

### Examples of prevention work completed by the Connect Providers

#### Example 1

A couple were referred by the Stroke Association to the scheme because the carer was very anxious that her husband would fall in the bathroom and that she wouldn't be able to open the door to help. The service offered support to maximise the couple's income, to get external grab rails and a half step so that Mr B could continue to enjoy his garden. Support was also provided to the couple to have the bathroom door rehanged so that it opened outwards.

This service has addressed the carer's anxiety, improved Mr B's wellbeing and ensured they are accessing the right welfare benefits to enable them to plan for the future.

#### Example Two

A 52 year old woman who lived alone was referred to the service by a housing officer, following a suicide attempt. The service worked with her to look at opportunities to increase her contact with other people and to reduce her feelings of loneliness.

The service helped her to identify local groups and to explore opportunities to develop her interest in crafts. She has recently held a stall at a service launch event and now is exploring volunteering/leading craft session options.

#### Example Three

A 67 year old woman with a learning disability and dementia was referred to the service by a social care team to support her move out of a care home where she had lived for five months back to her own home.

The service supported her to re-gain confidence in getting out and about and using resources in the community, this helped to re-establish her independence and confidence to go for a soft drink in the pub. The service was also providing support to manage money better, prevent debt and access benefits, as well as ensuring that the property was a happy place to be by helping to tackle the jungle of a garden.