

Contact us

Post: Chadburn House Weighbridge Road, Littleworth, Mansfield, Notts. NG18 1AH

Telephone:

Referrals – you can make a referral to the team via the Customer Service Centre on **08449 80 80 80**

Advice – the team can be contacted for advice on **01623 436 636**

Email: aspergers.nottinghamshire@nottsc.gov.uk

Web: www.nottinghamshire.gov.uk/adultswithaspergers

Opening hours:

The office is staffed:
Monday to Thursday 8.30am – 5pm
Friday 8:30am – 4:30pm

You can contact the team direct or get someone to do it on your behalf. This could be a member of your family, carer, advocate, or a clinical professional such as a GP.

We try and deal with all enquiries as soon as possible. However, we are a small team and if we are busy there may be a delay. We will let you know how long you will have to wait.

Other sources of help

The **National Autistic Society** provides information and advice about relevant services anywhere in the country.

Telephone: 0845 070 4004

Opening hours:

Monday to Friday 10am – 4pm

Web: www.nas.org.uk

If you live in the Nottingham City area contact the Nottingham City Asperger Service for advice, services and support.

Telephone: 0115 854 2207

People aged under 18

If you are under 18 you need to contact our Children and Young People Services. Call the Customer Service Centre for more information.

Telephone: 08449 80 80 80

Opening hours: Monday to Friday 8am-8pm / Saturday 8am-12 noon

In some circumstances we work with young people with Asperger Syndrome aged 17-18 who are **already** receiving support from Children and Young People Services and transition workers.

Urdu

اگر آپ اس اشاعت کو کسی اور صورت میں 'یا ان کا اردو ترجمہ چاہتے ہیں تو براہ مہربانی کسٹمر سروس سینٹر سے رابطہ کریں۔

Hindi

यदि आपको यह प्रथम किन्ती दूसरी फ़ॉर्मेट या हिन्दी भाषा में चाहिए तो कृपया आप कस्टमर सर्विस सेंटर से सम्पर्क करें।

Punjabi

ਜੇਕਰ ਟਿਚ ਪ੍ਰਕਾਸ਼ਨ ਤੁਹਾਨੂੰ ਕਿਸੀ ਦੂਸਰੀ ਫੋਰਮੈਟ ਜਾਂ ਫਿਨੀ ਗਾਥਾ ਮੇਂ ਚਾਹਿਓ ਤੋ ਕੁਪਯਾ ਆਪ ਕਸਟਮਰ ਸਰਵਿਸ ਸੇਂਟਰ ਨੂੰ ਸੰਪਰਕ ਕਰੋ

Polish

Proszę o kontakt z Customer Service Centre jeżeli chcieliby Państwo uzyskać tą publikację w innym formacie lub po polsku.

Contact the Customer Service Centre if you need the information in a different language or format:

Customer Service Centre, PO Box 9320, Nottingham. NG15 5BL

phone **0844 9 80 80 80**
Calls cost 3p/min from BT landlines.
Mobile costs may vary.

e mail customerservice.centre@nottsc.gov.uk

website www.nottinghamshire.gov.uk



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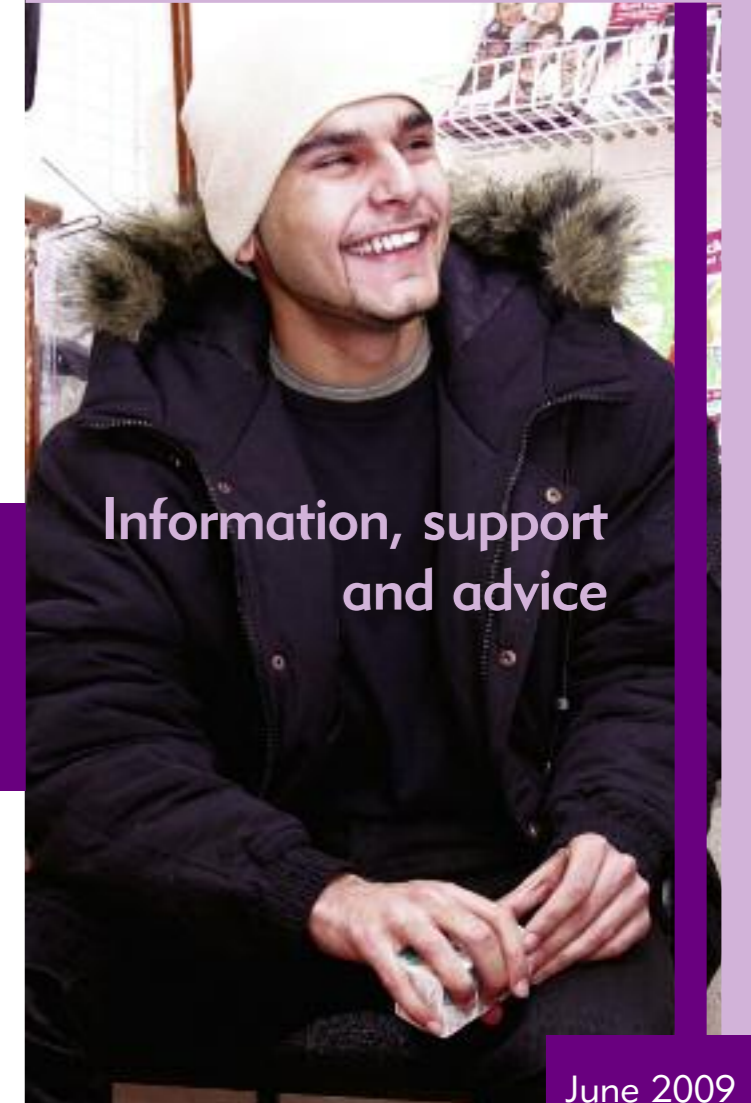
Photos from www.photolibrary.nhs.uk

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Nottinghamshire
County Council

Adults with Asperger's Team



Information, support
and advice

June 2009

What is the Nottinghamshire Adults with Asperger's Team?

The Nottinghamshire Adults with Asperger's Team supports:

- adults with Asperger Syndrome
- their families and carers.



What do we do?

We can offer the following types of social care support:

- ✓ Advice and assistance in obtaining a diagnosis
- ✓ Community Care assessments
- ✓ Carer's assessments
- ✓ Care management co-ordination of the support you get
- ✓ Social and emotional support from the team and signposting to befriending services
- ✓ Advice and assistance in obtaining the correct benefits
- ✓ Advice and assistance with accessing further education and employment opportunities
- ✓ Assistance with finding suitable accommodation and related support
- ✓ Advice and assistance in making best use of leisure facilities
- ✓ Self-help groups for people with Asperger Syndrome and also groups for their family carers.

What don't we do?

- ✗ **We can't diagnose you.** This service is provided by staff from Nottinghamshire Healthcare Trust's County Asperger Service. Contact your GP for more information.
- ✗ **We don't take on the role of Care Programme Approach Care Co-ordinator if you already have another health or social care team involved with you.** We will work together with any other teams. If you require ongoing medical supervision of your mental health needs, your GP can refer you to Adult Mental Health services if appropriate.
- ✗ **We can't assist you in a mental health emergency** or if you require hospital treatment. In a medical emergency contact your GP or their out of hours service. If you have an emergency with your social care contact our Emergency Duty Team on 0300 456 4546.



How do I get help from the team?

To get help from the team you must meet four conditions.

1. Clinical

- be diagnosed with Asperger Syndrome or
- be diagnosed with an autistic spectrum disorder, but not have an associated learning disability or be described as having 'high-functioning autism' or
- have a suspected diagnosis or a previously suspected diagnosis and you are seeking advice about how and where to obtain one.

2. Age

Be aged 18 years or older.

3. Location

Live in Nottinghamshire (except Nottingham City).

4. Community care assessment

All adults who get social care services from us must have an assessment. This uses guidelines called Fair Access to Care. You will be entitled to help with any needs that pose a moderate or higher risk to your independence.