

REPORT OF THE DIRECTOR OF PUBLIC HEALTH

PUBLIC HEALTH PERFORMANCE AND QUALITY REPORT FOR CONTRACTS FUNDED WITH RING-FENCED PUBLIC HEALTH GRANT 1 OCTOBER 2018 TO 31 DECEMBER 2018

Purpose of the Report

1. To enable Members to scrutinise the performance and quality of services commissioned by Public Health (PH)

Information

2. The Health and Social Care Act 2012 confers general duties on local authorities to improve and to protect the health of their local populations, including specific statutory duties to commission certain mandatory services for residents^[1], the provision of specialist advice to the local NHS, and health protection advice to organisations across the local system.
3. In discharging these duties, the Council is currently supported by a ring-fenced grant which must be deployed to secure significant improvements in health, giving regard to the need to reduce health inequalities and to improving uptake and outcomes from drug and alcohol treatment services.
4. Services commissioned by public health contribute to a number of Council commitments (in particular, Commitment 6 – People are Healthier) and are critical for securing improved healthy life expectancy for residents.
5. Working with colleagues, the Public Health Contract and Performance Team manages the performance of providers to ensure the Authority and the residents of Nottinghamshire are receiving good outcomes, quality services and value for money.
6. Contract management is undertaken in a variety of ways including regular contract review meetings, quality assurance visits to the service and ongoing communication.

^[1] These mandatory services include: local implementation of the National Child Measurement Programme, assessment and conduct of health checks, open access sexual health and contraception services

7. This report provides the Committee with an overview of performance for Public Health directly commissioned services and services funded either in whole or in part by PH grant, in October-December 2018 against key performance indicators related to Public Health priorities, outcomes and actions within:
 - a). the Public Health Service Plan 2017-2018;
 - b). the Health and Wellbeing Strategy for Nottinghamshire 2017-21; and
 - c). the Authority's Commitments 2017-21.
8. A summary of the key performance measures is set out on the first page of **Appendix A**. Where performance is at 80% or greater of the target or meets the standard, it is rated green.
9. Appendix A also provides a description of each of the services and examples of the return on investment achievable from commissioning public health services.

NHS Health Checks (GPs)

10. The NHS Health Check Programme aims to help prevent heart disease, diabetes, stroke, kidney disease and certain types of preventable dementia by offering a check once every five years to everyone between the ages of 40 and 74 who has not already been diagnosed with one of these conditions.
11. Quarter 3 of 2018/19 shows good performance, with 8,263 people being invited to attend a health check, just above the quarterly target of 8,218. During the same period 5,858 health checks were undertaken, indicating an uptake of 70.9%, which compares well against the national average of 43.6% (Q2 2018/19).
12. Of the patients seen this quarter, 244 (or 4.2%) were found to be at high risk of cardiovascular disease (CVD). These patients immediately exit the NHS Health Check Programme and move onto a GP practice at-risk register for treatment and monitoring. Patients with a lesser risk are also offered advice, sign-posting to lifestyle services and, sometimes, treatment. Compliance (the quality of the checks) has continued to improve during the last quarter as a result of Public Health intervention to support practices to use the clinical template consistently.

Integrated Sexual Health Services (ISHS) (Nottingham University Hospitals (NUH), Sherwood Forest Hospital Foundation Trust (SFHFT) and Doncaster and Bassetlaw Hospitals (DBH))

13. The ISHS provides a testing and treatment service for sexually transmitted infections (STIs) and contraception. Between the 3 sexual health providers there was a decrease in the number of filled appointments compared with quarter 3 last year from 11,722 to 11,080. This is mainly due to a drop in filled appointments at NUH.

60% of new users accepting HIV test

14. SFHFT and DBH are now working to the new definition for this quality standard which is in line with the Public Health Outcomes Framework (PHOF) definition. This means there has been a significant continued improvement in performance. NUH has seen a fall in the number of new service users accepting an HIV test. This is due to the service including service users in their data where a HIV test is not appropriate or required. This will be rectified in time for the Quarter 4 contract review meeting.

75% of 15-24 year olds accepting a chlamydia test.

15. Chlamydia is one of the most common STIs and although often symptomless it can cause long-term health problems including infertility if left untreated.
16. SFHFT has exceeded the quality standard of 75% of 15-24 year olds in contact with the service accepting a chlamydia test in quarter 3. NUH have been below the quality standard for a number of quarters and commissioners will be directly working with the service to look at measures to improve the chlamydia testing rate for this age group. DBH has seen a dip in testing rates compared to quarter 2.

Young People's Sexual Health Service- C Card (In-house)

17. The C-card scheme is a free and confidential advice and condom service for young people living in Nottinghamshire. The service is below target for new registrations mainly due to a very slow first quarter, quarters two and three have seen an increase in activity and compared to the same period last year the reduction in registrations is 1%. Achieving has been a challenge and an action plan has been developed which aims to increase new registrations and the number of active sites across the scheme. New promotional materials have been distributed to all existing sites, information has also been distributed to GP's and Pharmacies to promote the scheme and inactive sites are being targeted for refresher training. The C Card Technical Specialist has also attended County College Freshers Fairs to promote the scheme to young people. An evaluation of the scheme has recently taken place which included engagement with service users, the results will drive further actions to increase usage and continue to ensure quality of delivery. It is anticipated that the results will be available in June.

Alcohol and Drug Misuse Services (Change Grow Live)

18. Change, Grow, Live (CGL) is the substance misuse treatment and recovery service in Nottinghamshire.
19. Successful completions from the whole service as defined by the contract have been consistently good and have been exceeded by the provider as evidenced in the performance figures. The aim in Nottinghamshire is to ensure all service users with any substance misuse issues are helped to recovery and not just those who require a clinical intervention (generally opiate users).
20. Successful completion data from CGL for non-opiates such as cannabis, amphetamines, steroids, cocaine and crack cocaine and Novel Psychoactive Substances (or what were formerly known as 'legal highs'), show that for quarter 3, there is a completion rate of

24.7% which is well above the target of 15%.

21. Re-presentations and unplanned discharges from the service continue to be low; from a total of 10,957 in service only 181 (1.65%) were discharged unplanned with only 8 re-presentations within a 6-month period. Furthermore, overall improvements and wider outcomes derived from the substance misuse service are all above the target. These outcomes are: Employment, training and education, target 25%, performance 47%; mental wellbeing, target 60%, performance 80%; and housing improvements (where housing was identified as an issue at entrance into the service, target 70%, performance 100%.

Young People's Substance Misuse Service (Change, Grow, Live)

22. CGL took over the young people's substance misuse service on the 1st October 2018. CGL have initiated new ways of working across the county with an emphasis on preventing young people starting to misuse substances as well as providing support for those who are misusing substances. Since October, 63 young people have been referred into the service, 21 for structured treatment and the rest for brief intervention work (low level support).

Smoking Cessation (Solutions 4 Health)

23. The service in Nottinghamshire (SmokefreeLifeNotts) was recently restructured to deliver a new model for smoking cessation. The new model offers a more flexible, individualised approach with increased access to telephone and online support as well as the more traditional groups and one to one sessions.
24. SmokefreeLifeNotts staff are now on the wards in King's Mill Hospital, offering support at the bedside to patients who smoke, either with quitting or temporary abstinence during their hospital stay. "Stop Before the Op" support is also offered to outpatients waiting for elective surgery. This will complement the ongoing work that continues to take place with pregnant women at King's Mill Hospital and the wellbeing coordinators that are now in post. There are between 249 and 293 patients admitted every week to Sherwood Forest Hospital Foundation Trust and 800 staff who also smoke so the potential to make a real impact is possible with this targeted work.
25. SmokefreeLifeNotts staff are also now on the wards at Nottingham University Hospitals (NUH) to enable them to adopt the same ward-based approach to support County patients who attend the hospital as inpatients and outpatients, with the same potential for impact.
26. Due to the cyclical nature of smoking cessation (more people quit at New Year, following Stoptober and Stop Smoking Day in March), referrals and therefore quitters are expected to rise in line with these key campaigns.
27. It is positive to note that, albeit small, there is an improvement in the numbers of successful quitters. It is expected with all the changes made by the service and extra supports from public health that this upward trajectory is set to continue. Currently the service has a commissioned target of 5,000 four week quitters. Due to their underperformance they aim to support 4,000 people to quit, although on current progress this looks more likely to be 3,000.

Illicit Tobacco Services (In-house)

28. Trading Standards Officers continue to apprehend those individuals who sell and distribute illicit tobacco products within the County. The dedicated Illicit Tobacco Team, which includes a Nottinghamshire Police Officer, share intelligence with other agencies and authorities as well as Public Health colleagues. This intelligence picture is crucial and allows Trading Standards to share resources and costs when working with these colleagues.
29. A warrant was executed at a residential address in Mansfield in November 2018 where 1,500 packs of counterfeit cigarettes and 61 pouches of counterfeit hand rolling tobacco were seized, with a retail value of £15,890. 2 males were arrested and interviewed. An investigation continues into the individuals.
30. Trading Standards Officers received intelligence that a shop in the Eastwood area was selling alcohol to underage young persons. An inspection took place at the premise and their licensing requirements were checked including CCTV. Nothing was found to substantiate the claim and the owner received advice regarding remaining vigilant with staff sales
31. During October, November and December 2018 a total of 2,537 packs of illicit tobacco were seized along with 93 pouches of hand rolling tobacco, with a total retail value of £27,700. Enquiries and legal processes continue on several premises and individuals.

Assist (In-house)

32. The ASSIST peer led smoking prevention programme continues to be run in targeted schools across Nottinghamshire and the impact on young people across the county continues to be very positive. ASSIST is improving young people's health whilst providing valuable life skills. ASSIST's activity-based training improves leadership, communication skills, resilience, self-esteem, confidence, highlights empathy and shows the value of taking a non-judgemental approach to peer-led conversations. The whole school benefits from increased conversations around smoking and health.
33. A further five schools have been recruited to the programme during 2018/19 quarter 2 and it has been agreed that the programme will continue to run until March 2019

Obesity Prevention and Weight Management (Everyone Health)

34. The Obesity Prevention and Weight Management service supports children, and adults through a variety of targeted community prevention healthy eating and physical activity initiatives and weight management support. All aspects of the service are performing as planned or above target for the year except for weight management for pregnant women.
35. The Commissioners and Provider have identified that low uptake of the maternal weight management offer is due to a combination of lower than expected demand from pregnant women, low number and untimely referrals from NHS maternity services, and the need for a service offer more tailored to service user preferences.

36. There is regular contact with the midwifery leads to address the issues relating to referrals which are different for each of the 3 midwifery services. A new pathway is being implemented and the Provider has implemented revised marketing materials. The service is now at the target level in Q3.

Domestic Abuse Services (Notts Women's Aid and Womens Aid Integrated Services)

37. The Domestic Abuse service provides information, advice, safety planning and support (including support through the courts) to women, men, teenagers, children and young people. Services are facing increasingly complex and difficult cases but continue to be on track to meet all indicative targets set by commissioners (the Authority and the Office of the Police and Crime Commissioner). Quality Assurance visits further evidence that the services provided are robust, well received by service users and provide good value for money.
38. Figures show slightly fewer adult numbers and slightly higher numbers of children and young people compared with the same quarter last year. The number of high-risk adult referrals is however increasing, and this is beginning to impact on the capacity of the multi-agency risk assessment conferences (MARACs) where information is shared across partner agencies to ensure safety.
39. Over 50% of children on Child Protection Plans live in a household with domestic abuse and to this end the providers work closely with Children's Services and have workers based with the Family Service.

Seasonal Mortality (Nottingham Energy Partnership)

40. This service protects and improves the health of residents in Nottinghamshire County, by facilitating insulation and heating improvements and preventative adaptations in private sector homes, providing energy efficiency advice and reducing fuel poverty. The service targets the most deprived private sector households, with a specific emphasis on support to residents over 60 and a smaller provision for families with children under 5 and pregnant women. The service is on track to achieve 2018/19 targets.
41. The service has exceeded the quarter 3 target of 68 and provided 213 with comprehensive energy efficiency advice and/or were given help and advice to switch energy supplier or get on the cheapest tariff. The service also trained 72 against of target 47 individuals to deliver Energy Efficiency Brief Interventions to improve awareness of the links between cold-homes, fuel poverty and ill health and to generate appropriate referrals to the service.

Social Exclusion (The Friary)

42. The Friary provides a "one-stop" approach on three mornings a week from a single location in West Bridgford to individuals in crisis situations, including homeless people. It delivers one to one assessment of need, specialist advice and practical support regarding housing, benefits, debts and health needs (including signposting to other services that operate within the Friary e.g. GP clinic, substance misuse services) The service offered support to 375 individuals in Quarter 3 with the service giving specialist advice to 2,231 people and

providing 1,238 health care support and interventions. This shows a similar picture in the number presenting, compared to Quarter 1 and Quarter 2

Public Health Services for Children and Young People aged 0-19 (Nottinghamshire Healthcare Trust)

43. The service is in its second year of delivery and the Healthy Families Programme is now embedding across the County as a fully integrated universal service for children, young people and their families. The Authority has set very ambitious targets for the provider and whilst some of these targets have yet to be met, the service overall is performing well with Nottinghamshire data for mandated reviews in 2018/19 being similar to, or better than the England average. As an example, 99% of 2-2½ year developmental reviews completed, were undertaken using ASQ-3 (Ages and Stages Questionnaire). The use of this evidence-based tool enables the Healthy Families Team to make an informed assessment of a child's readiness to start school, and therefore offer targeted interventions for children when concerns are identified.
44. Staffing and recruitment challenges experienced by the service due to retirement, maternity leave, and sick leave are resolving. The Trust is working pro-actively to recruit and retain the workforce and a picture of increased workforce stability is emerging. This is being reflected in improved performance against the key performance indicators.
45. A quality assurance visit focussing on mandated reviews will be conducted by the Authority during Q4. The visit will aim to explore some of the challenges clinicians face when offering and conducting mandated reviews and give an opportunity to celebrate best practice in high performing Districts.

Oral Health Promotion Services (Nottinghamshire Healthcare Trust)

46. Nottinghamshire's specialist Oral Health Promotion Team works to improve oral health within local communities and among vulnerable groups by delivering training for the health, social care and education workforce, a supervised tooth-brushing programme in targeted primary schools (with linked nurseries) and health promotion activities such as the provision of tooth-brushing packs to one-year olds.
47. During Q3, oral health promotion training among frontline staff was delivered to 86 staff working in child-related services and 43 in adult-related services (Q3 target of 50 each). The supervised toothbrushing programme was active in 22 primary schools (against a target of 20) and parents of 1,554 children received oral health advice and resources at their child's one-year health review (73% of the Q3 one-year old child cohort). This represents positive performance by the service, which has recently been recognised as *Best Oral Health Promoter – East Midlands* in the Global Health & Pharma Oral Health & Dentistry Awards 2018.
48. A commissioner quality assurance visit was undertaken in December 2018 of three supervised tooth-brushing sessions at Beeston Fields Primary School. This visit confirmed that the programme is being delivered effectively, that robust infection control mechanisms are in place and that frontline practitioners are being proactively supported and monitored by the provider.

Single Person Supported Accommodation (Framework)

49. The service provides intensive support in short term hostel accommodation (up to 18 weeks) and less intensive support in Move On and Housing First Accommodation (typically for six months, and up to a maximum of 12 months) aimed at enabling the service user to achieve a range of outcomes including self-care, living skills, managing money, motivation and taking responsibility, social networks and relationships, managing tenancy and accommodation, reducing offending and meaningful use of time
50. The Single Person Supported Accommodation contract was re-tendered in Q2 with Framework Housing Association being awarded the contract for contract commencement on the 22nd of September 2018. The service continues to provide the opportunity for the assessment of support needs, followed by intensive and targeted housing related support to enable an individual to move towards independent living. Going forward the service will support people to meet their health and social care needs alongside targeted housing related support.
51. In Quarter 3, a total of 46 new referrals were accepted to the short term hostel accommodation with 39 people exiting the service in a planned way (96% against a target of >80%) and <5 people exiting the service in an unplanned way (5% against a target of <20%). In Quarter 3, a total of 37 entered the Move On accommodation service with 42 people exiting the service in a planned way (98% against a target of >80%) and <5 people exiting the service in an unplanned way (2% against a target of <20%).

Community Infection Prevention and Control (CCGs)

52. This service provides advice and assistance to prevent the spread of infectious and avoidable diseases. The team has provided initiatives in care homes, GP practices and the acute hospital trusts including hand hygiene training, viral swabbing, advice and assistance. The service continues to meet all of the Authority's key performance indicators.

Resilience Building in Schools (Each Amazing Breath-EAB and Young Minds-YM)

53. The report 'Future in Mind', published in 2015 by the Department of Health (DH) in partnership with DfE, sets out detailed proposals for improving emotional health and well-being support available to children. The report outlines the risk of focusing too narrowly on targeted clinical care, ignoring wider influences, over-medicalising our children and the challenge of making some real changes across the whole system to place the emphasis on building resilience, promoting good mental health, prevention and early intervention.
54. In response, the Authority, in partnership with Nottinghamshire CCGs, commissioned academic resilience programmes to improve emotional health, wellbeing and resilience of children and young people in 30 Nottinghamshire schools. Taking a sustainable whole school approach, the programmes aim to enable schools to have the understanding, knowledge, skills and resources to continue independent delivery thus building resilience for new cohorts of children and young people after the direct contract activity ends. There are currently two provider organisations commissioned to deliver programmes

within Nottinghamshire: 'Each Amazing Breath' and 'Young Minds'.

55. Across the districts of Bassetlaw, Newark and Sherwood, Mansfield and Ashfield 'Each Amazing Breath (EAB)' is commissioned to deliver 'Take Five', a whole school programme based on breathing, grounding, and awareness that helps children to develop their capacity to handle life's challenges with awareness and confidence, building skills of self-regulation, and anger management. Direct service delivery of this programme is almost complete. Provider activity in Q3 and Q4 is focussed on training champions and ambassadors embedding the programme across the 15 participant schools, thus moving towards school led sustainability. The target set for the number of champions trained at Q3 was 14 and the provider has exceeded this, training 19 champions so far (138%).
56. The Authority has commissioned Young Minds to deliver the evidence based Academic Resilience Approach (ARA) Programme in 15 schools, including Derrymount School for children with special educational needs and disability (SEND), in the boroughs of Broxtowe, Gedling and Rushcliffe. Schools are supported to develop their own practical, integrated whole-school approach to identifying and supporting vulnerable pupils to enable them to achieve their emotional and academic potential. The Provider had completed 100% of training for school staff by the end of Q2. Quarter 3 and Q4 activity focusses on sustainability, through the delivery of 'Train the Trainer' sessions, a champions programme and developing 'Communities of Practice' (COP's).

Other Options Considered

57. None

Reason for Recommendations

58. To ensure performance of Public Health services is scrutinised by the Authority

Statutory and Policy Implications

59. This report has been compiled after consideration of implications in respect of crime and disorder, data protection and information governance finance, human resources, human rights, the NHS Constitution (public health services), the public sector equality duty, safeguarding of children and adults at risk, service users, smarter working, sustainability and the environment and where such implications are material they are described below. Appropriate consultation has been undertaken and advice sought on these issues as required.

Financial Implications

60. Robust performance and quality reporting ensures that financial implications are monitored and reviewed effectively to minimise financial risk to the council.

Public Sector Equality Duty implications

61. Monitoring of the contracts ensures providers of services comply with their equality duty. Equality performance is a standing agenda item of review meetings and providers are

asked to provide case studies celebrating success and showing how complaints, if applicable, are resolved.

Safeguarding of Children and Adults at Risk Implications

62. Safeguarding is a standing item on contract review meeting agendas and providers are expected to report any areas of concern allowing the Authority to ensure children and adults at risk are safe.

Implications for Service Users

63. The management and quality monitoring of contracts are mechanisms by which commissioners secure assurance about the safety and quality of services using the public health grant for service users.

RECOMMENDATION

- 1) For Committee to scrutinise the performance of services commissioned using the public health grant and consider whether there are any actions they require in relation to the issues contained within the report.

Jonathan Gribbin
Director of Public Health

For any enquiries about this report please contact:

Nathalie Birkett
Group Manager Contracts and Performance
nathalie.birkett@nottsccl.gov.uk
01159772890

Constitutional Comments (AK 27/02/2019)

64. The recommendation falls within the delegation to Adult Social Care and Public Health Committee under its terms of reference.

65. Financial Comments (DG 27/02/2019)

The financial implications are contained within paragraph 60 of this report.

Background Papers and Published Documents

66. Except for previously published documents, which will be available elsewhere, the documents listed here will be available for inspection in accordance with Section 100D of the Local Government Act 1972.

67. 'None'

Electoral Division(s) and Member(s) Affected

68. 'All'