1983**

Web: www.lgo.org.uk



Inspection and registration of care services

The Care Quality Commission (CQC) is the independent regulator of health and social care in England. It regulates care provided through a range of methods including:

- setting quality and safety standards that people have a right to expect whenever they receive care;
- registering care services that meet CQC standards;
- monitoring, inspecting and regulating care services to make sure they continue to meet CQC standards; and
- taking appropriate action if services are failing to meet the required standards.

The CQC began using a new approach to inspect and regulate adult social care services on 1st October 2014 and now carry out a mixture of announced and unannounced inspections.

The CQC look at the quality and safety of the care provided based on the things that matter to people and in April 2015 the underpinning legislation changed so that care providers are required to meet the new

Fundamental Standards, but inspectors will still look at whether the service is:

- safe;
- effective;
- caring;
- responsive to people's needs; and
- well-led.

The inspection framework also includes a rating system, which judges whether a service is 'outstanding', 'good', 'requires improvement', or is 'inadequate'.

For any enquiries, or to register a concern or a complaint, contact the CQC by telephone: **03000 616161** or email: enquiries@cqc.org.uk

The Care Quality Commission
Citygate, Gallowgate, Newcastle upon Tyne NE1 4PA

This Directory's free helpline

This Directory's free helpline provides an independent information and help service encompassing care and accommodation. A personalised report can be generated for you providing details of all home care providers, care homes or care homes with nursing that meet your criteria.

One call to the freephone number: **0800 389 2077** will enable the service to build a profile of exactly what type of care you're looking for, while taking into account your personal needs and interests.

The website: www.carechoices.co.uk allows you to

search by postcode or region for care homes, care homes with nursing and home care providers that meet your requirements across the country. Your search can then be saved and emailed to others. You can also view an electronic version of this Directory on the site and have it read to you by using the 'Browsealoud' function.

Whatever your care needs, this Directory, the Care Choices helpline and website will be able to point you in the best direction, however you would like care information presented.

The Silver Line

The Silver Line is the only free confidential helpline providing information, friendship and advice to older people, open 24-hours a day, every day of the year.

Launched by Dame Esther Rantzen DBE, The Silver Line aims to combat loneliness in the over-65s by providing friendship, information and advice through calls to trained volunteers.

Specially trained helpline staff:

- offer information, friendship and advice;

- link callers to local groups and services;
- offer regular befriending calls; and
- protect and support those who are suffering abuse and neglect.

The Silver Line

Tel: **0800 470 8090**

Web: www.thesilverline.org.uk

NEED HELP IN YOUR SEARCH FOR CARE?

www.carechoices.co.uk

developed by the publisher
of this Directory

With so many providers to choose from,
where do you start?

www.carechoices.co.uk can help

- search care providers quickly and easily
- search by postcode/town and care type
- Information on standards of care
- links to the latest inspection reports
- extra information, photos and direct website links for hundreds of providers
- request a brochure
- checklists to take with you when you visit

Alternatively, call our friendly helpline team on **0800 389 2077** to talk to someone directly.

 Witham Valley
CARE GROUP



'The Old Orchard' residential care home
Newark, Nottinghamshire



Witham Valley Care Group provides residential and domiciliary care services to adults who have a learning difficulty and other complex care needs including autism spectrum, severe learning difficulties and epilepsy.

The Old Orchard also has the benefit of:

- Large front garden set back from the road with room for several vehicles including the homes own vehicle
- Large secure rear garden with patio area and room for outdoor activities and barbeques
- Good access to Newark town centre where residents can attend college if appropriate and together with their staff, develop their independent living skills
- Within close proximity of public transport links which can be utilised by visitors and for residents when developing/gaining experience of travelling on public transport

Please contact: Gemma Collins, Witham Valley Care Group
The Old Orchard, 242 Beacon Hill Road, Newark, Nottinghamshire
NG24 2JP **Email:** gemma@witham-valley.co.uk
Telephone: 01636 700227 **Mobile:** 07792556136
Web: www.withamvalleycaregroup.co.uk

Financial arrangements for moving into care

Residential or nursing home care

If you're thinking about moving into a care home or a care home with nursing, there are costs involved that you need to consider. Usually, everybody has to pay towards residential or nursing care.

In England, to receive financial support from your local authority, your capital, which includes your savings and your other assets, must be less than £23,250. The value of your home will also be included in the calculations unless your partner, a relative who is over 60 or incapacitated, or a child under 16 who you or a former partner have legal responsibility for still lives there.

If your capital is less than £14,250, the amount you need to contribute towards your accommodation and personal care costs will be assessed on your income only. If it falls between £14,250 and £23,250 a sliding scale operates, whereby you pay £1 per week for each £250 you have above the lower figure, plus a contribution from your income.

If your capital is less than £23,250, or is likely to fall below that level in the near future, please contact us on: **0300 500 80 80** before you arrange a care home or a care

home with nursing. We will be able to assess your needs for care and discuss with you what help is available to arrange the necessary financial support.

If your capital is above £23,250 you will have to cover the cost of accommodation and personal care yourself. Please see page 44 ('Paying for your own care in a nursing or residential home') for more information.

One element is free for everyone. If you move into a care home with nursing, the nursing part of your care will be free of charge. Your nursing care requirements will be determined by a nurse, who will visit you to carry out an assessment before you go into the home to ensure that this is the best place for you. More details on this can be found on page 44 ('NHS funded nursing care' and 'NHS continuing healthcare').

Full details of how your contribution is assessed is available at: www.nottinghamshire.gov.uk/carehomes or you can call us on: **0300 500 80 80**.

Please note that these figures may change during the lifetime of this directory.

Third party payments

The amount that we will pay to a care home or care home with nursing is determined by your needs and an annual quality assessment of every home in the county. This assessment takes into account the quality of care as well as environmental factors and enables every home to be given a rating from band 1, the lowest, through to band 5, the highest. Based on this information, we are able to set Quality Band Rates.

In some cases, the home you choose will cost more than the Quality Band Rate. If this is the case you will need to ask someone, perhaps a family member, a friend or a charity, to make up the difference so you can live in the home. This is known as a 'third party payment' or 'top-up'.

With third party payments, it's important that the person making the payments is confident they'll be able to keep up their commitment. They also need to be aware that the third party payment may change at any point in the future.



For help and advice in
Nottinghamshire

0300 500 80 80

[www.nottinghamshire.gov.uk/
adultsocialcare](http://www.nottinghamshire.gov.uk/adultsocialcare)

Monarch Healthcare

0115 984 4839

Offering Residential, Nursing & Specialist Dementia Care
for Older People and Adults aged 50+

www.monarchhealthcare.co.uk



....Care You Can Rely On

We understand how confusing it can be choosing a care home for yourself, or a loved one. Selecting a Monarch Healthcare home gives you peace of mind in knowing you are choosing from the best.

Our dedicated team of nurses and carers are specially trained to discuss your requirements, and to advise you accordingly. You are welcome to visit for a short break, enjoy a meal in our restaurant, or join in our fun social programme.

In this new chapter of your life we will help you live it to the full, understanding how important it is for you to continue making your own choices and to feel valued -

....You can rely on us to care.



Kingfisher Court - Residential Home



Parkside - Nursing Care Home



Clifton Manor - Nursing Care Home



Clifton Manor - Care Home

Every aspect of care is given the highest attention to detail. Décor and furnishings are designed for appeal and comfort and we offer a choice of bedrooms and suites, finished to your liking.

We expect hotel standards in housekeeping and catering. Trained chefs are employed to prepare appetising and nutritious meals, with menus selected in consultation with clients.

A varied social programme offers entertainment, outings and activities to cater for all interests and hobbies. We are always searching for new ideas and places to visit, and welcome your suggestions.

Most importantly, we promise to care for the person you love, as you would yourself.



Autumn Grange
Linden Road, Creswell
Worksop Notts S80 4JT
Tel: 01909 724098

Clifton Manor
Rivergreen, Clifton
Notts NG11 8AW
Tel: 01159 848485 / 845859

Croft
43/44 Main Street
Stapenhill, Burton on Trent,
Staffs DE15 9AR
Tel: 01283 561227

Haddon House
32-34 High Street
Clowne, Chesterfield
Derbyshire S43 4JU
Tel: 01246 811106

Kingfisher Court
Sturgeon Avenue
Clifton, Notts NG11 8HE
Tel: 01159 405031

Parkside
Olive Grove, Forest Town,
Mansfield, Notts
NG19 0AR
Tel: 01623 655341

Pinxton Manor
Church Street West
Pinxton, Notts NG16 6PX
Tel: 01773 819191

Poplars
Rolliston Road,
Burton on Trent,
Staffs DE13 0JT
Tel: 01283 562842

Rutland Manor
99/109 Heanor Road
Ilkeston, Derbyshire
DE7 8TA
Tel: 01159 440322

Woodlands
Butterley Hill, Ripley,
Derbyshire
DE5 3LW
Tel: 01773 744919

For more information, or to request a brochure, please contact the home, or head office, on tel: **0115 984 4839** email: **info@monarchhealthcare.co.uk**

Nottinghamshire County Council – Banded Fee Rates 2015/16

Older people's care home fee rates are based on a five band quality rating scale. Our staff currently visit each care home every year and assess a range of factors to determine how outcomes for residents are being met. This process is used to determine a quality rating. Band 5 is the highest rating that can be achieved, but it should be noted that due to the Council regularly reviewing the care homes, the ratings can change.

Please note – the nursing rates below do not include the £112.00 free nursing care contribution.

The below fees are those that we will pay as a contribution to the care home when we are funding the care. However, please note that some care homes may charge more and the difference will need to be paid via a top-up or third party payment, discussed on page 42.

Band	Older people residential	Older people residential dementia	Older people nursing	Older people nursing dementia
1	£405.00	£417.00	£440.00	£450.00
2	£449.00	£497.00	£504.00	£545.00
3	£476.00	£523.00	£530.00	£572.00
4	£502.00	£548.00	£556.00	£599.00
5	£528.00	£575.00	£583.00	£625.00

NHS continuing healthcare

NHS continuing healthcare is a package of care arranged and funded by the NHS. It is non-means tested and, to be eligible, your main or primary need must relate to your health and meet the criteria set out by the NHS National Framework.

Care may be provided in a variety of settings including

a care home or your own home. If it is provided in a care home it will cover the care home fees, including the cost of accommodation, personal care and healthcare costs. If it is provided in the home, it will cover personal care and healthcare costs.

NHS funded nursing care

If you live in a care home that provides nursing care, whether as a temporary or a permanent resident, and you do not meet the eligibility criteria for NHS continuing healthcare, you may be eligible for NHS funded nursing care if you need care from a registered nurse.

This is non-means tested and can be paid directly to the home by the Clinical Commissioning Group (CCG)

or paid by us on behalf of the CCG. The current rates are £112.00 a week for the standard rate and £154.14 a week for the higher rate.

People who receive nursing care will still need to make a financial contribution towards their residential care.

Contact us on: **0300 500 80 80** to find out more about making a claim for financial support.

Paying for your own care in a nursing or residential home

If you're paying for your own care in a care home or care home with nursing, some forward planning and advice on the options available to you will help you make the most of your money.

Financial support for self-funding your care

Even if you are self-funding your care it's important to have an assessment of your care needs from us. All people self-funding their care are entitled to an assessment of

their social care needs, which should always precede any financial assessment.

Why is this important? Because without being assessed as needing a place in a care home you could miss out on any available financial support.

Whether you're receiving care in your home or moving to a care home/care home with nursing, you may be entitled to the following financial support.

Attendance Allowance and Pension Credit

If you're aged 65 or over and you need someone to help care for you, you may be eligible for Attendance Allowance, a non-means tested, non-taxable benefit from the Department of Work and Pensions, or for Pension Credit.

Attendance Allowance is paid at the lower rate of £55.10 a week for those needing care by day or night and at the higher rate of £82.30 a week to those needing care both during the day and night.

Attendance Allowance Helpline

Telephone: **0345 605 6055** • Textphone: **0345 604 5312**
Monday to Friday, 8am to 6pm.



Twelve week property disregard

If your former home is included in your financial assessment but your other capital is less than £23,250 and your income doesn't cover your care home fees, we will help with the cost during the first twelve weeks of

permanent care, providing we agree that care is needed.

This is known as 'twelve week property disregard funding'. During this time you will still be charged a contribution towards the cost of your care, but not the full cost.

Deferred payment agreements

Once the twelve week property disregard period has ended you may be able to have a deferred payment agreement if you are eligible, which means that some of your care costs are set against the value of your home, to be paid when

the home is sold. There may be administrative and interest charges for this.

We strongly recommend seeking independent financial advice if you are considering this option.

Council Tax exemption

If your property is left empty when you move into a care home you should receive full exemption from Council Tax

until such time as your property is sold.

Seeking financial advice on paying for care

If you are self-funding your care then meeting the care costs from limited capital and not knowing how long care might be needed can be worrying. Despite this many people do not seek appropriate financial advice to understand how best to meet the costs; as interest rates remain low it would be prudent to seek advice from a specialist financial adviser.

Money held on deposit can be depleted very quickly if being used to pay for care; therefore it would be sensible to consider other forms of investments that could potentially deliver higher income to meet the care home fees.

Before deciding on what may be the most appropriate solution for meeting care costs it would be sensible to talk to a specialist Care Fees Adviser who has 'CF8', the relevant qualification for advising on funding long-term care.



Before entering into any arrangements we strongly recommend that you speak to an independent financial adviser who is accredited by the Society of Later Life Advisers (SOLLA). This is a not-for-profit organisation founded in 2008 to assist consumers and their families to find trusted, accredited financial advisers who specialise in the financial needs of older people.

Advisers with the SOLLA accreditation have to demonstrate and prove that they are suitably qualified to provide later life advice. For further information:

Tel: **0845 303 2909**

Email: admin@societyoflaterlifeadvisers.co.uk

Web: www.societyoflaterlifeadvisers.co.uk

The Financial Conduct Authority also produces information about funding long-term care and a register of qualified financial advisers:

Tel: **0800 111 6768**

Web: www.fca.org.uk/consumers

You can also find financial advice from the Government's Money Advice Service:

Tel: **0300 500 5000**

Web: www.moneyadviceservice.org.uk

Please note:

We have supplied details of some financial advisers for your information only, the information is not exhaustive and there are more financial advisers available in the market. We have not vetted any financial advisers and do not control and are not responsible or liable for them or any advice or services they provide. We do not endorse or make any representations about any financial advisers, or any results or advice that may be obtained from using them. If you decide to use any financial adviser please ensure that you conduct your own prudent checks.

Useful local contacts

Age UK

Age Concern Nottinghamshire has now merged with Help the Aged to create Age UK. Working for all older people in Nottinghamshire.

Tel: 0115 844 0011

Web: www.ageconcernnotts.org.uk

Alzheimer's Society(Nottinghamshire Branch)

Offer advice and support to people with dementia and their carers.

Tel: 0115 840 3830

Web: www.alzheimers.org.uk

Carers Federation, The

Provides a wide range of services and useful information for carers.

Tel: 0115 985 6677

Email: info@carersfederation.co.uk

Web: www.carersfederation.co.uk

Citizen's Advice Bureau

Nottingham and District Citizen's Advice Bureau.

34-36 Carrington Street, Nottingham NG1 7FG

Tel: 0115 938 8050

Disability Nottinghamshire

Free, impartial and confidential advice and information on any aspect of disability (both general disability advice and specific welfare and benefits advice). A drop-in information service is available at the Mansfield office:

1 Byron Street, Mansfield,
Nottinghamshire NG18 5NX

Tel: 01623 625891

Web: www.disabilitynottinghamshire.org.uk

Inspire Nottingham

Inspire is a small, local charity based in Nottingham and provides services and support for people with learning disabilities to enable them to develop their potential for living full and independent lives.

Inspire Nottingham,

ICC, 61b Mansfield Road, Nottingham NG1 3FB

Tel: 0115 847 5757

Email: enquiries@inspire-nottingham.org.uk

Nottingham DIAL

Disability Information and Advice Line

Tel: 0115 962 4740

Minicom: 18001 0115 962 4740

Email: info@nottinghamdial.org.uk

Nottinghamshire Help Yourself

Directory of social care and support services in Nottinghamshire.

Web: www.nottshelpyourself.org.uk

Nottingham Mencap

Nottingham Mencap is an independent local voluntary and community charity organisation, dedicated to the service of people with a learning disability or difficulty

and their families and carers, living in Nottingham and Nottinghamshire.

Nottingham Mencap,
Centre House,
4 Chapel Bar, Nottingham NG1 6JQ
Tel: 0115 956 1130

Nottinghamshire Care Association

Represents the majority of care homes/care homes with nursing throughout Nottinghamshire.

Tel: 0115 824 2322
Email: info@nottinghamshirecare.org.uk
Web: www.nottinghamshirecare.org.uk

Nottinghamshire County Council

County Hall, West Bridgford, Nottingham NG2 7QP

Customer Service Centre:
Tel: 0300 500 80 80
Email: enquiries@nottsc.gov.uk
Web: www.nottinghamshire.gov.uk

The Care Quality Commission (CQC)

The independent regulator of health and social care in England.

Tel: 03000 616161
Email: enquiries@cqc.org.uk
Web: www.cqc.org.uk

Health contacts

Healthwatch

Represents the views of local people of the health and social care services they receive.

Tel: 0115 963 5179
Email: info@healthwatchnottinghamshire.co.uk
Web: www.healthwatchnottinghamshire.co.uk

Ashfield Community Hospital

Tel: 01623 785050
Email: mansfield.pals@mansfield-pct.nhs.uk

Bassetlaw Hospital

Tel: 01909 500990
Email: pals.dbh@dbh.nhs.uk

Kings Mill Hospital

Tel: 01623 622515
Email: pals.kmh@sfh-tr.nhs.uk

Mansfield Community Hospital

Tel: 01623 785050

Newark Hospital

Tel: 01623 681681
Email: pals.nwk@sfh-tr.nhs.uk

Nottingham City Hospital

Tel: 0115 969 1169
Email: nuhcommunications@nuh.nhs.uk

Nottinghamshire Healthcare

Tel: 0800 015 3367
Email: pals@nottshc.nhs.uk

Queens Medical Centre

Tel: 0115 924 9924
Email: nuhcommunications@nuh.nhs.uk

Community Learning Disability Directorate

The Directorate provides NHS services to people with a learning disability living in Nottingham and Nottinghamshire. This is delivered by a range of learning disability specialist professionals and is offered in a variety of settings including NHS bases, community bases and private homes.

Shirley Lavender, Service Team Leader
Specialist Services Directorate,
Nottinghamshire Healthcare NHS Trust,
Moorgreen, Highbury Hospital,
Highbury Road, Bulwell,
Nottingham NG6 9DR
Telephone: 0115 977 0000 ext. 12143
Email: shirley.lavender@nottshc.nhs.uk
Rampton Hospital
Tel: 01777 248321



For help and advice in
Nottinghamshire

0300 500 80 80

[www.nottinghamshire.gov.uk/
adultsocialcare](http://www.nottinghamshire.gov.uk/adultsocialcare)

Aslockton Hall

Nursing, Residential & Respite Care
New Lane, Aslockton, Notts NG13 9AH



What do our residents say about Aslockton Hall?

"I think the staff are very good. I feel very safe and contented."

Why choose Aslockton Hall for care?

- Excellent reputation
- CQC registered
- Established care provider
- Professionally trained staff

Why choose to live at Aslockton Hall?

- Ensuite rooms
- Considerate and attentive staff
- Nutritious home cooked meals
- Organised activities and personal services

Tel: 01949 850233

Email: info@aslocktonhall.com

Web: www.aslocktonhall.com



Field House Nursing Home

TELEPHONE 0115 933 5811

WWW.FIELDHOUSENURSINGHOME.CO.UK

Field House Nursing Home,

11 Main Rd, Radcliffe on Trent, Nottingham NG12 2FD

Feel right at home *with Barchester care homes*

At Barchester we pride ourselves on independence, dignity and choice for the individuals we support. We look after people with a wide variety of needs. Our compassionate and caring staff make sure that everyone is treated as an individual and they have comfort, security and the best quality of life.

Nursing • Residential • Dementia • Respite



If you would like a tour of one of our homes or just need some friendly advice, your local Barchester care home will be happy to help.

Forest Hill
Forest Hill Park,
Worksop,
S81 0NZ
01909 521 249

Lancaster Grange
Cross Lane, Fernwood,
Newark-on-Trent,
NG24 3NH
01636 880 755


BARCHESTER
Celebrating life
www.barchester.com

Care homes with nursing

Ashfield - care homes with nursing

ASHFIELD NURSING HOME

Beech Avenue, Kirkby-in-Ashfield, Nottingham NG17 8BP
Tel: 01623 723724

OP D MH

BLUEBELL LODGE

Ashfield Street, Sutton-in-Ashfield NG17 3BE
Tel: 01623 440188

OP D

EASTLANDS

Kingfisher Way, Sutton-in-Ashfield NG17 4BR
Tel: 01623 528960

PD YA

FOREST MANOR CARE HOME

Mansfield Road, Sutton-in-Ashfield NG17 4HG
Tel: 01623 442999

OP D PD SI YA

HALLCROFT CARE HOME

Croft Avenue, Hucknall, Nottingham NG15 7JD
Tel: 0115 895 8822 **Advert page 68**

OP

HAZELGROVE CARE HOME

Farleys Lane, Hucknall, Nottingham NG15 6DY
Tel: 0115 968 0706

OP D PD

KIRKBY MANOR CARE HOME

Beech Avenue, Kirkby-in-Ashfield NG17 8BP
Tel: 01623 723724

OP D MH

LAWN PARK CARE HOME

Lucknow Drive, Sutton-in-Ashfield NG17 4LS
Tel: 01623 330107 **Advert page 68**

OP PD

LOWMOOR CARE HOME **Advert inside front cover**

Lowmoor Road, Kirkby-in-Ashfield, Nottingham NG17 7JE
Tel: 01623 752288

OP D MH YA

MEADOWCROFT HEALTH CARE LTD

Kingfisher Way, Ashfield NG17 4BR
Tel: 01623 528964

OP PD MH YA

MILLINGTON SPRINGS CARE CENTRE

160 Portland Road, Selston, Nottingham NG16 6AN
Tel: 01773 581114

OP D PD

MILLWOOD

Hankin Street, Hucknall NG15 7RR
Tel: 0115 968 0202

PD YA

PATHWAYS HEALTH CARE LTD

Kingfisher Way, Sutton-in-Ashfield NG17 4BR
Tel: 01623 528966

LDA YA

SHIRES CARE CENTRE, THE

The Oval, Sutton-in-Ashfield NG17 2FP
Tel: 01623 551099

PD LDA YA

STONEFORD CHRISTIAN NURSING HOME

Stoneyford Road, Sutton-in-Ashfield NG17 2DR
Tel: 01623 441329

OP D PD YA

WILLOWCROFT CARE HOME

New Street, Sutton In Ashfield,
Nottinghamshire NG17 1BW
Tel: 01623 442146

OP D MH YA

WREN HALL NURSING HOME

234 Nottingham Road, Selston,
Nottingham NG16 6AB
Tel: 01773 581203

Advert page 58
OP D PD MH YA

Bassetlaw - care homes with nursing

ABBEYMOOR NURSING HOME

Sherwood Road, Worksop S80 1QW
Tel: 01909 480998

OP D PD MH YA

ASHLEY CARE CENTRE

Sunnyside, Worksop S81 7LN
Tel: 01909 500541

Advert page 54
OP D PD MH YA

BLYTH COUNTRY HOUSE CARE HOME

Spital House, Spital Road, Blyth S81 8DU
Tel: 01909 591219

OP

CHERRY HOLT CARE HOME

28 Welham Road, Retford DN22 6TN
Tel: 01777 710347

OP PD YA

CLUMBER COURT CARE CENTRE

Bolham Lane, Retford DN22 6SU
Tel: 01777 700823

OP D PD MH YA

FOREST HILL

Forest Hill Park, Worksop S81 0NZ
Tel: 01909 521249

Advert page 48
OP D

Service User **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol and drugs

For provider banding information contact Nottinghamshire County Council on 0300 500 80 80. See page 44 for more information. **Advertisers are highlighted**

For further assistance tel: 0300 500 80 80 or visit www.nottinghamshire.gov.uk

Expert care when it matters most

Albemarle Hall Tel: 01159 607 339



4 Albemarle Road, Woodthorpe, Nottingham NG5 4FE

- Choice of single/companion room
- Small and large lounge
- Large dining room with high cuisine standards
- Extra wide corridors
- Parker bath with shower and assisted baths
- New large conservatory which is enjoyed by all the residents
- TV in every bedroom / Modern nurse call system
- Doctor, Chiropodist and optician available
- Hairdressing and dental treatment
- Secluded garden and patio
- Laundry facilities and passenger lift
- Specialised diets catered for
- Registered for dementia
- 27 beds with 10 en-suites

Albemarle Court Neuro Disability Home Tel / Fax: 01159 604 516



738 Mansfield Road, Woodthorpe, Nottingham NG5 3FY

- The Purpose built home offers 31 single bedrooms all ensuite of which 13 have shower rooms.
- Modern security facilities in place
- Extra wide corridors
- One lounge and a large dining room
- One parker bath and assisted baths and shower
- Regular visits by Doctor
- TV / Telephone point in every bedroom
- Modern nurse call system
- Dentist, Chiropodist & Optician available
- Modern and person lift
- Hairdressing
- Registered for Nursing and Dementia



Parker House Tel: 01159 608 862



6 Albemarle Road, Woodthorpe, Nottingham NG5 4FE

- Registered for dementia, palliative and respite care
- Fully trained registered nurse on duty 24 hours a day
- Up to date lifting and handling equipment
- Home cooked meals catering for special dietary requirements
- Large dining area for residents comfort during meal time
- Large lounge area and conservatory to relax and enjoy
- Social activities provided
- Complete laundry services provided
- Passenger lift for freedom of movement between floors
- Regular visits from G.P, Chiropodist, Dentist, Dietician, Hairdresser and Optician
- 21 single rooms, 2 double and 9 en-suites



Bassetlaw - care homes with nursing continued

GATEFORD HILL CARE HOME

Gateford Hill, Gateford, Worksop S81 8AF
Tel: 01909 475402

OP PD

JUBILEE COURT NURSING HOME

Gateford Road, Worksop S81 7BH
Tel: 01909 530233

OP D PD SI YA

LOUND HALL

Town Street, Lound, Retford DN22 8RS
Tel: 01777 818082

OP D PD

OLD VICARAGE, THE

Whitehouse Road, Bircotes, Doncaster,
South Yorkshire DN11 8EQ
Tel: 01302 745707

OP D YA

ROSE MEADOW

119 Station Road, Misterton, Doncaster
South Yorkshire DN10 4DG
Tel: 01777 816626

LDA SI YA

VICTORIA CARE HOME

Memorial Avenue, Worksop S80 2BJ
Tel: 01909 476416

Advert page 54

OP D YA

WESTVILLA NURSING HOME

Westfield Road, Retford DN22 7BT
Tel: 01777 701636

OP

Broxtowe - care homes with nursing

ALEXANDRA HOUSE - EASTWOOD

119 Nottingham Road, Wroughton Court,
Eastwood NG16 3GP
Tel: 01773 530601

Advert page 53

OP

BEESTON LODGE NURSING HOME

15-17 Meadow Road, Beeston, Nottingham NG9 1JP
Tel: 0115 925 9014

OP D PD

BRAMCOTE HILLS CARE HOME

36 Sandringham Drive, Bramcote, Nottingham NG9 3EJ
Tel: 0115 922 1414

Advert page 66

OP D MH

BRAMCOTE HOUSE NURSING HOME

Town Street, Bramcote, Nottingham NG9 3DP
Tel: 0115 925 7316

OP

BROADGATE CARE HOME

108-114 Broadgate, Beeston, Nottingham NG9 2GG
Tel: 0115 925 0022

OP D

DEVONSHIRE AVENUE, 1

1 Devonshire Avenue, Beeston, Nottingham NG9 1BS
Tel: 0115 925 5422

Advert page 68

PD LDA SI YA

GABLES NURSING HOME, THE

169-171 Attenborough Lane, Beeston,
Nottingham NG9 6AB
Tel: 0115 925 5674

OP D

GILTBROOK CARE HOME

472 Nottingham Road, Giltbrook, Nottingham NG16 2GE
Tel: 0115 938 3535

OP D PD

GRANGE NURSING HOME, THE

9 Elm Avenue, Beeston, Nottingham NG9 6BH
Tel: 0115 925 3758

OP D

LANDERMEADS CARE HOME

265 High Road, Beeston, Nottingham NG9 5DD
Tel: 0115 968 3888

OP D PD LDA MH YA

MOORLANDS CARE HOME

104 Church Lane, Brinsley NG16 5AB
Tel: 01773 781381

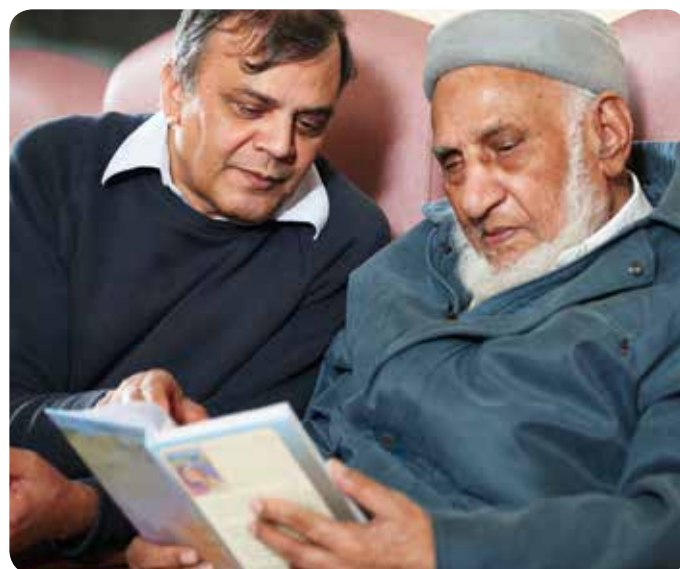
Advert page 72

OP D PD SI

SILVERWOOD (NOTTINGHAM)

Imperial Road, Beeston, Nottingham NG9 1FN
Tel: 0115 925 3699

OP PD



Service User OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol and drugs

For provider banding information contact Nottinghamshire County Council on 0300 500 80 80. See page 44 for more information. Advertisers are highlighted

For further assistance tel: 0300 500 80 80 or visit www.nottinghamshire.gov.uk

ACACIA CARE CENTRE

12 Sherwood Rise, Sherwood, Nottingham NG7 6JE

Tel: 0115 962 1186

OP D PD YA

BEECHDALE HOUSE CARE HOME

Beechdale Road, Aspley, Nottingham NG8 3EZ

Tel: 0115 929 2792

OP D PD

BEECHDALE MANOR CARE HOME

40 Beechdale Road, Nottingham NG8 3AJ

Tel: 0115 849 6400

OP D PD LDA MH SI

BELLE VUE LODGE

680 Woodborough Road, Nottingham NG3 5FS

Tel: 0115 960 7706 **Advert page 53**

OP D

CARISBROOKE NURSING HOME

22 Carisbrooke Drive, Mapperley Park, Nottingham NG3 5DS

Tel: 0115 960 5724

OP D PD

CARRINGTON HOUSE CARE HOME

25 Mayo Road, Sherwood, Nottingham NG5 1BL

Tel: 0115 962 1100

OP D

CHURCHFIELDS

Millers Court, Hartley Road, Radford, Nottingham NG7 3DP

Tel: 0115 942 4051

OP D MH YA

CLIFTON MANOR NURSING HOME

Rivergreen, Clifton, Nottingham NG11 8AW

Tel: 0115 984 8485 **Advert page 43**

OP D

FIELD HOUSE

127 Foxhall Road, Forest Fields, Nottingham NG7 6LH

Tel: 0115 960 3509

LDA

FIRS NURSING HOME, THE

700 Mansfield Road, Sherwood, Nottingham NG5 3FS

Tel: 0115 953 1123

OP

HIGHFIELDS NURSING HOME

330 Highbury Road, Bulwell, Nottingham NG6 9AF

Tel: 0115 927 8847

OP D PD

HUNTERCOMBE CENTRE - SHERWOOD, THE

8 First Avenue, Sherwood Rise, Nottingham NG7 6JL

Tel: 0115 924 6220

LDA MH

HUWS

93 Harlaxton Drive, Nottingham NG7 1JD

Tel: 0115 908 1560

PD LDA SI

KINGSTHORPE VIEW CARE HOME

Kildare Road, off the Wells Road, St Ann's, Nottingham NG3 3AF

Tel: 0115 950 7896

OP D YA

MELBOURNE HOUSE

Grannis Drive, Aspley, Nottingham NG8 5RU

Tel: 0115 929 4787

Advert page 53

OP

NOTTINGHAM NEURODISABILITY SERVICE – ASPLEY

Robins Wood Road, Aspley, Nottingham NG8 3LD

Tel: 0115 942 5153

PD YA

PARK HOUSE

Cinderhill Road, Bulwell, Nottingham NG6 8SB

Tel: 0115 977 1363

Advert page 53

OP D

PARK VIEW NURSING HOME

13 Gedling Grove, Radford, Nottingham NG7 4DU

Tel: 0115 979 0776

OP D PD LDA MH YA

ST AUGUSTINE'S COURT CARE HOME

105-113 The Wells Road, St Ann's, Nottingham NG3 3AP

Tel: 0115 959 0473

OP D MH YA

SYCAMORE LODGE NURSING HOME

3-5 Hardy Street, Nottingham NG7 4BB

Tel: 0115 978 4299

LDA

WEST LODGE CARE HOME

238 Hucknall Road, Sherwood, Nottingham NG5 1FB

Tel: 0115 960 6075 **Advert below**

OP D PD

WOLLATON PARK CARE HOME

2A Lambourne Drive, Wollaton, Nottingham NG8 1GR

Tel: 0115 928 3030

Advert page 60

OP D PD MH YA



Westlodge

Care Home

Established since 1987



Dementia • Old Age • Physical Disability • Nursing • Residential • Respite • End of Life

- Day Care available
- Physiotherapy
- Own GP if required
- Own furniture if required
- Pets by arrangement
- 27 bedded, shared rooms or en-suites available

- Each bed has a call system
- Close to local shops & transport
- Lift & wheelchair access
- Gardens for residents
- Nurse available 24/7
- Catering for individuals from all ethnic backgrounds

Telephone: 0115 960 6075 • Email: info@westlodgecarehome.com
 238 Hucknall Road, Sherwood, Nottingham NG5 1FB
www.westlodgecarehome.com

Service User **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism

Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol and drugs

For provider banding information contact Nottinghamshire County Council on 0300 500 80 80. See page 44 for more information. **Advertisers are highlighted**

Eastgate Care



Our priorities are quality care and comfort for all residents

- All our homes offer Nursing, Convalescence, Respite, Dementia, Personal/Residential care services and have modern facilities
- Our spacious en-suite rooms are tastefully decorated and furnished to a very high standard
- We have plenty of fully qualified nursing staff, with 24 hour care & specialist nurse call systems
- The comfortable welcoming lounges overlook well-tended gardens or a picturesque waterway
- We host regular visits from local GP's, chiropodist, optician, dentist, physiotherapist, hairdresser and religious ministers



- Our meals are home cooked and we cater for special diets
- Dedicated Activities Co-ordinators & regularly organised trips and outings



ALEXANDRA HOUSE
Eastwood, Notts NG16 3GP



BELLE VUE LODGE
Mapperley, Notts NG3 5FS



MELBOURNE HOUSE
Aspley, Notts NG8 5RU



PARK HOUSE
Bulwell, Notts NG6 8SB

'I would like to take this opportunity to thank you for the care of my Dad. The whole team show care and compassion and gave me tremendous support through a very difficult time. I have been in several care homes and never found such dedicated and caring staff, they are a team all should be very proud of' Relatives Pat & Family

As recommended on carehome.co.uk

Eastgate Care - an established local company celebrating 25 years offering care

Our latest home is
Canal Vue
at Awworth Road, Ilkeston,
Derbys DE7 8JF



Call to arrange a visit to any of our care homes.

Tel: 0115 979 1234

The White Swan, Head Office & Training Centre, Notts NG6 0GD

Email: enquiries@eastgatecare.co.uk • www.eastgatecare.co.uk





Victoria Care Home is purpose built and equipped to enhance the quality of life for people with dementia care needs, whatever their age, however severe the symptoms.

- Separate units delivering care for the elderly, dementia care and working age dementia (Korsakoff's)
- Our specially trained staff ensure care is delivered through positive person-centred care plans, which involves the service user and their families.
- All rooms are single, attractively decorated, spacious and en-suite.

You are most welcome to call in anytime for an informal chat.

CARLTON CARE HOME

24 HOUR NURSING CARE FOR OLDER PEOPLE

We are a small, friendly, family run home, our qualified and experienced team promote the highest individual care. We have an open house policy which encourages close involvement with residents, relatives and loved ones.

- Home from home environment
- Excellent bus route
- Outings, entertainment and activities provided
- Registered for nursing and residential clients
- Rated 'excellent' by Care Quality Commission
- Regular visits from hairdresser, chiropodist, optician, dentist and alternative therapist

TEL: 0115 961 9959 FAX: 0115 987 3889
398 CARLTON HILL, CARLTON, NOTTS NG4 1JA
E: enquiries@carltoncarehome.co.uk

www.carltoncarehome.co.uk



A choice of elderly care options in Nottingham

We know that personalised care in a warm and welcoming place, that's close to your family and friends is really important.

That's why we offer long and short stay care options in Nottingham. What's more, you don't need our health insurance to stay with us.

To find out more about your elderly care options in Nottingham

Call **0333 220 4756** †

Look for Willow Brook in the listings section.

† Calls are charged at no more than local rate and count towards any inclusive minutes from mobiles. Calls may be monitored and may be recorded.



Ashley Care Centre

Trust us to provide your short & long term care needs in our modern, purpose built unit or in our beautiful Victorian home unit, both set within our large secure gardens.

- Providing excellent care for residents with dementia and other mental health conditions
- Highly trained, dedicated, friendly staff in a warm caring environment
- Able to support daycare, respite, residential and nursing requirements
- Bus and Rail Services within easy reach
- Extensive activity and social programme
- Delicious well balanced meals. Catering for all dietary requirements



For enquiries or to arrange a visit contact the Home Manager on telephone: 01909 500 541 or email: info@ashleycarecentre.co.uk
Ashley Care Centre, Sunnyside, Worksop, Notts S81 7LN

Gedling - care homes with nursing

ALBEMARLE HALL NURSING HOME

4 Albemarle Road, Woodthorpe, Nottingham NG5 4FE

Tel: 0115 960 7339 **Advert page 50** **OP D PD MH SI YA**

BEECHES CARE HOME (NOTTINGHAM)

55 Furlong Street, Arnold, Nottingham NG5 7AJ

Tel: 0115 926 2838 **OP PD YA**

CARLILE HOUSE

26 Carlile Road, Carlton, Nottingham NG4 3DW

Tel: 07843 580912 **YA**

CARLTON CARE HOME

398 Carlton Hill, Carlton, Nottingham NG4 1JA

Tel: 0115 961 9959 **Advert page 54** **OP**

CHARNWOOD

24 Station Road, Carlton, Nottingham NG4 3AX

Tel: 0115 895 8796 **Advert page 68** **OP PD YA**

ELMBANK CARE HOME

35 Robinson Road, Mapperley, Nottingham NG3 6BB

Tel: 0115 962 1262 **Advert page 62** **OP D PD LDA**

ERNEHALE LODGE CARE HOME

82a Furlong Street, Arnold, Nottingham NG5 7BP

Tel: 0115 967 0322 **OP D PD**

GEDLING VILLAGE CARE HOME

73 Arnold Lane, Gedling, Nottingham NG4 4HA

Tel: 0115 987 7330 **OP D PD YA**

GEDLING VILLAGE COURT

73 Arnold Lane, Gedling, Nottingham NG4 4HA

Tel: 0115 987 7330 **OP D**

HAWTHORNE NURSING HOME

School Walk, Bestwood Village, Nottingham NG6 8UU

Tel: 0115 977 0331 **OP D YA**

MORIAH HOUSE

Deep Furrow Avenue, Carlton, Nottingham NG4 1RS

Tel: 0115 911 0078 **Advert page 66** **OP D PD**

PARKER HOUSE NURSING HOME

6 Albemarle Road, Woodthorpe, Nottingham NG5 4FE

Tel: 0115 960 8862 **Advert page 50** **OP D**

RODEVINE NOTTINGHAM LTD

- T/A ALBEMARLE COURT NURSING HOME

738 Mansfield Road, Woodthorpe, Nottingham NG5 3FY

Tel: 0115 960 4516 **Advert page 50** **OP D PD YA**

SPRINGWATER LODGE CARE HOME

10 Smithy View, Calverton, Nottingham NG14 6FA

Tel: 0115 965 5527 **OP D PD YA**

STOKE HOUSE CARE HOME

24-26 Stoke Lane, Gedling, Nottingham NG4 2QP

Tel: 0115 940 0635 **OP D**

WILLOW BROOK NURSING AND RESIDENTIAL HOME

112 Burton Road, Carlton,

Nottingham NG4 3BG

Tel: 0115 871 3977 **Advert page 54** **OP PD**

WOODTHORPE MANOR NURSING HOME

1 Egerton Road, Woodthorpe,

Nottingham NG5 4FF

Tel: 0115 920 6021 **OP**

Mansfield - care homes with nursing

ASHCROFT CARE HOME

Langton Road, Sutton-in-Ashfield, Mansfield NG17 1ER

Tel: 01623 444780 **OP D**

ASHDALE CARE HOME

42 The Park, off Park Avenue, Mansfield NG18 2AT

Tel: 01623 631838 **OP PD**

AVALON CARE HOME

116 Clipstone Road West, Forest Town, Mansfield NG19 0HL

Tel: 01623 644195 **OP**

BERRY HILL CARE HOME

Berry Hill Lane, Mansfield NG18 4JR

Tel: 01623 421211 **OP**

CHURCHFIELD CARE CENTRE

Churchfield Drive, Rainworth, Mansfield NG21 0BJ

Tel: 01623 330103 **Advert page 68** **OP D YA**

FOREST CARE CENTRE

Southwell Road West, Mansfield NG18 4HH

Tel: 01623 415700 **OP D PD MH YA AD**

LIMES CARE HOME, THE

Park Road, Mansfield, Woodhouse,

Mansfield NG19 8AX

Tel: 01623 632681 **Advert page 5** **OP D**

MANSFIELD MANOR CARE HOME

30-32 Chesterfield Road South,

Mansfield NG19 7AD

Tel: 01623 631163 **Advert page 32** **OP D**

NIGHTINGALE CARE HOME

Fourth Avenue, Edwinstowe,

Mansfield NG21 9PA

Tel: 01623 824480 **Advert page 80** **OP D PD MH SI YA**

Service User **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism

Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol and drugs

For provider banding information contact Nottinghamshire County Council on 0300 500 80 80. See page 44 for more information. **Advertisers are highlighted**

For further assistance tel: 0300 500 80 80 or visit www.nottinghamshire.gov.uk



SHERWOOD GRANGE

CARE CENTRE



To arrange a visit please call
Julie Malam on 01623 824 601





SHERWOOD GRANGE

CARE CENTRE

To arrange a visit please call
Julie Malam on 01623 824 601



RECEIVE A WARM WELCOME AT SHERWOOD GRANGE CARE CENTRE

Sherwood Grange is a charming residential and nursing home that is conveniently located in the pretty village of Edwinstowe with all its local amenities, including the popular South Forest Leisure Centre.

Our home can accommodate 45 residents in refurbished and en-suite bedrooms that boast beautiful landscaped gardens with extensive wildlife and stunning views across the surrounding farmland.

We customise our care packages so that they offer both long and short-term care in a very friendly, happy and warm environment. We also pride ourselves in preserving dignity, respect and removing isolation from people's lives.

Our philosophy is to consistently provide the highest level of care to improve the lives of each of our residents and this enables us to create the right environment, focusing on a home away from home experience.

We prepare nutritious meals on a daily basis, by using the freshest of ingredients and our chefs can cater for all types of dietary requirements. As well as our in-house laundry, additional services such as hairdressing and manicures can be arranged.

With an array of facilities and regular activities, from musical entertainment and readings to outings and garden parties, living with us really does mean that there is always something to do and enjoy at any time of the day.



Current Care Services Include:

- Nursing
- Palliative
- Residential
- Respite

Activities include:

- Musical Entertainment
- Quizzes
- Games
- Gardening
- Garden Parties

Sherwood Grange Care Centre
Mansfield Road,
Edwinstowe,
Mansfield,
Nottingham NG21 9HF

Tel 01623 824 601 or 01623 824 054

Fax 01623 824 602

Email Sherwood.Grange@btconnect.com

Web www.sherwoodgrange.com





Wren Hall Nursing Home

www.wrenhall.com

Embracing Dementia Care Matters™ 'Feelings Matter Most' approach, our dedicated team supports a family feel and enables each person to live well having choice, control, comfort and love in their daily lives.

Telephone: **01773 581203**

Email: info@wrenhall.com

234 Nottingham Road, Selston, Notts NG16 6AB

Live every moment
laugh
everyday
love beyond
words



woodleighcare

caring for the whole person.

- Family owned homes dedicated to providing the best.
- Full time Chaplain leading pastoral care team.
- Residential, dementia, nursing, respite and day care for the over 50's.
- Set in mature gardens with premium and ensuite accommodation: Wi-Fi and TVs throughout.
- Home cooked locally sourced food.



Woodleigh Christian Care Home

Norfolk Drive, Mansfield, Nottingham, NG19 7AG

t: **01623 420459**

e: care@woodleighcare.co.uk

w: woodleighcare.co.uk

Baily House Care Home

Botany Avenue, Mansfield, Nottingham, NG18 5QN

t: **01623 620719**

e: care@bailyhouse.co.uk

w: bailyhouse.co.uk



Call in any time or contact the Home Managers

NEED HELP IN YOUR SEARCH FOR CARE?

www.carechoices.co.uk

developed by the publisher
of this Directory

With so many providers to choose from, where do you start?
www.carechoices.co.uk can help.

- search care providers quickly and easily
- search by postcode/town and care type
- Information on standards of care
- links to the latest inspection reports
- extra information, photos and direct website links for hundreds of providers
- request a brochure
- checklists to take with you when you visit

Alternatively, call our friendly helpline team on **0800 389 2077** to talk to someone directly.



Nottinghamshire
County Council

For help and advice in
Nottinghamshire

0300 500 80 80

[www.nottinghamshire.gov.uk/
adultsocialcare](http://www.nottinghamshire.gov.uk/adultsocialcare)

Mansfield - care homes with nursing continued

PARKSIDE NURSING HOME

Olive Grove, Forest Town, Mansfield NG19 0AR
Tel: 01623 655341 **Advert page 43**

OP D

PORTLAND COLLEGE

Nottingham Road, Mansfield NG18 4TJ
Tel: 01623 499111

PD LDA YA

SYCAMORES & THE POPLARS, THE

High Street, Warsop, Mansfield NG20 0AA
Tel: 01623 330108 **Advert page 68**

OP D YA

THISTLE HILL HALL

Debdale Lane, Mansfield Woodhouse, Mansfield NG19 7EZ
Tel: 01623 655100

MH

WOODLEIGH CHRISTIAN CARE HOME

Norfolk Drive, Mansfield, Nottingham NG19 7AG
Tel: 01623 420459 **Advert pages 58 & 76**

OP D YA

WESTFIELD CARE HOME

Devon Drive, Mansfield NG19 6SQ
Tel: 01623 427846

Advert page 5

OP D PD MH SI YA

Newark - care homes with nursing

BOUGHTON MANOR

Church Road, Boughton, Newark NG22 9JX
Tel: 01623 860436

OP D MH

BYARS NURSING HOME, THE

Caythorpe Road, Caythorpe NG14 7EB
Tel: 0115 966 3981 **Advert page 78**

OP D PD SI

HIGHFIELDS CARE HOME

Station Road, Edingley, Newark NG22 8BX
Tel: 01623 882441

OP

LANCASTER GRANGE

Cross Lane, Fernwood, Newark-on-Trent NG24 3NH
Tel: 01636 880 755 **Advert page 48**

OP D PD YA

OAKS AND LITTLE OAKS, THE

172 London Road, Balderton, Newark NG24 3JF
Tel: 01636 330106 **Advert page 68**

OP

PATHFINDERS NEUROLOGICAL CARE CENTRE

Darwin Drive, New Ollerton, Newark NG22 9GW
Tel: 01623 836639

OP PD LDA SI YA

RED ROSE NURSING HOME

32 Brockton Avenue, Farndon, Newark NG24 4TH
Tel: 01636 673017 **Advert page 78**

OP D

SHERWOOD GRANGE CARE CENTRE

Mansfield Road, Edwinstowe, Mansfield NG21 9HF
Tel: 01623 824601 **Advert pages 56 & 57**

OP PD YA

Rushcliffe - care homes with nursing

ADBOLTON HALL

Adbolton Lane, West Bridgford, Nottingham NG2 5AS
Tel: 0115 981 0055

OP D PD

ASLOCKTON HALL NURSING AND RESIDENTIAL HOME

New Lane, Aslockton, Nottingham NG13 9AH
Tel: 01949 850233 **Advert page 48**

OP PD

BALMORE COUNTRY HOUSE

245-247 Loughborough Road, Ruddington, Nottingham NG11 6NY
Tel: 0115 921 3006 **Advert page 66**

OP D

BEAUVALE CARE HOME

Moor Lane, Bingham, Nottingham NG13 8AS
Tel: 01949 831263

OP PD YA

CHURCH FARM NURSING HOME

Church Lane, Cotgrave, Nottingham NG12 3HR
Tel: 0115 989 4595 **Advert page 62**

OP D

CHURCH FARM NURSING HOME

Skylarks, Adbolton Lane, West Bridgford at Skylarks, Nottingham NG2 5AS
Tel: 0115 982 5568 **Advert page 62**

OP D PD

ETON PARK CARE CENTRE

Owthorpe Road, Cotgrave, Nottingham NG12 3PU
Tel: 0115 989 9545

OP D PD MH

FIELD HOUSE NURSING HOME

11 Main Road, Radcliffe-On-Trent, Nottingham NG12 2FD
Tel: 0115 933 5811 **Advert page 48**

OP

GREENWOOD LODGE

49-55 Gotham Lane, Bunny, Nottingham NG11 6QJ
Tel: 0115 984 7575

PD LDA SI

Service User OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol and drugs

For provider banding information contact Nottinghamshire County Council on 0300 500 80 80. See page 44 for more information. **Advertisers are highlighted**

Specialising in RESIDENTIAL and DEMENTIA care

'Where care comes first'

Clifton View Care Home Tel: 07773 909637

OPENING SEPTEMBER 2015

Farnborough Road, Nottingham, NG11 9GR email: info@cliftonviewcarehome.com
www.cliftonviewcarehome.com

- Brand new Architect designed Care Home opening in September 2015
- Specialist Dementia Care Unit
- Next to the new tram network, bus routes, motorway network and local amenities
- Close to Clifton town centre and Lark Hill Retirement Village
- Purpose built Care Home with 76 large bedrooms all with ensuite shower rooms
- 2 Modern Lifts
- 3 Large Lounges
- Weekly Hairdresser visits
- Regular Doctor visits
- Assisted bath hoists on each floor
- Modern Nurse Call System and TV points in all rooms with Wireless Internet
- Dentist and Chiropodist available
- CCTV Coverage throughout
- Attractive enclosed Garden
- Respite and Long Term Care available



Wollaton Park Care Home Tel: 01159 283 030

2A Lambourne Drive, Wollaton, Nottingham NG8 1GR email: info@wollatonparkcarehome.com
www.wollatonparkcarehome.com

- Purpose built 40 bed home comprising of 38 single and 1 double room all with either ensuite bathroom or shower.
- Adjacent to the popular Wollaton Park
- Dementia and Residential Care
- Lounge and Dining Area
- Large Garden
- Parker bath and three assisted showers
- Regular Doctor visits
- TV / telephone point in every room
- Modern Call System
- Weekly Hairdresser visits
- Modern Lift
- Dentist and Chiropodist available
- 5 star in food hygiene



Beech Court

Specialist Dementia Care Home

Proprietors Alan & Lesley Pearce have over 25 years experience

- Band 5 Quality Care, Celebrating 10 care yrs
- Registered for 23 residents
- Friendly & relaxed atmosphere
- Supportive individual care
- Rooms individually furnished/decorated
- Large patio overlooking well kept garden, with residents' flower bed.



52 Church Lane, Selston Green, Nottinghamshire NG16 6EW
 Telephone: 01773 581450
 Email: beechcourtcare@yahoo.co.uk

Five Gables

Residential Care Home



- Band 5 Quality Care, Celebrating 25 care yrs
- Registered for 16 residents
- Friendly & relaxed atmosphere
- Supportive individual care
- All single bedroom en-suite & individually furnished & decorated
- Large patios overlooking gardens & fish pond with residents flower beds

111/113 Victoria Road, Kirkby in Ashfield, Nottinghamshire, NG17 8AQ
 Telephone: 01623 752512
 Email: fivegablescare@yahoo.co.uk



Leen Valley

care home

...where care matters

www.leenvalleycare.co.uk

Leen Valley is passionate about delivering personalised care to every resident and establish a trusting relationship with you and your family.

With over 10 year's experience, we aim to create a new sense of happiness in your life.

Our personal care approach means that you will be respected as an individual and treated with dignity. Careful consideration and planning is given to ensure a well-balanced, nutritious and healthy menu daily.



- What services we offer:**
- Long or short term stay
 - Respite
 - Day care
 - Support for clients with their personal needs
 - Palliative care
 - Dementia care

'I can honestly say that the care they are given could not be faulted and should be highly praised'. (Marilyn Epton)

Leen Valley Care Home - 3 Nottingham Road, Hucknall, Nottingham NG15 7QN • Tel: 0115 964 0400

Residential care homes

Ashfield - residential care homes

ADAMS HOUSE

Willowbridge Lane, Sutton-in-Ashfield NG17 1DS
Tel: 01623 559009

LDA YA

ALDERCAR RESIDENTIAL CARE HOME

36 Wood Lane, Hucknall, Nottingham NG15 6LR
Tel: 0115 963 7797

OP

ANNESLEY LODGE CARE HOME

Annesley Road, Hucknall, Nottingham NG15 8AY
Tel: 0115 955 5522

OP D

AUTISM SUPPORT AND CARE

Jubilee Court, 1 Jubilee Road,
Sutton-In-Ashfield NG17 2DB
Tel: 01623 212090

LDA YA

BANK HOUSE CARE HOME - SUTTON-IN-ASHFIELD

Church Street, Sutton-in-Ashfield NG17 1EX
Tel: 01623 552766

OP D

BEECH COURT CARE HOME

52 Church Lane, Selston Green, Nottingham NG16 6EW
Tel: 01773 581450 **Advert page 60**

OP D

BELMONT ROAD

87 Belmont Road, Kirkby-in-Ashfield,
Nottingham NG17 9DY
Tel: 01623 754191

LDA

BLACKWELL ROAD

156e Blackwell Road, Huthwaite NG17 2RF
Tel: 01623 651987

LDA MH YA

BROADOAK PARK

Nuncargate Road, Kirkby-in-Ashfield, Nottingham NG17 9DS
Tel: 01623 721924

LDA YA

BROOKSIDE HOUSE CARE HOME

35 Wagstaff Lane, Jacksdale, Nottingham NG16 5JL
Tel: 01773 608527

OP D PD

ELM TREE HOUSE

37a Ogle Street, Hucknall, Nottingham NG15 7FQ
Tel: 0115 963 3573

OP D PD MH

ELMLEIGH HOMES LTD

Elmleigh House, 133 Vernon Road, Kirkby-in-Ashfield,
Nottingham NG17 8ED
Tel: 01623 753837

LDA

FIVE GABLES CARE HOME

113 Victoria Road, Kirkby-in-Ashfield, Nottingham NG17 8AQ
Tel: 01623 752512 **Advert page 60**

OP D

HALLCROFT CARE HOME

Croft Avenue, Hucknall, Nottingham NG15 7JD
Tel: 0115 895 8822 **Advert page 68**

OP

HEATHCOTES (HUCKNALL & WATNALL)

220 Watnall Road, Hucknall, Nottingham NG15 6EY
Tel: 0115 963 6379

LDA MH

HOLLIES, THE

20 Alfreton Road, Sutton-in-Ashfield NG17 1FW
Tel: 01623 512850

LDA MH YA

HUCKNALL HOPE LEA PROJECT

11-13 Annesley Road, Hucknall, Nottingham NG15 7AD
Tel: 0115 953 8385

LDA

JUBILEE COURT

Nabbs Lane, Hucknall, Nottingham NG15 6HB
Tel: 0115 983 4630 **Advert page 74**

OP D PD SI

KESTREL LODGE CARE HOME

St Thomas Avenue, Kirkby-in-Ashfield,
Nottingham NG17 7DX
Tel: 01623 330104 **Advert page 68**

OP

KIRKLANDS RESIDENTIAL CARE HOME FOR OLDER PEOPLE

2 Fairhaven, Kirkby-in-Ashfield, Nottingham NG17 7FW
Tel: 01623 723936

OP D PD

LEEN VALLEY CARE HOME

3 Nottingham Road, Hucknall Nottingham NG15 7QN
Tel: 0115 964 0400 **Advert page 60**

OP D

LOXLEY LODGE CARE HOME

School Street, Kirkby-in-Ashfield, Nottingham NG17 7BT
Tel: 01623 757475

OP D

MANOR HOUSE CARE HOME

Brook Street, Sutton-in-Ashfield NG17 1ES
Tel: 01623 554552

OP

NOTTINGHAM COMMUNITY HOUSING ASSOCIATION LTD

2-8 Orchard Street, Hucknall, Nottingham NG15 7JX
Tel: 0115 933 8160

MH

Service User OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol and drugs

For provider banding information contact Nottinghamshire County Council on 0300 500 80 80. See page 44 for more information. **Advertisers are highlighted**

For further assistance tel: 0300 500 80 80 or visit www.nottinghamshire.gov.uk



Church Farm Nursing Home

Dementia Care Specialists

Church Lane, Cotgrave
0115 989 4595

www.churchfarmnursinghome.co.uk



Church Farm at Skylarks

Dementia Care Specialists

Adbolton Lane, West Bridgford
0115 982 5568

www.churchfarm-skylarks.co.uk



The Hollies

RESIDENTIAL CARE HOME

Tel: **01777 707750**
Web: www.holliescare.com
Email: kiran@rkventures.com

The Hollies is a care home for the elderly and with dementia. At The Hollies we have been caring and supporting our residents for over 30 years within the setting of a beautiful stately house which will instantly make you feel like home once you arrive. The home is

registered for 22 residents and we have a well trained and hardworking team of carers who make everyone feel like part of the family. The home enjoys excellent CQC and Quality Audit scores and is one of the most respected homes in the county.

19-23 London Road • Retford • Nottinghamshire • DN22 6AT



Glenesk

Care Home for the elderly, specialising in dementia, offering:

- 21 bedrooms, en-suite facilities • 24 hour Nurse Call in all rooms • Fresh food cooked everyday • Passenger lift • Visiting Chiropodist, Dentist, Optician and Hairdresser
- For further details, contact Kay, Sally or Pritpal on **01777 702339**
glenesk@memento-care.co.uk www.gleneskcarehome.co.uk
 Please visit us at The Crescent (off Queen Street), Retford, DN22 7BX

Elmbank Care Home

35 Robinson Road, Mapperley, Nottingham NG3 6BB



- 24 hour nursing care
- Quality dementia care
- Palliative care
- Highly qualified & experienced staff
- Single rooms, some en-suite
- Extensive activities programme
- Traditional style cooking with varied menu, special diets catered for
- Secluded gardens with patio & sensory garden
- Warm homely environment
- Visiting hairdressers, chiropodist, dentist, reflexologist and clergy
- Passenger lift and nurse call

For further information please contact the Manager Isabel Mantle.

Tel: **0115 962 1262** Fax: 0115 952 3726
Email: isabel.mantle@redwoodcare.co.uk

Rose Farm Care Home

It is our intention to create a 'home' in every sense of the word with care provided by an experienced team of loving people.

- Highly experienced staff • All bedrooms are decorated to the highest standards & some en-suite facilities • 24 hour care
- Residential and Specialist Dementia Care



www.rosefarmhome.co.uk



Main Street, Styrrup, Doncaster, DN11 8NB Tel: 01302 744 664



Nottinghamshire County Council

For help and advice in Nottinghamshire

0300 500 80 80

www.nottinghamshire.gov.uk/adultsocialcare

Ashfield - residential care homes continued

NOTTINGHAM COMMUNITY HOUSING ASSOCIATION LTD - 134 ASHLAND ROAD WEST

Sutton-in-Ashfield NG17 2HS
Tel: 01623 516641

LDA

ORCHARD CARE HOME, THE

10 Papplewick Lane, Hucknall,
Nottingham NG15 7TE
Tel: 0115 952 7102

PD LDA MH SI YA

QUINTON HOUSE

2 The Hill, Kirkby-in-Ashfield, Nottingham NG17 8JR
Tel: 01623 723321

LDA

RICHMOND LODGE

Off 35a Richmond Road, Kirkby-in-Ashfield,
Nottingham NG17 7PR
Tel: 01623 750620

PD LDA MH YA

ROYAL MENCAP SOCIETY - ASHFIELD COURT CARE HOMES

Stone Yard Road, Sutton-in-Ashfield,
Nottingham NG17 2DR
Tel: 01623 512666

PD LDA YA

SHEEPWALK HOUSE

39 Sheepwalk Lane, Ravenshead,
Nottingham NG15 9FD
Tel: 01623 797074

LDA YA

SHIRES CARE CENTRE, THE

The Oval, Sutton-in-Ashfield NG17 2FP
Tel: 01623 551099

PD LDA YA

SHORTWOOD HOUSE

145 Beardall Street, Hucknall,
Nottingham NG15 7HA
Tel: 0115 952 0950

OP D

SPINNIES, THE

Linby Lane, Linby, Nottingham NG15 8AF
Tel: 0115 963 1844

LDA YA

SUTTON COURT

Priestsic Road, Sutton-in-Ashfield NG17 2AH
Tel: 01623 441130 **Advert page 70**

OP D PD SI YA

SUTTON HOUSE

57 Kirkby Road, Sutton-In-Ashfield NG17 1GG
Tel: 01623 555900

LDA

SUTTON LODGE

Priestsic Road, Sutton-in-Ashfield NG17 2AH
Tel: 01623 441130 **Advert pages 37 & 70**

OP D PD SI YA

SUTTON MANOR

Priestsic Road, Sutton-in-Ashfield NG17 2AH
Tel: 01623 441130 **Advert pages 70**

OP D PD SI

Bassetlaw - residential care homes

ABBEYMOOR NURSING HOME

Sherwood Road, Worksop S80 1QW
Tel: 01909 480998

OP D PD MH YA

AVONDALE CARE HOME

Whitehouse Road, Bircotes, Doncaster DN11 8EQ
Tel: 01302 743673

OP D

BARNBY COURT CARE HOME

Barnby Moor, Retford DN22 8QS
Tel: 01777 705902

OP D YA

BEECH HOUSE CARE HOME

292-294 Carlton Road, Worksop S81 7LL
Tel: 01909 472149

OP D

BRACKEN VILLA

6 Bracken Lane, Retford, Nottingham DN22 7EU
Tel: 01777 719720

LDA YA

BRAILSFORD HOUSE

1 Main Street, Harworth, Doncaster DN11 8LE
Tel: 01302 742156

OP D

BRANTHWAITE CARE HOME

34 Welham Road, Retford DN22 6TN
Tel: 01777 706720

OP D MH

BREAGHA HOUSE

40 Main Street, Hayton, Retford DN22 9LL
Tel: 01522 868279

LDA YA

CAMBIAN BEECHES

Retford Road, South Leverton, Retford DN22 0BY
Tel: 01427 807630

OP LDA SI YA

CARLTON ROAD

181-183 Carlton Road, Worksop S81 7AD
Tel: 01909 473831

LDA

Service User OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol and drugs

For provider banding information contact Nottinghamshire County Council on 0300 500 80 80. See page 44 for more information. **Advertisers are highlighted**

For further assistance tel: 0300 500 80 80 or visit www.nottinghamshire.gov.uk

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OP D

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LDA

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OP

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OP D YA

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Talbot Road, Worksop S80 2PG
Tel: 01909 533690 **Advert page 74**

OP D PD SI

WHITEGATES

Whitegates Home, Sparken Hill,
Worksop S80 1AP
Tel: 01909 478746

LDA



Service User **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol and drugs

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Friendly, kind, caring staff create a real home from home atmosphere.

Langwith Lodge has lots to offer including:

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Our team of kind, patient and respectful staff will do their utmost to make you feel comfortable and safe enabling and facilitating your chosen lifestyle.

If you would like further information, a brochure, or wish to discuss your particular requirements, please call our Home Manager :

01623 742204

The Park, Nether Langwith,
Mansfield, Nottinghamshire
NG20 9ES



Welcome to our homes...

Our care homes have built up excellent reputations within their local communities with the vast majority of our new residents coming through recommendations from others. This has been established through our commitment to the on-going provision of dedicated quality care delivered within a high quality, yet homely environment.

We welcome visitors into our homes and encourage family members and friends to get involved in their loved-ones care and become part of the care home's life. Those looking for a care home are welcome to visit at any time, an appointment is not always necessary.

- You are reading this because you are thinking about finding a care home for a loved one or even yourself
- You're trying to ensure you are making the right decision to find the best possible care for your family member
- Are you unsure what funding you are entitled to, how to work through all the paperwork?

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Nottingham NG4 1RS
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South Normanton, Derbyshire DE55 2EF

T: **01773 811453** F: **01773 581754** E: info@my-care.co.uk

www.my-care.co.uk



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Tel: 0115 977 7370 **Advert page 35**

OP D PD

ALDER HOUSE CARE HOME

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ASHTON COURT RESIDENTIAL HOME

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Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol and drugs

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Nottinghamshire
County Council

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OP D

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LDA

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PD LDA SI YA

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LDA YA

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PD LDA MH YA AD

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PD YA

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MH YA

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OP D PD

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Tel: 0115 962 1675

MH

Service User OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
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Sturgeon Avenue, Clifton, Nottingham NG11 8HE
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OP D

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OP D PD LDA YA

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Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol and drugs

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LDA

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OP D PD SI

BRIDLE LODGE

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Tel: 0115 931 3851

LDA YA

CAMELLIA HOUSE

109 Main Street, Calverton, Nottingham NG14 6FG
Tel: 0115 845 8876

OP

CARE @ RAINBOW'S END

Bosworth Farm, Main Street, Shelford,
Nottingham NG12 1EE
Tel: 0115 933 2878

LDA YA

COPPICE LODGE

117 Coppice Road, Arnold, Nottingham NG5 7GS
Tel: 0115 920 5906 **Advert inside back cover**

OP D

EDEN LODGE RESIDENTIAL CARE HOME

Park Road, Bestwood Village, Nottingham NG6 8TQ
Tel: 0115 977 0700

OP D PD MH SI

HAWTHORNE NURSING HOME

School Walk, Bestwood Village, Nottingham NG6 8UU
Tel: 0115 977 0331

OP D YA

IVY LEAF

29 Gedling Road, Gedling,
Nottingham NG4 3EX
Tel: 0115 961 6785

Advert page 76
OP D PD MH SI

LEIVERS COURT RESIDENTIAL CARE HOME FOR OLDER PEOPLE

Douro Drive, off Kilbourne Road, Arnold,
Nottingham NG5 8AX
Tel: 0115 920 9501

OP D PD

LORETO COTTAGE

Mapperley Plains, Nottingham NG3 5RT
Tel: 0115 926 9357

LDA

MANOR RESIDENTIAL HOME (ARNOLD) LTD

28 Church Street, Arnold, Nottingham NG5 8FB
Tel: 0115 953 5577

OP

MILLBECK HOUSE

Oakdale Road, Arnold, Nottingham NG5 8BX
Tel: 0115 956 9790

OP

ORLA HOUSE

317 Mapperley Plains, Nottingham NG3 5RG
Tel: 0115 920 3754

LDA

OXCLOSE LANE CARE HOME

154-156 Oxclose Lane, Arnold,
Nottingham NG5 6FF
Tel: 0115 967 0657

LDA

SHEEPWALK HOUSE

39 Sheepwalk Lane,
Ravenshead NG15 9FD
Tel: 01623 797074

LDA YA

SHERWOOD HOUSE RESIDENTIAL CARE HOME

Main Street, Linby, Nottingham NG15 8AE
Tel: 0115 964 2721

OP

SPINNIES, THE

Linby Lane, Linby, Nottingham NG15 8AF
Tel: 0115 963 1844

LDA YA

VALLEY ROAD CARE HOME

1-7 Valley Road, Carlton,
Nottingham NG4 1LS
Tel: 0115 956 2309

LDA

VINES, THE

315 Westdale Lane, Mapperley,
Nottingham NG3 6EW
Tel: 0115 960 6038

OP PD LDA MH SI YA

WESTWOLDS

4 Park Avenue, Burton Joyce,
Nottingham NG14 5AF
Tel: 0115 931 3659

OP

WHITEGATES

Whitegates Home, Sparken Hill,
Worksop S80 1AP
Tel: 01909 478746

LDA

WOODTHORPE VIEW CARE HOME

53 Woodthorpe Drive, Woodthorpe,
Nottingham NG5 4GY
Tel: 0115 962 4556

OP

Service User OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol and drugs

For provider banding information contact Nottinghamshire County Council on 0300 500 80 80. See page 44 for more information. **Advertisers are highlighted**



- Family owned homes dedicated to providing the best.
 - Full time Chaplain leading pastoral care team.
- Residential, dementia, nursing, respite and day care for the over 50's.
- Set in mature gardens with premium and ensuite accommodation:
 - Wi-Fi and TVs throughout.
 - Home cooked locally sourced food.

Baily House Care Home



Botany Avenue, Mansfield, Nottingham, NG18 5QN

t: 01623 620719

e: care@bailyhouse.co.uk

w: bailyhouse.co.uk

Woodleigh Christian Care Home

Norfolk Drive, Mansfield, Nottingham, NG19 7AG

t: 01623 420459

e: care@woodleighcare.co.uk

w: woodleighcare.co.uk

Call in any time or contact the Home Managers



- Homely Home Away From Home
- We care for the elderly, dementia, physical disability
- Easy Access to Local Shops and Amenities
- Single rooms with en-suite
- Ongoing support with Community Life
- Day Care, Respite Care – Welcome
- NVQ Qualified Staff
- Free Trials

29 Gedling Road, Carlton, Nottingham NG4 3EX
Tel/Fax: 0115 961 6785
contact@mauricare.com www.mauricare.com



Elizabeth House Care Home

2 Church Hill Avenue, Mansfield Woodhouse,
Mansfield NG19 9JU
Tel: 01623 657368 • Fax: 01623 657368

- Respite Care / Holidays
- Physiotherapy
- Own GP if required
- Own Furniture if required
- Pets by arrangement
- Smoking not permitted
- Close to Local shops & Public Transport
- A small smoking room
- Double room available for couples
- Minibus or other transport available
- Lift & Wheelchair access
- Gardens for residents
- Phone Point in own room or Mobile
- Television point in own room
- Residents Internet Access
- Daily activities
- Excellent personal care and homely environment

Residential Care • Day Care • Respite Care • Dementia Services • Homecare



Hatzfeld House Care Home

Hatzfeld house offers semi-independent and dependent 24 hour staffed accommodation.

Telephone: 01623 464 541 Web: www.hatzfeld.co.uk
Email: hatzfeldhouse@btconnect.com



10B Mansfield Road, Blidworth, Nottinghamshire, NG21 0PN

The Beeches

Specialising in caring for people with a dementia.

Tastefully extended Listed period building providing en-suite rooms for 26 residents.

- Providing long term care, respite care, and day care for older people, and people with a dementia.
 - Supportive and friendly staff.
 - Varied menu with home cooked food.
 - Flexible visiting hours and activities co-ordinator.

Please feel free to call in.



59 High Street • Mansfield Woodhouse • Mansfield • NG19 8BB
Tel: 01623 421032 Fax: 01623 421234
Email: the.beeches@live.co.uk Web: www.thebeechemansfield.co.uk

ASHLANDS CARE HOME

152 Southwell Road, East, Rainworth,
Mansfield NG21 0EH **Advert outside back cover**
Tel: 01623 792711 **OP D**

BAILY HOUSE

Baily House, Botany Avenue, Mansfield NG18 5QN
Tel: 01623 620719 **Advert pages 58 & 76** **OP D YA**

BEECHES, THE

59 High Street, Mansfield Woodhouse,
Mansfield NG19 8BB
Tel: 01623 421032 **Advert page 76** **OP D**

BEECHDENE CARE HOME

29-30 Woodhouse Road, Mansfield NG18 2AY
Tel: 01623 649351 **LDA**

CAMBIAN PINES

203 Park Hall Road, Mansfield Woodhouse NG19 8QX
Tel: 01623 633152 **LDA YA**

CLIPSTONE HALL AND LODGE

Mansfield Road, Clipstone Village, Mansfield,
Nottinghamshire NG21 9BH
Tel: 01623 636010 **Advert page 78** **OP D**

CORNER HOUSE RESIDENTIAL CARE HOME

1-3-5 St Margaret Street, Mansfield NG18 2RE
Tel: 01623 657117 **PD LDA MH SI**

DOVECOTE RESIDENTIAL CARE HOME, THE

69 Bagshaw Street, Pleasley, Mansfield NG19 7SA
Tel: 07740 304829 **LDA YA**

DOVETAIL HOUSE

The Park, Mansfield NG18 2AT
Tel: 01623 420690 **PD LDA MH YA AD**

ELIZABETH HOUSE RESIDENTIAL CARE HOME

2 Church Hill Avenue, Mansfield Woodhouse,
Mansfield NG19 9JU
Tel: 01623 657368 **Advert page 76** **OP D**

ELM

Forest Avenue, Mansfield NG18 4BX
Tel: 01623 626252 **PD MH SI YA**

FERNLEAF RESIDENTIAL HOME

26 Chesterfield Road South, Mansfield NG19 7AD
Tel: 01623 655455 **OP D**

FOREST HOME

21 Third Avenue, Forest Town, Mansfield NG19 0BQ
Tel: 01623 611833 **PD LDA MH SI YA AD**

HATZFELD HOUSE

10B Mansfield Road, Blidworth, Mansfield NG21 0PN
Tel: 01623 464541 **Advert page 76** **OP D**

HAYWOOD OAKS CARE HOME

Kirby Close, Blidworth, Mansfield NG21 0TT
Tel: 01623 795085 **Advert page 80** **OP D**

HEATHCOTES (MANSFIELD)

11 Lindhurst Lane, Mansfield NG18 4JE
Tel: 01623 424833 **PD LDA MH SI YA**

INDIGO

2 Forest Avenue, Mansfield NG18 4BX
Tel: 01623 626252 **LDA MH SI YA**

INNOVA HOUSE - CBIR

Forest Avenue, Mansfield NG18 4BX
Tel: 01623 626252 **PD LDA MH**

LIMES CARE HOME, THE

Park Road, Mansfield, Woodhouse, Mansfield NG19 8AX
Tel: 01623 632681 **Advert page 5** **OP D**

LINDHURST LANE

11 Lindhurst Lane, Berry Hill, Mansfield NG18 4JE
Tel: 01623 726267 **LDA**

MAGNOLIA HOUSE RESIDENTIAL CARE HOME

Chesterfield Road North, Pleasley, Mansfield NG19 7RA
Tel: 01623 811580 **OP D**

MAUN VIEW

261 Chesterfield Road South, Mansfield NG19 7EL
Tel: 01623 423125 **Advert page 74** **OP D PD SI**

MONTAGUE STREET CARE HOME

28-30 Montague Street, Mansfield NG18 2PN
Tel: 01623 651368 **LDA**

NEWGATE LODGE CARE HOME

Newgate Lane, Mansfield NG18 2QB
Tel: 01623 622322 **Advert inside front cover** **OP D**

OAKAPPLE CARE HOME

Debdale Bungalow, Debdale Lane, Mansfield NG19 7EZ
Tel: 01623 622588 **D**

OAKDENE

Stacey Road, Mansfield NG19 7JJ
Tel: 01623 655123 **MH YA AD**

Service User **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol and drugs

For provider banding information contact Nottinghamshire County Council on 0300 500 80 80. See page 44 for more information. **Advertisers are highlighted**

At **Red Homes Healthcare**, we care passionately about maintaining high quality care. We stand by 30 years of unparalleled reputation.



We are delighted to be able to offer **high quality nursing, residential and dementia care** in any one of our beautiful care homes:

- **Red Rose Nursing and Dementia Nursing Home** (including a challenging behaviour wing) The **Specialist Dementia Unit** has now been awarded the **5* excellent service award** and been re-accredited with the **Local Authority Quality Audit Award**
- **Red Roofs Residential Home**
- **Parklands Residential/Dementia Home** Providing care to clients under 65 years of age with Dementia/ dementia related conditions.
- Or, in your own home with our exceptional Red Homes **Domiciliary Care Service**

Red Homes is a family run business caring for the elderly and working age client throughout the Newark and Sherwood area.

Red Homes Healthcare...Making Life Better.

Call **Barbara Cotman** now on **01636 673017** to find out more about the care services we offer, or you can contact us by email at **enquiries@redhomes.com**

Copper Beeches Residential Home

Providing the highest quality of Nursing, Personal and Dementia Care in a happy and homely environment.



138 High Street, Collingham, Newark, Nottinghamshire NG23 7NH

Contact us for further information on **01636 892789**

THE BYARS

REGISTERED CARE HOME

Caythorpe, Nr Lowdham, Nottinghamshire. NG14 7EB
Telephone: **0115 966 3981**

The Byars is a small, family owned and managed, independent Care Home situated in an idyllic Trent Valley village. We provide the highest quality care in the highest quality accommodation.

The Byars offers accommodation for people requiring nursing or personal care. We are able to meet the needs of individuals experiencing dementia.

We would be delighted to have the opportunity to show you around our Home and tell you more about ourselves. The care and services that we provide are centred on the individual, please contact us to discuss specific care needs and how they could be met at The Byars.

www.byarscarehome.co.uk



Clipstone Hall & Lodge Residential and Dementia Care Home

Quality care from a dedicated team of experts

Our team are experts in providing quality care, tailored to the individual. We care about every detail of our residents' lives, their health, diet, exercise and mental stimulation. Each of our homes are purpose-built, beautifully decorated and superbly equipped with en-suite facilities.



Clipstone Hall and Lodge Residential & Dementia Care Home

Mansfield Road, Clipstone, Nottinghamshire NG21 9BH



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ACTION ON HEARING LOSS



Mansfield - residential care homes continued

OAKLANDS, THE

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Tel: 01623 842080

LDA

REDCLIFFE HOUSE

Redcliffe Road, Mansfield NG18 2QN
Tel: 01623 635599

LDA YA

ROSE COURT LODGE

3 Sutton Road, Mansfield NG18 5ET
Tel: 01623 471300

OP D

ROWAN - INNOVA HOUSE CLD

93 Windsor Road, Mansfield NG18 4BX
Tel: 01623 626252

PD LDA MH

SOUTHWELL ROAD EAST, 304

304-306 Southwell Road East, Rainworth, Mansfield NG21 0EB
Tel: 01623 793929

LDA MH YA

THISTLE HILL HALL

Debdale Lane, Mansfield Woodhouse NG19 7EZ
Tel: 01623 655100

MH

VOYAGE 1 LTD - 19-23 CHURCH STREET

Market Warsop, Mansfield NG20 0AU
Tel: 01623 840000

OP PD LDA SI YA

WESTFIELD CARE HOME

Devon Drive, Mansfield NG19 6SQ
Tel: 01623 427846

Advert page 5

OP D

WOODHOUSE ROAD CARE HOME

31 Woodhouse Road, Mansfield NG18 2AY
Tel: 01623 651398

LDA

WOODLANDS - INNOVA HOUSE CLD

78-86 Forest Road, Mansfield NG18 4BU
Tel: 01623 626252

LDA

Newark - residential care homes

ASHLEA CARE HOME

1 Kings Road, Newark NG24 1EW
Tel: 01636 705206

LDA

BISHOPS COURT RESIDENTIAL CARE HOME FOR OLDER PEOPLE

Tuxford Road, Boughton, Newark NG22 9HY
Tel: 01623 862043

OP D PD

BOWBRIDGE COURT

Bowbridge Road, Newark-on-Trent NG24 4DF
Tel: 01636 605528

OP D

BROOKLYN CARE HOMES LTD

Lodge Farm, Wheatgrass Hill, Upton, Newark NG23 5TJ
Tel: 01636 815553

OP PD LDA MH SI YA AD

BYARS NURSING HOME, THE

Caythorpe Road, Caythorpe NG14 7EB
Tel: 0115 966 3981

Advert page 78

OP D PD SI

CAMBIAN BIRCHES

Eton Avenue, Newark NG24 4JD
Tel: 01636 550576

LDA YA

CARLTON CLOSE, 15-16

Newark NG24 4HG
Tel: 01636 613731

LDA

CEDARS, THE

67 Mansfield Road, Blidworth, Mansfield NG21 0RB
Tel: 01623 491033

LDA YA

CHESTNUT GRANGE

Main Street, Weston, Newark NG23 6ST
Tel: 01636 821438

OP LDA YA

CHRISTIE DEVELOPMENT CENTRE

Mansfield Road, Blidworth, Mansfield NG21 0LR
Tel: 01623 798889

PD LDA MH YA

COPPER BEECHES

138 High Street, Collingham, Newark NG23 7NH
Tel: 01636 892789

Advert page 78

OP D

ELSTON HOUSE

Top Street, Elston, Newark NG23 5NP
Tel: 01636 525384

LDA

FRIARY FIELDS CARE HOME

21 Friary Road, Newark NG24 1LE
Tel: 01636 706105

Advert page 80

OP D

GREENFIELDS CLOSE

Newark Road, Coddington, Newark NG24 2QQ
Tel: 01636 677981

LDA

Service User OP Older people (65+) D Dementia PD Physical disability LDA Learning disability, autism
Bands MH Mental health SI Sensory impairment YA Younger adults AD People who misuse alcohol and drugs

For provider banding information contact Nottinghamshire County Council on 0300 500 80 80. See page 44 for more information. Advertisers are highlighted

For further assistance tel: 0300 500 80 80 or visit www.nottinghamshire.gov.uk

Nightingale Nursing and Care Home

Nightingale Nursing and Care Home is a purpose built luxury Home with 48 bedrooms and en-suite facilities, situated within the village of Edwinstowe, close to Sherwood Forest. Our highly qualified, friendly staff ensure each resident have their needs specially tailored to them.



- Specialist care for people with Nursing, Dementia, Day Care Respite and Long term Care.
- Qualified Nursing staff on duty day and night.
- Excellent support from local GPs and NHS services.
- Activities include outings, chiropodist, hairdressing, entertainment etc.
- Open visiting hours. Viewing essential to appreciate the quality and level of service.
- Contracts with Nottinghamshire Social Services and NHS.

Tel: 01623 824480 Email: information@midlandhealthcare.co.uk
www.midlandhealthcareltd.co.uk

Fourth Avenue, Edwinstowe, Nottinghamshire NG21 9PA

Friary Fields Care Home

21 Friary Road, Newark, NG24 1LE

- Dementia Care Specialists
- Private rooms with en-suite facilities
- Warm and friendly atmosphere
- Town centre location
- Set in landscaped, mature gardens
- Well-trained and friendly staff available 24 hours per day
- Visiting Dentist, Chiropodist & Optician
- Person-centred approach to care & Cognitive Stimulation Therapy offered
- Regular entertainment & activities



Tel: 01636 706105 Web: www.friaryfields.co.uk

Millbank Residential Care Home



Millbank is a registered care home for older people near the centre of the historic market town of Newark. It has been completely redeveloped to provide unique modern yet homely, high quality accommodation.

Well trained staff provide excellent care for 38 older people including those with dementia.



www.heritagecare.co.uk

109 Mill Gate, Newark, Nottinghamshire NG24 4UA • Tel: 01636 703 625

HAYWOOD OAKS CARE HOME

Kirby Close, Haywood Oaks Estate, Blidworth, Nottinghamshire, NG21 0TT

Telephone number – **01623 795 085**

Haywood Oaks is a purpose built, modern, furnished to a high standard, within a homely environment care home. We offer residential and dementia care within an environment that offers well-being, security, independence and quality care for all our residents.

- Friendly & relaxed atmosphere with dedicated staff
- Registered for 20 residents
- En-suite facilities available
- All rooms furnished to a high standard
- Varied menu with home cooked food
- Regular entertainment
- Long, respite and holiday stay available
- Families & visitors are made most welcome

“We provide a happy, caring safe and companionable home for our residents, where independence and individuality are encouraged and respected.”



WWW.HAYWOOD-OAKS.CO.UK

HAZELFORD RESIDENTIAL HOME

The Hazelford Care Home, Boat Lane, Bleasby, Nottingham NG14 7FT

Tel: 01636 830207 **Advert page 68** **OP D**

HELMSLEY ROAD SHORT BREAKS SERVICE

29 Helmsley Road, Rainworth, Mansfield NG21 0DQ
Tel: 01623 476939 **LDA**

MILLBANK

109 Mill Gate, Newark NG24 4UA
Tel: 01636 703625 **Advert page 80** **OP D PD SI**

NIGHTINGALE CARE HOME

Fourth Avenue, Edwinstowe, Mansfield NG21 9PA **Band 3**
Tel: 01623 824480 **Advert page 80** **OP D PD MH SI YA**

OLD ORCHARD, THE

242 Beacon Hill Road, Newark NG24 2JP
Tel: 01636 700227 **Advert page 41** **LDA YA**

OLD VICARAGE, THE

Wellow Road, Old Ollerton, Mansfield NG22 9AD
Tel: 01623 824689 **LDA YA**

PARKLANDS RESIDENTIAL CARE HOME

Strawberry Hall Lane, Newark NG24 2EP
Tel: 01636 673017 **Advert page 78** **OP D**

RED ROOFS RESIDENTIAL CARE HOME

35A Grange Road, Newark NG24 4LH
Tel: 01636 673017 **Advert page 78** **OP**

ROYAL MENCAP SOCIETY - 97B BARNBY GATE

97B Barnby Gate, Newark NG24 1QZ
Tel: 0207 696 6941 **OP D PD LDA MH SI YA**

SOUTH COLLINGHAM HALL

Newark Road, Collingham, Newark NG23 7LE
Tel: 01636 892308 **OP D PD MH**

SOUTHWELL COURT CARE HOME

Racecourse Road, Southwell NG25 0TX
Tel: 01636 815599 **OP D**

ST MARYS

The Old Vicarage, Blidworth, Mansfield NG21 0QH
Tel: 01623 795231 **OP D**

SYCAMORE HOUSE

700 Mansfield Road, Sherwood, Nottingham NG5 3FW
Tel: 0115 956 5205 **OP D**

TROC CARE HOME, THE

256 Beacon Hill Road, Newark NG24 2JP
Tel: 01636 671342 **Advert below** **OP D PD MH SI**

VICTORIA COTTAGE RESIDENTIAL HOME

13-15 Station Road, Lowdham, Nottingham NG14 7DU
Tel: 0115 966 3375 **OP D**

WHITEWATER ROAD

1a-1b Whitewater Road, Ollerton, Newark NG22 9XF
Tel: 01623 836648 **LDA**

WINTHORPE HALL CARE HOME

74 Gainsborough Road, Winthorpe, Newark NG24 2NR
Tel: 01636 701826 **OP D**

WOODS COURT RESIDENTIAL CARE HOME FOR OLDER PEOPLE

Walker Close, off Hatton Gardens, Newark NG24 4BP
Tel: 01636 673548 **OP D PD**

WYCAR LEYS THE HOUSE RESIDENTIAL HOME

Kirklington Road, Bilsthorpe, Newark NG22 8TT
Tel: 01623 871752 **LDA**

WYCAR LEYS THE LODGE RESIDENTIAL CARE HOME

Kirklington Road, Bilsthorpe, Newark NG22 8TT
Tel: 01623 871752 **LDA**

WYCAR LEYS THE MEWS RESIDENTIAL HOME

Kirklington Road, Bilsthorpe, Newark NG22 8TT
Tel: 01623 871752 **LDA**

WYCAR LEYS THE TERRACE RESIDENTIAL HOME

Kirklington Road, Bilsthorpe, Newark NG22 8TT
Tel: 01623 871752 **LDA**

The Troc Residential Care Home

www.thetroc.co.uk



T: 01636 671 342 **E:** info@thetroc.co.uk
256 Beacon Hill Road, Newark, Nottinghamshire NG24 2JP

With an unsurpassed reputation within the local community, is situated on the outskirts of the historic market town of Newark, with easy access to the A1 and excellent transport links. Here at The Troc, we are registered for 32 residents and offer a relaxed and happy atmosphere with individualised care for all. We encourage everyone to remain as independent as possible whilst offering them the support that they need. With a recent refurbishment we now have 7 ensuite rooms, a large garden with patio area, our Summer House and Garden Parties along with a regular programme of activities.

Service User **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism
Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol and drugs

For provider banding information contact Nottinghamshire County Council on 0300 500 80 80. See page 44 for more information. **Advertisers are highlighted**

For further assistance tel: 0300 500 80 80 or visit www.nottinghamshire.gov.uk

ASH VILLA

159 Musters Road, West Bridgford, Nottingham NG2 7AF
Tel: 0115 981 9761

D LDA SI

BELVOIR VALE CARE HOME

Old Melton Road, Widmerpool, Nottingham NG12 5QL
Tel: 01949 823989

OP D

BROADLANDS RESIDENTIAL CARE HOME

28 Shelford Road, Radcliffe-on-Trent
Nottingham NG12 1AF
Tel: 0115 933 2727

OP D

BROOKSIDE AVENUE, 26

26 Brookside Avenue, East Leake, Loughborough,
Leicestershire LE12 6PA
Tel: 01509 559502

LDA MH YA

CARE @ RAINBOW'S END

Bosworth Farm, Main Street, Shelford,
Nottingham NG12 1EE
Tel: 0115 933 2878

LDA

CHERRY TREE COTTAGE

6 Kinoulton Lane, Kinoulton NG12 3EQ
Tel: 01949 823951

LDA YA

CHERRY TREE LODGE

34-36 Holme Road, West Bridgford, Nottingham NG2 5AA
Tel: 0115 914 3499

LDA

COACH HOUSE, THE

9 Radcliffe Mount, West Bridgford, Nottingham NG2 5FY
Tel: 0115 981 8901

LDA YA

DERBYSHIRE HOUSE RESIDENTIAL CARE

Station Road, East Leake, Loughborough LE12 6LQ
Tel: 01509 852531

OP

FIELD HOUSE NURSING HOME

11 Main Road, Radcliffe-on-Trent, Nottingham NG12 2FD
Tel: 0115 933 5811 **Advert page 48**

OP

FIRS RESIDENTIAL CARE HOME, THE

Old Epperstone Road, Lowdham NG14 7BS
Tel: 0115 966 5055

OP

HILLSIDE FARM CARE HOME

Loughborough Road, Bunny Hill
Bunny, Nottingham NG11 6QQ
Tel: 01509 852900

OP D

HOLME LODGE - CARE HOME PHYSICAL DISABILITIES

Holme Lodge Cheshire Home, 1 Julian Road, West
Bridgford NG2 5AQ
Tel: 0115 982 2545

PD YA

JUBILEE HOUSE

18 Hound Road, West Bridgford, Nottingham NG2 6AH
Tel: 0115 981 7938

LDA YA

LEAWOOD MANOR

Hilton Crescent, West Bridgford, Nottingham NG2 6HY
Tel: 0115 923 4985 **Advert page 74**

OP D PD SI

LITTLE ACRE - THE ANNEX

Little Acres, Melton Road, Hickling Pastures,
Melton Mowbray, Leicestershire LE14 3QG
Tel: 01949 81713

PD LDA SI YA

LODGE FARM

Lodge Farm Main Street, Saxondale, Nottingham NG13 8AY
Tel: 01949 836987

LDA YA

MAC MAE

2 Crosby Road, West Bridgford, Nottingham NG2 5GH
Tel: 0115 981 5841

LDA YA

OLD ORCHARD CARE HOME, THE

123c Shelford Road, Radcliffe-on-Trent,
Nottingham NG12 1AZ
Tel: 0115 933 5113

PD LDA SI YA

ORCHARD HOUSE

46 Easthorpe Street, Ruddington, Nottingham NG11 6LA
Tel: 0115 921 7610 **Advert page 66**

OP D

PATRICK HOUSE

2 Patrick Road, West Bridgford, Nottingham NG2 7JY
Tel: 0115 981 8733

LDA YA

PELHAM LODGE

Clifton Lane, Ruddington, Nottingham NG11 6AB
Tel: 0115 921 3272

LDA YA

RADCLIFFE MANOR HOUSE

52 Main Road, Radcliffe-on-Trent, Nottingham NG12 2AA
Tel: 0115 911 0138

OP

RICHMAND HOUSE RESIDENTIAL HOME LTD

88-90 Melton Road, West Bridgford,
Nottingham NG2 7NF
Tel: 0115 914 2609

OP

Service User **OP** Older people (65+) **D** Dementia **PD** Physical disability **LDA** Learning disability, autism

Bands **MH** Mental health **SI** Sensory impairment **YA** Younger adults **AD** People who misuse alcohol and drugs

For provider banding information contact Nottinghamshire County Council on 0300 500 80 80. See page 44 for more information. **Advertisers are highlighted**

ROSE LODGE

88-90 Musters Road, West Bridgford, Nottingham NG2 7PS
Tel: 0115 945 5575 **OP**

ROSELEA HOUSE

73 Loughborough Road, West Bridgford, Nottingham NG2 7JX
Tel: 0115 846 2251 **LDA**

ST PETER'S CARE HOME

15 Vicarage Lane, Ruddington, Nottingham NG11 6HB
Tel: 0115 984 4608 **Advert page 66** **OP D**

TUDOR GRANGE

54 Main Road, Radcliffe-on-Trent, Nottingham NG12 2BP
Tel: 0115 895 6696 **Advert page 68** **OP**

WESTCLIFFE CARE HOME

78 Shelford Road, Radcliffe-on-Trent, Nottingham NG12 1AW
Tel: 0115 933 5197 **Advert adjacent** **OP**

WESTDALE RESIDENTIAL CARE HOME

129 Melton Road, West Bridgford, Nottingham NG2 6FG
Tel: 0115 923 3128 **Advert below** **OP**

WINDSOR HOUSE

23 Wilford Lane, West Bridgford, Nottingham NG2 7QZ
Tel: 0115 981 7938 **LDA YA**

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