

## How can I find out more?

If you are interested in becoming an Adult Placement carer and want to find out more, contact the Adult Placement Scheme for an informal chat.

Telephone: **0115 854 6000**

Write to:

**Adult Placement Scheme  
Adult Social Care and Health  
Department  
Sir John Robinson Way  
Nottingham NG5 6DB**

Email:  
**adultplacement@nottsc.gov.uk**

Web: **www.nottinghamshire.gov.uk/  
adultplacement**

**We look forward to  
hearing from you!**



**Shared homes -  
shared lives**

Contact us if you need the information in a different language or format:



Customer Service Centre, PO Box 9320,  
Nottingham. NG15 5BL

telephone **08449 80 80 80**  
Calls cost 3p/min from BT landlines. Mobile costs may vary.

e mail **customerservice.centre@nottsc.gov.uk**  
website **www.nottinghamshire.gov.uk**



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Nottinghamshire  
County Council

# Adult Placement Scheme

Information for carers

January 2009



**Sharing your home with an adult  
with learning disabilities**

## What is the Adult Placement Scheme?

The Nottinghamshire Adult Placement Scheme provides a place to live in a carer's home for adults with learning disabilities. This could be for a short break or a more permanent arrangement.

**We are looking for people to become Adult Placement carers.**

## What does a carer do?

Carers provide a welcoming home to an adult with learning disabilities.

You will offer encouragement and support to help:

- develop independence and confidence
- learn new skills
- manage daily tasks
- join in with the household
- participate in the local community
- share family activities
- experience family life.

The amount of encouragement and support you offer depends on how much is needed - some people need more than others.

## What sort of people become carers?

Adult Placement carers can:

- be of all ages, backgrounds and ethnic groups
- live with a partner or be single
- own or rent their home.

## What experience do I need?

Experience of working with or caring for people with learning disabilities is desirable.

## What help can I get?

Adult Placement carers are supported by Adult Placement Co-ordinators who:

- carefully match you with the person who will be sharing your home
- arrange introductory visits between you and the person who may share your home
- make sure that the placement is working well.

We provide on-going training and support so that you have the skills you need.

## Do I need a special house?

No. All you need is a spare bedroom and enough space in your home to share with an adult with learning disabilities.

## Rewarding?

Being an Adult Placement carer is an opportunity to learn new skills and make a real difference to someone's life.

Adult Placement carers are paid a fee for the work they do.

*"Being an adult placement carer means that you support a person with learning disabilities to become part of your own family. You give them warmth, stability and encouragement. It's very rewarding emotionally and you also get paid a fee for being an adult placement carer too."*  
Cathy, adult placement carer